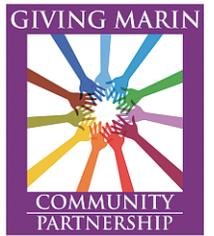


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GIVING MARIN

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Mountain bike event benefits Buckelew

Buckelew Programs, a nonprofit organization that supports people with mental health and substance use challenges, will launch its inaugural Bike4Buckelew: Access to Mental Health 4 All on Saturday, May 14 at China Camp State Park.

The event will include organized mountain bike trail rides, a 5K run or walk and an outdoor celebration with food and live entertainment. All proceeds will benefit Buckelew Programs' range of services for adults and children in the North Bay including counseling, recovery, service navigation, suicide prevention and supported housing. Buckelew is the largest provider of comprehensive mental health services in the area for those who would otherwise not have access.



Bike 4 Buckelew will benefit Buckelew Programs, which supports people with mental health and substance use challenges.

- Photos courtesy of Buckelew Programs



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"Bike4Buckelew connects our community we serve and the natural beauty in our local environment," said Chris Kughn, Buckelew Programs chief executive officer. "The clients we serve are experiencing behavioral health challenges and many live with serious and persistent mental illness and/or substance use. The experience of trekking up a mountain is analogous to our clients' journey – fraught with challenges and often setbacks that offer learning opportunities.

But there can be joy in this rugged journey, and beauty in empowerment."

Buckelew delivers direct services to over 3,400 clients, including substance use treatment to 900 each year, in addition to answering more than 1,000 calls each month through its accredited suicide prevention hotline.

For more information on Buckelew Programs, visit buckelew.org. To register to ride, purchase tickets for Bike4Buckelew or to make a donation, visit buckelew.org/bikeforbuckelew.