“Please join me in celebrating the accomplishments and triumphs of our clients and staff in this retrospective of fiscal year 2019-2020 [July 1 - June 30]. We are called at this time to examine our core values. What is our North Star? Even in the most challenging of times, we know that transformation is possible, hope prevails and the resilience of our communities allows love to shine.”

Chris Kughn LMFT, CEO, Buckelew Programs

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Please Note: This report is a retrospective of Buckelew Programs’ FY 19/20, which began with tremendous optimism. The first three quarters proceeded as planned. And then the pandemic struck. Buckelew is proud to have continued to provide our full complement of client services as we adapted to new methods of delivery. In these pages, you’ll see some images of “unmasked” clients and staff. These were either taken before Covid-19 or captured by a professional photographer in compliance with best practices as stated by the Centers for Disease Control and Prevention and by the State of California.
"At St. Joseph Health, we recognize the importance of collaboration and trust-building through peer support, harnessing lived experience, education and connection. North Bay residents who need help can easily access Buckelew Programs’ Family Service Coordination and North Bay Suicide Hotline. For those who worry about someone who may be suicidal or in need of assistance, this access to behavioral health services is a priceless gift of hope. Recovery is a team effort, and St. Joseph Health is proud to collaborate with Buckelew Programs."

Daniel Schurman, Community Health Investment Manager, St. Joseph Health, Sonoma County
Suicide Prevention

FY19/20 brought key transformational improvements to Buckelew Programs’ Suicide Prevention Services. We formed new and enhanced existing partnerships with the SMART Train, local schools, Family Service Coordination, St. Joseph Health and the Marin County Suicide Prevention Collaborative. These relationships resulted in stronger collaborations in Buckelew’s continuum of care. We are especially proud to have launched our peer-to-peer SOS (Survivors of Suicide) program. With the help of telehealth technology, access to SOS is available to anyone who has been affected by the suicide of a loved one, coworker or community member. This essential service is another healing opportunity in postvention (care implemented after a suicide or suicide attempt).

**INTEGRITY**

“The volunteering experience has made me more compassionate, patient and understanding. In short, this program dials up the humanity our world so desperately needs.”

*Suicide Prevention Hotline Volunteer*

**IMPACTS**

- **18 volunteers**
- **12,058 completed calls**
- **240 Hours spent in training**
Partnerships Across the North Bay

BELONGING

“Helen Vine Recovery Center offers an opportunity for a fresh start to every client who walks through their doors. The staff at Helen Vine go above and beyond to make sure that their clients feel safe and experience a sense of belonging; it’s key in the process of healing. It has been years since I needed their services, but Helen Vine staff had a positive and lasting impact on my life. I think about them often and consider them my extended family.”

Natalie L.

“Our family has been fortunate to be able to work with Buckelew Programs in support of my daughter, Natalie. As on any journey, so much of the experience depends on who you meet along the way. The staff and service providers at Buckelew Programs’ Helen Vine Center never gave up on trying to help my daughter, and during the very long and challenging process gave us hope, unconditional regard and a path forward. Today, my daughter’s sobriety is a joyous transformation that had a committed, savvy team behind it. It’s my pleasure to support Buckelew Programs.”

Jessica Rising

IMPACTS

793 people got a fresh start at Helen Vine Recovery Center

13 law enforcement referrals (individuals who received the opportunity to choose treatment over jail)

88% Medi-Cal clients

589 men 204 women

TREATMENT FOR USE OF

Alcohol 49%

Methamphetamine 29%

Heroin 10%

Opiates/Synthetics 5%

Cocaine/Crack 4%

Other 3%
Buckelew Housing Programs

Launched in 2019, HMIOA (Homeless Mentally Ill Outreach & Assessment) is a partnership between Buckelew Programs and the County of Marin. HMIOA is a program designed to meet and serve people where they are—providing both assessment and access to basic services.

HMIOA’s sister program, HEART (Homeless Encampment Assessment and Resource Team), also brings services to unsheltered individuals. HEART began in 2020 in partnership with the County of Sonoma. This program provides case management to support successful housing—minimizing return to homelessness and improving self-sufficiency and independence.

310 total people housed
(Marin + Sonoma)

“At Buckelew Programs, there are opportunities for team leaders like myself (who are also peers) to model the agency’s values of Trust, Integrity, Collaborative Exploration, Belonging and Unconditional Regard through its supported housing programs. It has been genuinely rewarding to assist unsheltered individuals as they move from a life outdoors to solid, supported housing. These two new programs build out our continuum of care in the North Bay. They also reflect Buckelew Programs’ roots in housing, going all the way back to 1970; a perfect way to honor our 50th year.”

Jamie Burke, Team Leader, HEART, Sonoma County
“We want to express our gratitude to the Bella Vista Foundation for honoring the grant to support Maternidad y Esperanza. The program is aimed at improving the social and emotional well-being of expectant Spanish-speaking mothers, youth and parents of children aged 0-3. The program offers bilingual behavioral health and support services to Latina moms and their children who may have experienced trauma. Every week we are in contact with moms through phone calls, home visits and Zoom meetings. The program’s participants have been terribly affected by the pandemic. Depression, anxiety, isolation, stress and fear of the unknown are normal topics to discuss in our conversations. This collaborative relationship between Buckelew Programs and the Bella Vista Foundation with referrals from Marin Community Clinics positively impacts our Latina families and our community.”

Hilda Castillo,
Parent Aide Case Worker | Trabajadora de Casos de Apoyo para Padres
Maternidad y Esperanza

“Queremos expresar nuestro agradecimiento a la Fundación Bella Vista por honrar la subvención para apoyar Maternidad y Esperanza. El programa tiene como objetivo mejorar el bienestar social y emocional de las futuras madres de habla hispana, jóvenes y padres de niños de 0 a 3 años. El programa ofrece servicios de salud conductual y apoyo bilingüe a las madres latinas y sus hijos que pueden haber experimentado traumas. Cada semana estamos en contacto con las madres a través de llamadas telefónicas, visitas a casa y reuniones de Zoom. Los participantes del programa se han visto terriblemente afectados por la pandemia. Depresión, ansiedad, aislamiento, estrés y miedo a lo desconocido son temas normales a discutir en nuestras conversaciones. Esta relación de colaboración entre los Programas Buckelew y la Fundación Bella Vista con referencias de Marin Community Clinics impacta positivamente a nuestras familias latinas y a nuestra comunidad.”
Buckelew Employment Services

Buckelew Employment Services is accessible to anyone who wants to work. No one is excluded because of diagnosis, recent hospitalizations, criminal justice history or work readiness. Dan, pictured here, came to Buckelew Programs in 2006. He’s still at the same job in his original assignment—14 years later! For clients like Dan, work in a competitive environment leads to increased self-esteem, better control of psychiatric symptoms, increased life satisfaction and reduced psychiatric hospitalizations. Our partners in success for Buckelew Employment Services include the George H. Sandy Foundation, Mechanics Bank, Bank of America, Target, Safeway, Lucky Stores, Enterprise Rent-A-Car, Regency Theaters, Starbucks and Nothing Bundt Cakes.

IMPACTS

47 clients received employment support

47% remained employed after 90 days despite challenges presented by Covid-19 layoffs and/or technology not available for telecommuting

“At work, Dan L., a 14-year veteran of Buckelew Employment Services.”

“Brain health research and care are dramatically underfunded relative to mental illness’s impact on our communities. Sharing resources, data and ideas is the only way to make advances against this crisis. One Mind is proud to collaborate with Buckelew Programs to expand continuously improving, client-centered care for Sonoma County youth facing serious mental illness.”

Brandon Staglin, Founder, One Mind
This year, I was able to observe **Collective Exploration** in action. The sum of our collective efforts is greater than its parts, helping shape new thought, new direction and new actions, propelling us forward. I put my values into action, seeding the conversion for Buckelew to an Electronic Health Record (EHR) system. Together, with an anonymous donation, we were able to support a system that brings Buckelew’s client record-keeping and analytical capabilities into the 21st century, improving the whole-person care it provides. It was a good year!

*Judy Kramer, Board of Directors Vice-Chair, Buckelew Programs*
Honor Roll of Donors
FY 19/20

$50,000 AND ABOVE
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Dan Bavosa Community Volunteer Award
Brian and Betty Beckstrand
Gillian Biggs

“In this hectic world, it feels good to have some things automatically taken care of. I made the decision in 2009 to support Buckelew Programs with a recurring [monthly] donation. I know that no matter what’s happening in my world, I’m able to extend support to an organization that focuses on the priorities we share: housing, recovery, suicide prevention and counseling.”

John Curtis, Monthly Donor

*We apologize if we have inadvertently omitted, mispelled or incorrectly identified you in our donor acknowledgements. All of our supporters are important to us; we’re grateful for all of your gifts. If we can be of service please call us 415.209.4153
“When I look to the future, I see a landscape of access to mental health care for everyone. I see a society that acknowledges that early intervention and collaborative treatment approaches to behavioral health issues and addictions enhance recovery options. When I look around me, I see a team, a culture and a strategic plan that work in lockstep to make those goals a reality.”

Chris Kughn LMFT, CEO, Buckelew Programs

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Judy Kramer
Myra K. Levenson
Mary and Stephen Mizroch
Scott and Wendy Morgan
Dean and Michele Moser
Evan Murphy

(Left to right) Jenna Keller, Maya Stephens, Katherine Velez and Brian Finley- staff, Helen Vine Recovery Center
MARINSCAPES 2020:
The Grand Finale. How do we practice resilience? In real time. Because we were sheltered in place in April, our 32nd and final year of MarinScapes required us to pivot. We remade this four-day art show and gala dinner into a successful 60-minute, online, interactive fundraising event. With nearly 60 participants, we celebrated and honored MarinScapes founders Mary Welch and Sandy Yoffie, the artists and volunteers. The event raised more than $125,000—including a hugely successful Fund-A-Need thanks to our spirited auctioneer, State Senator Mike McGuire (2nd district).
“Buckelew’s mission of promoting recovery, resilience and hope is closely aligned with Redwood Credit Union’s mission of serving the best interests of our members, employees and communities. In the wake of recurring fires and power outages, we saw an increased need for mental health services as environmental factors begin to take a toll on our emotional well-being. With the coronavirus pandemic arising in 2020, those stressors are exacerbated. Financial resilience and mental wellness are basic needs, more closely aligned than one might think. In Buckelew, we have a creative partner that collaborates with us to explore a new way of ensuring all-around health for our communities.”

Matt Martin, SVP Community & Government Relations, Redwood Credit Union
SONOMA FOOD PANTRY

Connecting new clients to Buckelew Programs’ mental health resources often starts with something as simple as food in the belly. Our Sonoma food pantry began as a bookshelf in our Santa Rosa office. In the first few months of the pandemic, the need for basic food quadrupled among our clients. Through the generosity of our donors—and by partnering with the Redwood Empire Food Bank—we stepped up to meet this critical need.
“I’m excited to finish this infrastructure project, which we began not too long after I came to Buckelew four years ago. Our overall goal for the relocation was to consolidate our Marin County staff—thereby saving overhead costs as well as fostering collaboration between program teams so that they could better share resources and their innovative ideas. While Covid-19 presented some logistical challenges to this process, it also served as a reminder that transformation is possible even in extraordinary circumstances.”

Alex Tolkach, Director of Operations, Buckelew Programs
Special thanks to Relevant Wealth Advisors for their continued support and generous underwriting of this report.

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BUCKELEW PROGRAMS ADMINISTRATIVE OFFICE LOCATIONS

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Sonoma County
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Santa Rosa, CA 95407
(707) 571-5581

Napa County
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