the many faces of Buckelew Programs

BUCKELEW PROGRAMS
2014-2015 ANNUAL REPORT
Dear Friend,

The many faces of Buckelew Programs tell many stories… stories of hope and recovery; stories of bravery and resilience; stories of caring and community. And it’s because of your generous contributions that these stories can be told. We wouldn’t be here without the critical support we receive from you – our community – and for that we are deeply grateful.

This year, we’ve celebrated some wonderful successes:

• Two of our staff members – Linda Allen, Director of Suicide Prevention & Community Counseling, and Misledys Mendoza, Parent Aide at FSA Marin – were honored with prestigious awards for their commitment to community service;

• Casa René, our short-term housing for people in need of acute mental health services, successfully completed its first full year of operation, serving 164 individuals. We’ve established a great collaboration with Marin’s Psychiatric Emergency Services Family Partner and the Peer Mentors from Community Action Marin to provide wrap-around support to those in crisis;

• In Sonoma County, we are now partnering with two other community agencies on the new Homeless Outreach Services Team (HOST) to provide mental health outreach to the homeless;

• Most importantly, more than 12,000 children, youth and adults improved their lives this year because of our services, including housing, independent living skills and job training, early mental health screening, counseling, suicide prevention, and addiction recovery support.

As we look forward to the New Year, there are also challenges ahead. Funding is tight for some of our vital services, like Suicide Prevention. But with the support from caring, generous people like you, we will continue our life-changing work.

Thank you for being our partner!

Sincerely,

Steve Eckert, L.C.S.W., Executive Director

P.S. Have you considered leaving a legacy to secure mental health services for future generations? Find out more at www.buckelew.org/support-us/legacy-society
HELEN VINE RECOVERY CENTER

Helen Vine Recovery Center is a licensed 26-bed co-ed residential detoxification program that provides welcoming, recovery-oriented services to individuals with alcohol and drug addiction issues, as well as co-occurring psychiatric problems. At Helen Vine, people in need of detoxification can get help regardless of their ability to pay. This year, we negotiated a new contract with Kaiser Permanente that will open doors for even more referrals from the community.

839 clients took their first steps towards sobriety at Helen Vine Recovery Center.

“I have the amazing life I have today because of the compassionate and caring staff of Helen Vine.”
— Mark Stoker, former Helen Vine client

SUICIDE PREVENTION & COMMUNITY COUNSELING

Suicide Prevention & Community Counseling (SP&CC) offers immediate and confidential support through 24-hour crisis hotline services. Part of the North Bay Suicide Prevention Program, the hotline staff includes highly trained volunteers and currently serves Marin, Sonoma, Lake and Mendocino Counties. SP&CC also provides grief counseling and community education. This year, almost 1,000 individuals participated in workshops that teach suicide prevention and crisis intervention – simple steps that can save lives.

The crisis hotline received 15,246 calls from 4,187 youth and adults this year.

“My mom killed herself and I found her. She had a chronic illness and overdosed. SP&CC is where I went for their survivor’s group therapy eight-week session. It was invaluable.”
— Suicide survivor

Linda Allen, SP&CC Director and staff for 26 years, was honored with the Marin County Human Rights Commission’s Martin Luther King Jr. Humanitarian Award this year.

One More Time Thrift Store in downtown San Rafael benefits Suicide Prevention.
Family Service Agency of Marin is a lifeline for Marin families, providing affordable and accessible behavioral health services to children, adults and families. Through every stage of life, from pregnancy and early childhood to adolescence, adulthood and the elder years, FSA helps in times of crisis and life changes to support individuals and sustain strong families.

FSA counseling, education and advocacy programs reached 5,406 children and adults.

Services include:
- Individual and group psychotherapy;
- Youth and adult addiction recovery services;
- Parent mentors with at-risk families;
- Treatment for childhood trauma;
- Forensic interview center for child abuse victims at Jeannette Prandi Children’s Center;
- AgeSong discussion groups for older adults;
- 24/7 Suicide Prevention and Crisis Hotline;
- TeenScreen mental health outreach;
- Parent-infant counseling and support;
- In-home services for Latino families with young children and maternal depression group for high-risk mothers.

“AgeSong Marin was very instrumental in helping me to find out who I am. I’m on a path that brings me happiness, joy, and purpose.” — Sheila, age 75, AgeSong participant

Penelope Chandra-Shekar volunteered as a Parent Aide. Twenty years ago, she became a mentor for 17-year-old “Eliza” and remained close to her and her daughter “Lola” for many years, watching Eliza turn into a successful small business owner and Lola graduate from college.

AgeSong volunteer facilitators

88 older adults participated in AgeSong discussion groups.
1,988 middle and high school students received prevention education about cyber-bullying and sexual assault from Jeannette Prandi Children’s Center.

72% of adults improved or stabilized in their overall functioning as a result of individual therapy at FSA’s Southern Marin Services.

Misleidys was pregnant when she left Cuba with her husband and came to Marin. She didn’t know English, felt desperately alone and suffered from maternal depression after the birth of her son. Three years later, she separated from her husband and her three-year-old son was out of control at home and school.

She was referred to Family Service Agency and joined a support group for Spanish speaking mothers who were depressed and isolated. With the help of an FSA therapist, Misleidys and her husband soon reunited, and they began Parent Child Interaction Therapy (PCIT).

In PCIT sessions they learned how to engage their son in play and discipline him positively. The FSA Parent Aide helped Misleidys to enroll in English college classes. Her life slowly came back together.

Misleidys’ courage, strength of character and desire to help other immigrant families motivated her to support pregnant and post-partum women in need. When FSA’s Parent Aide position became available, Misleidys was hired. For the past four years she has worked tirelessly to help over 200 mothers and families by providing transportation to crucial medical appointments for pregnant women, standing by the side of parents when their newborn has urgent health needs, introducing new immigrants to their community, and providing education on parenting skills and infant care. Earlier this year, Misleidys was recognized for her efforts at the Celebrating the Uncelebrated awards dinner hosted by the County of Marin.

Former FSA client turned staff member, Misleidys Mendoza, was honored at the Celebrating the Uncelebrated awards dinner in San Rafael.
BUCKELEW HOUSING

Buckelew offers housing with support services for adults and young adults with mental illness in Marin, Sonoma and Napa Counties. Based on their individual needs and preferences, clients may live in one of our four 24-hour staffed group homes, in semi-independent, shared housing, or in their own apartments. Staff teach independent living skills and do whatever it takes to help clients improve their quality of life and not be defined by their illness. At Casa René, we also offer short-term housing with intensive support as an alternative to psychiatric hospitalization.

“My stay here had a profound effect on how I can stay healthy.” — Casa René resident

Over 90% of housing clients maintained their community living and did not require psychiatric hospitalization.

Rick, who was diagnosed with bipolar disorder and PTSD after his honorable discharge from the US Marine Corps in 1968, has struggled with mental health problems and alcohol addiction for most of his adult life. Over the last eight years in Buckelew’s Napa Supported Independent Living Program, Rick was able to learn the coping skills he needed to live with his mental illness. With the help of Eric, his Buckelew counselor, Rick finally received his Veteran's benefits retroactively — a payment significant enough to allow him to purchase his own home for the first time in over 20 years.

“Without Buckelew, I’d be on skid row. Now I have something to leave for my grandkids!” — Rick, Buckelew Napa Client

In its first year of operation, Casa René served 164 individuals experiencing a mental health crisis. Clients rated their satisfaction with services high: an average score of 4.5 out of 5.

BUCKELEW FAMILY SERVICES COORDINATION

“Buckelew is more than an agency. Buckelew is people: compassionate, professional and knowledgeable people who have helped our family. They have done for our son what we were not able to do. We have our son back again because of Buckelew!” — Roberta Hope, mother of Buckelew client

92% of families said they have a sense of increased hope and empowerment for their family member’s well being because of the services provided.
Buckelew Social Enterprises are businesses that operate with the triple purpose of:

1. Providing paid job training for people with barriers to employment, such as mental illness or substance abuse issues;
2. Offering high quality goods and professional services to our customers;
3. Generating revenue for the organization to sustain our programs.

Whether it’s barista training at our Blue Skies Café, cleaning offices as a member of our janitorial crew, or learning computer skills in our clerical program, our staff matches clients with the job that fits their interest and helps develop their skills and confidence. Buckelew Employment Services (BES) also partners with many employers in Sonoma, Marin and Mendocino Counties to provide job placement, training and employment supports to people with mental health and/or substance use issues.

55% of clients with behavioral health issues served by Sonoma County Employment Services increased their income through paid training and/or competitive employment.

“Buckelew helped me become the person I was meant to be. Because Buckelew Programs believed in me, it helped me to BELIEVE in myself.”
— Social Enterprises participant

When a loved one is diagnosed with a serious mental illness, families are often overwhelmed and don’t know where to turn for help. Buckelew’s Sonoma County Family Service Coordination (FSC) Team offers education, support and referral for families and friends of those living with mental illness. Services are free of charge and open to anyone in need. The FSC Team provided individual and group support to over 1,000 individuals, as well as community education and outreach.

Since January 2015, a mental health outreach worker from FSC has participated in the newly launched Homeless Outreach Services Team (HOST). The multidisciplinary HOST team includes Buckelew Programs, Catholic Charities, and Social Advocates for Youth, and partners with law enforcement, Sonoma County Behavioral Health staff, as well as other community-based organizations. The HOST Pilot Project’s goal is to engage 420 unsheltered homeless people living near the County’s waterways and trails and move 173 of them into long-term housing over a 12-month period, starting with a pilot area in Santa Rosa and expanding to Petaluma and Guerneville. In the first three months of activity the HOST Field Work Team made contact with 168 unsheltered persons; nearly 70% of those contacted were willing to be interviewed to facilitate possible linkage to services and housing.
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- Napa Programs 6%
- Residential Support Services 12%
- Sonoma Programs 16%
- Marin Assisted Independent Living 19%
- Social Enterprises 3%
- TAY Marin 1%
- Admin. 13%
- Fund Development 2%
- Buckelew Employment Services 1%
- Family Service Agency 14%
- Casa René 7%
- Other Revenue 2%
- State 5%
- Federal 8%
- Client Fees and Private Payments 10%
- Other Revenue 2%

Revenue by Funding Source

- County of Marin 48%
- County of Sonoma 15%
- State 5%
- Federal 8%
- Fund Development 10%
- Other Revenue 2%
- County of Napa 2%
- Client Fees and Private Payments 10%

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