Community Events

June 2024

Buckelew Programs Sonoma
Family Service Coordination
2235 Mercury Way, Suite 107
Santa Rosa, CA 95407
(707) 571-8452
### Useful Phone Numbers

<table>
<thead>
<tr>
<th>Access Team:</th>
<th>(707)565-6900</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Access Team initiates services for Sonoma County Behavioral Health, Community Mental Health Centers and the Older Adult Team.</td>
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<thead>
<tr>
<th>Al-Anon/ Alateen (24 Hour Hotline):</th>
<th>(707) 575-6760</th>
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<tbody>
<tr>
<td>Provides support and information to anyone affected by alcoholism.</td>
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<thead>
<tr>
<th>Consumer Education &amp; Affairs:</th>
<th>(707)565-7809</th>
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</thead>
<tbody>
<tr>
<td>Provides consumer education and advocacy for people who have access to Medi-Cal.</td>
<td></td>
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<thead>
<tr>
<th>CSU (Crisis Stabilization Unit – 24 Hours):</th>
<th>(707)565-4790</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.</td>
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<table>
<thead>
<tr>
<th>Human Services (General Assistance, Food Stamps, Medi-Cal):</th>
<th>(707)565-2715</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Services provides benefits for those in need, and strives to protect and improve the well-being of individuals and families.</td>
<td></td>
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<thead>
<tr>
<th>inRESPONSE:</th>
<th>707-575-HELP (4357)</th>
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<tbody>
<tr>
<td>The inRESPONSE team will respond to calls in which individuals are experiencing a mental health crisis in Santa Rosa and are unarmed.</td>
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<table>
<thead>
<tr>
<th>Interlink Self Help Center:</th>
<th>(707)546-4481</th>
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<tbody>
<tr>
<td>Interlink Self Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.</td>
<td></td>
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<table>
<thead>
<tr>
<th>Information and Referral Search</th>
<th>211</th>
</tr>
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<tbody>
<tr>
<td>Provides free and confidential information and referral for counseling, healthcare, food, housing and employment.</td>
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<table>
<thead>
<tr>
<th>Mobile Support Team Crisis Call Center – 24 Hours:</th>
<th>(800)746-8181</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24 hours a day, seven days a week. People can reach a support hotline by phone or request an in-person response.</td>
<td></td>
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<thead>
<tr>
<th>NAMI Warmline:</th>
<th>(866)960-6264</th>
</tr>
</thead>
<tbody>
<tr>
<td>The NAMI Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.</td>
<td></td>
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<thead>
<tr>
<th>Petaluma Peer Recovery Center:</th>
<th>(707)565-1299</th>
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<tbody>
<tr>
<td>Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.</td>
<td></td>
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<thead>
<tr>
<th>Russian River Empowerment Center:</th>
<th>(707)823-1604 Ext. 207</th>
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</thead>
<tbody>
<tr>
<td>Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.</td>
<td></td>
</tr>
</tbody>
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<thead>
<tr>
<th>S.A.F.E. Team:</th>
<th>(707)781-1234</th>
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</thead>
<tbody>
<tr>
<td>You will reach a directory where you can choose to speak with a 911 operator or a non-emergency staff member to help. To find out more about the program, please email <a href="mailto:SAFE@petalumapeople.org">SAFE@petalumapeople.org</a>.</td>
<td></td>
</tr>
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<thead>
<tr>
<th>Social Security Office (Benefits):</th>
<th>1-877 870-6384 or 1-877-890-8459</th>
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<tbody>
<tr>
<td>Provides information about social security benefits.</td>
<td></td>
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<thead>
<tr>
<th>SOS Community Counseling Center:</th>
<th>(707)284-3444</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides counseling services in Sonoma County to individuals, couples, families, and youth both in schools and community clinics.</td>
<td></td>
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<thead>
<tr>
<th>Substance Use Disorder Services:</th>
<th>(707) 565-7450</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal, or are Medi-Cal eligible.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Suicide Prevention 24 Hour Hotline (North Bay)</th>
<th>988</th>
</tr>
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<tbody>
<tr>
<td>Crisis line and support for victims of sexual assault.</td>
<td></td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Verity (Crisis Line):</th>
<th>(707)545-7273</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides counseling services for those experiencing a mental health crisis.</td>
<td></td>
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<thead>
<tr>
<th>Wellness and Advocacy Center:</th>
<th>(707)565-7800</th>
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</thead>
<tbody>
<tr>
<td>Wellness and Advocacy Center is a self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.</td>
<td></td>
</tr>
</tbody>
</table>
# Sonoma County Mental Health Crisis Response Teams

Changes are coming to these teams in 2024, including a single number and expanded hours! Learn more at namisoco.org/MHTeams or scan the QR code on the back.

<table>
<thead>
<tr>
<th></th>
<th>SAFE Team</th>
<th>InResponse Team</th>
<th>Sonoma County Mobile Support Teams</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contact</strong></td>
<td>911</td>
<td>Rohnert Park: 707-584-2612</td>
<td>Local Police</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mobile Response Team: 707-575-4357</td>
<td>Sheriff's Office</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cotati: 707-792-4611</td>
<td>System Navigators: 707-204-9756</td>
</tr>
<tr>
<td><strong>Serves</strong></td>
<td>Petaluma</td>
<td>Rohnert Park, Cotati, SSU</td>
<td>Santa Rosa</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(except Graton Casino area; served by Sheriff)</td>
<td>(within city limits)</td>
</tr>
<tr>
<td><strong>Hours</strong></td>
<td>24/7</td>
<td>9 AM - 3 AM, 7 days/week</td>
<td>12 PM - 10 PM, Mon – Fri</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mobile Teams: 7 AM - 10 PM, 7 days/week</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>System Navigation: 8 AM - 5 PM, Mon-Fri</td>
<td></td>
</tr>
<tr>
<td><strong>Partners</strong></td>
<td>Petaluma People Services</td>
<td>Petaluma People Services</td>
<td>Santa Rosa Police/Fire, Buckelew Programs, Catholic Charities, Humanidad Therapy &amp; Education Services, Sonoma County MST</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Santa Rosa, Petaluma, Rohnert Park, Cotati, Sebastopol Police Departments, SSU &amp; SRJC Police Departments</td>
</tr>
<tr>
<td><strong>Helps with</strong></td>
<td>Mental health crises, suicidal ideation, substance use, and homeless issues</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Who responds?</strong></td>
<td>Civilian medic (nurse, paramedic, or EMT) and crisis worker</td>
<td>Licensed mental health clinician, a paramedic, and a homeless outreach specialist</td>
<td>Licensed mental health clinicians, certified substance abuse specialists, post-graduate interns, mental health consumers and family members</td>
</tr>
<tr>
<td><strong>5150s</strong></td>
<td>Does not do involuntary holds (5150s)</td>
<td>Can do involuntary holds (5150s)</td>
<td></td>
</tr>
<tr>
<td><strong>Are police involved?</strong></td>
<td>Responds independently from law enforcement. Co-responds if safety is an issue.</td>
<td></td>
<td>Must be invited by law enforcement to respond to a call.</td>
</tr>
</tbody>
</table>
• **What is the Mobile Support Team (MST)?**
  MST is a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises on location in the community since 2012.

• **Expanded Response**
  MST is now able to respond with or without law enforcement when it is safe to do so, and we can transport individuals in crisis when a higher level of care is necessary.

• **Call Center: 800-746-8181**
  The new MST Crisis Call Center is able to take calls directly from the community. The Call Center is staffed by MST **24/7**. Staff are able to offer support over the phone and to send a crisis response team to the crisis location when needed.

• **24/7 Response County-Wide**
  Spring 2024 – rollout of shifts has begun with coverage from noon to 7:30 a.m.
Support Groups

Sonoma County Behavioral Health Family Education & Support Group
Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members’ insights, interventions, and coping strategies.

2nd Monday of Every Month
4:00 PM - 6:00 PM
Online

Main Adult Detention Facility Family Education & Support Group
We invite you to join us to learn additional ways to support your loved ones while in custody. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the services available within the correctional system.

4th Thursday of Every Month
6:00pm-7:30pm
In person - RSVP Required

Bilingual Community Resource Clinic Family Education & Support Group
Clinica Bilingue de Recursos Comunitarios
Everyone is welcome to come to the Resource Clinic for help with understanding or assistance in accessing services for themselves or their loved one.

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.

If you are interested in joining our support meetings, please contact:
707-571-8452 or Fsc@buckelew.org

Grupo de Apoyo y Educación Para Familiares
Únase a nosotros para aumentar nuestra comprensión de la naturaleza de las enfermedades mentales; facilitar el diálogo de apoyo y fomentar la confianza en las ideas, intervenciones y estrategias de afrontamiento de los familiares y aliados.

Tercer Jueves de Cada Mes
4:00 PM - 5:30 PM
en persona
BILINGUAL COMMUNITY
RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.

Where:
Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:
Every Tuesday @ 3pm
Tue, June 4th
Tue, June 11th
Tue, June 18th
Tue, June 25th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:
MarisabelM@buckelew.org | 707-513-5135
Fsc@buckelew.org | 707-571-8452
Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.

**Donde:**
Buckelew Programas  
2235 Mercury Way  
Suite 107  
Santa Rosa, CA 95407

**Cuando:**
Cada Martes @ 3:00pm  
7 de Junio  
14 de Junio  
21 de Junio  
28 de Junio

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

NicoleN@Buckelew.org 707-494-0762 (se habla Español)  
Fsc@Buckelew.org 707-571-8452
Sonoma County Behavioral Health Family Support & Education Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members’ insights, interventions, and coping strategies.

Monday
JUNE 10TH
4pm-6pm
Online

Questions?
Contact the Family Service Coordination Team:
Fsc@buckelew.org 707-571-8452
MarisabelM@buckelew.org 707-513-5135

Zoom Link
https://tinyurl.com/SCBH-Zoom

www.buckelew.org
Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 2nd & 4th Tuesday of every month from 4:30 - 5:30 pm.

Who: This group is FREE and open to Youth and Young Adults 14 - 24 years old who’ve lost a friend, family member, classmate, co-worker or partner to suicide.

Where: On Zoom
Fill out our online participant interest form to register.

In partnership with:

Scan QR code to open our Participant Interest Form.
For more information, please contact:
Sophia Balestreri, Program Coordinator
(415) 726–4685
sбalestreri@felton.org
felton.org/LOSS

If you are concerned for yourself or someone you know, please contact the Suicide & Crisis Lifeline by calling 988 or the Crisis Text Line by texting MARIN to 741741.
Buckelew Programs offers a safe place in our community for families and loved ones of people have died by suicide to safely share their experiences with others who are similarly affected. This is a peer-to-peer group that meets virtually. The group is led by trained Buckelew Staff Member Chris Nihil.

**SOS: Allies for Hope**
Survivors of Suicide Bereavement Support Group (SOS) via zoom on the 2nd and 4th Wednesdays every Month from 7 -8:30pm.

**Grief Counseling Hotline**
24/7 Grief Support Hotline providing Free AND Confidential resources  
**Call:** 415-499-1195

**To Join, Call/Email:**
Phone: 415 - 444 - 6000  
Email: SOSinfo@buckelew.org OR Christianan@buckelew.org
IN NEED OF NUTRITIOUS FOOD?
JOIN US FOR OUR...
AMC FOOD DISTRIBUTION

Distributions are held weekly at both of our medical clinic sites!

**Healdsburg**
Every Tuesday
9:00am-11:00am
1381 University Ave
Healdsburg, CA 95448

**Windsor**
Every Friday
9:00am-11:00am
8465 Old Redwood Hwy #320
Windsor, CA 95492

**Anyone is welcome!**
*Remember to bring your own grocery bags!*
Serving Families with Heart!

Join us in a **FREE** 3-part workshop series to learn the knowledge, skills, and tools to empower families to be well!

This training is ideal for Community Health Workers, Promotores de Salud, Resource Navigators, Health Educators, Perinatal Health Workers, Parent Educators, Childbirth Educators, or anyone who would like to grow their skills and knowledge!

**Through this workshop you’ll learn how to:**

- Connect Families to Local Resources
- Apply Strategies to Mitigate ACEs & Secondary Trauma
- Serve Families via a 2-Generation Approach
- Promote and Practice Self-Care & Resiliency
- Support the Emotional, Social, Physical, and Financial Well-Being of Parents and their Children!

**Details:** Three 3-hour sessions via Zoom  
**Dates:** June 11, 18, 25  
**Time:** 1pm – 4pm

**REGISTER HERE!**

Thank you to our funders!
Open Enrollment Days

4Cs is now accepting applications in our subsidized child care program & 4Cs preschools.

Please pick up an enrollment packet prior to open enrollment day. Open until spaces are filled.

131 A Stony Circle Suite 300
Santa Rosa, CA 95401

Applying for services come to one of our open enrollment days below.

Walk-in Enrollment Days
9:00 AM - 3:00 PM
Tuesday, April 16, 2024
Thursday, May 9, 2024
Tuesday, May 21, 2024
Thursday, June 13, 2024
Wednesday, June 26, 2024
Thursday, July 11, 2024
Wednesday, July 24, 2024

4Cs helps pay for child care for children under 13 yrs. old in our subsidized child care voucher program.

4Cs operates state preschools throughout Sonoma County. See link for preschool locations.

Need support or have questions please contact:
enrollment@sonoma4cs.org and/or
707-522-1413 x. 178

www.sonomascrib.org
Días de Inscripción Abierta

4Cs está aceptando aplicaciones en nuestro programa de cuidado de niños subvencionado y en nuestros preescolares de 4Cs

Venga por un paquete de inscripción antes del día de inscripción abierta. Espacios disponibles hasta que se llenen.

131 A STONY CIRCLE SUITE 300
SANTA ROSA, CA 95401

Solicitando servicios, venga por un paquete de inscripción y luego asista a uno de nuestros días de inscripción abierta.

DÍAS DE INSCRIPCIÓN ABIERTA
NO SE NECESITA CITA
9:00 AM - 3:00 PM
Martes, 16 de Abril 2024
Jueves, 9 de Mayo 2024
Martes, 21 de Mayo 2024
Jueves, 13 de Junio 2024
Miércoles, 26 de Junio 2024
Jueves, 11 de Julio 2024
Miércoles, 24 de Julio 2024

4Cs ayuda con el pago del cuidado de los niños por medio de nuestro programa subvencionado de cuidado infantil, si tiene menores de 13 años de edad.

4Cs opera preescolares estatales en todo el Condado de Sonoma

Necesita ayuda o tiene preguntas comuníquese: enrollment@sonoma4cs.org o 707-522-1413 x. 178

www.sonom4cs.org
TAP OUT HUNGER TRIVIA NIGHT

BENEFITTING THE REDWOOD EMPIRE FOOD BANK

FRIDAY JUNE 14  6-8 PM

$10 TO PLAY
*ALL PROCEEDS GO TO REDWOOD EMPIRE FOOD BANK

TO HELP END HUNGER IN OUR COMMUNITY

PRIZES FOR TOP 3 TEAMS!

180 MORRIS ST #150, SEBASTOPOL, CA
Nothing about us without us!

Homeless Action!

Where are the funds being spent?
When will I be housed?

We want your input!

Meetings every Monday 9:30 AM
In person meeting 2nd Monday of month at 1st Methodist Church
1551 Montgomery Drive

Other Mondays zoom id: 840-2191-1354 or call (707)907-8108, Victoria

Knowledge is power! Civil rights of the unhoused!
JOIN US !!

Latinx Teen Conference

The focus of this conference is Growth & Empowerment for Latinx Teenage men between 15 - 24 years of age.

There will be Prizes, Pan Dulce, and other delicious foods and drinks!

When: June 22, 2024 | 10am - 2:30pm
Where: Santa Rosa, California

DEADLINE TO REGISTER IS JUNE 12, 2024

srobledo@lideresdelfuturo.org
Please join us!!

The focus of this conference is growth & empowerment for Latinx teenage women between 15 - 24 years of age.

When: June 15, 2024 | 10AM - 2:30PM
Where: Santa Rosa, California

There will be prizes, pan dulce, and other delicious foods and drinks!

Deadline to register is June 5, 2024

See you soon!

srobledo@lidersdelfuturo.org
Date: June 20, 2024
Time: 12 - 1:30 pm
Location: 1000 Apollo Way, Santa Rosa CA 95407
Junio
Junata mensual proporcionado por:

HUMANIDAD
Therapy & Education Services
HUMANIDADTHERAPY.ORG

Fecha: Junio 20, 2024
Hora: 12 - 1:30 pm
Ubicación: 1000 Apollo Way, Santa Rosa CA 95407
ÚNETE A NOSOTROS!!

Conferencia para Adolescentes Latinx

El enfoque de esta conferencia es el Crecimiento y el Empoderamiento para Latinx Hombres adolescentes entre 15 y 24 años de edad.

¡Habrá premios, pan dulce y otras deliciosas comidas y bebidas!

Cuándo: 22 de junio de 2024 | 10am - 2:30pm
Dónde: Santa Rosa, California

LA FECHA LÍMITE PARA REGISTRARSE ES EL 12 DE JUNIO DE 2024

srobledo@lidersdelfuturo.org
¡¡Las Invitamos!!

Conferencia de Adolescentes Latinx

El enfoque de esta conferencia es el crecimiento y el empoderamiento de las adolescentes latinas de entre 15 - 24 años.

Cuándo: 15 de Junio de 2024 | 10am - 2:30pm
Dónde: Santa Rosa, California

Habrá Premios, Pan Dulce, y otros ¡Deliciosas Comidas y Bebidas!

La fecha límite para registrarse es el 5 de Junio de 2024

Nos vemos pronto!

srobledo@lideresdelfuturo.org
Día Internacional del Niño
International Children’s Day
Sugarloaf Ridge State Park

EVENTO GRATUITO  
Free Event

Sunday / Domingo  
JUNE / JUNIO 9  
12-4PM

DISFRUTA DE UN DÍA DIVERTIDO con la familia  
ACTIVIDADES, Rifa, Y COMIDA. Transporte incluido pero limitado.

ENJOY A FUN DAY with the family  
ACTIVITIES, Raffle, AND FOOD. Transportation included, but limited.

Register / Registrate!
Maura 707-596-3599
Día Internacional del Niño
International Children’s Day
Sugarloaf Ridge State Park

EVENTO GRATUITO
Free Event

Sunday / Domingo
JUNE / JUNIO 9
12-4PM

DISFRUTA DE UN DÍA DIVERTIDO con la familia
ACTIVIDADES, Rifa, Y COMIDA. Transporte incluido pero limitado.

ENJOY A FUN DAY with the family
ACTIVITIES, Raffle, AND FOOD. Transportation included, but limited.

Register / Regístrate!
Maura 707-596-3599

QR Code
CUÍDANDO TU SALUD CON PRODUCTOS ECOLOGICOS

Cuídate de químicos agresivos y elabora tus propios productos de limpieza (jabón de lavandería) con ingredientes naturales.

Martes 4 Junio “Bayer Farm” 10:00 am - 11:30 am
Martes 18 Junio “La Plaza” 10:00 am - 11:30 am

Para registrarse llámenos al

(707) 393-8700

1221 Farmers Ln. Suite 200
Santa Rosa CA 95405
www.laplazancc.org

LandPaths
Feliz Dia del Padre

Convivio y Diversion!

#1 DAD

Jueves 13 de Junio
5:30-7:00pm

1221 Farmers lane suite 200
Santa Rosa Ca, 95405
(707) 393-8700
Camp Trillium
Campamento Trillium
July 1-5, 2024
1 - 5 del julio
At a LandPaths’ Preserve in West Sonoma County

For LGBTQ+ Youth and allies ages 11 - 14
Campamento Trillium: LGBTQIA+ y Aliades

Days: Monday – Friday
Date: July 1 – 5, 2024
Time: 9 am – 3pm
Ages: 11 – 14
Cost: $420 with partial and full scholarships available based on need
Location: On LandPaths’ preserve in West Sonoma County
Description: At the heart of all LandPaths’ camps are joyful experiences in nature! Camp Trillium centers LGBTQIA+ youth in recognition that through meaningful relationships with one another and the outdoors, we can build community and experience brave spaces and joy together!

¡En el corazón de todos los campamentos de LandPaths hay experiencias alegres en la naturaleza! Esta semana se centrará en los jóvenes LGBTQIA+ ya que reconocemos que a través de relaciones positivas entre nosotros y con la naturaleza podemos construir una comunidad segura y llena de alegría que afirma nuestras identidades!

Detalles del Campamento
Fechas: 1 – 5 julio 2024
Días: lunes – viernes
Hora: 9am – 3pm
Edades: 11 – 14 (los grupos serán formados basado en edades)
Precio: $420 con becas disponibles
Ubicación: Una reserva natural administrada por LandPaths en el oeste del condado de Sonoma

Register today/Inscribáse aquí: landpaths.org/camp-trillium
More info: Lesly Caballero - lesly@landpaths.org - (707) 544-7284 ext 109
Paddle with Pride: LGBTQIA+ Youth and Allies River Trek
Remando con Orgullo: Travesía de Kayak en el Río para participantes LGBTQIA+ y Aliades

"I loved playing the guitar by the campfire at night and I hope more teens can experience what I did."

Tzan, Teen Tent Camper

This program is made possible by an Explore the Coast grant from Coastal Conservancy.
Remando con Orgullo: Travesía de Kayak en el Río para participantes LGBTQIA+ y Aliados

**Fechas:** 24 – 27 de junio del 2024  
**Días:** lunes - jueves (campamento las noches de martes y miércoles)  
**Edades:** para participantes de 13 – 17 años  
**Costo:** $625 con becas disponibles  
**Detalles:** ¡Excursión de cuatro días en el Russian River para jóvenes de 13 – 17 años, aprende a navegar en un kayak, explorando la naturaleza del río y mucho más! Esta travesía de kayak en el río ofrece una oportunidad especial para explorar el mundo natural desde una perspectiva única remando en un kayak. ¡Remando con Orgullo centrará a los jóvenes LGBTQIA+ ya que reconocemos que a través de relaciones positivas entre nosotros y con la naturaleza, podemos construir una comunidad segura y llena de alegría que afirma nuestras identidades! Nuestros educadores expertos guiarán a los jóvenes en el aprendizaje de nuevas habilidades centradas en remar de manera segura río abajo y sobre la increíble flora y fauna de nuestra cuenca, mientras construyen una experiencia de equipo a través de orgullo, alegría, desafíos compartidos y exploración del agua.

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**Inscríbase Hoy!**  
Lesly Caballero - lesly@landpaths.org - (707) 544-7284 ext 109 - www.landpaths.org/russian-river-teen-trek/

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Paddle with Pride: LGBTQIA+ Youth and Allies River River Trek

**Dates:** June 24 – 27, 2024  
**Days:** Monday - Thursday (overnight Tuesday and Wednesday nights)  
**Ages:** 13 – 17  
**Cost:** $625 with partial and full scholarships available  
**Details:** Spend four days on the Russian River learning how to paddle a kayak, observing the natural riparian ecosystems, and so much more! This trek offers a special opportunity for youth ages 13 – 17 to explore the natural world from the unique perspective of paddling down the Russian River. Paddle with Pride will center LGBTQIA+ youth in recognition that through meaningful relationships with one another and the outdoors, we can build community, experience brave spaces and joy! Our experienced educators will guide youth in learning new skills centered on safely paddling themselves down the river and studying the rich flora and fauna of our watershed, all the while building a team experience through pride, joy, shared challenges and explorations on the water.

---

**Register Today!**
FREE WORKSHOP
TALLER GRATUITO

Water Smart Insect Investigation
A Bilingual Program for All Ages!

Investigación sobre los Insectos Beneficiosos en un jardín Water Smart
¡Un programa bilingüe para todas las edades!

Saturday, June 15th 10:00 AM - 12:00 PM
sábado, 15 de junio 10:00 AM - 12:00 PM
Bayer Farm, 1550 West Ave, Santa Rosa

Register today at
Regístrese hoy en
srcity.org/workshops

DISCLAIMER: The activities, products, or services advertised in this flyer are not sponsored or endorsed by Bellevue Union School District or its schools. DESCARGO DE RESPONSABILIDAD: Las actividades, productos o servicios anunciados en este folleto no están patrocinados ni avalados por el Distrito Escolar Unido de Bellevue ni por sus
FREE WORKSHOP
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LandPaths
Daily Acts
Santa Rosa
WATER
CRUISE ON DOWN FOR THE
LATINO SERVICE PROVIDERS

NEW DATE!
JUNE 29
2024
1-4 PM

$15 - 1 TICKET
$25 - 2 TICKETS
$5 - KIDS UNDER 12

CALLING ALL CAR ENTHUSIASTS!
Join us for a roaring good time at our Block Party & Car Show Fundraiser! Enjoy awesome cars, tasty food, and great music. Awards for the best cars and raffle prizes await! All for a great cause – supporting Latino Service Providers. Save the date and rev up the fun!

INTERESTED IN ENTERING THE CAR SHOW? SCAN THIS QR CODE!

WANT TO BUY TICKETS? SCAN THIS QR CODE!
ÚNETE A NOSOTROS PARA
LATINO SERVICE PROVIDERS

¡NUEVA FECHA!
JUNIO 29
2024
1-4 PM

Fiesta del barrio y Exposición de Carros

¡LLAMANDO A TODOS LOS ENTHUSIASTAS DE CARROS!
¡Únase a nosotros para pasar un buen rato en nuestra recaudación de fondos con una fiesta de barrio y exhibición de autos! Disfruta de autos increíbles, comida sabrosa y buena música.
¡Habrá premios para los mejores autos y premios de rifa! Todo por una gran causa: apoyar a Latino Service Providers. ¡Reserva la fecha y acelera la diversión!

$15 - 1 ENTRADA
$25 - 2 ENTRADAS
$5 - MENORES DE 12 AÑOS

¿LE INTERESA PARTICIPAR EN LA EXPOSICIÓN DE COCHES? ¡ESCANÉE ESTE CÓDIGO QR!

¿QUIERES COMPRA ENTRADAS? ¡ESCANÉE ESTE CÓDIGO QR!
LOVE PARTY
INNOVATIONS PROJECT

WHERE
ANDY’S PARK
3399 Moorland Ave,
Santa Rosa, CA 95407

MUSIC, ACTIVITIES AND FREE FOOD
1PM-4PM
15 JUNE
FIESTA DE AMOR
PROYECTO DE INNOVACIONES

DONDE
ANDY’S PARK
3399 MOORLAND AVE,
SANTA ROSA, CA 95407

MUSICA
ACTIVIDADES Y
COMIDA GRATIS

15 JUNIO
1PM-4PM

POSITIVE IMAGES
SUMMER CAMP
NEXT LEVEL FLAG FOOTBALL / RANCHO COTATE HS

FLAG FOOTBALL CAMP
9:00 AM - 12:00 PM

CAMP DATES
JULY 15TH - 19TH

CAMP OPEN TO
1ST - 8TH GRADES

REGISTER NOW!
WWW.NEXTLEVELSPORTS.COM
Family Beading Workshop

This workshop is designed for families and adults interested in beading. Join us for a delightful journey into the world of beadwork, led by Rose and Rudy Hammock. Don't miss out on this wonderful opportunity!

Register Now

Contact Behavioral Health
email: BHGroups@scihp.org
Phone: 707-521-4550

Date: June 7, 2024
2:00PM-3:30PM
Location: SCIHP Community Room
Family Medicine Bag Workshop
FRIDAY, JULY 12, 2024
4PM-6PM
SCIHP COMMUNITY ROOM
144 STONY POINT RD, SANTA ROSA CA, 95401

Workshop facilitated by Dean Hoaglin.
Space is limited and registration is required

To sign up contact the Aunties and Uncles Program by July 1, 2024
Kolby (707) 521-4684
aupevents@scihp.org
SCIHP Farmer's Market

JUNE 2024

SANTA ROSA
Thursday June 27th
Gates Open at 11AM-3PM
Location: 3771 Cleveland Ave.

MPA & Kashia
Friday June 28th
MPA Open 10AM-12PM
Kashia Starting at 1PM

REMEMBER TO BRING YOUR RESUABLE BAGS!!
Sonoma County Indian Health Project, Inc.
presents

TREASURE YOUR HEALTH

Join us on Friday, July 19th, 2024
10am-3pm for our Community Wellness Fair
at 3771 Cleveland Avenue, Santa Rosa, 95403.

A day to connect and share health education, raise awareness, connect with local community organizations and share many engaging activities with SCIHP departments.

Free Activities will include:

- Lunch
- Scavenger Hunt
- Games, prizes & raffles
- Opportunity to connect with health professionals and wellness enthusiasts
- Share & raise awareness with local community organizations
- and more
2024 Sonoma County School Board Candidate Information Session

June 27 5:30 p.m. - 7 p.m. Sonoma County Office of Education

Interested in running for your local school board? Attend this informational session, where participants will hear from a panel of current board members about what it’s like to serve Sonoma County school districts in this role. The Sonoma County Registrar of Voters will also provide information about candidate deadlines and other requirements.

Questions? Email Sonoma County Office of Education Administrative Operations Specialist Lacey Goff at lgoff@scoe.org.

CLICK HERE TO RSVP OR SCAN THE QR CODE
CREATIVITY IN BLOOM

Camps: $350/wk
Music Lessons: $65/month*
*Private music lessons are also offered

SUMMER C CAMPS & CLASSES
EARLY JUNE - MID AUGUST

- Themed camps focusing in the arts & STEM for TK-9th
- Affordable group classes & private music lessons for age 4+
- Camps & classes arranged by peer groups
- Varying creative outlets to spark interest & inspire
- Positive environment that nurtures social interactions
- Camps provide free time & lunch breaks at park for balance

CAMPS & CLASSES
Scroll down on registration page to see classes

DISCLAIMER: The activities, products, or services advertised in this flyer are not sponsored or endorsed by Bellevue Union School District or its schools.

9064 BROOKS RD. SOUTH, WINDSOR, CA
707-824-0307 hello@sparkcreativitystudio.com mozartpianolearning.com/spark-creativity-studio
CREATIVIDAD EN FLOR

Campamentos: $350/semana
Lecciones de música: $65/mes*
*También se ofrecen clases privadas de música.

CAMPAMENTOS Y CLASES DE VERANO
PRINCIPIOS DE JUNIO - MEDIADOS DE AGOSTO

- Campamentos temáticos centrados en las artes y STEM para TK-9
- Clases grupales asequibles y lecciones de música privadas para 4 años+
- Campamentos y clases organizados por grupos de pares
- Diferentes salidas creativas para despertar el interés e inspirar
- Entorno positivo que fomenta las interacciones sociales
- Los campamentos ofrecen tiempo libre y descansos para almorzar en el parque para mantener el equilibrio

DESCARGO DE RESPONSABILIDAD: Las actividades, productos o servicios anunciados en este folleto no son patrocinados o endosados por Bellevue Union School District o sus escuelas.

9064 BROOKS RD. SOUTH, WINDSOR, CA
707-824-0307  hello@sparkcreativitystudio.com  mozartpianolearning.com/spark-creativity-studio
Sonoma Community Center Youth

Summer Art Camps 2024
Camps happen Monday–Friday, 10 AM–3 PM
(Cartoon Camp is 1 PM–4 PM)

June

10th–14th
Bilingual Art, Cooking, & Kid Scoop
Camp for ages 7–11

Japanese Fiber Art, Clay, & Cooking
Camp for ages 10+

17th–21st
Cardboard Crafts Camp for ages 7–11

Cartoon Camp for ages 12+

24th–28th
Giant Puppet Camp for ages 7–11

Hand-Drawn Animation & Stop Motion
Camp for ages 10–14

July

8th–12th
Clay, Art, & Cooking Camp for ages 7–11

Kinetic Art Camp: Let’s Build a Carnival Ride! for Middle Schoolers

15th–19th
Clay & Art Camp for ages 7–11

Machine Sewing & Creative
Needlework Camp for ages 10–13

22nd–26th
Clay & Art Camp for ages 7–11

All Things Textile Camp for ages 10–13

Queer Art Self Expression Camp for ages 13–17

29th–August 2nd
Printmaking Camp for Middle Schoolers

276 East Napa St
707–938–4626

SonomaCommunityCenter.org
sonoma community center  
youth

Campamentos de arte de verano 2024
Los campamentos se llevan a cabo de lunes a viernes, de 10 a.m. a 3 p.m. (el campamento de dibujos animados es de 1 p.m. a 4 p.m.)

junio

10-14
Campamento bilingüe de arte, cocina y Kid Scoop News para edades de 7 a 11 años
Campamento japonés de arte con fibras, arcilla y cocina para mayores de 10 años

17-21
Campamento de manualidades con cartón para edades de 7 a 11 años
Campamento de dibujos animados para mayores de 12 años

24-28
Campamento de marionetas gigantes para edades de 7 a 11 años
Campamento de animación dibujado a mano y stop motion para edades de 10 a 14 años

julio

8-12
Campamento de arcilla, arte y cocina para edades de 7 a 11 años
Campamento de arte cinético: ¡Construyamos una atracción de carnaval! para estudiantes de secundaria

15-19
Campamento de arcilla y arte para edades de 7 a 11 años
Campamento de costura a máquina y costura creativa para edades de 10 a 13 años

22-26
Campamento de arcilla y arte para edades de 7 a 11 años
Campamento All Things Textile para edades de 10 a 13 años
Campamento de autoexpresión de arte queer para edades de 13 a 17 años

29-2 de agosto
Campamento de grabado para estudiantes de secundaria

276 East Napa St  
707-938-4626

SonomaCommunityCenter.org
SONOMA COUNTY PRIDE

PRIDE PARADE 9AM-12PM
Help decorate the vehicles and walk in the parade.

SANTA ROSA DOWNTOWN SQUARE

PRIDE FESTIVAL 11PM-5PM
Engage with the community we serve.

JUNE 01

JOIN THE FUN!
little wiggle room
freedom, fun + dance, your way

TOGETHER WITH

SONOMA SILENT DISCO

present

SILENT DISCO WITH
DJ PLUMP & JUICY

SUMMER KICKOFF DANCE NIGHT
Saturday, June 8, 2024, 7 to 9PM

FREE ENTRY for Sonoma Mentoring Alliance Mentor-Mentee matches

AFTER HOURS AT (DIG YOU!) EA'S XFIT
19698 8TH ST. EAST SONOMA

ALL are welcome. 18 & under FREE. General Public tickets benefit Sonoma Mentoring Alliance.
MORE INFO: LITTLEWIGGLEROOM.COM
presente

DISCOTECA SILENCIOSA con

DJ PLUMP y JUICY

NOCHE DE BAILE DE INICIO DE VERANO

Sabado, 8 de Junio, 2024, 7 to 9PM

ENTRADA LIBRE para Sonoma Mentoring Alliance Mentor-Mentee coincide

FUERA DE HORARIO EN (¡CAVATE!) EA'S XFIT
19698 8TH ST. EAST SONOMA

TODOS bienvenidos. 18 y menores GRATIS. Boletos para el público en general benefician a Sonoma Mentoring Alliance.

más información: LITTLEWIGGLEROOM.COM
SONOMA VALLEY
EMERGENCY PREPAREDNESS FAIR
LARSON PARK, 329 DECHENE AVE, SONOMA, CA
SATURDAY, JUNE 1ST · 12 - 3PM

FREE GO BAGS TO EACH FAMILY
*While supplies last

GET INFORMED ABOUT:
• Disaster Planning and Kits
• Pet Preparedness
• Defensible Space
• How to be an Emergency Volunteer
• How to Turn Utilities Off
• Fire Extinguisher Training

JOIN US:
• Family Event & Activities
• Food and Music
• And more!

PRESENTED BY:

OTHER PARTICIPANTS:
• 211 / United Way
• Aliados Health
• Center for NonProfit & Volunteer Leadership
• Community Organizations Active in Disaster
• Emergency Prep Help
• FireSafe Sonoma
• Hanna Center
• La Luz Center
• Lideres Campesinas
• Nuestra Comunidad
• Permit Sonoma
• Pets Life Line
• Sonoma County Sheriff
• Sonoma Community Center
• Sonoma County Emergency Management
• Sonoma Valley Fire District
• Sonoma Valley Hospital
• Springs Map Your Neighborhood

FOR MORE INFORMATION:
community@svchc.org
nancy.a.brown@sonoma-county.org
FERIA DE PREPARACIÓN ANTE EMERGENCIAS DEL VALLE DE SONOMA
LARSON PARK, 329 DECHENE AVE, SONOMA, CA
SÁBADO, 1 DE JUNIO • 12 - 3:00 PM

MOCHILA DE EMERGENCIA GRATUITA PARA CADA FAMILIA
* Hasta agotar existencia.

INFÓRMESE SOBRE:
• Planificación ante desastres y kits de primeros auxilios
• Como salvar animales
• Espacio defendible
• Cómo ser voluntario de emergencias
• Cómo desconectar los servicios públicos
• Entrenamiento de extintores de fuego

ACOMPÁÑENOS:
• Eventos y actividades familiares
• Comida y música
• ¡Y más!

OTROS PARTICIPANTES:
• 211 / United Way
• Aliados Health
• Center for NonProfit & Volunteer Leadership
• Community Organizations Active in Disaster
• Emergency Prep Help
• FireSafe Sonoma
• Hanna Center
• La Luz Center
• Líderes Campesinas
• Nuestra Comunidad
• Permit Sonoma
• Pets Life Line
• Oficina del shérif del Condado de Sonoma
• Centro Comunitario de Sonoma
• Departamento de Manejo de Emergencias del Condado de Sonoma
• Distrito de Bomberos del Valle de Sonoma
• Hospital del Valle de Sonoma
• Conozca Su Vecindario de los Springs

PARA MÁS INFORMACIÓN:
community@svchc.org
nancy.a.brown@sonoma-county.org
SONOMA VALLEY HEART SCREENING

EKG/ECG testing for undiagnosed heart conditions

WHEN
Saturday, June 8, 2024
10am – 4pm

WHERE
Hanna Center,
17000 Arnold Dr., Sonoma

COST
FREE for ages 10-25
REGISTER: www.kylejtaylor.org

Sudden Cardiac Arrest Stats

- 1 in 300 youth are at risk for an undiagnosed heart conditions
- 80% of victims have no symptoms prior to SCA event
- SCA is the #1 cause of death on school campuses

Impact100 Sonoma
NASCAR Foundation
Hanna Center
SONOMA VALLEY
EXAMEN CARDIÁCO
Pruebas de EKG/ECG para enfermedades cardíacas no diagnosticadas

CUANDO
Sábado 8 de junio de 2024
10 a.m. – 4 p.m.

DÓNDE
Centro Hanna,
17000 Arnold Dr., Sonoma

COSTO
GRATIS para edades de 10 a 25 años
REGÍSTRESE:
www.kylejtaylor.org

Estadísticas de paro cardíaco repentina
- 1 de cada 300 jóvenes corre riesgo de sufrir enfermedades cardíacas no diagnosticadas
- El 80% de las víctimas no presenta síntomas antes del evento de SCA
- SCA es la causa número uno de muerte en los campus escolares

Impact100 Sonoma
Patrocinadores: NASCAR Foundation
Hanna Center
SRS SOCCER PRESENTS
RECREATIONAL SOCCER
2024

FALL SOCCER LEAGUE

REG OPEN
NOW
US-U16
BOYS & GIRLS

Season: Aug to Nov
10 Games
Volunteer Coaches
Low Cost
Fun with friends

Join Us Now

Registration Link
https://www.srssoccer.org/

DISCLAIMER: The activities, products, or services advertised in this flyer are not sponsored or endorsed by Bellevue Union School District or its schools.
SANTA ROSA SOUTH (SRS) PRESENTA
FÚTBOL RECREATIVO

LIGA DE FÚTBOL DE OTOÑO

REGISTRO ABIERTO AHORA
NIÑOS Y NIÑAS
US-U16

Únete a nosotros ahora

Temporada: agosto a noviembre
10 partidos
Entrenadores voluntarios
Barata
Diversión con amigos

Enlace de registro
https://www.srssoccer.org/

DESCARGO DE RESPONSABILIDAD: Las actividades, productos o servicios anunciados en este folleto no están patrocinados ni avalados por el Distrito Escolar Unido de Bellevue ni por sus escuelas.
WHEN YOU TRUST KIDS,
THEY TRUST THEMSELVES.

That's why at Steve & Kate's Camp, we put kids in charge of their own learning experience. As campers try, fail, and learn on their own, they learn to trust their own judgment, and tackle world challenges with creativity and confidence.

Sonoma Country Day School
Santa Rosa, CA

Ages 4–12
6/10–8/16 | 8am–6pm

ACTIVITIES FOR ALL
Campers choose from a variety of activities in real-time. They'll decide what they want to do, and for how long--designing their day as they go.

FLEXIBLE ENROLLMENT
Families can purchase 1 or 22 Day Passes--there's no weekly reservations required! Or grab a Summer Pass, which covers any day we're open.

ALL INCLUSIVE FEES
Fees are all-inclusive: All hours, 8am–6pm, as well as lunch & snacks are included. Any unused Passes are automatically refunded in full at summer's end.

Learn more & reserve your spot:
steveandkate.com/santa-rosa
COMO PROSPERARÁN LOS NIÑOS EN UN MUNDO DONDE LOS ROBOTS REEMPLAZAN A LOS RADIÓLOGOS?

Adaptabilidad. La confianza en sus propios instintos y capacidades.

Es por eso que los niños se hacen cargo en nuestro campamento, en lugar de esperar hasta que sean “lo suficientemente mayores” para tomar decisiones. Saltan y lideran (dirigen o conducen) hoy, para construir la autoconfianza que necesitarán para enfrentar a las incógnitas mañana.


LOS DETALLES:
Almuerzo y refrigerios incluidos.
M-F 8 a.m. a 6 p.m.

Sonoma Country Day School - 4400 Day School Place
Santa Rosa, CA 94503

June 10th - August 16th

Questions? Email us at santarosan@steveandkate.com
steveandkate.com
For Kids (ages 4-11), VBS is FREE and it is coming to Redemption Hill Church. Your kids will enjoy fun skills, music, games, and crafts. They will play their way through VBS while learning that Jesus guides them through all the twists and turns of their lives.

DISCLAIMER: The activities, products, or services advertised in this flyer are not sponsored or endorsed by the Bellevue School District or its schools.

Para niños (de 4 a 11 años), la EBV es GRATUITA y llegará a la Iglesia Redemption Hill. Sus hijos disfrutarán de divertidas parodias, música, juegos y manualidades. Jugarán a través de la EBV mientras aprenden que Jesús los guía a través de todos los giros y vueltas de sus vidas.

DESCARGO DE RESPONSABILIDAD: Las actividades, productos o servicios anunciados en este folleto no están patrocinados ni respaldados por el Distrito Escolar de Bellevue ni sus escuelas.

**JUNE 17 - 21**  
MON. - THURS. | 5:45 PM - 8:30 PM  
FRIDAY FAMILY NIGHT | 6:00 PM - 7:30 PM

**REDEMPTION HILL CHURCH**  
2100 Petaluma Hill Road  
Santa rosa, CA 95404  
707-291-8177

Sign up your kids today!  
RedemptionHillsr.org/VBS
PRIDE BBQ
Thursday, June 27

Get ready for summer with VOICES! We’ll have food, games, and a whole lot more, free for all ages!

We’ll also be holding the first annual VOICES jorts competition, so wear your best pair for a chance at some prizes!

714 Mendocino Ave. Santa Rosa
4 PM - 6 PM, all ages welcome!
Call (707) 579-4327 with any questions
Peer Support Specialist Training

ORIENTATION

June 17, 2024 5pm ZOOM

For applicants interested in the Peer Support Specialist Training:

General Requirements
- 18 years old or older
- Access to reliable internet connection.
- Lived experiences of mental health or substance abuse
- Living in recovery for at least 6 months.
- Desire to serve in the field of Peer Support in Sonoma County

Orientation will cover:
- Training and Class Schedule
- Overview of Assignment Types

Coursework Includes:
- Active Listening
- Emotional Literacy
- Communication Skills
- Ethics & Confidentiality
- Boundaries & Self Care
- Facing Trauma & Addiction
- Recovery & Resilience
- Crisis Intervention and Suicide Prevention

RSVP to receive the ZOOM link
Hope Rogers: hope.rogers@westcountyservices.org
707-565-7806 x7806