Dear Friend,

Hope is the light that guides our way in times of darkness. And yet, when someone you love is suffering from a mental illness, or battling substance abuse, or a child’s world has been shattered by the trauma of abuse, hope can seem impossible.

That’s why Buckelew is here to help.

On a warm night in Larkspur this past June, I was privileged to be in the audience when three courageous individuals shared their stories of hope and healing at our MarinScapes opening night gala:

- A mother who found help and support for her son in our Transition Age Youth Program;
- A man who took his first steps towards recovery from alcoholism at our Helen Vine Recovery Center;
- A woman who turned her own experience of grief and loss into a powerful way of helping others through our Family Service Agency of Marin’s suicide prevention and crisis counseling program.

Their stories touched me deeply. They captured the essence of why Buckelew Programs is so vital to our community.

This year, with your support, we provided a continuum of mental health services, including supported housing, employment training, residential detoxification, outpatient therapy, crisis counseling and family support to over 11,800 individuals. That’s a 42% increase over last year – partly due to a significant rise in callers to our suicide prevention hotline. Suicide hit close to home this summer when we all mourned the loss of Robin Williams. Once again the need for mental health education, prevention and access to services became painfully apparent.

There’s a lot of work to do, and we are up to the task. In our annual report you will see that in 2014, we created a safe home for those in need of immediate, comprehensive mental health services; we expanded our network of employment and training sites; we provided mental health screening at local middle and high schools; and we increased our outreach to the Latino community.

Hope is a safe home. Hope is a job. Hope is a healthy family. Hope is Buckelew Programs.

Thank you for your generous support.

Fabia Butler
Board President

P.S. Please consider joining our Circle of Hope with a monthly contribution of your choice. Visit buckelew.org for more information.

BUCKELEW PROGRAMS
Marin, Sonoma and Napa
Serving adults and young adults with mental illness
Supported Housing and Employment
Transition Age Youth Program
Family Support
Social Enterprises
Family Service Agency of Marin
Child, Adult and Family Counseling
Early Parenting Support
Suicide Prevention and Crisis Hotline
Child and Adult Trauma Treatment
Addiction Recovery Services
Helen Vine Recovery Center
Residential Detoxification Services

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Hope is a safe home
Buckelew Supported Housing

Since opening its doors in February 2014, Casa Rene, a holistic alternative to psychiatric hospitalization, saved 1,008 hospital days and thousands of dollars by diverting people from expensive and often traumatic institutional settings. Our State-of-the-Art, 10 bed home was made possible through funding from the Mental Health Services Act, County of Marin, Marin Community Foundation, Tamalpais Pacific Foundation and Michelson Family Foundation (now Aroha Philanthropies). Casa Rene was named in honor of the late Rene Mendez-Penate, a tireless advocate for high quality mental health services in Marin County.

94% of Marin clients maintained independent living and required no hospitalization.

92% of Sonoma housing clients showed improvement in living skills.

“It’s a really good opportunity for me to live here. The house is pretty, we have a big yard, and I feel safe.”
-Harlan, Manor House resident, with Licensed Team Leader Lisa Planting

Another new addition to our range of housing services, Manor House in Santa Rosa, celebrated its one-year anniversary this summer. Manor House offers subsidized housing and mental health services to formerly homeless clients. With the help of our partners at Community Housing Sonoma County, Buckelew was able to take on this wonderful country property (formerly known as Henry House) and preserve four beds of affordable housing in the community. In its first year, Manor House has served eleven of our most vulnerable clients.
Hope is a job

Buckelew Employment Services

Buckelew Employment Services
Buckelew employment services and social enterprises are thriving. In Marin County, we are now offering paid clerical training at several venues. In Napa County, with the help of a grant from the Napa Valley Community Foundation, a new computer lab was added where clients can work on resumes and online job search. In Sonoma County, the Buckelew network of local employment and training sites has grown, more than doubling the number of clients served. Due to the success of our model, we were invited to expand into Mendocino County this year.

Hope is a bridge

Transition Age Youth/Family Support Services

Transition Age Youth and Family Support Services
This year, services to the Latino community have significantly increased. Buckelew’s Marin Transition Age Youth Program hired a bilingual Outreach Coordinator and is offering a family support group in Spanish. In Sonoma County, a bilingual Family Service Coordinator now helps Latino families with education and resources for their loved ones with mental illness. Additional staffing was urgently needed to meet the needs of over 1,000 families and individuals seeking our help this year.

87% of families reported that they have a better understanding and ability to cope with their loved ones’ mental illness because of the services received.

73% of families reported an increased sense of hope and empowerment.

“Buckelew’s support of my family and mentally ill son has saved us.”
- Mother of a Buckelew client

MarinScapes Artist Matt Tasley mentoring Transition Age Youth (TAY) participants.
Hope is a healthy family
Family Service Agency of Marin

TeenScreen
This past year, we screened 686 high school sophomores for mental health concerns and substance use through this unique screening program developed by researchers at Columbia University. Many students who are at risk fall between the cracks. The program identifies students for suicidality, depression, anxiety, eating disorders, alcohol and drug abuse, and more. Working with their parents, at risk youth get the help needed to improve their social and emotional health.

“Gracias a todos por su ayuda.
Gracias por mi familia.”
–FSA client

FSA counseling, education and advocacy programs reached 8,944 children and adults.

Healthy Families Marin
Mothers with children age 0 to 3 found support and mentoring through a unique collaboration between our Parent Aide Program and Marin Community Clinic’s Maternity and Pediatric Healthcare Services. Research clearly demonstrates that early intervention with young at-risk families contributes to sustained positive outcomes as children grow into adulthood. Disadvantaged pregnant and new mothers received home visits and support from FSA’s Spanish-speaking Parent Aide stationed at the maternity clinic, and had access to post-partum depression support groups. This early intervention reduced the possibility of child abuse, integrated behavioral and primary healthcare and helped new mothers to better nurture and care for their babies. This service was funded in part by a grant from Bella Vista Foundation.

84% of child clients were better able to cope with stress and handle conflict.

171 students participating in TeenScreen were identified as having significant risk factors. Of these, 38 students had suicidal thinking or behavior. Services were offered in all cases.
Hope is a future
Suicide Prevention & Community Counseling

**North Bay Suicide Prevention Project**
Three years ago, as a response to higher than average California suicide rates in Sonoma, Napa, Lake and Mendocino counties, we began expanding our Suicide Prevention Hotline’s confidential telephone counseling services to people in immediate need. Today, through a centralized telephone system, callers in those North Bay counties are able to speak with highly trained local volunteers and staff who are available 24 hours, 7 days a week.

**Educating the Community to Help Prevent Suicide**
Suicide is a fleeting decision that can have a tragic outcome. In an effort to increase awareness and skills to identify the warning signs of suicide and how to best respond, our staff provided community education in suicide prevention and crisis intervention to nearly 1,500 people, including Marin County public school teachers and students, Public Defenders, CHP and law enforcement officers, health and social service providers, and the faith community.

**The hotline received 12,703 calls from 3,246 individuals, an increase of over 50% from 2012. 34 lives were saved by responding immediately during suicidal crises.**

Hope is information
Jeannette Prandi Children’s Center

**Jeannette Prandi Children’s Center Student Education**
Sexting, sexual assault and cyber bullying are increasing concerns among educators and parents of middle and high school students. JPCC produced two films, *Irreversible Consequences* and *Malicious Intent* depicting the dangerous use of social media.

The films were viewed by 1,883 middle and high school students who discussed what they learned in same and mixed-gender groups.
The Center served 815 clients (1,222 admissions). 26% were chronic inebriates who would otherwise be taken to jail or the emergency room.

Healthy Eating in Recovery
Thanks to a generous grant from the Kaiser Permanente Community Benefit Program, we were able to remodel the kitchen at Helen Vine Recovery Center and launch “Healthy Eating in Recovery,” a new program that focuses on proper nutrition as part of a holistic approach to substance abuse treatment. Clients participate in cooking and meal planning, and learn to make better food choices that enhance their recovery.

28% of admissions were transferred to further treatment services to continue their journey of recovery.
Buckelew Programs Annual Report 2013-2014

Thank you to all our donors and MarinScapes sponsors for supporting Buckelew, Family Service Agency of Marin and The Helen Vine Recovery Center. Your contribution lifts people out of crisis and gives them hope. For a complete list of donors, sponsors and foundations, go to buckelew.org or rsamarin.org.

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