



Community Resources
January 2025



Buckelew Programs Sonoma
Family Service Coordination
2235 Mercury Way, Suite 107
Santa Rosa, CA 95407
(707) 571-8452

Useful Phone Numbers

Access Team: _____ (707)565-6900

The Access Team initiates services for Sonoma County Behavioral Health, Community Mental Health Centers and the Older Adult Team.

Al-Anon/ Alateen (24 Hour Hotline): _____ (707) 575-6760

Consumer Education & Affairs: _____ (707)565-7809

CSU (Crisis Stabilization Unit – 24 Hours): _____ (707)565-4970

CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.

Human Services (General Assistance, Food Stamps, Medi-Cal): _____ (707)565-2715

Human Services provides benefits for those in need, and strives to protect and improve the well-being of individuals and families.

inRESPONSE: _____ 707-575-HELP (4357)

The inRESPONSE team will respond to calls in which individuals are experiencing a mental health crisis in Santa Rosa and are unarmed.

Interlink Self Help Center: _____ (707)546-4481

Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search _____ 211

Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

Mobile Support Team Crisis Call Center – 24 Hours: _____ (800)746-8181

Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24 hours a day, seven days a week. People can receive support over the phone or request an in-person response.

NAMI Warmline: _____ (866)960-6264

The NAMI Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Petaluma Peer Recovery Center: _____ (707)565-1299

Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.

Russian River Empowerment Center: _____ (707)823-1604 Ext. 207

Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

S.A.F.E. Team: Call 707-781-1234 – you will reach a directory where you can choose to speak with a 911 operator or a non-emergency staff member to help. To find out more about the program, please email SAFE@petalumapeople.org.

Social Security Office (Benefits): _____ 1-877 870-6384 or 1-877-890-8459

SOS Community Counseling Center: _____ (707)284-3444

Provides counseling services in Sonoma County to individuals, couples, families, and youth both in schools and community clinics.

Substance Use Disorder Services: _____ (707) 565-7450

Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal, or are Medi-Cal eligible.

Suicide Prevention 24 Hour Hotline (North Bay) _____ 988

Verity (Crisis Line): _____ (707)545-7273

Crisis line and support for victims of sexual assault

Wellness and Advocacy Center: _____ (707)565-7800

Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.



Sonoma County Mobile Crisis Teams

Updated 7/19/2024 - Scan the QR code to learn more.

New! Mobile Support Team (MST) Crisis Call Center

800-746-8181

Or call 911 and ask for Crisis Call Center

- **Staffed 24/7.** Provides phone support for families and individuals experiencing a behavioral health crisis.
- Can send appropriate crisis response team to provide on-scene support.
- Responds without law enforcement, when safety is not an issue.
- Co-responds with law enforcement when safety is a concern.

Mobile Support Team (MST) (Serves whole county)	InResponse (Santa Rosa)	SAFE (Petaluma, Rohnert Park, Cotati, SSU)
<p style="text-align: center;">800-746-8181 24/7</p> <p style="text-align: center;">Covers all cities and unincorporated areas not already represented by other teams</p>	<p style="text-align: center;">Mobile Response Team 707-575-4357 7am-10pm/Daily</p>	<p style="text-align: center;">Petaluma Team 707-781-1234 Operates 24/7</p>
	<p style="text-align: center;">System Navigators (For Santa Rosa Residents) 707-204-9756 8am-5pm/Monday-Friday</p>	<p style="text-align: center;">Rohnert Park Team 707-584-2612 9am-3am/Daily</p>
		<p style="text-align: center;">Cotati, SSU Team 707-792-4611 9am-3am/Daily</p>

Equipo Móvil de Crisis del Condado de Sonoma



Actualizado 9/4/2024 - Escanee el código QR para obtener más información.

¡Nuevo! Centro de llamadas de crisis del equipo de soporte móvil (MST)

800-746-8181

O llame al 911 y pregunte por el Centro de llamadas de crisis

- Con personal **24 horas al día, 7 días a la semana**. Brinda apoyo telefónico a familias e individuos que experimentan una crisis de salud conductual.
- Puede enviar un equipo de respuesta a crisis apropiado para brindar apoyo en el lugar.
- Responde sin aplicación de la ley, cuando la seguridad no es un problema.
- Co-responde con las autoridades cuando la seguridad es una preocupación.

<p>Equipo de soporte móvil (MST) (Atiende a todo el condado)</p>	<p>inResponse (Santa Rosa)</p>	<p>SAFE (Petaluma, Rohnert Park, Cotati, SSU)</p>
<p>800-746-8181 24/7</p> <p>Cubre todas las ciudades y áreas no incorporadas que aún no están representadas por otros equipos</p>	<p>Equipo de Respuesta móvil 707-575-4357 7 am-10 pm/Diario</p>	<p>Petaluma Team 707-781-1234 Opera 24 horas al día, 7 días a la semana</p>
	<p>Navegadores de Sistemas (Para residentes de Santa Rosa) 707-204-9756 8 am-5 pm/Lunes-Viernes</p>	<p>Equipo del Rohnert Park 707-584-2612 9 a. m. a 3 a. m. / Diario</p>
		<p>Cotati, Equipo SSU 707-792-4611 9am-3am/Daily</p>



- **What is the Mobile Support Team (MST)?**
MST is a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises on location in the community since 2012.

- **Expanded Response**

MST is now able to respond with or without law enforcement when it is safe to do so, and we can transport individuals in crisis when a higher level of care is necessary.

- **Call Center: 800-746-8181**

The new MST Crisis Call Center is able to take calls directly from the community.

The Call Center is staffed by MST **24/7**. Staff are able to offer support over the phone and to send a crisis response team to the crisis location when needed.

- **24/7 Response County-Wide**

- MST mobile crisis response teams are available to provide on-scene support 24/7 to all areas of the County not covered by other teams.

800-746-8181



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800-746-8181

- **¿Qué es el Equipo de Apoyo Móvil (MST)?**
MST es un grupo de profesionales dedicados y atentos que brindan apoyo a personas y familias que están teniendo una crisis de salud conductual/mental. Hemos estado respondiendo a crisis en la comunidad desde 2012.
- **Ayuda Ampliada**
MST ahora puede responder con o sin oficiales de policía cuando es seguro hacerlo, y podemos transportar a personas en crisis cuando se necesita un mayor nivel de atención.
- **Centro de llamadas: 800-746-8181**
El nuevo Centro de Llamadas de Crisis de MST puede recibir llamadas directamente de la comunidad. El Centro de Llamadas tiene personal de MST disponible **las 24 horas del día, los 7 días de la semana**. El personal puede ofrecer apoyo por teléfono y enviar un equipo de respuesta a crisis al lugar de la crisis cuando sea necesario.
- **Respuesta 24/7 en todo el condado**
Los equipos móviles de respuesta a crisis de MST están disponibles para apoyar en la escena las 24 horas del día, los 7 días de la semana a todas las áreas del condado que no están cubiertas por otros equipos.

800-746-8181

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800-746-8181



Family Service Coordination Team

January 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1 S.O.S: Allies for Hope 7pm-8:30	2	3	4
5	6	7 Bilingual Community Resource Clinic 3pm-4:30pm	8 Peer Support Group for Teens and Young Adults Coping with Suicide Loss 6pm	9	10	11
12	13 SCBH Family Support & Education Group 4pm-6pm	14 Bilingual Community Resource Clinic 3pm-4:30pm	15 S.O.S: Allies for Hope 7pm-8:30	16	17	18
19	20	21 Bilingual Community Resource Clinic 3pm-4:30pm	22 Peer Support Group for Teens and Young Adults Coping with Suicide Loss 6pm	23 MADF Family Support & Education Group 6pm-7:30pm	24	25
26	27	28 Bilingual Community Resource Clinic 3pm-4:30pm	29	30	31	

BILINGUAL COMMUNITY RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.



Where:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:

Every Tuesday @ 3pm
Tue, January 7th
Tue, January 14th
Tue, January 21st
Tue, January 28th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:

MarisabelM@buckelew.org | 707-513-5135

Fsc@buckelew.org | 707-571-8452



CLINICA BILINGUE DE RECURSOS COMUNITARIOS

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.



Donde:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

Cuando:

Cada Martes a las 3pm
7 de Enero
14 de Enero
21 de Enero
28 de Enero

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

NicoleN@Buckelew.org 707-494-0762 (se habla Español)

Fsc@buckelew.org | 707-571-8452





Family Service Coordination Team

The Family Service Coordination Team strives to provide education, support, and other assistance to family members and caregivers of adults and youth with a mental illness. The Family Service Coordination Team helps families navigate Sonoma County Behavioral Health and other community resources.

Support Groups

Sonoma County Behavioral Health Family Education & Support Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

**2nd Monday of Every Month
4:00 PM - 6:00 PM
Bucklelew Office**

Main Adult Detention Facility Family Education & Support Group

We invite you to join us to learn additional ways to support your loved ones while in custody. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the services available within the correctional system.

**4th Thursday of Every Month
6:00pm-7:30pm
RSVP Required**

Bilingual Community Resource Clinic

Everyone is welcome to come to the Resource Clinic for help with understanding or assistance in accessing services for themselves or their loved one. The Resource Clinic can assist you with finding food, shelter, housing, mental health support and more!

**Every Tuesday
3:00 PM - 4:30 PM
Bucklelew Office**

Clinica Bilingue de Recursos Comunitarios

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos. La Clínica de Recursos puede asistirte a encontrar comida, refugio, vivienda, apoyo para la salud mental y más.

**Cada Martes
3:00 PM - 4:30 PM
Oficina de Buckelew**

If you are interested in joining our support meetings, please contact:

707-571-8452 or Fsc@bucklelew.org



Family Service
Coordination Team



Sonoma County Behavioral Health Family Support & Education Group



Monday
JANUARY
13TH
4pm-6pm
In Person



Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

Questions?

**Contact the Family Service
Coordination Team:**

Fsc@buckelew.org 707-571-8452

MarisabelM@buckelew.org 707-513-5135

**2235 Mercury Way, Suite 107
Santa Rosa, CA 95407**

www.buckelew.org




MADF FAMILY SUPPORT & EDUCATION GROUP

We invite you to join us to learn additional ways to support your loved ones while in custody or in the community. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the correctional systems and the services available for your loved one.







Join us!

-  Fourth Thursday of every month
-  6:00pm-7:30pm (please arrive by 5:50pm)
-  **RSVP Required for Entry!**




Please contact the Family Service Coordination Team to RSVP for upcoming groups.

Upcoming Dates:

-  Thursday, January 23rd (1/24/25)
-  Thursday, February 27th (2/27/25)
-  Thursday, March 27th (3/27/25)
-  Thursday, April 24th (4/24/25)

The Family Service Coordination Team provides support, education and resource navigation to those who have loved ones that are struggling with mental health or substance use.

Contact Us:

-  707-571-8452
-  Fsc@Buckelew.org
-  2235 Mercury Way, STE 107
Santa Rosa, CA 95407



Buckelew Programs Grief Counseling & SOS: Allies for Hope Group Meetings

Buckelew Programs offers a safe place in our community for families and loved ones of people who have died by suicide to safely share their experience with others who are similarly affected. This is a peer-to-peer group. We are meeting virtually at this time out of respect to social distancing due to the Covid-19 pandemic. This group is led by trained Buckelew Staff members, Chris Nihil MA and Kate Kriebel.

- **SOS: Allies For Hope:**

Survivors of Suicide Bereavement Support Group (SOS) is a virtual group via Zoom that meets the 2nd and 4th Wednesdays of every month from **7 pm to 8:30pm**. Call **415.444.6000** to get a zoom link or email **SOSinfo@Buckelew.org**.

- **Grief Counseling Hotline:**

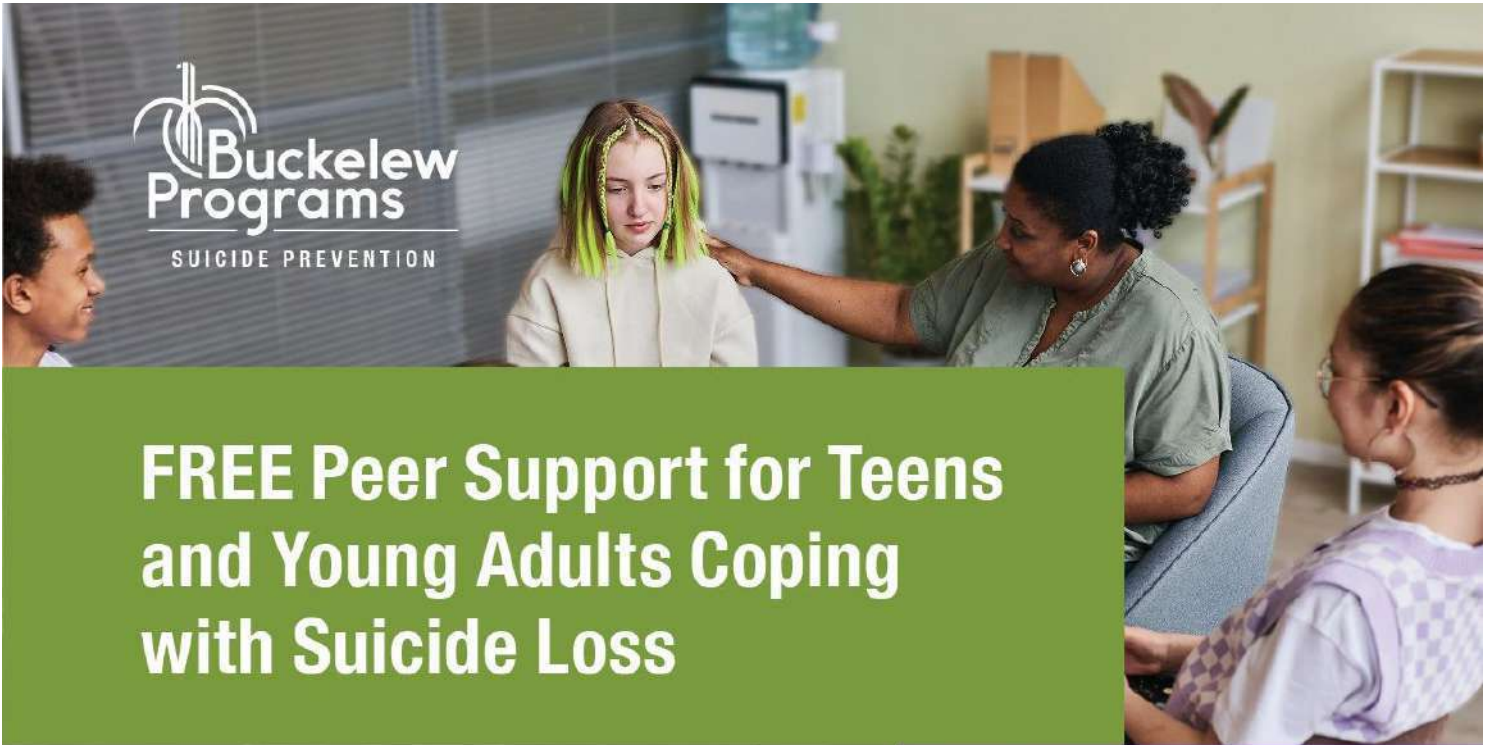
We all suffer from grief and here at Buckelew we offer a grief hotline that provides 24/7 support at a critical time. This support is free and confidential with resources for you or your loved ones, and best practices for professionals. Please call this number below for help with grief counseling: **415.499.1195**

For more information, please call or email

Phone: 415-444-6000

Counseling: 415.491.5716

SOSinfo@Buckelew.org



FREE Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 1st and 3rd Wednesday at 6pm, every month on Zoom

Who: This group is FREE and open to youth and young adults 14–24 years old who've lost a friend, family member, classmate, co-worker or partner to suicide.

Where: Meetings are virtual on Zoom

To register or for more information:

Please contact: Shriya Ambre
Shriyaa@Buckelew.org
415-328-3382

Buckelew Programs offers a safe place in our community for families and loved ones of those who have lost someone to suicide to safely share their experiences with others who are similarly affected.

Buckelew.org



If you or someone you know is struggling or in crisis, help is available.
Call or text 988 or chat 988lifeline.org.



Buckelew Orenda Center Intake Process for Sonoma County

This is for withdrawal management only.

General Information Orenda Center: The Orenda Center is a licensed 27 bed, co-ed withdrawal management level 3.2 only program.

Withdrawal management Level 3.2 refers to a type of care in substance use disorder treatment that provides residential services specifically designed for patients who require moderate levels of medical monitoring and support during withdrawal. Key characteristics of Level 3.2 withdrawal management:

1. **Residential Setting:** Patients stay in a non-hospital, 24-hour residential facility that provides a safe and supportive environment for withdrawal.
2. **Moderate Medical Monitoring:** This level is intended for individuals who need close monitoring due to the potential for moderate withdrawal symptoms that could require medication and supportive care but do not need the intensity of a hospital setting.
3. **Staffing:** The facility has a LPHA (Licensed Professional of the Healing Arts) via telehealth who works with non-medical professionals to confirm medical necessity. Staff are trained AOD counselors and behavioral health professionals who can manage withdrawal symptoms, monitor self-administration of medications, and respond to medical emergencies and provide emotional support and counseling.
4. **Length of Stay:** The duration of treatment in Level 3.2 can vary based on the individual's needs and the severity of their withdrawal symptoms, typically lasting 3-5 days to a week.
5. **Goal:** The primary objective is to safely manage withdrawal symptoms and prepare the patient for ongoing treatment, whether that is at a lower level of care (such as outpatient treatment) or a higher level, depending on the individual's progress and needs.

This level is designed for individuals who are at risk of withdrawal complications but do not require hospitalization or intensive medical care.

Referral Process:

This referral process is for Orenda Center only. All Sonoma County residents should be referred to Orenda Center as a priority. Orenda will have 10 beds available at no cost for Sonoma County residents.

Orenda will have one two sobering beds in addition to the ten WM beds available for a 4-6 hour stay. New intakes are completed between 7am and 11pm daily.

How to Prepare: Clients will need a medical clearance. COVID testing will be done at Orenda. Clients will have limited space for belongings. A small storage bin will be provided and locked in a storage area. Please ensure clients are prepared and understand the limitations of the facility. Orenda Center will facilitate detox from benzos. If clients are already prescribed benzos by a treating prescriber or if for withdrawal management, they can access services taking medication as prescribed. Clients coming in with all current and up to date prescriptions will also be able to continue those medications. Medications



will be counted at intake to ensure misuse has not occurred. Clients in a sobering bed will have between 4-6 hours. If a client in a sobering bed transfers to WM, they will need to obtain a medical clearance.

Step One: Sonoma County Provider or resident will need to call Orenda Center at 707-565-7460 to complete a screening and ensure a bed is available.

Step Two: All clients must complete a 5-to-10-minute brief pre-screen with (this is done 24/7).

Step Three Intake Documentation Required for:

- After screening by WM staff, clients will be referred for medical clearance which should indicate that they can safely detox. Clearance would be obtained through EDs, Hospitals, and FQHCs/Health Centers.
 - Please include detailed notes indicating safe to discharge, what services provided at hospital and clear medical indication that client is safe to discharge into withdrawal management.
- Medication:
 - For alcohol withdrawal, blood pressure meds and others that will have negative health consequences, clients need to agree to take these medications while at Detox. If Client comes in with psych meds, they will be allowed to continue medication. Every medication must have a medication order to know how to take the medication.
 - Prescribing physicians: We accept medication for withdrawal with the understanding that it is for the detox process only and will be locked and monitored. Clients will not be discharged or released with WM medication. All WM medication will be picked up by Orenda staff and will be disposed of with locked disposal system at the facility at discharge.
 - Support medication can be sent to Rite Aid Pharmacy on Farmers Lane: 707-544-4050 or Creekside Pharmacy in Santa Rosa. Staff will support pick up. Creekside: 707-525-1130
 - Please note referring providers and self-referred clients need to confirm medication that is sent are paid for. This is to ensure clients can stay at Orenda for withdrawal management and have all their life sustaining medications.
- Clients will need to have a negative COVID-19 test result – antigen tests are valid. Clients can obtain rapid COVID-19 test through FQHCs (Health Center), hospitals, mobile crisis, and CSU. Test results need to be current within a 24-hour period. Orenda will also facilitate an antigen test.

Step Four: Clients at Orenda Center will be provided with a small bin and have a locker to store minimal belongings. Clients will not be able to bring a lot with them including **no** linens or pillows, tents, etc. will be accepted.

Step Five: Transportation

- Transportation to obtain medical clearance can be arranged by client as well as community-based organizations, health centers, hospitals, law enforcement and crisis teams can support drop off as determined by the team referring to detox.



- After clients obtain medical clearance, transportation must be and will only be accepted by Orenda staff.
- Clients moving from sobering bed to WM who need a medical clearance will be provided transportation. Staff will be responsible for warm hand off that will include the medical clearance documentation.

Law Enforcement Intake Process: Orenda requires medical clearance prior to drop off unless they are utilizing the sobering beds. Law enforcement should call 707-565-7460 to ensure a sobering bed is available prior to drop off.

Contact Information for Those Supporting Community Workflow

Orenda Center: 707-565-7460
orendacenter@buckelew.org

Kari Kenyon
Assistant Program Director
707-687-8993

Viviana Dibello
SUD Navigator
(c)707-787-6680 (e) vivianad@buckelew.org

Julia Keefer
inRESPONSE Hospital Navigator
cell: (707) 790-9753 | JuliaK@buckelew.org

Sylvie V De La Cruz (she/her/hers)
Program Director, Athena House/Hope Village
(c) 707-909-0168 (e) sylvied@buckelew.org

Katie "KT" Swan
Program Director: inRESPONSE & Family Service Coordination Program (They/Them)
(c) 707-583-5284 (f) 707-571-5531 (e) KT.S@Buckelew.org

Erika Klohe (she/her/hers), MSW LCSW #108533
Regional Director Sonoma/Napa
(c) 707-780-7239 (e) erikak@buckelew.org

Peer Support/Self-Help Centers & Warmlines

Interlink Self-Help Center

(707) 546-4481

1033 4th St, Santa Rosa, CA 95404 | westcountyservices.org | info@westcountyservices.org

Interlink Self-Help Center offers peer support for self-directed mental health recovery and wellness to adult community members, free of charge. They provide individual and group support, help with resource navigation and more. Programs and services are provided by individuals with lived experience facing their own mental health challenges.

Petaluma Peer Recovery Center (PPRC)

(707) 565-1299

5350 Old Redwood Hwy N #600, Petaluma, CA 94954 | westcountyservices.org | info@westcountyservices.org

Mon & Wed, 10am-3pm / Thu, 10am-1pm

Petaluma Peer Recovery Center offers peer support for self-directed mental health recovery and wellness to adult community members, free of charge. Programs and services are provided by individuals with lived experience facing their own mental health challenges. Services include one-to-one peer support, creative expressions, craft events, help with resource navigation, and a variety of support groups.

PPRC membership is free.

Russian River Empowerment Center

(707) 823-1640 ext. 207

9925 Main St, Monte Rio, CA 95462 | westcountyservices.org | info@westcountyservices.org

Mon-Thu, 11am-4pm

The Empowerment Center in Monte Rio serves the Lower Russian River as a safe place for people chronically challenged by behavioral health issues to work on their recovery. Programs and services are provided by individuals with lived experience facing their own mental health challenges.

Wellness & Advocacy Center

(707) 565-7800

2245 Challenger Way #104, Santa Rosa, CA 95407 | westcountyservices.org | info@westcountyservices.org

Mon-Tue & Thu-Fri, 9am-4pm / Wed, 12pm-4pm

The Wellness & Advocacy Center is a client-run drop-in center that provides a variety of services for all peer behavioral health consumers, including a career center, computer lab, job counseling, workshops, education forums, art, a community garden, and self-help groups. Membership is free; a sign-up process is brief but required. Staff work one-on-one with each person and let potential members visit. Services include a warmline, showers, and laundry. Support groups are also available.

Family Service Coordination Team

(707) 571-8452

2235 Mercury Way Suite 107 Santa Rosa, CA 95407 | <https://buckelew.org> | Fsc@Buckelew.org

The Family Service Coordination Team provides support, education, outreach, and resource navigation for families with loved ones experiencing behavioral health and/or substance-use related challenges. Staff with lived experience facilitate multiple support groups for families with impacted loved ones in addition to a weekly resource clinic that is free and open to the community.

Peer Support/Self-Help Centers & Warmlines

Peer-Run Warmlines and Hotlines

988 National Suicide & Crisis Lifeline

9-8-8

<https://988lifeline.org/> | Available 24/7

The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

California Peer-Run Warmline

(855) 600-WARM (9276)

<https://www.mentalhealthsf.org/warm-line/> | Available 24/7

The California Peer Run Warmline is a 24/7 resource for anyone in California seeking emotional support. Volunteers with personal lived experience of mental health challenges provide information on local resources, share their lived experience, and offer warm, non-judgmental human connection to people with a variety of needs across California.

CalHOPE - Peer-Run Warmline

(833) 317-HOPE (4673)

<https://calhopeconnect.org/> | Available 24/7

The CalHOPE Warmline is a 24/7 resource for anyone in California seeking emotional support and connects callers to other people who have persevered through struggles with stress, anxiety, depression.

CalHOPE Red Line – Peer-run Warmline for Urban Indian and Tribal Populations.

1-(800) 368-4090

<https://ccuih.org/redline/> | Text: 916-252-5002 | Available Mon-Fri, 9am-5pm

The CalHOPE Red Line, a peer support program run by the California Consortium for Urban Indian Health (CCUIH), providing resources, referrals, and support for Urban Indian and Tribal populations.

Institute on Aging – Friendship Line for Seniors 60+ and Adults with Disabilities

(888) 670-1360

<https://www.ioaging.org/services/friendship-line/> | Available 24/7

24/hour toll-free crisis line for people aged 60+, and adults living with disabilities. Institute on Aging reaches out to lonely, depressed, isolated, frail and/or suicidal older adults.

NAMI Sonoma County - Warmline

(866) 960-6264

<https://namisonomacounty.org/> | info@namisoco.org. | Available Mon-Fri, 10am-5pm

The NAMI Sonoma County Warmline is the "front door" to local resources, information, and confidential emotional support in Sonoma County.

Mental Health Association for Chinese Communities (MHACC) Warmline

1-(800) 881-8502

<https://www.mhacc-usa.org/> | Available Mon-Sun, 9am-9pm

The MHACC Warm Line is a confidential support service for mental health, specifically tailored for Chinese immigrants and Chinese American individuals, offering culturally sensitive and personalized assistance. The Warm Line is staffed by multilingual peer support specialists who are fluent in Mandarin, Cantonese, and English.

Need Help?



SHELTER & HOMELESS SERVICES

DROP-IN CENTER - CARITAS VILLAGE

Catholic Charities Diocese of Santa Rosa
301 6th St. Suite 108 Santa Rosa, CA 95401
Mon-Fri; 6am-5:30pm; 8am-4pm Saturday
(707) 308-4684

REDWOOD GOSPEL MISSION

101 6th St, Santa Rosa, CA 95401
Mon-Sun; 6am-10pm
(707) 542-4817

COTS MARY ISAAK CENTER

900 Hopper St, Petaluma, CA 94952
Mon-Sun; 6am-10pm
(707) 542-4817

THE LIVING ROOM (WOMEN ONLY)

1335 North Dutton Ave Santa Rosa, CA 95401
Mon-Fri; 9am-1:30pm
(707) 542-4817

FOOD & GROCERIES

REDWOOD EMPIRE FOOD BANK

3990 Brickway Blvd, Santa Rosa, CA 95403
Mon-Fri, 8am-4:30pm
refb.org
(707) 523-7900

F.I.S.H. OF SANTA ROSA

1710 Sebastopol Rd, Santa Rosa, CA 95407
Mon-Fri, 12pm-2pm
(707) 527-5151

THE SALVATION ARMY

93 Stony Cir, Santa Rosa, CA 95401
Mon-Thu, 10am-12pm
(707) 542-0981

BAYSIDE CHURCH

3175 Sebastopol Rd Santa Rosa, 95407
Mondays, 8am-9am | 2nd & 4th Sat, 8am-9am
(707) 528-8463

TREATMENT & RECOVERY SERVICES

REDWOOD GOSPEL MISSION - NEW LIFE

101 6th St, Santa Rosa, CA 95401
Mon-Sun; 6am-10pm
Men & Women, Faith-based Residential Treatment
707-542-4817

ATHENA HOUSE - WOMEN & NB ONLY

2235 Mercury Way Suite 107 Santa Rosa, CA 95407
Mon-Fri, 9am-5pm
707-335-0702 | AthenaHouse@Bucklelew.org

PURA VIDA RECOVERY SERVICES

130 Stony Point Rd Suite J, Santa Rosa, CA 95401
Open 24hrs, 7 days/week
(707) 879-8432

COMING SOON - CENTER POINT DAAC

Dr. Sushma D. Taylor Recovery Center (SDTRC)
Residential Treatment Program; Men Only
(707) 544-3295 | cpdaac.org/residential-services

MENTAL HEALTH SERVICES

SONOMA COUNTY ACCESS TEAM

2225 Challenger Way, Santa Rosa, CA 95407
Referrals to community providers or SCBH
Open 24/hrs, 7 days/week
(707) 565-6900

NAMI SONOMA COUNTY

182 Farmers Ln #202, Santa Rosa, CA 95405
Mon-Fri, 10am-5pm
(866) 960-6264

WELLNESS & ADVOCACY CENTER - WCCS

2245 Challenger Way #104, Santa Rosa, CA 95407
Mon-Tue & Thu- Fri, 9am-4pm, Wed 12pm-4pm,
(707) 565-7800

INTERLINK SELF-HELP CENTER - WCCS

1033 4th St, Santa Rosa, CA 95404
Mon-Wed & Fri-Sat, 10am-3pm, Thu 10am-2pm
(707) 546-4481

Need Help?



MOBILE CRISIS RESPONSE TEAMS

IN-RESPONSE

Serves residents within Santa Rosa city limits
Can do involuntary holds (5150s)
7 AM - 10 PM, 7 days a week
707-575-HELP (4357)

MOBILE SUPPORT TEAM (MST)

Serves residents throughout Sonoma County
Can do involuntary holds (5150s)
Crisis Call Center available 24/7
800-746-8181 or 911

SAFE TEAM - PETALUMA

Serves residents within Petaluma, Rohnert Park & Cotati
Cannot do voluntary holds (5150s)
Petaluma - 24/7, Rohnert Park & Cotati - 18/7
911 - in-progress emergency/crisis situations
Petaluma: (707) 781-1234
Rohnert Park: (707) 584-2612
Cotati: (707) 792-4611

VICTIM & ADVOCACY SERVICES

FAMILY JUSTICE CENTER (FJC)

2755 Mendocino Ave, Santa Rosa, CA 95403
Mon-Fri, 8:30am-4:30pm
fjcsc.org
(707) 565-8255

LEGAL AID OF SONOMA COUNTY

144 S E St #100, Santa Rosa, CA 95404
Mon-Thu, 9:15am-11:30am & 1:15pm-4:00pm, Wed modified
(707) 542-1290 | legalaidsc.org

FAIR HOUSING ADVOCATES OF NOR. CAL

1314 Lincoln Ave ste a, San Rafael, CA 94901
Mon-Fri, 8:30am-4:30pm
(415) 457-5025 | fairhousingnorcal.org

DISABILITY SERVICES & LEGAL CENTER

521 Mendocino Ave #5241, Santa Rosa, CA 95401
Mon-Fri, 8:30am-5pm
(707) 528-2745 | mydslc.org

HOUSING & RENTAL ASSISTANCE

SHARE SONOMA COUNTY

2901 Cleveland Ave Suite 204, Santa Rosa, CA 95401
sharesonomacounty.org
Mon-Fri, 9am-5pm
707-766-8800

SONOMA COUNTY HOUSING AUTHORITY

1440 Guerneville Rd, Santa Rosa, CA 95403
Mon-Fri, 8am-5pm
707-565-7500

BURBANK HOUSING CORPORATION

1425 Corporate Center Pkwy, Santa Rosa, CA 95407
Mon-Fri, 9am-12pm & 1pm-4:30pm
707-526-9782 | burbankhousing.org

RAPID RE-HOUSING - CARITAS VILLAGE

301 6th St. Suite 108 Santa Rosa, CA 95401
Mon-Fri; 6am-5:30pm; 8am-4pm Saturday
707-978-8329 (HOST Team)

FINANCIAL ASSISTANCE & EMPLOYMENT

SEASONS OF SHARING FUNDS

Community Action Partnership (CAP)
2250 Northpoint Pkwy, Santa Rosa, CA 95407
Mon-Fri, 9am-5pm
707-544-6911 | capsonoma.org

REACH PROGRAM - NORTH COAST ENERGY

1100 Coddington Center #1, Santa Rosa, CA 95401
Mon-Fri, 9am-5pm
1-800-233-4480 (toll free) | nces.org

SONOMA COUNTY JOB LINK

2227 Capricorn Way Suite #100, Santa Rosa, CA 95407
Mon-Fri, 8am-5pm
707-565-5550 | joblinksonoma.org

HUMAN SERVICES ECONOMIC DEPT.

2550 Paulin Dr, Santa Rosa, CA 95403
Mon-Fri, 9am-3:30pm
877-699-6868 | sonomacounty.ca.gov

Housing Assistance & Homeless Resources



HOUSING REPAIR & WEATHERIZATION

COMMUNITY SERVICE & DEVELOPMENT

2389 Gateway Oaks Dr, Sacramento, CA 95833
Mon-Fri, 8:00am-5:00pm
csd.ca.gov/Pages/Residential-Energy-Efficiency.aspx
(866) 675-6623

DISABILITY SERVICES & LEGAL CENTER

521 Mendocino Ave #5241, Santa Rosa, CA 95401
Mon-Fri, 8:30am-4:30pm
(707) 528-2745 | mydslc.org

HABITAT FOR HUMANITY

1201 Piner Road STE 500 Santa Rosa, CA 95403
Mon-Fri, 10am-6:00pm; Sat, 9:00am-5:30pm
(707) 578-7707 | habitatso.co.org

COMMUNITY DEVELOPMENT COMMISSION

Housing Rehabilitation Loan Program
sonomacounty.ca.gov/hrhp
(707) 565-7501 or shelley.ticehurst@sonoma-county.org

LOW-INCOME/AFFORDABLE HOUSING

BURBANK HOUSING

1425 Corporate Center Pkwy, Santa Rosa, CA 95407
Mon-Fri, 9:00am-4:30pm
burbankhousing.org
707-526-9782 or info@burbankhousing.org

SONOMA COUNTY HOUSING COALITION

Affordable housing inventory for Sonoma County rentals
Mon-Fri, 8am-5pm
707-565-7501 or sonomacounty.ca.gov

SILVERCREST HOUSING FOR SENIORS

1050 3rd St, Santa Rosa, CA 95404
Mon-Fri, 8:30am-4:30pm
707-544-6766 or santarosa.salvationarmy.org

SHARE SONOMA COUNTY

2901 Cleveland Ave Suite 204, Santa Rosa, CA 95401
Mon-Fri, 9:00am-5pm
707-766-8800 or sharesonomacounty.org

SHELTER & HOMELESS SERVICES

DROP-IN CENTER - CARITAS VILLAGE

Catholic Charities Diocese of Santa Rosa
301 6th St. Suite 108 Santa Rosa, CA 95401
Mon-Fri; 6am-5:30pm; 8am-4pm Saturday
(707) 308-4684 | srcharities.org

REDWOOD GOSPEL MISSION

101 6th St, Santa Rosa, CA 95401
Mon-Sun; 6am-10pm
(707) 542-4817 | rgm.org

COTS MARY ISAAK CENTER

900 Hopper St, Petaluma, CA 94952
Mon-Sun; 6am-10pm
(707) 542-4817 | cots.org

THE LIVING ROOM (WOMEN ONLY)

1335 North Dutton Ave Santa Rosa, CA 95401
Mon-Fri; 9am-1:30pm
(707) 542-4817 | <https://thelivingroomsc.org/tlr-life-center/>

UTILITY & RENTAL ASSISTANCE

SEASONS OF SHARING FUNDS

Community Action Partnership (CAP)
2250 Northpoint Pkwy, Santa Rosa, CA 95407
Mon-Fri, 9am-5pm
707-544-6911 | capsonoma.org

NORTH COAST ENERGY SERVICES

1100 Coddington Center #1, Santa Rosa, CA 95401
Mon-Fri, 9am-5pm
1-800-233-4480 (toll free) | nces.org

PG&E MEDICAL BASELINE PROGRAM

Utility assistance for residents with medical equipment
800-743-5000 or pge.com/medicalbaseline

RAPID RE-HOUSING - CARITAS VILLAGE

301 6th St. Suite 108 Santa Rosa, CA 95401
Mon-Fri; 6am-5:30pm; 8am-4pm Saturday
707-978-8329 (HOST Team) | srcharities.org

Emergency Utility & Rental Assistance



GAS & ELECTRICITY

CALIFORNIA ALTERNATE RATES FOR ENERGY (CARE)

Provides a 30-35% discount on your utility bill. Participants qualify by meeting income guidelines or enrolling in certain public assistance programs.

Apply Online:

energyinsight.pge.com/carefera?care_lang=english

Apply by Mail:

To receive a CARE/FERA Sub-metered Residential Application in the mail, call 1-877-660-6789 or email CAREandFERA@pge.com.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (HEAP/LIHEAP)

Provides assistance to low-income households that pay a high portion of their income to meet their energy needs.

Apply Online: www.nces.org or www.caliheapapply.com

MEDICAL BASELINE PROGRAM

Assistance program for residential customers who depend on power for certain medical needs.

Apply Online: pge.com/en/account/billing-and-assistance

FAMILY ELECTRIC RATE ASSISTANCE PROGRAM (FERA)

Monthly discount of 18% on electric rates (not gas) for income-qualified households of three or more persons.

Apply Online:

pge.com/en/account/billing-and-assistance

NORTH COAST ENERGY SERVICES (NCES)

Coordinates energy bill assistance programs (HEAP & CARE) for low-income residents in Sonoma County.

To Apply for Assistance:

1100 Coddington Center #1, Santa Rosa, CA 95401
Mon-Fri, 9am-5pm
1-800-233-4480 (toll free) | nces.org

FINANCIAL ASSISTANCE

SEASONS OF SHARING FUNDS

Provides temporary assistance with housing (rent, mortgage, deposit) as well as other critical needs like utility payments.

To Apply for Assistance:

Community Action Partnership (CAP)

2250 Northpoint Pkwy, Santa Rosa, CA 95407
Mon-Fri, 9am-5pm
707-544-6911 | capsonoma.org

Apply Online: capsonoma.org/financial-assistance

Salvation Army

93 Stony Circle in Door C, Santa Rosa, CA
Mon-Fri, 12:30 pm - 2:00 pm (by appointment only)
707-542-0998 | santarosa.salvationarmy.org/santa_rosa

RAPID REHOUSING (CATHOLIC CHARITIES)

Provides assistance with deposit and rent for Sonoma County residents that are currently homeless or at-risk of homelessness.

To Apply for Assistance:

301 6th St. Suite 108 Santa Rosa, CA 95401
By appointment only
707-978-8329 | srcharities.org

DISABILITY SERVICES & LEGAL CENTER

Assistance applying for Social Security (SSI/SSDI), Medi-Cal, Medicare, Unemployment Insurance, CalFresh, GA and more.

To Apply for Assistance:

521 Mendocino Ave, Santa Rosa, CA 95401
Mon-Fri, 8:30am-5pm
707-528-2745 VOICE | mydslc.org

PETALUMA PEOPLE SERVICES CENTER

Provides rental assistance to those in need with household incomes at or below 80% Area Medium Income.

To Apply for Assistance:

1500 Petaluma Blvd S, Petaluma, CA 94952
Mon-Fri, 9am-4:30pm
(707) 765-8488 | petalumapeople.org

WHAT

The CARE Act is a **new civil court process** providing community-based mental health services to eligible people. It **prioritizes treatment, housing, and community support.**

WHO

Eligible Californians living with **untreated schizophrenia spectrum or other psychotic disorders.**

HOW

A **wide range of people can request an individual to enter the CARE process.** The process will connect eligible individuals with services to support their recovery and stability.

CARE ACT

**Community Assistance,
Recovery and
Empowerment Act**

**More
Information
Find CARE in
Sonoma
County**

<https://sonomacounty.ca.gov/CareCourt>

**Self-Help Center:
707-521-6534**




CARE Act Community Assistance, Recovery and Empowerment Act



GOALS

The CARE Act supports a self-determined path to recovery. It is intended to be a process that can be supported and served by existing programs, providing a way for people to stabilize and exit homelessness.



CARE PROCESS

The CARE Act allows specified adults to petition a civil court to begin CARE Act proceedings. They are called "petitioners". The subject of that petition (the person who would benefit from services) is called the "participant" or "respondent." A court review will then determine eligibility. If eligible, the court will work with the participant and their attorney to create a voluntary CARE agreement or court-ordered CARE plan that connects them with services. There will be status review hearings to review progress and challenges. After 12 months, the participant may graduate from the program, or they may continue for another year.



ELIGIBILITY

Eligibility is determined on a case-by-case basis. Homelessness and mental illness alone are not enough to meet eligibility requirements. Some of the criteria include:

- 18 years or older
- A diagnosis of schizophrenia spectrum or other psychotic disorders
- Not clinically stabilized in ongoing voluntary treatment
- CARE must be the least restrictive alternative to provide recovery and stability



PETITIONERS

A wide range of people can petition the court for someone to get help. Some examples include:

- Family members
- Health care/social services providers
- First responders
- County behavioral health agency



CARE CONTINUES

After graduating from the CARE process, the participant remains eligible for ongoing treatment, supportive services, and housing in the community to support long-term recovery.



QUÉ

La Ley CARE se trata de un **nuevo proceso judicial civil** que proporciona servicios comunitarios de salud mental a las personas elegibles. **Prioriza el tratamiento, el alojamiento y el apoyo comunitario.**

QUIÉN

Californianos elegibles que viven con el **espectro esquizofrénico u otros trastornos psicóticos no tratados.**

CÓMO

Una amplia gama de personas puede solicitar que una persona entre en el proceso CARE. El proceso pondrá en contacto a las personas elegibles con servicios que apoyen su recuperación y estabilidad.



La Ley CARE
Ley de Apoyo,
Recuperación y
Empoderamiento de la
Comunidad

Encuentra

CARE en

el Condado de

Sonoma

Más
información

<https://sonomacounty.ca.gov/CareCourt>

Centro de autoayuda:
707-521-6534



La Ley CARE

Ley de Apoyo, Recuperación y Empoderamiento de la Comunidad

OBJETIVOS

La Ley CARE apoya un camino autodeterminado hacia la recuperación. Se pretende que sea un proceso que pueda ser apoyado y atendido por los programas existentes, proporcionando una vía para que las personas se establezcan y salgan del sinhogarismo.

La Ley CARE

La Ley CARE permite a determinados adultos solicitar a un tribunal civil que inicie un procedimiento en virtud de la Ley CARE. Estos adultos se llaman "solicitantes," o "petitioners" en inglés. El sujeto de esa solicitud (la persona que se beneficiaría de los servicios) se llama "participante" o "demandado" ("participant" o "respondent" en inglés). A continuación, el tribunal revisará la solicitud y determinará la elegibilidad. Si el participante cumple los requisitos, el tribunal trabajará con esa persona y su abogado para crear un acuerdo CARE voluntario o un plan CARE pedido por el tribunal que le ponga en contacto con los servicios. Habrá audiencias de revisión del estado para revisar el progreso y los retos. Después de 12 meses, el participante se puede graduar del programa o puede continuar un año más.

ELEGIBILIDAD

La elegibilidad se determina caso por caso. El sinhogarismo y la enfermedad mental por sí solas no bastan para cumplir los requisitos de elegibilidad. Algunos de los criterios incluyen:

- 18 años o más
- Un diagnóstico de espectro esquizofrénico u otros trastornos psicóticos
- No estabilizado clínicamente en tratamiento voluntario en curso
- CARE debe ser la alternativa menos restrictiva para proporcionar recuperación y estabilidad

SOLICITANTES

Una amplia gama de personas puede solicitar al tribunal que alguien reciba ayuda. Algunos ejemplos son:

- Familiares
- Proveedores de atención sanitaria/servicios sociales
- Personal de auxilio
- Agencia de salud mental del condado

CARE CONTINÚA

Tras graduarse del proceso CARE, el participante tiene derecho al tratamiento continuado, servicios de apoyo y alojamiento en la comunidad para apoyar la recuperación a largo plazo.





Center Point
D A A C

Drug Abuse Alternatives Center

MEDI-CAL ACCEPTED

ADOLESCENT OUTPATIENT SUBSTANCE ABUSE PROGRAM

Outpatient alcohol and drug abuse treatment for adolescents, parents, and families. Available in-person or by telehealth.



**ENROLL NOW
SPACE AVAILABLE**

ABOUT THE PROGRAM

Evidence-based outpatient curriculum with drug testing. Participants are assessed upon admission and treatment is customized to address needs and strengths. No cost for Medi-Cal recipients. Private pay option available. Parent and family participation strongly encouraged but not required.

PROGRAM COMPONENTS

- Individual & Group Counseling ✓
- Parent & Family Counseling ✓
- Co-Occuring Disorders & Medication ✓
- Convenient Evening Schedule ✓
- No Cost For Medi-Cal Recipients ✓

APPLICATION PROCESS

Schedule an admissions appointment online, by phone, or in-person. Evening appointments available.

CALL: (707) 544-3295

WWW.CPDAAC.ORG



EMAIL adolescents@cpdaac.org



2403 Professional Drive
Santa Rosa, CA 95403



Behind on Rent?



We all need help sometimes

Keep People Housed provides free financial assistance and legal support to eligible households. Whether you need help with rent, utilities, eviction notices, or other emergency needs—we are here to help!

Get support from trusted local providers. Any information you share is confidential.

Apply Starting Dec 16 at:
keeppeoplehoused.org



Email: KPH@cots.org | Call: 707-244-9685 | Scan Here:





IN-HOME COUNSELING SERVICES

CPI provides counseling services to children ages 0-18 and their families. Counseling services are available in a family's home, via Zoom, or in person at the Cloverdale Senior Center - whichever is most convenient and comfortable.

We know that all families have strengths, and our goal is to help you build on those. Whether you want support building a stronger parent-child connection, adjusting to a big change in your family's life - or you have a child who is experiencing behavioral issues, has mental health needs, or needs support in healing from a trauma - we are here to help your family.

If you think counseling might help your child or your family, [click here for the referral form](#) or contact our intake coordinator Fatima at fatimap@calparents.org or 707-585-6108 x1100

These services are provided at no cost to families living in Cloverdale through December 31, 2024.

This project is being supported, in whole or in part, by federal award number SLFRP0246 awarded to the County of Sonoma by the U.S. Department of the Treasury.





SERVICIOS DE ASESORAMIENTO EN EL HOGAR

CPI brinda servicios de asesoramiento a niños de 0 a 18 años y sus familias. Los servicios de asesoramiento están disponibles en el hogar de una familia, a través de Zoom o en persona en el Cloverdale Senior Center, lo que sea más conveniente y cómodo.

Sabemos que todas las familias tienen fortalezas y nuestro objetivo es ayudarlo a aprovecharlas. Ya sea que necesite apoyo para construir una conexión más fuerte entre padres e hijos, adaptarse a un gran cambio en la vida de su familia, o si tiene un hijo que está experimentando problemas de conducta, tiene necesidades de salud mental o necesita apoyo para recuperarse de un trauma, estamos aquí para ayudar a tu familia.

Si cree que el asesoramiento podría ayudar a su hijo o a su familia, [haga clic aquí para nuestro formulario de referencia](#) o contacte nuestra coordinadora de admisión, Fátima, en fatimap@calparents.org o al 707-585-6108 x1100.

Estos servicios se brindan sin costo alguno a las familias que viven en Cloverdale a través de 31 de diciembre de 2024.

Este proyecto está siendo apoyado, en su totalidad o en parte, por la adjudicación federal número SLFRP0246 otorgada al Condado de Sonoma por el Departamento del Tesoro de los Estados Unidos.





IN-HOME PARENTING SUPPORT SERVICES

In addition to our parenting classes, CPI offers in-home parenting education for parents who are unable to attend classes or who may want individual attention for a particular parenting or child behavioral challenge.

In-Home Parent Education services are offered in English and Spanish. Consultations are available to any parent who has a concern and would like to learn new parenting strategies.

For more information, please contact laylal@calparents.org or by calling (707) 585-6108 x1218. [Or click here](#) for a service request form.

Además de nuestras clases para padres, CPI ofrece educación para padres en el hogar para los padres que no pueden asistir a clases o que pueden querer atención individual para un problema de comportamiento infantil o de crianza en particular.

Los servicios de educación para padres en el hogar se ofrecen en inglés y español. Las consultas están disponibles para cualquier padre que tenga una inquietud y le gustaría aprender nuevas estrategias de crianza.

Para obtener más información, comuníquese laylal@calparents.org o (707) 324-3144. [O haga clic aquí](#) para obtener un formulario de solicitud de servicio.



This project is being supported, in whole or in part, by federal award number SLFRP0246 awarded to the County of Sonoma by the U.S. Department of the Treasury.

calparents.org

cpiespanol.org



DEPARTMENT of REHABILITATION

Employment, Independence & Equality



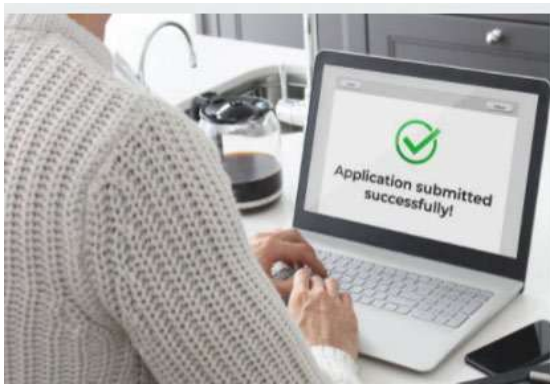
Scan for a digital copy



Calling Job Seekers

LEARN HOW DOR CAN HELP YOU GET A JOB OR GROW IN YOUR CAREER!

The Department of Rehabilitation (DOR) works with Californians to help them get a job, live independently, and have the same rights and opportunities as everyone else. We have added new features on our website that let you request information and apply for services easily.



Who We Serve

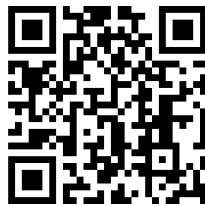
- Individuals with disabilities
- Individuals getting services from Regional Centers or Independent Living Centers
- Individuals who are blind/visually impaired or deaf/hard of hearing
- Students (ages 16+) with an IEP, a 504 plan, or a barrier to employment

What We Do

DOR can help you with:

- Connect job seekers with disabilities with hiring employers
- Job training and tools
- College and textbooks
- Assistive technology
- Services like childcare or transportation to support your career goals
- Disability and benefits counseling (SSI/SSDI benefits to return to work)

VISIT THE DOR WEBSITE TODAY TO COMPLETE OUR SIMPLE ONLINE FORM AND FIND OUT HOW WE CAN HELP YOU REACH YOUR CAREER GOALS.



Go To: <https://dor.ca.gov/Home/GettingStarted>



FULL CIRCLE

— THERAPY COLLECTIVE —

**STOP THE STIGMA.
FREE MENTAL HEALTH SERVICES
AVAILABLE**

Tuesdays

10:00 am - 2:00pm

Caroline Valenzuela, LCSW

873 Second Street , Santa Rosa CA 95404

707-544-1581

IT'S OKAY

TO ASK

FOR HELP

FACE 2 FACE

ending HIV in Sonoma County

Stop the stigma.

Free mental health Services available

Thursday

12:00 am - 4:00pm

Christina Zapata, LCSW

(Service available in English and Spanish)

873 Second Street , Santa Rosa CA

95404

707-544-1581

**It is okay
to ask
for help.**

FACE 2 FACE
ending HIV in Sonoma County

FACE 2 FACE

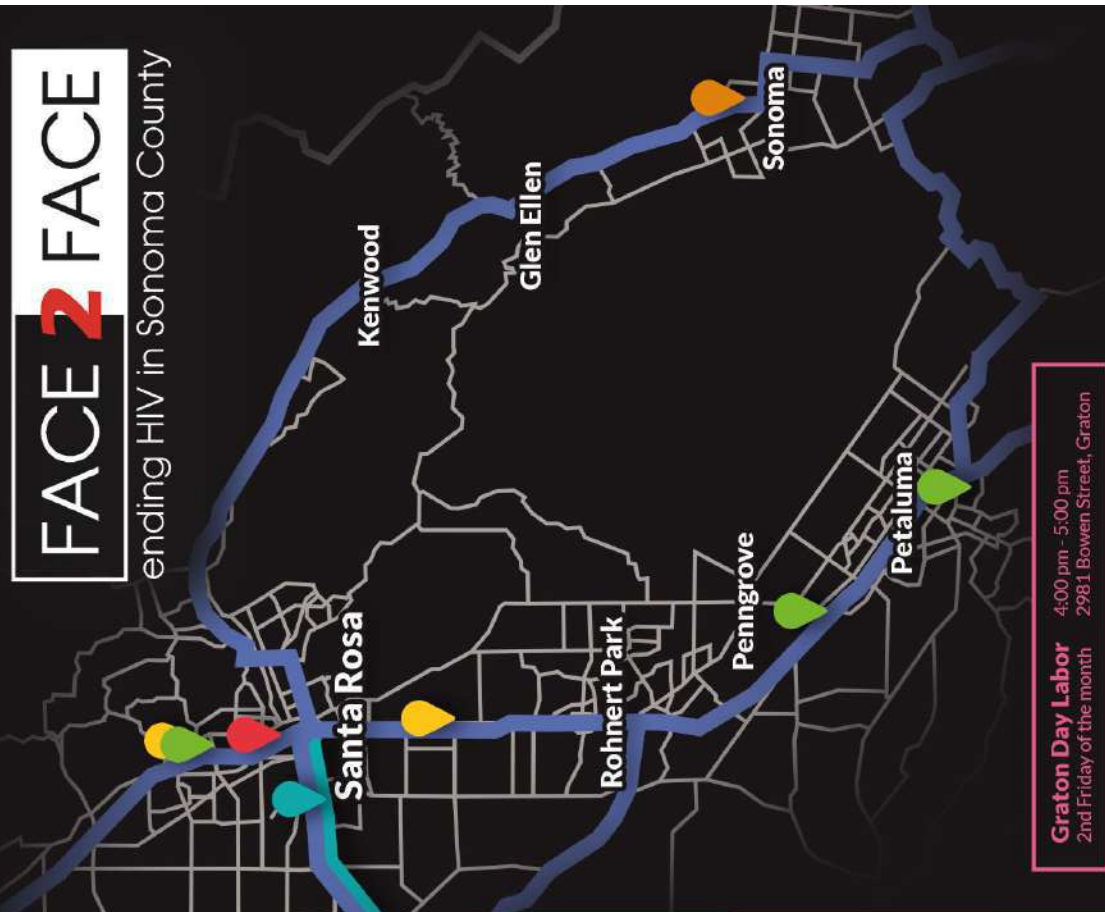
ending HIV in Sonoma County

Where You Can Find Us

Tuesday	<p>Guerneville Plaza 2:30 pm - 3:30 pm Guerneville Downtown Plaza</p> <p>6th Street Bridge 4:00 pm - 5:00 pm 217 6th Street, Santa Rosa Under the 6th Street Bridge</p>
Wednesday	<p>East Robles Avenue 2:00 pm - 3:00 pm 236 East Robles Ave, Santa Rosa Next to Avenue Car Wash</p> <p>DEMA 3:30 pm - 4:30 pm 400 Administration Drive, Santa Rosa</p>
Thursday	<p>S RTP 9:00 am - 11:00 am 625 Steele Ln, Santa Rosa</p> <p>Studios at Montero 2:30 pm - 3:30 pm 5135 Montero Way, Petaluma</p> <p>Mary Isaak 4:00 pm - 5:00 pm 900 Hopper Street, Petaluma In the Far Back Parking Lot</p>
Friday	<p>FoodMaxx 2:00 pm - 3:30 pm 2055 Sebastopol Rd, Santa Rosa</p> <p>Joe Rodota Trail 3:30 pm - 5:00 pm At Floating Locations Along the Joe Rodota Trail</p>

Graton Day Labor 4:00 pm - 5:00 pm
2nd Friday of the month
2981 Bowen Street, Graton

Sonoma Community Center 8:30 am - 10:00 am
3rd Friday of the month
19270 Sonoma Hwy, Sonoma



FREE DIAPERS AND BABY WIPES!

While supplies last

**Sizes Available:
0,1 and 2**

Call (707) 909-7555 to make an
appointment for pickup.



LATINO
Service Providers

¡PAÑALES Y TOALLITAS PARA BEBÉS GRATIS!

Mientras haya provisiones

**Tallas disponibles:
0,1 y 2**

Llame al (707) 909-7555 para
concertar una cita de recogida.




LATINO
Service Providers



Are you a caregiver of a current or former foster youth?
Are you feeling frustrated? Would you like additional support?

FURS Support is Always Available

- 24/7 hotline support via phone, text, and chat.
- Local mobile response support with COVID-19 precautions in place.
- Personalized support and stabilization at the hotline and local level.
- Relevant aftercare support and follow-up.



Family Urgent Response System

The Family Urgent Response System (FURS) includes a statewide hotline as well as local mobile response teams to provide immediate trauma-informed support to current and former foster youth and their caregivers.

Local mobile response teams are comprised of compassionate, trained professionals who are available to provide face-to-face support during critical moments.

Both the statewide hotline and local mobile response teams are available 24/7/365.

FURS Provides Support When Needed Most

Call or Text:
1-833-939-FURS

Online:
CAL-FURS.ORG



SCAN ME
LIVE CHAT



¿Es cuidador de un joven que estuvo o está bajo crianza temporal?
¿Se siente frustrado? ¿Quisiera recibir apoyo adicional?

El apoyo de FURS siempre está disponible

- Línea directa de apoyo las 24 horas del día, los 7 días de la semana por teléfono, mensaje de texto y chat.
- Apoyo local mediante respuesta móvil con precauciones implementadas para la COVID-19.
- Apoyo y estabilización personalizados en la línea directa y a nivel local.
- Apoyo para cuidados posteriores y seguimiento relevantes.



Sistema de Respuesta Familiar Urgente

El Sistema de Respuesta Familiar Urgente (Family Urgent Response System, FURS) incluye una línea directa estatal y equipos de respuesta locales que brindan apoyo inmediato a los jóvenes que han estado o están bajo crianza temporal y a sus cuidadores, siempre de una manera que es sensible a los efectos del trauma.

Los equipos de respuesta móvil locales están formados por profesionales compasivos y capacitados que están disponibles para brindar apoyo en persona en momentos críticos.

Tanto la línea directa estatal como los equipos de respuesta móvil locales están disponibles las 24 horas del día, los 7 días de la semana, los 365 días del año.

FURS brinda apoyo cuando más lo necesita

Llame o envíe un mensaje de texto al:
1-833-939-FURS

En línea:
CAL-FURS.ORG



24/7

SUPPORT

Are you a current or former foster youth? Having problems at home? Frustrated? Need someone to talk to? The 24/7 FURS hotline is here to help.

CALL OR TEXT: 1-833-939-FURS | 1-833-939-3877

Family Urgent Response System (FURS) is a free 24/7/365 hotline for current or former foster youth and your caregivers to call and get **immediate** help for any big or small issues you may be having.

- You will be connected to a trained counselor or peer who will listen to you.
- FURS is a **safe, judgement-free**, and **private** space to talk about your worries and vent.
- If you want more support, a team can come directly to where you are to help you work on the problem and to create a plan to help stabilize your situation and keep you safe.
- The team will follow-up by helping connect you and your caregiver to local services and support.



CHECK OUT: CAL-FURS.ORG



APOYO

LAS 24 HORAS DEL DÍA, LOS 7 DÍAS DE LA SEMANA

¿Eres un joven que estuvo o está bajo crianza temporal?
¿Tienes problemas en casa? ¿Te sientes frustrado?
¿Necesitas hablar con alguien?
La línea directa de FURS está disponible para ayudarte las 24 horas del día, los 7 días de la semana.

**LLAMA O ENVÍA UN MENSAJE DE TEXTO AL:
1-833-939-FURS | 1-833-939-3877**

El Sistema de Respuesta Familiar Urgente (Family Urgent Response System, FURS) es una línea directa que está disponible las 24 horas del día, los 7 días de la semana, los 365 días del año para que los jóvenes que han estado o están bajo crianza temporal y sus cuidadores puedan llamar y obtener ayuda **de inmediato** por cualquier problema pequeño o grande que tengan.

- Te conectarán con un asesor capacitado o con un par que te escuchará.
- FURS es un espacio **seguro** y **privado** en el que **nadie te juzgará** y en el que podrás hablar sobre tus preocupaciones y descargarte.
- Si necesitas apoyo adicional, un equipo puede asistir directamente a donde estés para ayudarte a abordar el problema y crear un plan para ayudarte a estabilizar tu situación y mantenerte a salvo.
- El equipo realizará un seguimiento y te ayudará a conectarte a ti y a tu cuidador con servicios y apoyos locales.



INGRESA A CAL-FURS.ORG



MY PATHWAY

Preparing Young People for
the World of Work

Preparando a los Jóvenes para
el Mundo del Trabajo

Contact us/ Contactanos:

Tel: 707-523-0550

Programs@gire.org

www.gire.org/programs

Follow our socials:

@goodwillredwoodempire

Free to youth ages
16-24 years

Gratis para jóvenes de
16 a 24 años

**Are you 16-24 yrs old?
Need help finding a job
or career?**

**We can help! Explore career
pathways and education, get
ready to work, and get the
support you need!**

**¿Tienes entre 16 y 24 años?
¿Necesita ayuda para
encontrar un trabajo o una
carrera?**

**¡Podemos ayudar! ¡Explora
trayectorias profesionales y de
educación. Prepárate para trabajar
y obtener el apoyo que necesites!**

- Career Exploration, Tutoring, Study Skills, GED Attainment
- Work Readiness Training, Interview Skills, Resume Prep
- Paid Work Experience, Supportive Services, and More!

- Exploración de Carrera, Tutoría, Asistencia con GED
- Preparación para el Trabajo, Practica de Entrevistas, Preparación de Currículo
- Experiencia Laboral Pagada, Servicios de apoyo, ¡y Mas!

Sign up
Today

Inscríbete Hoy





Community Resources: County-by-County

Partnership has a community resource section on our website. The resources are grouped by type to help you find what you and your family needs.

• Seasonal	• Emergency Response	• Children and Families	• Clothing and Personal Care
• COVID-19	• Crisis Services	• Dental	• Disabilities
• Food	• Housing	• LGBTQ+	• Mental Health
• Perinatal	• Providers	• Public Assistance	• Re-Entry
• Seniors	• Substance Use	• Support Groups	• Transportation
• Tribal Health and Wellness	• Utilities	• Veteran Services	• Vision
• Youth	• Local Resources	• Statewide and National Resources	• Member Education

Where to find these resources online?

Go to PartnershipHP.org and look for the “Community” section, then “Community Resources.” On a smart device, it is found in the menu at the top right. Pick the county you need resources in. Then, click on the type of resource you need.

Help other Partnership members

Do you know a resource that is not listed? Do you have updates on a resource listed on our website? Do you have a question? If so, please call us at **(855) 798-8764** or email us at PopHealthOutreach@partnershiphp.org. We would love to hear from you!

Partnership Community Resources

An example of a County Resource Page

COMMUNITY RESOURCES

[Findhelp.org](#)

Butte County Resources

[Colusa County Resources](#)

[Del Norte County Resources](#)

[Glenn County Resources](#)

[Humboldt County Resources](#)

[Lake County Resources](#)

[Lassen County Resources](#)

[Marin County Resources](#)

[Mendocino County Resources](#)

[Modoc County Resources](#)

[Placer County Resources](#)

[Plumas County Resources](#)

[Napa County Resources](#)

[Nevada County Resources](#)

[Shasta County Resources](#)

[Sierra County Resources](#)

[Siskiyou County Resources](#)

[Solano County Resources](#)

[Sonoma County Resources](#)

[Sutter County Resources](#)

[Tehama County Resources](#)

[Trinity County Resources](#)

[Yolo County Resources](#)


























[Yuba County Resources](#)

SEXUAL ASSAULT RESOURCES

EMERGENCY RESOURCES

BEHAVIORAL HEALTH INTEGRATION GRANTS

BUTTE COUNTY RESOURCES

 Seasonal	 Emergency Response	 Children and Families	 Clothing and Personal Care
 COVID-19	 Crisis Services	 Dental	 Disabilities
 Food	 Housing	 LGBTQ+	 Mental Health
 Perinatal	 Providers	 Public Assistance	 Re-Entry
 Seniors	 Substance Use	 Support Groups	 Transportation
 Tribal Health & Wellness	 Utilities	 Veteran Services	 Vision
 Youth			

Local Resources

- Butte County
- 2-1-1 Butte
- Events and Trainings:
Current Month
Next Month

Additional Resources

- National and Statewide Resources
- Partnership Member Education



Recursos comunitarios: Información condado por

Partnership tiene una sección de recursos comunitarios en nuestro sitio web. Los recursos se agrupan por tipo para ayudarle a encontrar lo que usted y su familia necesitan.

• Estacional	• Respuesta de Emergencia	• Niños y familias	• Ropa y cuidado personal
• COVID-19	• Servicios en caso de crisis	• Dental	• Discapacidades
• Alimentos	• Vivienda	• LGBTQ+	• Salud mental
• Salud perinatal	• Proveedores	• Asistencia pública	• Reingreso
• Personas mayores	• Consumo de sustancias	• Grupos de apoyo	• Transporte
• Salud y bienestar tribal	• Servicios públicos	• Servicios para veteranos	• Vista
• Jóvenes	• Recursos locales	• Recursos estatales y nacionales	• Educación para miembros

¿Dónde encontrar estos recursos en línea?

Ingresa a PartnershipHP.org y busque la sección "Community" (Comunidad), luego "Community Resources" (Recursos comunitarios). En un dispositivo inteligente, se encuentra en el menú de la parte superior derecha. Elija el condado en el que necesita recursos. A continuación, haga clic en el tipo de recurso que necesita.

Ayudar a otros miembros de Partnership

¿Sabe de algún recurso que no está en la lista? ¿Tiene actualizaciones sobre un recurso que aparece en nuestro sitio web? ¿Tiene alguna pregunta? Si es así, llámenos al **(855) 798-8764** o envíenos un correo electrónico a PopHealthOutreach@partnershiphp.org. ¡Nos gustaría saber de usted!

Recursos comunitarios de Partnership

Un ejemplo de una página de recursos del condado

COMMUNITY RESOURCES

Findhelp.org

Butte County Resources

Colusa County Resources

Del Norte County Resources

Glenn County Resources

Humboldt County Resources

Lake County Resources

Lassen County Resources

Marin County Resources

Mendocino County Resources

Modoc County Resources

Placer County Resources

Plumas County Resources

Napa County Resources

Nevada County Resources

Shasta County Resources

Sierra County Resources

Siskiyou County Resources

Solano County Resources

Sonoma County Resources

Sutter County Resources

Tehama County Resources

Trinity County Resources

Yolo County Resources


























Yuba County Resources

SEXUAL ASSAULT RESOURCES

EMERGENCY RESOURCES

BEHAVIORAL HEALTH INTEGRATION GRANTS

BUTTE COUNTY RESOURCES



 Seasonal	 Emergency Response	 Children and Families	 Clothing and Personal Care
 COVID-19	 Crisis Services	 Dental	 Disabilities
 Food	 Housing	 LGBTQ+	 Mental Health
 Perinatal	 Providers	 Public Assistance	 Re-Entry
 Seniors	 Substance Use	 Support Groups	 Transportation
 Tribal Health & Wellness	 Utilities	 Veteran Services	 Vision
 Youth			

Local Resources

- Butte County
- 2-1-1 Butte
- Events and Trainings:
Current Month
Next Month

Additional Resources

- National and Statewide Resources
- Partnership Member Education

LOCATION, SIZE, & LOS		DEMOGRAPHICS	PROGRAM FEATURES & MODALITIES	AMENITIES	COSTS & INSURANCE		
 <p>Full Continuum Primary SUD Dual-Diagnosis Care</p>		<p>Accredited By:</p> 		<p>Website: www.pvrecovery.com</p> 		<p>Admissions Contact: Jose Valencia & Erika Rice Phone: (707) 879-8432 Fax: (844) 426-0134 info@pvrecovery.com</p>	
<p>Detoxification (ASAM 3.1 & 3.2)</p>							
<p>721 Link Ln. Santa Rosa, CA, 95401 NPI: 1699378208</p> <ul style="list-style-type: none"> • 6 beds <p>Average length of stay: 3-10 days as medically necessary</p>		<ul style="list-style-type: none"> • 18+ • All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> • Need post-hospitalization care • Require polysubstance detox • Have medical comorbidities (case-by-case basis) 	<ul style="list-style-type: none"> • USAF Veteran & Double Board-Certified Medical Director, Doctor Roderick Fontenette • Physician's Assistant & Nurse Practitioner • 24/7 medical supervision • 4:1 Staff to client ratio • MAT & medication management • SUD Counselors on-site • Psychiatry as indicated 	<ul style="list-style-type: none"> • Free pick up & transport to treatment from hospital, airport, or residence • Homelike atmosphere • Structured access to personal electronics • Nutritious & delicious meals • Detox Yoga 	<ul style="list-style-type: none"> ◇ Fast, no-cost benefits check ◇ No-interest financing ◇ Flexible payment plans ◇ Scholarship opportunities ◇ Same-day admissions <p>In-Network with:</p> <ul style="list-style-type: none"> • Aetna • Anthem BC • ARP Union • BCBS • Carelon (formerly Beacon) • Cigna/Evernorth • HealthEZ/America's PPO • HMSA • First Health • Healthnet/MHNN • Multiplan • Optum • United Healthcare/UMR • Kaiser & Kaiser Medicare • TriCare • TriWest/VA 		
<p>Residential Treatment (ASAM 3.5)</p>							
<p>Mountain Hawk 5761 Mountain Hawk Dr. Santa Rosa, CA, 95409 NPI: 1194439430</p> <ul style="list-style-type: none"> • 6 beds <p>Townview House 1506 Ronne Dr. Santa Rosa, CA, 95404 NPI: 1346025343</p> <ul style="list-style-type: none"> • 6 beds <p>Average length of stay: 30-90 days</p>		<ul style="list-style-type: none"> • 18+ • All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> • Are new to recovery • Frequently relapse • Need a new environment • Have a Dual Diagnosis • Are "Failure to launch" • Struggle with isolation • Are emerging adults* • Have Veteran or active-duty military status, or are a military spouse/dependent** 	<ul style="list-style-type: none"> • 2x weekly individual counseling • CBT, DBT, Purposeful Recovery, psychoeducation • Psychiatry as indicated • 2:1 Staff to client ratio • Bi-Weekly family program & family therapy • Art, music, recreation & adventure therapy • Meditation & mindfulness • Individual case management & discharge planning <p>Specialized Services For:</p> <p><i>Emerging Adults (Age 18-28)*</i></p> <ul style="list-style-type: none"> • GED/college prep & registration • Life skills groups: Cooking, resume building, etc. • Electronics/social media health (Digital Health certified staff) • SOCPAA groups (Sonoma County Young People in AA) <p><i>Veterans, Active Duty, & Military Families**</i></p> <ul style="list-style-type: none"> • PsychArmor™ trained & certified staff • Course work on trauma, anger, grief, moral injury, & more • Connection to local resources & services via VetConnect 	<ul style="list-style-type: none"> • Free pick up & transport to treatment from hospital, airport, or residence • Free transport to any offsite appointments • Homelike atmosphere • Small milieu with lots of individual attention • Onsite & offsite meetings – warm introduction to local recovery community & growing alumni network • Nutritious & delicious meals • Structured personal electronic access • Weekly sober fun outings • Weekly family visitation (Sundays) • CrossFit classes & daily gym access • Strong integration with local community – recover in the real world 	<p>Pura Vida also works well with most out-of-network PPO plans. We strive to ensure cost will not be a barrier to care.</p> <p>Please note: We are unable to accept Medical, Partnership, or non-Kaiser Medicare at this time, but please inquire about payment plans or financial aid if needed. Visit www.pvrecovery.com/admissions/scholarships/ for more information.</p>		
<p>Partial Hospitalization Program (ASAM 2.5) & Intensive Outpatient Program (ASAM 2.0)</p>							
<p>130 Stony Point Rd, Ste J Santa Rosa, CA, 95401 NPI: 1346786696</p> <ul style="list-style-type: none"> • Up to 45 patients <p>Average length of treatment: 4-6 months</p>		<ul style="list-style-type: none"> • 18+ • All genders <p>Ideal for clients who...</p> <ul style="list-style-type: none"> • Are working or in school • Need additional structure • Want a sober peer network 	<ul style="list-style-type: none"> • PHP: 5 days/week (M-F) 10am-3pm • IOP/OP: 3 days/week (T-Th) 3-6pm • 1x/weekly individual counseling • CBT, DBT, Seeking Safety, Motivational Interviewing, psychoeducation, life skills, relapse prevention • Art & Music therapy • Individual case management & discharge planning 	<ul style="list-style-type: none"> • Morning & evening groups • Free transport from sober living or patient's home if needed • Monthly sober fun outings & community events 			



Supportive Sober Living Homes

LOCATION & SIZE	DEMOGRAPHICS	STRUCTURE & SERVICES	AMENITIES
<p>Royal Gorge House 65 Royal Gorge Santa Rosa, CA, 95409</p> <p>Robinson House 1966 Robinson Ln Santa Rosa, CA, 95403</p>	<p><i>Men only</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 36 	<ul style="list-style-type: none"> • Live-in House Manager & assistants • Frequent drug & alcohol testing • Regular house meetings • On-site & off-site meetings • Evening curfew • Residents must be working a recovery program (AA, NA, LifeRing, Dharma Recovery, etc.) • Residents required to find employment or be enrolled in school^(A) • Daily house chores • No limit to stay length (Average is 8-12 mo) • Extended curfew & privileges at 30, 60, & 90 days • Rapid door-to-door transfer to higher levels of care available if additional structure becomes necessary 	<ul style="list-style-type: none"> • Spacious, homelike atmosphere • Strong, well-established recovery community • Residents may bring vehicle • Electronics OK • No cost transportation to PHP/IOP & counseling appointments^(B) • Gym membership • Family visitation (with staff approval) • Off-site passes (with staff approval) • Linens, towels, cooking equipment, cleaning supplies, laundry supplies, and coffee all provided • All utilities, including cable and internet, provided • Regular sober fun activities: hiking, beach day, movie night, BBQ, bowling, boat trips, etc.
<p>Parkhurst House 5041 Parkhurst Dr. Santa Rosa, CA, 95409</p>	<p><i>Women only</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 33 		
<p>Redwood House 340 Wikipup Drive Santa Rosa, CA 95403</p>	<p><i>All genders</i></p> <ul style="list-style-type: none"> • 18+ • Average patient age: 34 		

AFFILIATE OPPORTUNITIES

CalRegional
^(A)Pura Vida is proud to partner with **CalRegional Vocational Training Programs**. Graduates of our Residential Program and tenants of our Sober Living homes can receive **full scholarships to accelerated training programs** for some of **healthcare's most in-demand jobs**. Participants can earn their certification as a **Phlebotomy Technician** or **Medical Assistant** in as little as 3 weeks through CalRegional's fast, flexible, and industry-leading training programs.

rtS Recovery Transportation Systems
^(B)To ensure our patients always have access to top-quality treatment services, Pura Vida has partnered with **Recovery Transportation Systems** to provide **no-cost Lyft and Uber rideshares** between our PHP/Outpatient facility and Sober Living homes. Patients residing in our SLE can also utilize this **free transportation** service to access offsite meetings and other healthcare appointments during their stay.

COSTS & SCHOLARSHIPS

\$985 monthly (all houses)

- ◇ Scholarships and financial aid available
- ◇ Flexible payment options
- ◇ No interest financing



DO YOU NEED HELP WITH APPLYING FOR MEDI-CAL OR COVERED CALIFORNIA?

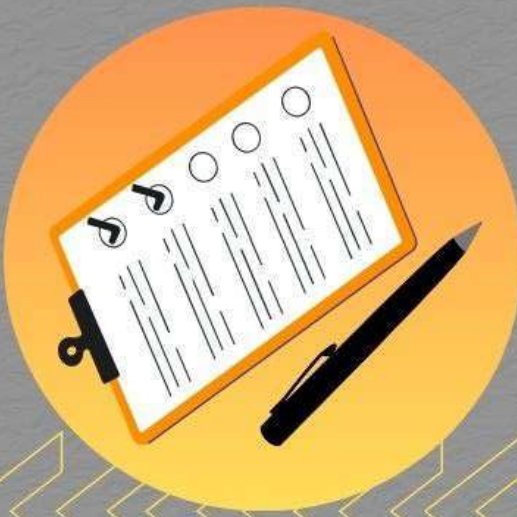
Sonoma County Indian Health Project, has Certified Medi-Cal Eligibility Counselors on site to assist SCIHP Clients with the application and eligibility process.

SERVICES OFFERED

- Explain the health insurance selection and enrollment process.
- Help you apply for or renew your health insurance.
- Documents needed.
- How to add a new member

EXPERT TEAM

- Certified Enrollment Counselors
- Experienced Support Staff
- Comprehensive Consultation
- Assistance with Questions



WHAT IS MEDI-CAL?

Medi-Cal is California's version of the Federal Medicaid program. Medi-Cal offers no-cost and low-cost health coverage to eligible people who live in California



PATIENT REGISTRATION & SERVICES

All new patients meet with the Patient Services Specialist to determine eligibility and discuss SCIHP services. Our team can assist patients to review coverage options.



GENERAL INFORMATION

If you have not been seen by a SCIHP provider within three (3) years, you will be required to re-register. We require a patient registration form be updated annually.

To make an appointment please call

Luis at (707) 521-4582

Office Hours: Monday-Friday 8am-5pm

Walk-In's welcome!



YOUTH GENDER GROUP

Space for non-cis folks to be in community

Talk about gender

Meet new people

Discuss queer sexual health topics

Get questions answered

Make an appt with a gender affirming
therapist or healthcare provider

Ages 12-18

**1ST & 3RD
WEDNESDAY
OF EVERY
MONTH!
4-5PM**

No need to RSVP,
just show up!

Questions?
Call 707-887-0427 or
DM us @wcteenclinic

Address:
652 Petaluma Ave Suite F
in Sebastopol



GRUPO DE GÉNERO

Espacio para que las personas no cis estén en comunidad

Hablar de genero

Conocer gente nueva

Discutir temas de salud sexual

Obtenga respuestas a sus preguntas

Haga una cita con un terapeuta de afirmación de género o un proveedor de atención médica

Para edades 12-18

**PRIMERO Y
TERCERO
MIÉRCOLES DE
CADA MES!
4-5 P. M.**

No es necesario confirmar su asistencia, ¡Solo aparece!

¡MASCARILLAS REQUERIDAS!

Preguntas?
llámanos 707-887-0427 o DM @wcteenclinic

dirección:
652 Petaluma Ave Suite F
in Sebastopol

**WEST COUNTY HEALTH CENTERS
YOUTH SERVICES PROGRAM**

**MENU OF
SERVICES**



**Scan to fill out a
referral form
for any service &
someone
will reach out!**

MEDICAL SERVICES

- Free & confidential sexual health services
- Gender affirming primary and specialty healthcare
- Urgent care and walk in care
- Primary care
- Alcohol & drug use related health care including medication to support addiction and referrals
- Harm Reduction including Narcan & Fentanyl test strip distribution
 - *no one denied services due to inability to pay



**West County
Health Centers**

Caring for our Communities

BEHAVIORAL HEALTH SERVICES

- Behavioral health support
 - Brief individual counseling
 - Educational and supportive groups
 - Substance use support groups
 - Gender Youth Group
- *available therapy services vary depending on insurance

RESOURCE & SUPPORT SERVICES

- Health education & coaching related to sexual health, drug/alcohol use, and harm reduction
- Help connecting to resources like:
 - food & basic needs support
 - healthcare, therapy, dental & vision care
 - health insurance
 - name & gender changes
 - & more!
- Youth workers available for one-on-one ongoing support
- Support for young folks who want to reduce or end usage of any substances

LOCATIONS:

**All services are not available
at all locations!**

**Walk into one of our locations or fill
out a referral form and we will
reach out to work with you!**

Or call us at 707-887-0427

WEST COUNTY TEEN CLINIC

Monday-Friday 1:30-5pm
Walk in or appointment
Serving primarily 12-25 year olds

*needle exchange & harm reduction program
for all folks, no one turned away*

ANALY HS HEALTH & WELLNESS HUB

For students and staff of the West Sonoma County
HS District only
Open Monday to Friday during school hours

LAGUNA HS HEALTH HUB

For students of the West Sonoma County
High School District only
Open Monday to Friday school hours

GUERNEVILLE SCHOOL WELLNESS CENTER

For students of Guerneville School & their families
Medical provider on campus 1st & 3rd
Wednesday of every month
Open Mon and Thurs 8-1, Tues-Wed school hours

PROGRAMA DE SERVICIOS A LA JUVENTUD
DE WEST COUNTY HEALTH CENTERS

MENÚ DE SERVICIOS

SERVICIOS MÉDICOS

- Servicios de salud sexual gratuitos y confidenciales.
- Atención afirmativa de género primaria y de especialidad.
- Atención urgente y atención sin cita previa
- Atención primaria.
- Atención para consumo de alcohol y drogas que incluye medicación para brindar apoyo para la adicción y derivaciones.
- Reducción de daños, incluso las tiras reactivas Narcan y Fentanyl.

nadie niega los servicios si no puede pagarlos, trabajamos con cada persona para determinar si se usará un seguro médico, etc.

SERVICIOS DE SALUD MENTAL

- Apoyo de salud mental para jóvenes y adultos jóvenes.
- Orientación individual breve.
- Grupos de apoyo y educativos:
 - Grupos de apoyo para consumo de sustancias.
 - Grupo juvenil sobre género.

el seguro médico de un/a joven determinará el nivel de apoyo que podemos ofrecer para terapias individuales

SERVICIOS DE APOYO Y RECURSOS

- Orientación y educación sanitaria sobre temas como salud sexual, consumo de drogas/alcohol, reducción de daños, etc.
- Ayuda para conectarse con y obtener recursos:
- Apoyo para obtener comida y necesidades básicas.
- Atención sanitaria, terapia, atención oftalmológica y dental.
- Seguro médico.
- Cambio de nombre y género.
- Trabajadores jóvenes para brindar un apoyo continuo cara a cara.
- Apoyo para jóvenes que quieran reducir o abandonar el consumo de cualquier sustancia.



¡Escanee para completar un formulario de referencia para cualquier servicio y alguien le contactará!



West County
Health Centers

Caring for our Communities

UBICACIONES:

¡No todos los servicios están disponibles en todas las ubicaciones!

¡La mejor forma de contactarse es acercarse a una de nuestra ubicaciones o completar el formulario de referencia y le contactaremos para ver cuál es la mejor ubicación!

O puede llamarnos al 707-887-0427 (tenemos un número para todos los programas).

CLÍNICA PARA ADOLESCENTES

Abierto de lunes a jueves 1:30-5 p. m. No se necesita cita previa. Mayormente atiende a personas de entre 12-25 años. *Programa de intercambio de jeringuillas y reducción de daños para todos, no se rechaza a nadie*

CENTRO DE SALUD Y BIENESTAR DE ANALY

Solo para los estudiantes de West Sonoma County HS District. Abierto de lunes a viernes durante las horas escolares.

CENTRO DE SALUD DE LAGUNA

Solo para los estudiantes de West Sonoma County HS District. Abierto de lunes a jueves durante las horas escolares.

CENTRO DE BIENESTAR ESCUELA DE GUERNEVILLE

Para los estudiantes de Guerneville School y sus familias. Proveedor médico en campus 1 y 3 miércoles de cada mes

Help

is available.

Domestic Violence Services

Confidential
Safe House Shelter

24/7 Crisis Hotline
(707) 546-1234

Advocacy



ywca
sonoma county

a brand new day...

ywcasc.org





**Infant
Care**
ENROLLMENT
now open

Healdsburg Childcare Center
Caring for infants 6 weeks up to age 2



ywca
sonoma county

Childcare Services

ywcasc.org/childcare • (707) 303-8413

PRESCHOOL **NOW** INFANT CARE
ENROLLING

6 Sonoma County Locations



ywca
sonoma county

**Childcare
Services**

ywcasc.org/childcare
(707) 303-8413

