



Monthly Community Resources
May 2024

Buckelew Programs Sonoma
Family Service Coordination
2235 Mercury Way, Suite 107
Santa Rosa, CA 95407
(707) 571-8452

Useful Phone Numbers

Access Team: _____ (707)565-6900

The Access Team initiates services for Sonoma County Behavioral Health, Community Mental Health Centers and the Older Adult Team.

Al-Anon/ Alateen (24 Hour Hotline): _____ (707) 575-6760

Consumer Education & Affairs: _____ (707)565-7809

CSU (Crisis Stabilization Unit – 24 Hours): _____ (707)576-8181

Anyone living in Sonoma County who is having a mental health crisis can get help 24 hours a day, seven days a week

Human Services (General Assistance, Food Stamps, Medi-Cal): _____ (707)565-2715

Human Services provides benefits for those in need, and strives to protect and improve the well-being of individuals and families.

inRESPONSE: _____ 707-575-HELP (4357)

The inRESPONSE team will respond to calls in which individuals are experiencing a mental health crisis in Santa Rosa and are unarmed.

Interlink Self Help Center: _____ (707)546-4481

Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search: _____ 211

Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

NAMI Warmline: _____ (866)960-6264

The NAMi Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Petaluma Peer Recovery Center: _____ (707)565-1299

Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.

Russian River Empowerment Center: _____ (707)823-1604 Ext. 207

Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

S.A.F.E. Team: Call 707-781-1234 – you will reach a directory where you can choose to speak with a 911 operator or a non-emergency staff member to help. To find out more about the program, please email SAFE@petalumapeople.org.

Social Security Office (Benefits): _____ 1-877-870-6384 or 1-877-890-8459

SOS Community Counseling Center: _____ (707)284-3444

Provides counseling services in Sonoma County to individuals, couples, families, and youth both in schools and community clinics.

Substance Use Disorder Services: _____ (707) 565-7450

Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal, or are Medi-Cal eligible.

Suicide Prevention 24 Hour Hotline (North Bay): _____ 988

Verity (Crisis Line): _____ (707)545-7273

Crisis line and support for victims of sexual assault

Wellness and Advocacy Center: _____ (707)565-7800

Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.

Sonoma County Mental Health Crisis Response Teams

Changes are coming to these teams in 2024, including a single number and expanded hours!
 Learn more at namisoco.org/MHTeams or scan the QR code on the back.

	SAFE Team	InResponse Team	Sonoma County Mobile Support Teams
	911		
Contact	707-781-1234	Rohnert Park: 707-584-2612	Mobile Response Team: 707-575-4357
		Cotati: 707-792-4611	System Navigators: 707-204-9756
	Local Police	Sheriff's Office	
Serves	Petaluma	Rohnert Park, Cotati, SSU <i>(except Graton Casino area; served by Sheriff)</i>	Santa Rosa <i>(within city limits)</i>
			Operates in: Windsor, Rohnert Park, Cotati, Petaluma, Sonoma Valley, Guerneville, Forestville, Sebastopol with plans to expand countywide.
Hours	24/7	9 AM - 3 AM, 7 days/week	Mobile Teams: 7 AM - 10 PM, 7 days/week System Navigation: 8 AM - 5 PM, Mon-Fri
	12 PM - 10 PM, Mon - Fri		
Partners	Petaluma People Services	Petaluma People Services	Santa Rosa Police/Fire, Buckelew Programs, Catholic Charities, Humanidad Therapy & Education Services, Sonoma County MST
			Santa Rosa, Petaluma Rohnert Park, Cotati & Sebastopol Police Departments SSU & SRJC Police Departments
Helps with	Mental health crises, suicidal ideation, substance use, and homeless issues		
Who responds?	Civilian medic (nurse, paramedic, or EMT) and crisis worker	Licensed mental health clinician, a paramedic, and a homeless outreach specialist	Licensed mental health clinicians, certified substance abuse specialists, post-graduate interns, mental health consumers and family members
5150s	Does <u>not</u> do involuntary holds (5150s)		<u>Can</u> do involuntary holds (5150s)
Are police involved?	Responds independently from law enforcement. Co-responds if safety is an issue.		Must be invited by law enforcement to respond to a call.
	SAFE Team	InResponse Team	Sonoma County Mobile Support Teams

BIKE4 OR HIKE BUCKELEW

ACCESS TO MENTAL HEALTHCARE 4 ALL



MAY 11, 2024
CHINA CAMP
BIKE4BUCKELEW.ORG

GUIDED MOUNTAIN BIKE TRAIL RIDES
GUIDED HIKES | FOOD | MUSIC
POST-TRAIL PARTY IN THE WOODS

BIKE + HIKE TO SAVE LIVES
REGISTRATION BEGINS AT 8 AM
STAGGERED START TIMES BEGIN AT 9 AM
ALL AGES, ALL LEVELS WELCOME!
ENTRY INCLUDES A HAWAIIAN FUSION LUNCH & LIVE MUSIC

See Bike4Buckelew.org for more details, actual routes and maps.



 **Buckelew
Programs**



Marin
Community
Foundation

MSB Charitable Fund



MONTECITO PLAZA



MARIN MUSEUM
OF BICYCLING



wildcare



Family Service Coordination Team

May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 Bilingual Community Resource Clinic 3-4:30pm	8 S.O.S: Allies for Hope 7-8:30	9	10	11
12	13 SCBH Family Support & Education Group 4-6pm	14 Bilingual Community Resource Clinic 3-4:30pm	15	16	17	18
19	20	21 Bilingual Community Resource Clinic 3-4:30pm	22 S.O.S: Allies for Hope 7-8:30pm	23 Apoyando Nuestra Comunidad 4:30pm-6:00pm	24	25
26	27	28 Bilingual Community Resource Clinic 3-4:30pm	29	30 MADF Family Support & Education Group 6:00pm-7:30pm	31	



Family Service Coordination Team

The Family Service Coordination Team strives to provide education, support, and other assistance to family members and caregivers of adults and youth with a mental illness. The Family Service Coordination Team helps families navigate Sonoma County Behavioral Health and other community resources.

Support Groups

Sonoma County Behavioral Health Family Education & Support Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

2nd Monday of Every Month
4:00 PM - 6:00 PM
Online

Grupo de Apoyo y Educación Para Familiares

Únase a nosotros para aumentar nuestra comprensión de la naturaleza de las enfermedades mentales; facilitar el diálogo de apoyo y fomentar la confianza en las ideas, intervenciones y estrategias de afrontamiento de los familiares y aliados.

Tercer Jueves de Cada Mes
4:00 PM - 5:30 PM
en persona en la oficina de Buckelew

Supporters of Young Folks

A peer run support group for family members, friends, caregivers, and anyone who supports a young person who struggles with mental health, substance abuse, and/or trauma.

4th Thursday of Every Month
3:00 PM-4:30 PM
Online

Bilingual Community Resource Clinic Clínica Bilingüe de Recursos Comunitarios

Everyone is welcome to come to the Resource Clinic for help with understanding or assistance in accessing services for themselves or their loved one.

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.

Every Tuesday / Cada Martes
3:00 PM - 4:30 PM
in person / en persona

If you are interested in joining our support meetings, please contact:

707-571-8452 or Fsc@buckelew.org



BILINGUAL COMMUNITY RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.



Where:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:

Every Tuesday @ 3pm
Tue, May 7th
Tue, May 14th
Tue, May 21st
Tue, May 28th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:

MarisabelM@buckelew.org | 707-513-5135

Fsc@buckelew.org | 707-571-8452



CLINICA BILINGUE DE RECURSOS COMUNITARIOS

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.



Donde:

Buckelew Programas
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

Cuando:

Cada Martes @ 3:00pm
Mayo 7
Mayo 14
Mayo 21
Mayo 28

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

JenniferV@Buckelew.org 707-292-3289 (se habla Español)
Fsc@Buckelew.org 707-571-8452





Family Service
Coordination Team



Sonoma County Behavioral Health Family Support & Education Group



Monday

**MAY
13TH**

4pm-6pm
Online

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

Questions?

**Contact the Family Service
Coordination Team:**

Fsc@buckelew.org 707-571-8452

MarisabelM@buckelew.org 707-513-5135

Zoom Link

<https://tinyurl.com/SCBH-Zoom>

www.buckelew.org



APOYANDO NUESTRA COMUNIDAD

Venga a conocer los recursos comunitarios ofrecidos en el condado de Sonoma que pueden ayudarlo a usted y a los miembros de su familia.

JUEVES
23 DE MAYO
4:30-6:00PM

- ✓ Recursos informativos
- ✓ Proveedores de servicio
- ✓ Bocadillos y bolsas de comida gratis



2235 MERCURY WAY, SUITE 107, SANTA ROSA, CA 95407

Para más información o registrarse, contacte a Jennifer,
Navegadora del Sistema de Servicios Familiares



JenniferV@Buckelew.org



707-292-3289

Felton institute LOSS

Local Outreach to Suicide Survivors

Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 2nd & 4th Tuesday of every month from 4:30 -5:30pm.

Where: On zoom

Who: This group is FREE and open to Youth and Young Adults 14 - 24 years old who've lost a friend, family member, classmate, co-worker or partner to suicide.

In partnership with



Scan this code to learn more or contact:

Sophia Balestreri, Program Coordinator
sbalestreri@felton.org

(415) 726-4685

If you are concerned for yourself or someone you know, please contact the Suicide & Crisis Lifeline 988 or text MARIN to 741741.

Join our Youth Advisory Board!



NAMI Sonoma County is looking to include the voices of young people age 16-25, who are interested in sharing their perspectives on mental health issues for youth and their families.

We seek diverse youth advisors, especially from underserved communities, to provide guidance on our education programs, support groups, and community outreach in Sonoma County. Compensation for advisory board meeting times will be provided.

For a full description and application, please scan the QR code or visit our website at namisoco.org/youth-advisory-board.



Questions? Reach out to Hana Casita, Program Facilitator, at hcasita@namisoco.org or 707-800-3876.

NEW AFFORDABLE STUDIOS, ONE, TWO, AND THREE BEDROOMS

414 PETALUMA

Opens Summer 2024 and is located at 414 Petaluma Blvd N, Petaluma, CA 94952
(Under Construction: No Public Access)

NOW LEASING! Pre-Application period from 03/18/2024 through 04/12/2024



COMMUNITY FEATURES:

- Central Courtyard
- Outdoor Play area
- Community Room
- Secured Bicycle Storage
- All New Electric Appliances

SERVICES OFFERED:

- Adult education services
- Financial literacy classes
- ESL course opportunities

APPLY ONLINE AT <https://www.midpen-housing.org/property/414-petaluma/>

Pre-Applications may be submitted via our online application system, downloaded from the MidPen Housing website above, OR at the temporary leasing office located at: 200 Kentucky Street, Suite B, Petaluma, CA 94952 between the hours of 9:00 am to 5:00 pm, Monday through Friday beginning on Monday, 3/18/2024.

ONLINE APPLICATION IS STRONGLY ENCOURAGED

Unit Mix – 44 Units

of Restricted Units: 43

of Unrestricted Units: 1

Income Restriction	0BD	1BD	2BD	3 BD	Total Units
30% AMI	0	9	4	3	16
40% AMI	0	6	1	0	7
50% AMI	0	0	0	3	3
60% AMI	2	4	6	5	17
Manager's unit			1		1
Total	2	19	12	11	44



This application period will fill 27 of the 43 available affordable apartments. The remaining 16 affordable apartments will be filled by direct referral from Sonoma County Housing Authority and Sonoma County CES. Additional preferences apply.

For more information on preferences and eligibility, please visit <https://www.midpen-housing.org/property/414-petaluma/> or contact the leasing office at (707) 509-3460 .

Applicants are selected through a lottery. There is no advantage to submitting your application on the first day of the open application period as long as it is received by 5pm on 4/12/2024.

COMMUNITY INCOME RESTRICTIONS APPLY. PRIORITIES AND PREFERENCES APPLY.



MidPen Property Management Corporation, BRE 00822390



APARTAMENTOS NUEVOS Y ASEQUIBLES DE UNA, DOS Y TRES HABITACIONES

414 PETALUMA

Disponible en verano de 2024 en 414 Petaluma Blvd N, Petaluma, CA 94952
(En construcción: Sin acceso al público)

¡En Alquiler! Período de solicitud previa desde el 03/18/2024 al 04/12/2024



CARACTERISTICAS DE LA COMUNIDAD:

- Patio Central Courtyard
- Área de juegos al aire libre
- Salón Comunitario
- Almacenamiento seguro de bicicletas
- Todos los electrodomésticos nuevos

SERVICIOS OFRECIDOS:

- Servicios de educación de adultos
- Clases de educación financiera
- Oportunidades de cursos de ESL

SOLICITE EN LINEA EN <https://www.midpen-housing.org/property/414-petaluma/>

Las solicitudes previas se pueden enviar a través de nuestro sistema de solicitud en línea, descargado del sitio web de MidPen Housing anterior, O en la oficina de arrendamiento temporal ubicada en: 200 Kentucky Street, Suite B, Petaluma, CA 94952 entre las horas de 9:00 a. m. a 5:00 p. m., de lunes a viernes a partir del lunes 3/18/2024.

SE RECOMIENDA ENCARECIDAMENTE LA SOLICITUD EN LÍNEA

Unit Mix – 44 Units

of Restricted Units: 43

of Unrestricted Units: 1

Income Restriction	0BD	1BD	2BD	3 BD	Total Units
30% AMI	0	9	4	3	16
40% AMI	0	6	1	0	7
50% AMI	0	0	0	3	3
60% AMI	2	4	6	5	17
Manager's unit			1		1
Total	2	19	12	11	44



Este período de solicitud llenará 27 de los 43 apartamentos asequibles disponibles. Los 16 apartamentos asequibles restantes se llenarán por referencia directa de la Autoridad de Vivienda del Condado de Sonoma y el CES del Condado de Sonoma. Se aplican preferencias adicionales.

Para obtener más información sobre las preferencias y la elegibilidad, visite <https://www.midpen-housing.org/property/414-petaluma/> o comuníquese con la oficina de arrendamiento al (707) 509-3460.

Los solicitantes son seleccionados a través de un sorteo. No hay ninguna ventaja en presentar su solicitud el primer día del período de solicitud abierto, siempre y cuando se reciba antes de las 5 p.m. 4/12/2024.

SE APLICAN RESTRICCIONES DE INGRESOS COMUNITARIOS. SE APLICAN PRIORIDADES Y PRERREFERENCIAS.



MidPen Property Management Corporation, BRE 00822390





GET EXTRA GROCERY MONEY

CalFresh is a nutrition assistance program that helps families and individuals buy the food that they need.

Scan the QR code below to book an appointment with a CalFresh staff member from the Redwood Empire Food Bank or call/text 707-523-7903 for more information.



OBTÉNGA MÁS DINERO PARA ALIMENTOS

CalFresh es un programa de asistencia nutricional que ayuda a familias e individuos a comprar los alimentos que necesitan.

Escanee el código QR, para programar una cita con un miembro del Redwood Empire Food Bank o llame/envíe un mensaje de texto al 707-523-7903 para más información.



REDWOOD EMPIRE FOOD BANK

CALFRESH ASSISTANCE

**How much money can I make
and still get CalFresh?**

SIZE OF HOUSEHOLD	GROSS MONTHLY INCOME
1	\$2,430
2	\$3,288
3	\$4,144
4	\$5,000

*additional member, add \$858 each

Scan the QR code to
schedule a CalFresh
consultation today!



WHO CAN APPLY?

Any US citizen or legal permanent resident, eligible immigration status, and living under the income guidelines. It's important to know that there are different exemptions for students, seniors, people with disabilities, and families.

WHAT DO I NEED TO APPLY?

- Identification
- Social Security number
- Proof of income
- Students: EOP/EOPS letter + Financial Aid Award Letter
- Child care costs
- Medical receipts/statements (dental, medical insurance, prescriptions, equipment, and more)

CALL US TO APPLY: 707-523-7903

Food Connections Resource Center
Redwood Empire Food Bank
3990 Brickway Blvd., Santa Rosa, CA
fc@refb.org | 707-523-7903





REDWOOD EMPIRE
FOOD BANK

ASISTENCIA DE CALFRESH

**Cuanto dinero puede recibir
y todavía obtener CalFresh?**

TAMANO DE FAMILIA	INGRESO MENSUAL BRUTO
1	\$2,430
2	\$3,288
3	\$4,144
4	\$5,000

*miembro adicional, agregue \$858

¡Escanee el código QR
para programar una
consulta de CalFresh
hoy!



¿QUIÉN PUEDE SOLICITAR?

Cualquier ciudadano estadounidense o residente legal permanente, estatus migratorio elegible, y que viva por debajo las guías de ingresos. Es importante saber que hay reglas diferentes para estudiantes, personas mayores de edad, personas con incapacidad y familias.

¿QUÉ NECESITO PARA APLICAR?

- Identificación
- Número de Seguro social
- Prueba de ingreso
- Recibo de alquiler + factura de PG&E
- Estudiantes: Carta EOP/EOPS + Carta de concesión de ayuda financiera
- Costos de cuidado infantil
- Recibos/estados de cuenta médicos (dental, seguro médico, recetas, equipo y más)

LLÁMANOS PARA APLICAR: 707-523-7903

Food Connections Resource Center
Redwood Empire Food Bank
3990 Brickway Blvd., Santa Rosa, CA
fc@refb.org | 707-523-7903



REDWOOD EMPIRE FOOD BANK | 707-523-7903 | FC@REFB.ORG
3990 BRICKWAY BLVD., SANTA ROSA, CA 95403 | GETFOOD.REFB.ORG

They're
about to take
the next step
What's yours?



**Get your high school senior
free money for college or
career training today!**

CalKIDS is a program from the **State of California** that funds up to \$1,500 in free money for eligible public school students to save for college and career training.*



CalKIDS

The first step toward college

CalKIDS funds can be used for qualified higher education expenses such as:

- Tuition and fees
- Books and supplies
- Room and board
- Computer equipment

Please consult your financial aid office to help process CalKIDS funds.



Claim your student's money at CalKIDS.org/seniors today.

*Student eligibility is defined by the Local Control Funding Formula.

The California Kids Investment and Development Savings Program (CalKIDS) is a children's savings account program, administered by the ScholarShare Investment Board, an agency of the State of California. CalKIDS will provide eligible participants with college savings accounts, including seed deposits and other potential incentives, to help pay for future qualified higher education expenses. To learn more about CalKIDS or opt out of the program entirely, please see the Program Information Guide at CalKIDS.org. CalKIDS participants may also establish individual accounts with ScholarShare 529, California's 529 College Savings Plan.

This program is not sponsored by Sonoma Valley Unified School District. Approval to distribute flyers is a community service and does not imply endorsement.

Ellos están
a punto de
comenzar sus
próximos pasos.
¿Cuál es
el suyo?



¡Reciba dinero gratis para la universidad o capacitación profesional para su graduado!

CalKIDS es un programa del **estado de California** que provee hasta \$1,500 gratis para estudiantes elegibles de escuelas públicas para ahorrar para la universidad o la capacitación profesional.*



CalKIDS

El primer paso hacia la universidad

Los fondos de CalKIDS se pueden usar para gastos calificados de educación superior cómo:

- Matrícula y tarifas
- Libros y útiles
- Alojamiento y comida
- Equipo de computadora

Por favor consulte con su oficina de ayuda financiera para que lo ayude a procesar los fondos de CalKIDS.



Solicite el dinero de su graduado en CalKIDS.org/seniors hoy.

* La elegibilidad de estudiantes está definida por la Fórmula de Control Local del Financiamiento. California Kids Investment and Development Savings Program (CalKIDS) es un programa de cuentas de ahorro para niños, administrado por ScholarShare Investment Board, una agencia del estado de California. CalKIDS brindará a participantes elegibles cuentas de ahorro para la universidad, incluidos depósitos iniciales y otros incentivos potenciales, con el fin de ayudar a pagar gastos futuros de educación superior calificados. Para obtener más información sobre CalKIDS o elegir no participar en el programa en absoluto, consulte la guía de información del programa en CalKIDS.org. Los participantes de CalKIDS también pueden crear cuentas individuales con ScholarShare 529, el plan de ahorros universitarios 529 de California.

This program is not sponsored by Sonoma Valley Unified School District. Approval to distribute flyers is a community service and does not imply endorsement.



FREE!
diapers & formula

VISIT US

2250 Northpoint Pkwy
Santa Rosa, 95407
Monday - Friday
9:30 AM - 5:00 PM

707-481-1781

diaper sizes 0-6
Similac formula
*while supplies last



¡GRATIS!
pañales y formula

VISITENOS

2250 Northpoint Pkwy
Santa Rosa, 95407
Lunes - Viernes
9:30 AM - 5:00 PM

707-481-1781

tallas de pañales 0-6
formula Similac
*mientras duren las
provisiones



HOSPITALITY AND SERVICE INDUSTRY WORKERS

THE LABOR COMMISSIONER'S OFFICE HAS JURISDICTION TO ENFORCE YOUR RECALL RIGHTS.

IF YOU BELIEVE THAT YOUR RECALL RIGHTS HAVE BEEN VIOLATED YOU CAN REPORT A VIOLATION TO US:

BY MAIL:



PLEASE SEE LABOR COMMISSIONER'S OFFICE DIRECTORY TO FIND THE CLOSEST OFFICE

<http://www.dir.ca.gov/dlse/DistrictOffices.htm>

ONLINE



<https://www.dir.ca.gov/dlse/HowToReportViolations.htm>

BY PHONE:

1-833-526-4636



CALIFORNIA ADOPTS A STATEWIDE "RIGHT TO RECALL" LAW



SB 93 (CALIFORNIA LABOR CODE SECTION 2810.8) REQUIRES CERTAIN HOSPITALITY AND SERVICE INDUSTRY EMPLOYERS TO OFFER TO REHIRE QUALIFIED FORMER EMPLOYEES WHO WERE LAID OFF DUE TO THE COVID-19 PANDEMIC.

RIGHT TO RECALL TO WORK

Employees of specified enterprises who were laid off for COVID-19 related reasons must be notified of job openings for the same or similar positions as the ones they last held. They must be offered available jobs, with priority based on length of service, before new employees can be hired.

ENFORCEMENT AND REMEDIES

Recall rights are effective April 16, 2021 through December 31, 2024. Employees seeking to be recalled are advised to immediately provide their former employer with a **current mailing address, email address and phone number** to facilitate notice of job openings from their employer. Qualified laid-off employees **must respond to notices within five days**, preferably in writing.

COVERED WORKERS INCLUDE EMPLOYEES AT HOTELS OR PRIVATE CLUBS WITH 50 OR MORE GUEST ROOMS, AIRPORTS, AIRPORT SERVICE PROVIDERS, AND EVENT CENTERS.

IN ADDITION TO HOTEL WORKERS, LAID OFF EMPLOYEES ENGAGED IN BUILDING SERVICES SUCH AS JANITORIAL, MAINTENANCE, AND SECURITY SERVICES AT RETAIL AND COMMERCIAL BUILDINGS HAVE RECALL RIGHTS.

If recall rights are violated, employees will be entitled to damages of \$500 per day of violation and will be awarded damages for each day of violation until cured. An employee suffering unlawful retaliation for asserting recall rights may also be awarded back pay, front pay, benefits and reinstatement.



IF YOU BELIEVE THAT YOU HAVE BEEN SUBJECTED TO RETALIATION AT WORK, PLEASE SUBMIT A CLAIM [HERE](https://www.dir.ca.gov/dlse/how-to-report-retaliation-claim.htm)

[WWW.DIR.CA.GOV/DLSE/HOWTOREPORTRETALIATIONCLAIM.HTM](https://www.dir.ca.gov/dlse/how-to-report-retaliation-claim.htm)

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TRABAJADORES DE LA INDUSTRIA DE SERVICIOS Y HOSPITALIDAD

LA OFICINA DE LA COMISIONADA LABORAL TIENE JURISDICCION PARA HACER CUMPLIR SUS DERECHOS A REGRESAR.

SI CREE QUE SUS DERECHOS A REGRESAR HAN SIDO VIOLADOS, PUEDE REPORTAR UNA VIOLACION:

POR CORREO:



CONSULTE EL DIRECTORIO DE LA OFICINA DE LA COMISIONADA LABORAL PARA ENCONTRAR LA OFICINA MÁS CERCANA.

<https://www.dir.ca.gov/divisions/officeofcomplaints/>
DIR.HILO@dir.ca.gov

EN LINEA:



www.dir.ca.gov/dlse/online-complaint-form.html

POR TELEFONO:

1-833-526-1636



CALIFORNIA ADOPTA UNA LEY ESTATAL DE "DERECHO A REGRESAR"



EL 93 (CÓDIGO LABORAL DE CALIFORNIA, ARTÍCULO 2810.6) REQUIERE QUE CIERTOS EMPLEADORES DE LA INDUSTRIA DE SERVICIOS Y HOSPITALIDAD OFREZCAN RECONTRATAR A EX EMPLEADOS CALIFICADOS QUE FUERON DESPEDIDOS DE SU TRABAJO DEBIDO A LA PANDEMIA DE COVID-19.

DERECHO A REGRESAR AL TRABAJO

Los empleados de determinadas empresas, como hoteles, restaurantes, bares y servicios de construcción, que hayan sido despedidos por motivos relacionados con COVID-19, deben ser notificados de las vacantes de empleo para los mismos puestos o puestos similares a los que ocupaban. Deben ofrecerse los trabajos disponibles, basados en la duración del servicio, antes de que nuevos empleados puedan ser contratados.

CUMPLIMIENTO Y REMEDIOS

Los derechos a regresar son efectivos desde el 16 de abril de 2021 hasta el 31 de diciembre de 2024. Se aconseja a los empleados que deseen regresar que proporcionen inmediatamente a su empleador anterior una dirección postal, correo electrónico y número de teléfono actual para facilitar la notificación de las vacantes de empleo por parte de su empleador. Los empleados despedidos calificados deben responder a los avisos en un plazo de cinco días, preferiblemente por escrito.

- | | |
|--|---|
| <ul style="list-style-type: none"> ● LOS TRABAJADORES CUBIERTOS INCLUYEN EMPLEADOS EN HOTELES O CLUBES PRIVADOS CON 50 O MÁS HABITACIONES, AEROPUERTOS, PROVEEDORES DE SERVICIOS AEROPORTUARIOS Y CENTROS DE EVENTOS. | <ul style="list-style-type: none"> ● ADEMÁS DE LOS TRABAJADORES DE HOTELES, LOS EMPLEADOS DESPEDIDOS QUE PARTICIPAN EN SERVICIOS DE LIMPIEZA, MANTENIMIENTO Y SEGURIDAD EN EDIFICIOS COMERCIALES Y MINORISTAS TIENEN DERECHO A REGRESAR. |
|--|---|

Si se violan los derechos a regresar, los empleados tendrán derecho a daños y perjuicios de \$500 por día de violación y se les concederán daños y perjuicios por cada día de violación hasta que sean restablecidos. Un empleado que sufre represalias ilegales por ejercer los derechos a regresar también podría obtener pago por retribución, paga adelantado, el valor de los beneficios y la reincorporación.



SI CREE QUE HA SIDO OBJETO DE REPRESALIAS EN EL TRABAJO, PRESENTE UN RECLAMO AQUÍ:

[WWW.DIR.CA.GOV/DLSE-DLSE-FORMS/DIR-5-FORM.PDF](https://www.dir.ca.gov/dlse/dlse-forms/DIR-5-FORM.pdf)

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Now Introducing!

DAY RESPITE PROGRAM

FLEX CARE SERVICES

We are excited to announce a new fee-based Flex Care Respite Program that will provide:

- Staff who are trained to provide additional support for care needs
- Greater variety of activities and ability to choose group or independent activities
- Flexible program hours to accommodate personal schedules

**SERVICES OFFERED
MONDAYS, WEDNESDAYS
& FRIDAYS**

For decades, Council on Aging has had the privilege to offer Day Respite Programs which give seniors living with dementia a safe and engaging group space to spend their day, while providing caregivers with much-needed respite time.



**CONTACT US AT
707-525-0143**

30 Kawana Springs Road, Santa Rosa
CA 95404
(707) 525-0143 councilonaging.com

You could soon be eligible for full Medi-Cal benefits!



Starting January 1, 2024, more people will be eligible for full Medi-Cal benefits.

Immigration status doesn't matter.

Full Medi-Cal covers:

- Doctor visits
- Prescribed medications
- Vaccines
- Mental health care
- Substance use care
- Vision care/eyeglasses
- Dental care
- Emergency services
- Referrals to specialists

These services are free. Everyone is welcome to apply. Applying for or using Medi-Cal will not affect your immigration status.

Enroll today online, by phone, or at your local Medi-Cal office. Help is available in multiple languages and through trusted community organizations.

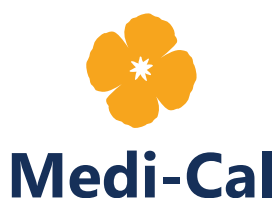
You may soon be eligible if you:

- Live in California
- Are 26 to 49 years old*
- Meet household income eligibility requirements

*Californians under the age of 26 or over 49 are already eligible for full Medi-Cal.



Learn more at
[GetMedi-CalCoverage.dhcs.ca.gov](https://www.dhcs.ca.gov/GetMedi-CalCoverage)



For more information, call:

Aliados Health
707-789-7308
www.aliadoshealth.org/enrollment/



¡Pronto podría ser elegible para recibir todos los beneficios de full Medi-Cal!



A partir del 1 de enero de 2024, más personas serán elegibles para full Medi-Cal.

Sin importar su estatus migratorio.

Full Medi-Cal cubre:

- Citas médicas
- Medicamentos recetados
- Vacunas
- Atención de salud mental
- Atención por consumo de sustancias
- Cuidado de la vista/anteojos
- Cuidado dental
- Servicios de emergencia
- Remisiones a especialistas

Estos servicios son gratuitos. Todos son bienvenidos a solicitar. Solicitar o usar Medi-Cal no afectará su estatus migratorio.

Inscríbase hoy mismo en línea, por teléfono o en su oficina local de Medi-Cal. Hay ayuda disponible en diferentes idiomas y a través de organizaciones comunitarias de confianza.

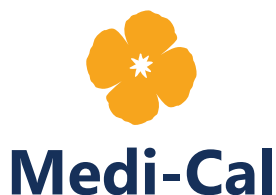
Muy pronto podría ser elegible si:

- Vive en California
- Tiene entre 26 y 49 años*
- Cumple los requisitos de elegibilidad por ingresos del grupo familiar

*Los californianos menores de 26 y mayores de 49 ya son elegibles para full Medi-Cal.



Más información en:
ObtengaMedi-Cal.dhcs.ca.gov



Para obtener más información, llame al:
Aliados Health
(707) 789-7308
www.aliadoshealth.org/enrollment/



Sonoma County Enrollment Sites (March 2023)



We can help you with applications and renewals for Medi-Cal, CMSP, Covered California, and CalFresh (a nutrition assistance program). Our application assistance services are free and confidential.

Location		Telephone
Cloverdale	Alexander Valley Healthcare 6 Tarman Dr. CA 95425	(707) 894-4229
Healdsburg & Windsor	Alliance Medical Center 1381 University Ave. Healdsburg, CA 95448	(707) 433-5494 Ext.: 2044
	Alliance Medical Center 8465 Old Redwood Hwy # 320 Windsor, CA 95448	
Petaluma & Rohnert Park	Petaluma Health Center 1179 North McDowell Blvd. Petaluma, CA 94954	(707) 559-7500
	Rohnert Park Health Center 5900 State Farm Dr. 2 nd floor Rohnert Park, CA 94928	
Santa Rosa	Aliados Health (formerly RCHC) 1450 Guerneville Rd, CA 95407	(707) 565-6583
	Santa Rosa Community Health – Lombardi 751 Lombardi Ct. CA 95407	(707) 547-3030
	Santa Rosa Community Health – Dutton 1300 N Dutton Ave. CA 95407	
	Santa Rosa Community Health – Vista 3569 Round Barn Circle, CA 95407	
Sonoma	Sonoma Valley Community Health Center 19270 Sonoma Hwy. CA 95476	(707) 939-6070
West Sonoma County	Russian River Health Center 16387 First Street Guerneville, CA 95446	(707) 823-3204

Ask to speak with a Certified Enrollment Counselor at the locations listed on your left.

Visit aliadoshealth.org for more information.



Lugares de inscripción en el Condado de Sonoma para beneficios sociales



Podemos ayudarlo con las solicitudes y renovaciones de Medi-Cal, CMSP, Covered California y CalFresh (un programa de asistencia nutricional). Nuestros servicios de asistencia de aplicaciones son gratuitos y confidenciales.

Localidades		Teléfono
Cloverdale	Alexander Valley Healthcare 6 Tarman Dr. CA 95425	(707) 894-4229
Healdsburg & Windsor	Alliance Medical Center 1381 University Ave. Healdsburg, CA 95448	(707) 433-5494 Ext.: 2044
	Alliance Medical Center 8465 Old Redwood Hwy # 320 Windsor, CA 95448	
Petaluma & Rohnert Park	Petaluma Health Center 1179 North McDowell Blvd. Petaluma, CA 94954	(707) 559-7500
	Rohnert Park Health Center 5900 State Farm Dr. 2 nd floor Rohnert Park, CA 94928	
Santa Rosa	Aliados Health (formerly RCHC) 1450 Guerneville Rd, CA 95407	(707) 565-6583
	Santa Rosa Community Health – Lombardi 751 Lombardi Ct. CA 95407	(707) 547-3030
	Santa Rosa Community Health – Dutton 1300 N Dutton Ave. CA 95407	
	Santa Rosa Community Health – Vista 3569 Round Barn Circle, CA 95407	
Sonoma	Sonoma Valley Community Health Center 19270 Sonoma Hwy, CA 95476	(707) 939-6070
West Sonoma County	Russian River Health Center 16387 First Street Guerneville, CA 95446	(707) 823-3204

Pida hablar con un Consejero de Inscripción Certificado en los lugares indicados a su izquierda.

Visite aliadoshealth.org para obtener más información.



Program Eligibility by Federal Poverty Level for 2024

Your financial help and whether you qualify for various Covered California or Medi-Cal programs depends on your income, based on the Federal Poverty Level (FPL).

Household Size	Federal Premium Tax Credit*											
	0%	100%	138%	150%	Silver 94 (100%-150%)	Silver 87 (>150%-200%)	Silver 73 (>200%-250%)	213%	250%	266%	300%	322%
1	\$0	\$14,580	\$20,121	\$21,870	\$29,160	\$31,056	\$36,450	\$38,783	\$43,740	\$46,948	\$58,320	
2	\$0	\$19,720	\$27,214	\$29,580	\$39,440	\$42,004	\$49,300	\$52,456	\$59,160	\$63,499	\$78,880	
3	\$0	\$24,860	\$34,307	\$37,290	\$49,720	\$52,952	\$62,150	\$66,128	\$74,580	\$80,050	\$99,440	
4	\$0	\$30,000	\$41,400	\$45,000	\$60,000	\$63,900	\$75,000	\$79,800	\$90,000	\$96,600	\$120,000	
5	\$0	\$35,140	\$48,494	\$52,710	\$70,280	\$74,849	\$87,850	\$93,473	\$105,420	\$113,151	\$140,560	
6	\$0	\$40,280	\$55,587	\$60,420	\$80,560	\$85,797	\$100,700	\$107,145	\$120,840	\$129,702	\$161,120	
7	\$0	\$45,420	\$62,680	\$68,130	\$90,840	\$96,745	\$113,550	\$120,818	\$136,260	\$146,253	\$181,680	
8	\$0	\$50,560	\$69,773	\$75,840	\$101,120	\$107,693	\$126,400	\$134,490	\$151,680	\$162,804	\$202,240	
add'l, add	\$0	\$5,140	\$7,094	\$7,710	\$10,280	\$10,949	\$12,850	\$13,673	\$15,420	\$16,551	\$20,560	



SEE NOTE BELOW FOR INCOMES IN THIS RANGE

American Indian / Alaska Native (AIAN) Zero Cost Sharing (100%-300%)

Tax credit continues beyond 400%

AIAN Limited Cost Sharing (over 300%)

Medi-Cal for Adults

Medi-Cal for Pregnant Individuals

Medi-Cal Access Program (for Pregnant Individuals)

Medi-Cal for Kids (0-18 Yrs.)

CCHIP (San Francisco, San Mateo, and Santa Clara county residents)

Note: Most consumers up to 138% FPL will be eligible for Medi-Cal. If ineligible for Medi-Cal, consumers may qualify for a Covered California health plan with financial help including: federal premium tax credit, Silver (94, 87, 73) plans and Zero Cost Sharing and Limited Cost Sharing AIAN plans.

Silver 94, 87 and 73 plans have no deductibles, and lower co-pays and out-of-pocket maximum costs.

* Consumers at 400% FPL or higher may receive a federal premium tax credit to lower their premium to a maximum of 8.5 percent of their income based on the second-lowest-cost Silver plan in their area. See the chart on page 2 for more information.

The cost of your Covered California premium is based on your household's Federal Poverty Level percentage and the cost of the plans available where you live.

Percentage of income paid for premiums, based on household FPL <i>Based on second-lowest-cost Silver plan</i>	
Household FPL Percentage	Percent of Income
0-150% FPL	0% household income
150-200% FPL	0-2% household income
200-250% FPL	2-4% household income
250-300% FPL	4-6% household income
300-400% FPL	6-8.5% household income
400+% FPL	8.5% household income



Covered California Programs

The unshaded column headings are associated with eligibility ranges for Covered California programs and financial help:

Covered California uses FPL limits from the previous year to determine eligibility for its programs.

Federal Premium Tax Credit	100%–400%+ FPL
Silver 94	100%–150% FPL
Silver 87	over 150%–200% FPL
Silver 73	over 200%–250% FPL
AIAN Zero Cost Sharing	100%–300% FPL
AIAN Limited Cost Sharing	over 300% FPL



Medi-Cal Programs

The column headings shaded in orange are associated with eligibility ranges for Medi-Cal programs:

Medi-Cal uses FPL limits for the current year, [as calculated by the Department of Health Care Services](#), to determine eligibility for its programs.

Medi-Cal for Adults	up to 138% FPL
Medi-Cal for Children	up to 266% FPL
Medi-Cal for Pregnant Individuals	up to 213% FPL
MCAP (for Pregnant Individuals)	over 213%–322% FPL
CCHIP (for Children in San Mateo, San Francisco, and Santa Clara counties)	over 266%–322% FPL

Open enrollment is here!
You can find *affordable* health
insurance through Covered California.

And we can help!



Your plan's premium will depend on your income and might be as low as \$0 per month.

It's easy! Call our Access Navigators at 707-547-3030
to get help with signing up for a new plan today.



srhealth.info/access



Ya inicio la inscripcion abierta!
Usted puede encontrar una
aseguranza de salud a un *bajo precio* a
través de Covered California.

¡Y nosotros le podemos ayudar!



Su opción de planes dependerá de sus ingresos y podría ser tan bajo como \$0 al mes.

¡Es fácil! Para obtener ayuda con su solicitud para inscribirse a un nuevo plan, **llame a nuestros Navegadores de Acceso al 707-547-3030.**



srhealth.info/access





FULL CIRCLE
— THERAPY COLLECTIVE —

**STOP THE STIGMA.
FREE MENTAL HEALTH SERVICES
AVAILABLE**

**Tuesdays
10:00 am - 2:00pm
Caroline Valenzuela, LCSW**

**873 Second Street , Santa Rosa CA 95404
707-544-1581**

**IT'S OKAY
TO ASK
FOR HELP**



**ROMPAMOS PATRONES
SERVICIOS SEMANANLES GRATUITOS EN
ESPAÑOL DE SALUD MENTAL
DISPONIBLES.**

Jueves

12:00 am - 4:00pm

Christina Zapata, LCSW

**873 Second Street , Santa Rosa CA
95404**

**llámenos para pedir su cita al
707-544-1581**

**PEDIR
AYUDA ES
UN GRAN
PASO**

Stop the stigma.

Free mental health Services available

Thursday

12:00 am - 4:00pm

Christina Zapata, LCSW

(Service available in English and Spanish)

873 Second Street , Santa Rosa CA

95404

707-544-1581

**It is okay
to ask
for help.**

FACE 2 FACE

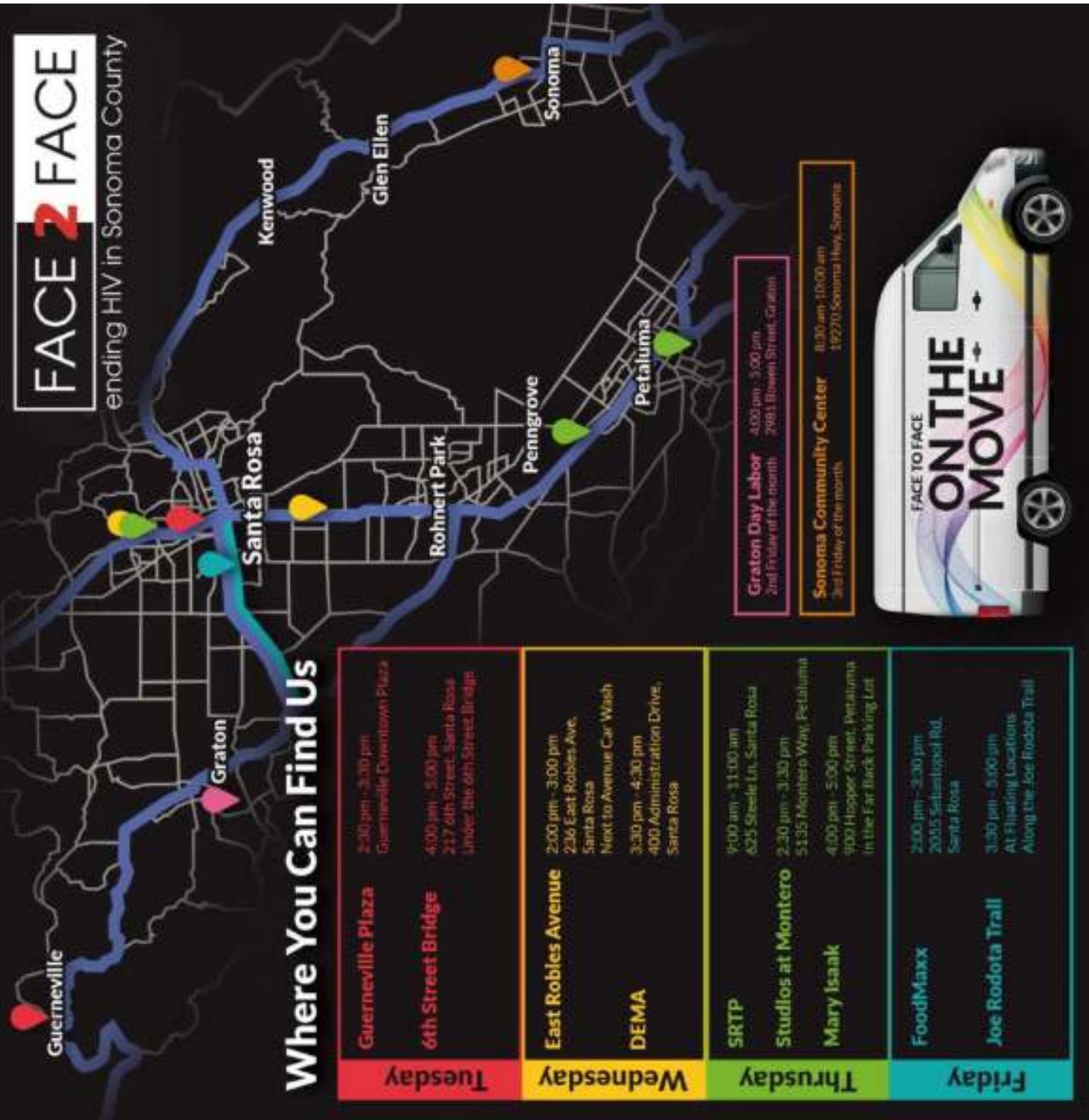
ending HIV in Sonoma County

Where You Can Find Us

Tuesday	<p>Guerneville Plaza 2:30 pm - 3:30 pm Guerneville Downtown Plaza</p> <p>6th Street Bridge 4:00 pm - 5:00 pm 217 6th Street, Santa Rosa Under the 6th Street Bridge</p>
Wednesday	<p>East Robles Avenue 2:00 pm - 3:00 pm 236 East Robles Ave, Santa Rosa Next to Avenue Car Wash</p> <p>DEMA 3:30 pm - 4:30 pm 400 Administration Drive, Santa Rosa</p>
Thursday	<p>S RTP 9:00 am - 11:00 am 625 Steele Ln, Santa Rosa</p> <p>Studios at Montero 2:30 pm - 3:30 pm 5195 Montero Way, Petaluma</p> <p>Mary Isaak 4:00 pm - 5:00 pm 900 Hispanic Street, Petaluma In the Far Back Parking Lot</p>
Friday	<p>FoodMaxx 2:00 pm - 3:00 pm 2055 Sebastopol Rd, Santa Rosa</p> <p>Joe Rodota Trail 3:30 pm - 5:00 pm At Floating Locations Along the Joe Rodota Trail</p>

Graton Day Labor 4:00 pm - 5:00 pm
2nd Friday of the month 2981 Bhowen Street, Graton

Sonoma Community Center 10:30 am - 10:00 am
3rd Friday of the month 19270 Sonoma Hwy, Sonoma





HOW CAN 4Cs HELP YOU?

- **Free/Low Cost Preschool**
 - Locations: Cloverdale, Petaluma, Rohnert Park, Santa Rosa, Sonoma & Windsor
 - Part Day & Full Day Programs
- **Parent Choice Child Care Voucher (Ages 0-13)**
- **Find a Child Care Provider**
- **Community Resources**

Want More Info ?

Tel: (707) 544-3077

Fax: (707) 544-2625

Email: info@sonoma4cs.org

SONOMA4CS.ORG





¿COMO 4CS LE PUEDE AYUDAR?

- **Preescolar Gratuito o Bajo Costo**
 - Localizados; Cloverdale, Petaluma, Rohnert Park, Santa Rosa, Sonoma y Windsor
 - Programas de Medio Día o Tiempo Completo
- **Vale de Cuidado Infantil de Elección (edades 0-13)**
- **Encontrar un Proveedor de Cuidado**
- **Recursos de la Comunidad**

Para Mas Informacion:

Tel: (707) 544-3077

Fax: (707) 544-2625

Email: info@sonoma4cs.org

SONOMA4CS.ORG



Are you currently homeless and looking for housing solutions?

HOMEFIRST

Where Homelessness Ends™

The Sonoma County Coordinated Entry System, operated by HomeFirst, matches people experiencing homelessness who are most in need of assistance to available supportive housing programs.

You can access the system at any of the points below. Just ask for a Coordinated Entry Assessment.

You can access the system through any provider below:

Caritas Drop In Center

301 6th Street (Corner of Morgan & 6th), Santa Rosa
Tues-Wed 1P-4PM, or call for appointment: 707-978-8329
host@srcharities.org

Russian River Health Center

16319 3rd St., Guerneville, CA 95446
Call for an appointment: 707-824-3398

Downtown Streets Team: Serving People of South County

Call for an appointment: 707-806-9066

COTS Mary Isaak Center

900 Hopper Street, Petaluma, CA 94952
Call for an appointment: 707-765-6530 ext. 207

Rohnert Park HOST (Rohnert Park residents only)

Call for an appointment: 707-978-8329
hostrp@srcharities.org

Reach for Home

443 Hudson Street, Healdsburg CA 95448
Call for an appointment: 707-433-6161
info@reachforhome.org

Corazon Healdsburg

16003 Healdsburg Avenue, Healdsburg
Mon-Fri 10AM-5PM (walk-ins available)
Or call for an appointment: 707-615-4567

West County Community Services Sebastopol Outreach

(Sebastopol residents only)
Call for an appointment: 707-888-3804

Homeless Outreach Team, Victim's Services (For victims of crime)

Call for an appointment: 707-565-8260

Social Advocates for Youth (Transition Aged Youth 18-24)

Dream Center, 2447 Summerfield Rd.
Santa Rosa, CA 95405
Call for an appointment: 1-888-729-0012

TLC Children and Family Services

(Transition Aged Youth 18-24 or Transition Aged Youth with children)

821 Mendocino Ave., Santa Rosa, CA 95401
Drop In Thursdays 1-3PM
Or call for an appointment: 707-480-9541

Face 2 Face (HIV services)

873 2nd Street, Santa Rosa, CA 95404
Call for an appointment: 707-544-1581

Nation's Finest (Veterans)

444 10th Street, suite 102, Santa Rosa, CA 95401
Mon-Fri 8AM-5PM or call for an appointment: 1-833-468-9676

Interfaith Shelter Network

Call for an appointment: 707-546-7907, ext. 101

Homeless Action Sonoma, Inc

Call for an appointment: 707-991-0455
hassonomaorg@gmail.com



Having problems getting an assessment?
Contact HomeFirst today!



866.542.5480



ce@homefirstsc.org



Sonoma County Coordinated Entry System

Access Points



Assessment



By-Name-List



Housing Referrals
Prioritized by Need

Participant FAQs about the Sonoma County Coordinated Entry System

1. What is a Coordinated Entry System (CES)?

- Coordinated Entry matches people experiencing homelessness to available housing programs. It prioritizes those who are most in need of assistance.
- Referrals are made only to permanent housing, not shelters.

2. What is a CES Assessment?

- Used to determine eligibility for referrals to homeless permanent housing services.
- Places you on a centralized By-Names-List so you don't have to apply program by program.
- Includes to the Vulnerability Index Survey (VI-SPDAT), a standard assessment tool used to measure a person's vulnerability and housing needs.
- Matches you with housing services that meet your needs when they are available, although an assessment does not guarantee a referral.

3. What is the Sonoma County Coordinated Entry System By-Name-List?

- The By-Name-List is a list of individuals, families, and transitional age youth who are experiencing homelessness prioritized by vulnerability.
- The By-Name-List is a dynamic waiting list and does not guarantee referrals to any particular service or program.
- The most vulnerable, eligible, and most in need will be connected to available housing programs first.
- If you do not accept the housing referral offered to you, you will maintain your placement on the By-Name-List and will be offered the next eligible referral.
- The By-Name-List is stored in the Homeless Management Information System, which is not accessible to the public.

4. I've completed the CES Assessment. What should I do now?

- Keep your contact and location information up to date with an Access Point
- Stay in contact with a CES Access Point, shelter, or outreach team every 90 days to maintain your active status on the By-Name-List and eligibility for housing referrals.
- Update your CES Assessment annually or when a major life event occurs.
- Continue to pursue other housing options, services, and benefits. Many people who are on the list will NOT be offered a housing opportunity or will wait a very long time for a referral. This is currently due to the lack of housing opportunities.

5. What are my rights as a participant in Sonoma County CES?

- The CES, Access Points and Cooperating Agencies must comply with the nondiscrimination provisions of federal civil rights laws, which bar discrimination on the basis of race, color, religion, national origin, sex, actual or perceived sexual orientation or gender identity, disability, familial status, marital status, citizenship (or lack thereof).
- Depending on eligibility, cooperating agencies may refer a participant to a more appropriate agency.
- You have the option for your information to be stored on the By-Names-List anonymously, and it can be removed at any time.

6. How do I submit a complaint or grievance?

- Please contact the Coordinated Entry Operator HomeFirst at: ce@homefirstsc.org or 866-542-5480. HomeFirst does not have a say in housing decisions.

¿Está actualmente sin hogar y necesita una vivienda permanente?



HOMEFIRST

Where Homelessness Ends™

El Sistema de Entrada Coordinada ayuda a las personas sin hogar que más necesitan asistencia con programas de vivienda de apoyo disponibles.

Puede acceder al sistema en cualquiera de los siguientes puntos:

Caritas Drop In Center

301 6th Street (Esquina de Morgan & 6th), Santa Rosa
Martes--Mié 1P-4PM, o con cita previa: 707-978-8329
host@srcharities.org

Russian River Health Center

16319 3rd St., Guerneville, CA 95446
Llame para una cita: 707-824-3398

Downtown Streets Team: Sirviendo a la gente del sur del condado

Llame para una cita: 707-806-9066

COTS Mary Isaak Center

900 Hopper Street, Petaluma, CA 94952
Llame para una cita al: 707-765-6530 ext. 207

Rohnert Park HOST (Rohnert Park residents only)

Llame para una cita: 707-978-8329
hostrp@srcharities.org

Reach for Home

443 Hudson Street, Healdsburg CA 95448
Llame para una cita al: 707-433-6161
info@reachforhome.org

Corazón Healdsburg

16003 Avenida Healdsburg, Healdsburg
Lunes-Viernes 10AM-5PM (No se requiere hacer una cita)
O llame para una cita: 707-615-4567

West County Community Services Sebastopol Outreach

(solo para residentes de Sebastopol)
Llame para una cita: 707-888-3804

Equipo de Alcance para Personas sin Hogar (Servicios para Víctimas)

Llame para una cita: 707-565-8260

Defensores Sociales para jóvenes (18-24)

Dream Center, 2447 Summerfield Rd., Santa Rosa, CA 95405
Llame para una cita 24/7 1-888-729-0012

Servicios para Niños y Familias de TLC (Jóvenes de edad 18-24 or Jóvenes de edad 18-24 con niños)

821 Mendocino Ave., Santa Rosa, CA 95401
Jueves 1-3PM o Llame para una cita 707-480-9541

Cara a Cara (HIV services)

873 2nd Street, Santa Rosa, CA 95404
Llame para una cita: 707-544-1581

Nation's Finest (Veteranos)

444 10th Street, suite 102, Santa Rosa, CA 95401
Lunes-Viernes 8:00am-5:00pm
o llame para una cita: 1-833-468-9676

Interfaith Shelter Network

Llame para una cita: 707-546-7907, ext. 101

Homeless Action Sonoma, Inc

Llame para una cita: 707-991-0455
hassonomaorg@gmail.com



¿Tiene problemas para obtener una evaluación?
Contáctenos HomeFirst hoy!



866.542.5480



ce@homefirstsc.org

Sistema de Entrada Coordinada del Condado de Sonoma

Puntos de acceso



Evaluación



Lista de Nombres



Referencias de vivienda
priorizadas por necesidad

Preguntas más frecuentes sobre el Sistema de Entrada Coordinada del condado Sonoma

1. ¿Qué es un sistema de entrada coordinada (CES)?

- La Entrada Coordinada es un sistema simplificado diseñado para hacer coincidir de manera eficiente a las personas sin hogar con los programas de vivienda disponibles. Da prioridad a los que más necesitan asistencia.
- Las referencias se hacen solo a viviendas permanentes, no a refugios.

2. ¿Qué es una evaluación CES?

- Se utiliza para determinar la elegibilidad para las referencias a servicios de vivienda para personas sin hogar, como vivienda de apoyo permanente y realojamiento rápido.
- Lo coloca en una lista centralizada por nombres para que no tenga que aplicar programa por programa.
- La lista por nombre es una lista de espera dinámica y no garantiza referencias a ningún servicio o programa en particular
- Incluye la Encuesta del Índice de Vulnerabilidad (VI-SPDAT), una herramienta de evaluación estándar que se utiliza para medir la vulnerabilidad y las necesidades de vivienda de una persona.

3. ¿Qué es la Lista de Nombres del Sistema de Entrada Coordinada del Condado de Sonoma?

- La lista de nombres de CES es una lista dinámica de individuos, familias y jóvenes en edad de transición que están experimentando la falta de vivienda priorizada por la vulnerabilidad.
- La lista por nombre es una lista de espera dinámica y no garantiza referencias a ningún servicio o programa en particular
- Los hogares elegibles que son los más vulnerables y los más necesitados se conectarán primero a los programas de vivienda disponibles.
- Si no acepta la referencia de vivienda que se le ofrece, mantendrá su ubicación en la Lista de nombres y se le ofrecerá la próxima referencia elegible.
- La lista de nombres se almacena en el Sistema de Información de Gestión de Personas sin Hogar (HMIS), que no es accesible al público.

4. ¿Cuáles son mis derechos como participante en el CES del Condado de Sonoma?

- El CES, los Puntos de Acceso y las Agencias Cooperantes deben cumplir con las disposiciones de no discriminación de las leyes federales de derechos civiles, que prohíben la discriminación por motivos de raza, color, religión, origen nacional, sexo, orientación sexual o identidad de género real o percibida, discapacidad, estado familiar, estado civil, ciudadanía (o falta de)
- Dependiendo de la elegibilidad, las agencias colaboradoras pueden referir a un participante a una agencia mas apropiada
- Tiene la opción de que su información se almacene en la lista de nombres de forma anónima, y se puede eliminar en cualquier momento.

5. He completado la Evaluación CES. ¿Qué debo hacer ahora?

- Continúe buscando otras opciones de vivienda, servicios y beneficios. A muchas personas que están en la lista NO se les ofrecerá una oportunidad de vivienda o esperarán mucho tiempo para una referencia.
- Mantenga información de contacto y ubicación actualizada con un punto de acceso, que se encuentra en la volante
- Manténgase en contacto con un punto de acceso, refugio o equipo de alcance de CES cada 90 días para mantener su estado activo en la Lista de nombres y la elegibilidad para
- referencias de vivienda. Mantenga actualizada su información de contacto y ubicación. Actualice su evaluación ocurra un evento importante en la vida.

6. ¿Cómo presento una queja?

- Comuníquese con el Operador de Entrada Coordinada al: ce@homefirstsc.org o al 866-542-5480.

GET HELP



for residents experiencing homelessness

If you or someone you know is currently homeless or at-risk of becoming homeless, help is available to assist you.

SCAN

Scan this QR code for a comprehensive list of resources in Santa Rosa.



CALL

For food, vital services, shelter & housing:

- 211 from the 707 area code or text your zip code to 898211
- 707-978-8329 to reach HOST - Catholic Charities' Homeless Outreach Services Team

In the event of a mental health emergency:

- 707-575-4357 to reach the inRESPONSE mental health support team (paramedic, mental health clinician, homeless outreach specialist)

Domestic violence crisis line:

- 707-526-1234 for support, emergency shelter, and childcare

GO TO

Drop-In Center

301 6th St.; Mon.- Fri. 6am-5:30pm* & Sat. 8am-4pm

Showers, laundry, mail, health services, connections to shelter and housing resources.

*Thu. 12-5:30pm - mail collection and restroom access only

The Living Room

1335 N. Dutton Ave; Mon.-Fri. 9am-1:30pm

Day center for women and their children. Breakfast, lunch, classes, support groups, connections to shelter and housing resources.

OBTENER AYUDA



para residentes sin hogar

Si usted o alguien que conoce actualmente no tiene hogar o corre el riesgo de quedarse sin hogar, la ayuda está disponible para asistirle.

ESCANEAR

Escaneear este código QR para obtener una listacompleta de recursos en Santa Rosa.



LLAMAR

Para alimentos, servicios vitales, refugio y vivienda:

- 211 desde un código de área 707 o envíe un mensaje de texto con su código postal al 898211
- 707-978-8329 para llamar a HOST - Equipo de Servicios de Ayuda para Personas Sin Hogar de Caridades Católicas

En caso de emergencia de salud mental:

- 707-575-4357 para ponerse en contacto con el equipo de apoyo a la salud mental inRESPONSE (paramédico, clínico de salud mental, especialista en extensión para personas sin hogar)

Línea de crisis por violencia doméstica:

- 707-526-1234 para apoyo, refugio de emergencia y cuidado de niños

VISITAR

Centro de Recursos

En la calle 301 6th St.; de lunes a viernes, de 6am a 5:30pm*, y los sábados, de 8am a 4pm.

Duchas, lavandería, correo, servicios sanitarios, conexiones con refugios y recursos de vivienda.

*Los Jueves 12-5:30pm - sólo recogida de correo y acceso a los aseos

The Living Room

1335 N. Dutton Ave; Lun.-Vie. 9am-1:30pm

Centro de día para mujeres y sus hijos. Desayuno, almuerzo, clases, grupos de apoyo, conexiones a refugios y recursos de vivienda.



HUMANIDAD
Therapy & Education Services



**FREE therapy for
Individuals living In the
Cloverdale /
Healdsburg area**

**Terapia GRATUITA para
personas que viven en la
área de Cloverdale y
Healdsburg**



**FREE
GRATIS**



**1:1 Therapy
Terapia 1:1**



**In-person and Telehealth
Available
Disponible en persona y telesalud**



**NONPROFIT MULTICULTURAL AGENCY
AGENCIA MULTICULTURAL SIN FINES DE LUCRO**



**EXPIERENCED PROFESSIONALS
PROFESIONALES EXPERIMENTADOS**



**BILINGUAL AND BICULTURAL CLINICIANS
TERAPEUTAS BILINGÜES Y BICULTURALES.**



**CALL FOR MORE INFO / LLAME PARA
MÁS INFORMACIÓN
(707)525-1515 ext. 116**



**HEALTHCARE
FOUNDATION**
NORTHERN SONOMA COUNTY



**KAISER
PERMANENTE.**

Youth Advisory Board



Youth needed! Stipend provided

Topics Covered:

- Discuss how our organization can help youth in the community seek out support
- What are the current gaps preventing youth from reaching out for help
- How to spread awareness around helpful resources

Register here



Requirements

- Aged 12-25
- Must reside in Sonoma County
- Commitment to 10 biweekly meetings



HUMANIDAD
Therapy & Education Services

Never
Sober





THE LIVING ROOM LIFE CENTER

Servicios ofrecidos

Lunes a viernes 9:00 a. m. - 1:30 p. m.

Lo que necesitas, estamos aquí para apoyarte

Servicios:

- Recursos para vivienda, alimentación, atención médica, empleo y transporte.
- Apoyo y tutoría entre pares (mujeres con experiencias de vida similares)
- Laboratorio de Computación
- Recursos para CalFresh, Medical, WIC, EBT
- Recursos de inmigración
- Asistencia legal
- Arte y musicoterapia
- Desayuno continental y almuerzo preparado al momento.
- Clases y grupos de apoyo.
- Servicios de traducción (español/inglés)
- Sala de relevo
- Recursos de cuidado infantil
- ¡y mucho más!



Programas futuros

- **Dental**
- **Autodefensa**
- **Reanudar la construcción**



The Living Room Life Center
Servicio de mujeres y niños
1335 North Dutton
Santa Rosa, CA 95401
www.thelivingroomsc.org
707.579.0138

The Living Room Life Center

HORARIO DE ACTIVIDADES

Día	Tiempo	Nombre	Servicio
Lunes a jueves	Varía	Roes	Apoyo de los compañeros
Lunes	10 a.m.-11 a.m.	Play it Forward	Lunes de Música
Lunes	10-12 a.m.	Verity	Recursos para sobrevivientes de agresión sexual
Lunes, martes, jueves	Varía	Providence	Controles de glucemia y presión arterial
Martes jueves	10:30-11:30	Mujeres por la sobriedad	Grupo de apoyo
Martes	10 a.m.-12 p.m.	diane	Grupo de arte
Martes	12:00-13:30	Luther Burbank Credit Union	Educación financiera
1er miércoles	12:00-13:30	SoCo library	Biblioteca ambulante
Miércoles	10:30-12:00	Roes	Grupo de arte
Miércoles	10 a.m.-12 p.m.	CPI	Clases para padres
1er jueves	12:00-13:30	Legal Aide	Asistencia con asuntos legales civiles.
1er y 3er jueves	11 a. m. a 1 p. m.	Families United Immigration Services	Servicios de inmigración
2do y 4to jueves	10:00-13:30	Catholic Charities	Recursos para CalFresh, Medi-Cal, EBT, WIC, etc.
3er jueves	10 a. m. a 1 p. m.	Ruthless Kindness	Cuidado veterinario
Último jueves del mes	10:30-12:30	4C's	Recursos de cuidado infantil
Viernes	11 a.m.-12:30 p.m.	Redwood Gospel Mission	Duchas Móviles
3er viernes	10:30-12:00	North Bank Credit Union	\$\$ Orientación con Reparación de crédito, ahorro y banca



The Life Center está ubicado en 1335 North Dutton Ave. Servicios para mujeres y niños.



THE LIVING ROOM LIFE CENTER

Services Offered

Monday- Friday 9:00 AM - 1:30PM

Whatever you need, we're here to support you.

Services:

- Resources for housing, food, medical care, employment and transportation
- Peer support and mentoring (women with similar life experiences)
- Computer lab
- Resources for CalFresh, Medical, WIC, EBT
- Immigration resources
- Legal Aide
- Art and music therapy
- Continental breakfast and heat-to-order lunch
- Classes and support groups
- Translating Services (Spanish/English)
- Respite Room
- Childcare resources
- and much more!



Future Programs

- **Dental**
- **Self-Defense**
- **Resume Building**



The Living Room Life Center
Serving Women & Children
1335 North Dutton Ave.
Santa Rosa, CA 95401
www.thelivingroomsc.org
707.579.0138

The Living Room Life Center
SCHEDULE OF ACTIVITES

Day	Time	Name	Service
Monday-Thursday	Varies	Roes	Peer Support
Monday	10am-11am	Play It Forward	Music Mondays
Monday	10-12am	Verity	Resources for survivors of sexual assault
Monday, Tuesday, & Thursday	Varies	Providence	Glucose & Blood Pressure Checks
Tuesday & Thursday	10:30am-11:30am	Women for Sobriety	Support Group
Tuesday	10am-12pm	Diane	Art Group
Tuesday	12pm-1:30pm	Luther Burbank Credit Union	Financial Literacy
1st Wednesday	12pm-1:30PM	SoCo Library	Bibliobus
Wednesday	10:30am-12:00pm	Roes	Art Group
Wednesday	10am-12pm	CPI	Parenting classes
1st Thursday	12pm-1:30pm	Legal Aide	Assistance with civil legal issues
1st & 3rd Thursday	11am-1pm	Families United Immigration Services	Immigration Services
2nd & 4th Thursday	10am-1:30pm	Catholic Charities	Resources for CalFresh, Medi-Cal, EBT, WIC, Etc.
3rd Thursday	10am-1pm	Ruthless Kindness	Veterinary Care
Last Thursday of the month	10:30am-12:30pm	4C's	Childcare Resources
Friday	11am-12:30PM	Redwood Gospel Mission	Mobile Showers
3rd Friday	10:30am-12pm	North Bay Credit Union	\$\$\$ Guidance with Credit repair, savings and banking



The Life Center is located at 1335 North Dutton Ave. Services for women and children.

Residential Treatment for Adolescents with Mental Health & Substance Use Issues



Accredited by
The Joint Commission



- 16 treatment facilities throughout California specializing in boys and girls, 12-17, with mental health & substance use issues
- Intensive weekly Family Support Groups
- Accredited by The Joint Commission, certified by DHCS, licensed by DSS, verified by Psychology Today, A+ Better Business rating
- Separate treatment & accommodations for boys & girls
- Full-time adolescent psychiatrists & registered nursing staff
- WASC-accredited academic learning programs to keep up with school work back home

In-network
with:

aetna

Anthem 

 Cigna

 Halcyon
Behavioral

 KAISER
PERMANENTE

Magellan
HEALTH

MHN

Optum

Please note: We Do Not Accept Medi-Cal or Medicaid.

Call 888-874-1639 or visit MuirWoodTeen.com/pj



FOOD DISTRIBUTIONS – NORTH SONOMA COUNTY –

If you or anyone you know is in need of food, please come to one of our food distributions. The ones listed below are regular locations in North Sonoma County; however, we have 300+ locations where you can get free food.

Please call (707) 523-7903 or visit getfood.refb.org to find a site near you.

All food is free and all are welcome.

CLOVERDALE LOCATIONS & TIMES:

Cloverdale Citrus Fair

1 Citrus Fair Drive, Cloverdale
Groceries to Go & Senior Basket
Every Monday
4:00 pm - 5:00 pm

Cloverdale Rancheria

555 S Cloverdale Blvd #1, Cloverdale
Groceries to Go & Senior Basket
1st & 3rd Friday of the month
10:00 am - 11:00 am

St. Peter's Church

491 S. Franklin Street, Cloverdale
Groceries to Go & Senior Basket
2nd & 4th Thursday of the month
10:00 am - 11:00 am

WINDSOR LOCATIONS & TIMES:

Shiloh Neighborhood Church

5901 Old Redwood Hwy, Santa Rosa
Groceries to Go & Senior Basket
Every Wednesday
1:30 pm - 2:30 pm

Windsor Senior Center

9231 Foxwood Drive, Windsor
Groceries to Go & Senior Basket
1st & 3rd Friday of the month
10:00 am - 11:00 am

Cali Calmecac Language Academy

9491 Starr Road, Windsor
Groceries to Go & Senior Basket
Every Wednesday
10:00 am - 11:00 am

HEALDSBURG LOCATIONS & TIMES:

Corazon Healdsburg

1557 Healdsburg Avenue, Healdsburg
Groceries to Go & Senior Basket
Every Tuesday
9:30 am - 10:30 am

Healdsburg Senior Center

133 Matheson Street, Healdsburg
Groceries to Go & Senior Basket
1st & 3rd Wednesday
9:15 am - 10:00 am

Healdsburg City Hall

401 Grove Street, Healdsburg
Groceries to Go & Senior Basket
Every Monday
4:30 pm - 5:30 pm

Trinity Baptist Church

515 Powell Avenue, Healdsburg
Groceries to Go & Senior Basket
1st & 3rd Saturday of the month
8:00 am - 9:30 am

GEYSERVILLE LOCATIONS & TIMES:

Geyserville School

21485 Geyserville Avenue, Geyserville
Groceries to Go & Senior Basket
1st & 3rd Wednesday of the month
4:00 pm - 5:00 pm

Get Help Paying for Groceries:

Apply for CalFresh benefits today. Call our Food Connections team at (707) 523-7903.

THE REDWOOD EMPIRE FOOD BANK IS AN EQUAL OPPORTUNITY PROVIDER.



DISTRIBUCIONES DE COMIDA – NORTE DEL CONDADO DE SONOMA –

Si usted o alguien que conoce necesita comida, visite a una de nuestras distribuciones de comida. Los sitios a continuación son ubicaciones consistentes, sin embargo, tenemos más de 300 sitios de distribución en los condados de Sonoma, Mendocino, Lake, Humboldt y Del Norte. Llame al (707) 523-7903 o visite getfood.refb.org para encontrar más ubicaciones de distribución de alimentos. Toda la comida es gratis y todos son bienvenidos.

CLOVERDALE LUGAR Y HORA:

Cloverdale Citrus Fair

1 Citrus Fair Drive, Cloverdale
Groceries to Go y Senior Basket
Cada lunes
4:00 pm - 5:00 pm

Cloverdale Rancheria

555 S Cloverdale Blvd #1, Cloverdale
Groceries to Go & Senior Basket
1er y 3er viernes del mes
11:00 am - 12:00 pm

St. Peter's Church

491 S. Franklin Street, Cloverdale
Groceries to Go y Senior Basket
2do y 4to jueves del mes
10:00 am - 11:00 am

WINDSOR LUGAR Y HORA:

Shiloh Neighborhood Church

5901 Old Redwood Hwy, Santa Rosa
Groceries to Go y Senior Basket
Cada Miercoles
1:30 pm - 2:30 pm

Windsor Senior Center

9231 Foxwood Drive, Windsor
Groceries to Go y Senior Basket
1er y 3er viernes del mes
10:00 am - 11:00 am

Cali Calmecac Language Academy

9491 Starr Road, Windsor
Groceries to Go y Senior Basket
Cada miercoles
10:00 am - 11:00 am

HEALDSBURG LUGAR Y HORA:

Corazon Healdsburg

1557 Healdsburg Avenue, Healdsburg
Groceries to Go y Senior Basket
Cada martes
9:30 am - 10:30 am

Healdsburg Senior Center

133 Matheson Street, Healdsburg
Groceries to Go y Senior Basket
1er y 3er miercoles del mes
9:15 am - 10:00 am

Healdsburg City Hall

401 Grove Street, Healdsburg
Groceries to Go & Senior Basket
Cada lunes
4:30 pm - 5:30 pm

Trinity Baptist Church

515 Powell Avenue, Healdsburg
Groceries to Go 1er y 3er sabado del mes
Senior Basket 3er sabado del mes
8:00 am - 9:30 am

GEYSERVILLE LUGAR Y HORA:

Geyserville School

21485 Geyserville Avenue, Geyserville
Groceries to Go y Senior Basket
1er y 3er miercloes del mes
4:00 pm - 5:00 pm

Obtenga ayuda para pagar la comida:

Solicite los beneficios de CalFresh hoy.
Llame a nuestro equipo de Food Connections al
(707) 523-7903

REDWOOD EMPIRE FOOD BANK ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES.

EDITADO JULIO 2023 | VISITE GETFOOD.REFB.ORG PARA INFORMACION O LLAME (707) 523-7903



A New Summer Food Program Coming in 2024

Learn how SUN Bucks can help you!

SUN Bucks, also known as **Summer EBT (S-EBT)**, is a new program to help families buy food for their school-aged children during the summer. Families will get \$120 for each eligible child to buy groceries during the summer. Families must use SUN Bucks within 122 days of funds being loaded to their card. Children who get **SUN Bucks** can still participate in other summer meal programs. **SUN Bucks** will not affect immigration status.



Will my child get SUN Bucks?

Your child will automatically get **SUN Bucks** if:

- They are age 6 - 18 years and get CalFresh, CalWORKs, or Medi-Cal; OR
- They are age 0 - 22 years, attending schools that are part of National School Lunch and/or School Breakfast Programs, **AND** are approved for free or reduced price meals. Check with your child's school to make sure your free or reduced-price meal application or Alternative Income Form is on file.

Children who are attending Head Start, experiencing homelessness, living in foster care or part of a migrant family are also automatically eligible.

How do SUN Bucks work?

Eligible families will get **SUN Bucks** on an S-EBT card mailed to their home. You do not need to fill out an application. You will get one new **SUN Bucks** card for each eligible child. You can use **SUN Bucks** just like a debit card to buy food like fruits, vegetables, meat, whole grains, and dairy at grocery stores, farmers markets, and other places that accept CalFresh EBT benefits.

Have You Moved?

Make sure your mailing address is current, so your **SUN Bucks** are sent to the right place! Update your address by April 1, 2024.

- If you get CalWORKs, CalFresh, or Medi-Cal, change your address online at [BenefitsCal.com](https://www.benefitscal.com), or call or visit your local county office.
- If you qualify for free or reduced-price meals, change your address at your child's school of attendance. Not sure? Check with your child's school.





FOOD DISTRIBUTIONS – SONOMA COUNTY –

If you or anyone you know is in need of food, please come to one of our food distributions. The ones listed below are consistent locations, however we have over 300 distribution sites throughout Sonoma, Mendocino, Lake, Humboldt and Del Norte Counties. Please call (707) 523-7903 or visit getfood.refb.org to find more food distribution locations. All food is free and all are welcome.

HEALDSBURG LOCATION & TIME:

CORAZON HEALDSBURG

1557 Healdsburg Avenue, Healdsburg
Every Tuesday
9:30 am - 10:30 am

MONTE RIO LOCATION & TIME:

MONTE RIO COMMUNITY CENTER

20488 CA-116, Monte Rio
Every Wednesday
3:00 pm - 4:00 pm

PETALUMA LOCATIONS & TIMES:

NEW LIFE CHRISTIAN FELLOWSHIP

1310 Clegg Street, Petaluma
Every Tuesday
10:00 am - 11:00 am &
Every Thursday
3:00 pm - 4:00 pm

PETALUMA FAIRGROUNDS

175 Fairgrounds Drive, Petaluma
Every Friday
9:00 am - 10:00 am

ROHNERT PARK LOCATION & TIME:

PETALUMA HEALTH CENTER

5900 State Farm Drive Rohnert Park
Every Monday
8:45 am - 9:45 am

ST. ELIZABETH SETON CHURCH

4595 Snyder Lane, Rohnert Park
Every Wednesday
4:00 pm - 5:00 pm

ROHNERT PARK COMMUNITY CENTER

5401 Snyder Lane, Rohnert Park
2nd & 4th Saturday of the month
9:00 am - 10:30 am

SEBASTOPOL LOCATION & TIME:

ST. SEBASTIAN'S CHURCH

7983 Covert Lane Sebastopol
Every Thursday
4:00 pm - 5:00 pm

SONOMA VALLEY LOCATION & TIME:

ST. LEO'S CHURCH

601 W. Agua Caliente Road
Every Tuesday
8:30 am - 9:30 am

Altimira Middle School

17805 Arnold Drive, Sonoma
Every Tuesday
5:00 pm - 6:00 pm

SANTA ROSA LOCATIONS & TIMES:

BAYSIDE SANTA ROSA

3175 Sebastopol Road, Santa Rosa
Every Monday
8:00 am - 9:00 am
2nd & 4th Saturday of the month
8:00 am - 9:00 am

SHILOH NEIGHBORHOOD CHURCH

5901 Old Redwood Highway, Santa Rosa
Every Wednesday
1:30 pm - 2:30 pm

SANTA ROSA VETS MEMORIAL BUILDING

1351 Maple Avenue, Santa Rosa
Every Thursday
8:30 am - 10:00 am & 3:30 pm - 5:00 pm

Get help paying for groceries!

Apply for CalFresh benefits today. Call our Food Connections team at (707) 523-7903

THE REDWOOD EMPIRE FOOD BANK IS AN EQUAL OPPORTUNITY PROVIDER.



DISTRIBUCIONES DE COMIDA – SONOMA COUNTY –

Si usted o alguien que conoce necesita comida, visite a una de nuestras distribuciones de comida. Los sitios a continuación son ubicaciones consistentes, sin embargo, tenemos más de 300 sitios de distribución en los condados de Sonoma, Mendocino, Lake, Humboldt y Del Norte. Llame al (707) 523-7903 o visite getfood.refb.org para encontrar más ubicaciones de distribución de alimentos. Toda la comida es gratis y todos son bienvenidos.

HEALDSBURG LUGAR Y HORA:

CORAZON HEALDSBURG

1557 Healdsburg Avenue, Healdsburg
Cada martes
9:30 am - 10:30 am

MONTE RIO LUGAR Y HORA:

MONTE RIO COMMUNITY CENTER

20488 CA-116, Monte Rio
Cada miércoles
3:00 pm - 4:00 pm

PETALUMA LUGAR Y HORA:

NEW LIFE CHRISTIAN FELLOWSHIP

1310 Clegg Street, Petaluma
Cada martes
10:00 am - 11:00 am y
Cada jueves
3:00 pm - 4:00 pm

PETALUMA FAIRGROUNDS

175 Fairgrounds Drive, Petaluma
Cada viernes
9:00 am - 10:00 am

ROHNERT PARK LUGAR Y HORA:

PETALUMA HEALTH CENTER

5900 State Farm Drive Rohnert Park
Cada lunes
8:45 am - 9:45 am

ST. ELIZABETH SETON CHURCH

4595 Snyder Lane, Rohnert Park
Cada miércoles
4:00 pm - 5:00 pm

Rohnert Park Community Center

5401 Snyder Lane, Rohnert Park
2do miércoles del mes
9:00 am - 10:30 am

SEBASTOPOL LUGAR Y HORA:

ST. SEBASTIAN'S CHURCH

7983 Covert Lane Sebastopol
Cada jueves
4:00 pm - 5:00 pm

SONOMA VALLEY LUGAR Y HORA:

ST. LEO'S CHURCH

601 W. Agua Caliente Road
Cada martes
8:30 am - 9:30 am

Altimira Middle School

17805 Arnold Drive, Sonoma
Cada martes
5:00 pm - 6:00 pm

SANTA ROSA LUGAR Y HORA:

BAYSIDE SANTA ROSA

3175 Sebastopol Road, Santa Rosa
Cada lunes
8:00 am - 9:00 am
2do y 4to sábado del mes
8:00 am - 9:00 am

SHILOH NEIGHBORHOOD CHURCH

5901 Old Redwood Highway, Santa Rosa
Cada miércoles
1:30 pm - 2:30 pm

SANTA ROSA VETS MEMORIAL BUILDING

1351 Maple Avenue, Santa Rosa
Cada jueves
8:30 am - 10:00 am y 3:30 pm - 5:00 pm

Obtenga ayuda para comprar alimentos!

Aplique para beneficios de CalFresh hoy.
Llame nuestro equipo Food Connections al
(707) 523-7903

REDWOOD EMPIRE FOOD BANK ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES.



What do you need to be healthy?



The Health Department wants to hear from you! Scan the QR code to get the link, or go to bit.ly/MCAHCM to take a survey and tell us your opinion on what you and our community need to be healthy!

You can be entered into a raffle to win a \$50 Visa Gift Card!

The survey will take about 10 minutes to complete. You do not need to tell us your name to complete the survey.



Images from left to right by: iStock Photo, iStock Photo, iStock Photo, iStock Photo, iStock Photo

Please call 707-565-3322 with any questions!



¿Qué necesita para estar sano/a?



¡El Departamento de Salud quiere saber de usted! Escanee el código QR para obtener el enlace o vaya a <https://bit.ly/MCAHCMSP> para realizar una encuesta y contarnos su opinión sobre lo que usted y nuestra comunidad necesitan para estar saludables.

¡Puede participar en una rifa para ganar una tarjeta de regalo Visa de \$50!

La encuesta tardará unos 10 minutos en completarse. No es necesario que nos diga su nombre para completar la encuesta.



Imagenes de izquierda a derecha por: iStock Photo, iStock Photo, iStock Photo, iStock Photo, iStock Photo

¡llámame al 707-565-3322 si tiene alguna pregunta!



DO YOU NEED HELP WITH APPLYING FOR MEDI-CAL OR COVERED CALIFORNIA?

Sonoma County Indian Health Project, has two Certified Medi-Cal Eligibility Counselors on site to assist SCIHP Clients with the application and eligibility process.

SERVICES OFFERED

- Explain the health insurance selection and enrollment process.
- Help you apply for or renew your health insurance.
- Documents needed.
- How to add a new member

EXPERT TEAM

- Certified Enrollment Counselors
- Experienced Support Staff
- Comprehensive Consultation
- Assistance with Questions



WHAT IS MEDI-CAL?

Medi-Cal is California's version of the Federal Medicaid program. Medi-Cal offers no-cost and low-cost health coverage to eligible people who live in California



PATIENT REGISTRATION & SERVICES

All new patients meet with the Patient Services Specialist to determine eligibility and discuss SCIHP services. Our team can assist patients to review coverage options.



GENERAL INFORMATION

If you have not been seen by a SCIHP provider within three (3) years, you will be required to re-register. We require a patient registration form be updated annually.

TO MAKE AN APPOINTMENT PLEASE CALL
 LUIS AT (707)-521-4582 OR SELENA AT (707)-521-4532.
 OFFICE HOURS: MONDAY-FRIDAY 8AM-5PM
 WALK-IN'S WELCOME!

Foundations of Mental Health

High School Curriculum

Eight-lesson introduction to mental health for students

Foundations of Mental Health

- provides psycho-education and instruction about mental wellness and mental health conditions
- de-stigmatizes mental health topics and help-seeking behaviors
- helps students understand how to access appropriate mental health support for themselves and others

These lessons meet requirements of CA SB224 and CA Educational Code 51925 for health classes at the secondary level. The curriculum was developed with guidance from On The Margins, Sonoma County youth and educators, and over 30 youth-serving community agencies.

Available now

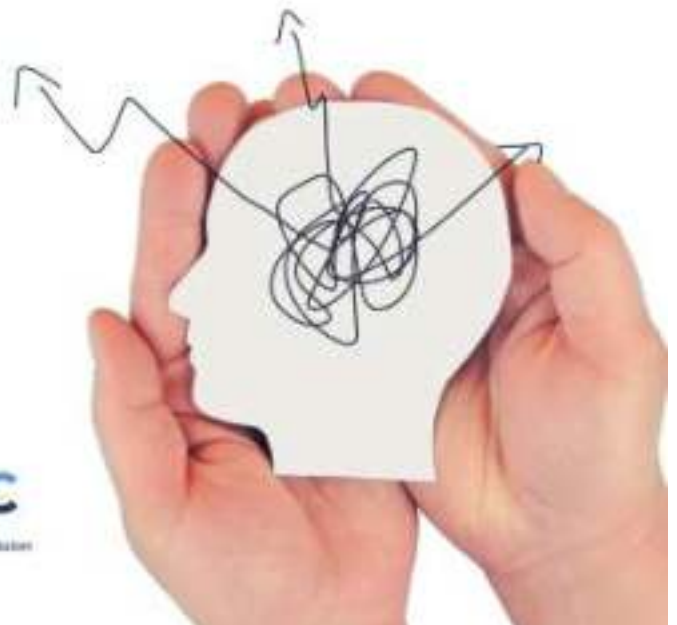
Free for high school educators!
Scan the QR code or visit scoe.org/FMH

Learn more

Mary Champion, mchampion@scoe.org
Rebekah Pope, rpope@scoe.org



Scan QR code above or
visit scoe.org/FMH



SHARE

SONOMA COUNTY

Shared Housing and Resource Exchange

SHARE Sonoma County is offering a **Home Sharing Program** to provide affordable housing and to help seniors “**age in place**”. **SHARE (Shared Housing And Resource Exchange)** facilitates secure home shares for homeowners and renters who are currently stressed financially, experiencing life transitions, looking for companionship, or needing basic assistance (service exchange) to help them thrive and remain safely at home.

HOME PROVIDER + **SEEKER** = **HOME SHARING**
HOMEOWNER/RENTER TENANT COMMUNITY

SHARE Home Shares are living arrangements between two or more unrelated people, one of whom is 60 years of age or older, who agree to share a home or apartment for their mutual benefit. Each person has their own bedroom and possibly bathroom, while sharing common living areas.

Home Sharing benefits include:

- Generate additional income
- Companionship
- Security of not living alone
- Remain home and “age in place”
- Help with basic assistance
- Peace of mind for you and your family
- Homelessness protection
- Ongoing collaborative support services

SHARE is now accepting applications to screen, identify, and match potential Home Sharers.

For more information about the **SHARE Sonoma County Home Sharing Program**, please contact:

Phone: (707) 766-8800 · Fax: (707) 766-8899

Email: info@sharesonomacounty.org

Website: www.sharesonomacounty.org

By appointment only

SHARE Sonoma County
411 Russell Avenue
Santa Rosa, CA 95403

IT'S ALL ABOUT PROVIDING AFFORDABLE HOUSING



DO YOU...
**SMOKE
OR
VAPE?**

Do live with
someone
who does?

Get connected.
Get help.



DIAL 2-1-1
GET
**FOR HELP TO QUIT &
\$20 GIFT CARD.**

KICK/T
Confidential

2-1-1

USTED...
**¿FUMA
O
VAPEA?**

¿O vive con
alguien que
lo haga?

Contáctenos.
Obtenga ayuda.



MARQUE EL 2-1-1
GRATUITA
**PARA RECIBIR AYUDA
PARA DEJARLO Y UNA TARJETA
DE REGALO DE \$20.**

KICK/T
Confidential

2-1-1

ONLINE
CHAT NOW
AVAILABLE!



WE CAN HELP



707-565-4636
www.socoadrh.org

SONOMA COUNTY
aging + disability
RESOURCE
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EN LÍNEA
AHORA
DISPONIBLE!



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SONOMA COUNTY
CENTRO
de RECURSOS
de envejecimiento
+ discapacidades

VEN A JUGAR!
ABIERTO DIARIO PARA
NATACIÓN RECREATIVA

COME PLAY!
OPEN DAILY
FOR REC SWIM



WWW.SONOMASPLASH.ORG
707-933-4015



ASISTENCIA FINANCIERA

FÁCIL DE CALIFICAR.

Sonoma Splash ofrece asistencia financiera para nuestros programas de lecciones de natación, campamentos de natación, waterpalo y Splashball a familias que califiquen. Para calificar para asistencia financiera debe ser residente de Sonoma Valley, completar la Solicitud de asistencia financiera usando el código QR a continuación y proporcionar documentación de su participación en una de los siguientes programas:

SNAP/CalFresh Tarjeta de beneficios de Medi-Cal, Vivienda de la Sección 8, Coalición para personas sin hogar, CalWorks, recibo de sueldo que muestre un ingreso mensual bruto inferior al 200 % de las pautas federales de pobreza de 2024 (Hawái)



SWIM TEAM

Our club is a USA Swimming year round competitive swim team offering high quality professional coaching and technique instruction for all ages and abilities.

Contact Coach Hannah at hannahm@sonomasplash.com to set up an assessment.



EQUIPO DE NATACIÓN

Nuestro club es un equipo de natación competitivo durante todo el año de USA Swimming que ofrece entrenamiento profesional e instrucción técnica de alta calidad para todas las edades y habilidades.

Comuníquese con la entrenadora Hannah en hannahm@sonomasplash.com para programar una evaluación.

FINANCIAL ASSISTANCE

EASY TO QUALIFY.

Sonoma Splash offers Financial Assistance for our Swim Lessons, Swim Camps, Water Polo, and Splashball programs to qualifying families. To qualify for financial assistance you must be a resident of Sonoma Valley, complete the Financial Assistance Request using the QR code below and provide documentation of your participation in one of the following programs:

SNAP/CalFresh Medi-Cal Benefit Card, Section 8 Housing, Homeless Coalition, CalWorks, Paystub showing Gross Monthly Income below 200% of 2024 Federal Poverty Guidelines (Hawái)



6TH TO 12TH GRADE LEARN TO SWIM

Drop-in swim lessons for students in Sonoma Valley grades 6-12. Beginner to intermediate levels welcome!

Teens that attend at least five lessons will earn a pass to the Sonoma Valley High School Aquatic Center for the rest of the summer!

BOLA DE SALPICADURA & POLO ACUÁTICO

A partir de los 5 años, los niños aprenden las habilidades y las reglas del juego de waterpalo en nuestra piscina cálida y poco profunda.

Los mayores de 12 años aprenden el juego competitivo del waterpalo en nuestra piscina de competición. Se requiere inscripción previa.



SWIM LESSONS

Year round swim lessons in our 90 degree pool

Ages 3months and up
Group and private lessons are available

All lessons are 30 mins
Prior registration is required

6 a 12 GRADO APRENDE A NADAR

Lecciones de natación sin cita previa para estudiantes de los grados 6-12 del Valle de Sonoma. ¡Bienvenidos niveles principiante a intermedio!

¡Los adolescentes que asistan al menos a cinco lecciones obtendrán un pase para el Centro Acuático de Sonoma Valley High School por el resto del verano!

SPLASHBALL & WATER POLO

Starting at age 5 kids learn the skill and rules of the game of water polo in our shallow warm pool

Those 12 and up learn the competitive game of water polo in our competition pool.

Prior registration is required.

CLASES DE NATACIÓN

Clases de natación durante todo el año en nuestra piscina de 90 grados.

Edades de 3 meses en adelante

Clases grupales y privadas están disponibles.

Todas las lecciones son de 30 minutos.
Se requiere inscripción previa

SWIM CAMPS

Our weekly themed camps are filled to the brim with crafts, games, outdoor activities, and swimming! Your child will can have a summer filled with a wide range of experiences from being a mermaid or scientist, to practicing surfing, to just having plain 'ol fun in the pool!

CAMPAMENTOS DE NATACIÓN

¡Nuestros campamentos temáticos semanales están repletos de manualidades, juegos, actividades al aire libre y natación!

¡Su hijo podrá tener un verano lleno de una amplia gama de experiencias, desde ser sirena o científico hasta practicar surf o simplemente divertirse en la piscina!





BECOME A CALIFORNIA STATE CERTIFIED RAPE CRISIS COUNSELOR

Verity, Sonoma County's Sexual Assault Intervention, Prevention & Healing Center, is accepting applicants for our upcoming Crisis Line Counselor training, starting on April 30th, 2024.

SCAN THE QR CODE TO APPLY TODAY!



"I am proud to be a part of an organization that aims to assist survivors gain access to resources, help them regain their power, and support their choices."

-Helen, Verity Volunteer

WHAT DOES A VERITY CRISIS LINE COUNSELOR DO?

Crisis Line Counselors assist with a wide range of issues, including:

- Answering hotline calls from survivors of sexual violence, providing trauma-informed emotional support and validation of their experiences.
- Helping survivors determine their safety and medical needs.
- Providing survivors with information about law enforcement and medical issues involved in reporting sexual assault.
- Assisting survivors to explore their options and to support their decisions.
- Accompanying survivors and advocating for them when dealing with courts, medical care, or law enforcement.
- Offering information and referrals.

The primary role of a Verity Crisis Line Counselor is to provide compassionate and trauma-informed support to all survivors of sexual violence and their loved ones.

Human trafficking is a Sonoma County reality.

If you or someone you know is being forced to engage in any activity and cannot leave -- whether it is commercial sex, housework, farm work, construction, factory, retail, or restaurant work, or any other activity -- call the **National Human Trafficking Resource Center** at

1-888-373-7888

or the **California Coalition to Abolish Slavery and Trafficking (CAST)** at **1-888-539-2373** or text **BEFREE (233-733)** to access help and services.

You can also call our local hotline at **(707) 545-7273**.



Victims of slavery and human trafficking are protected under United States and California law. The hotlines are:

- Available 24 hours a day, 7 days a week.
- Toll-free.
- Operated by nonprofit, nongovernmental organizations.
- Anonymous and confidential.
- Accessible in more than 160 languages.
- Able to provide help, referrals to services, training, and general information.

Verity.

Compassion. Safety. Support.

For more information, confidential support, and resources go to **ourverity.org**



Whole Person Care in Sonoma County

Enhanced Care Management & Outpatient Services

Who is eligible for Whole Person Care?

- Individuals experiencing homelessness who have at least one complex physical, behavioral, or developmental health need
- Individuals who are considered high utilizers of care, including those who have had 5+ emergency department visits or 3+ unplanned hospital or short-term skilled nursing facility stays in the last 6 months, or those who have been identified by their health plan as having a pattern of high utilization that could have been avoided
- Individuals with moderate to serious mental illness or substance use disorder who are experiencing at least one complex social factor and meet additional criteria
- Must have Medi-Cal or be Medi-Cal eligible

Enhanced Care Management includes outreach, support in goal setting, and referrals in the areas of:

- Behavioral Health
- Physical Health
- Finances
- Housing Resources
- Social Supports

Outpatient Services include mental health treatment & case management



To make a referral to Whole Person Care, please complete a referral form and signed release of information and send to:

DHS-WPC-Referrals@sonoma-county.org

Where healing begins with a conversation.

A Place to Start

Domestic Violence & Trauma Support Groups

Offered in English and Spanish

**Available in-person and Zoom • 8 Week Series
Monday - Thursday & Saturday • Times vary**

Donde la sanación comienza con una conversación.

Un lugar donde empezar

Grupos de Apoyo para la Violencia Doméstica y el Trauma

Se ofrecen en Inglés ó Español

**Disponibile en persona y Zoom • Series de 8 Semanas
Lunes - Jueves & Sábado • Los horarios varían**



ywca
sonoma county

a brand new day...

Sonoma County's only domestic violence service provider.

DV Services

*Supporting families impacted
by domestic violence.*

Confidential Safe House

24/7 Crisis Hotline

(707) 546-1234

Advocacy



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sonoma county

a brand new day...

Where healing begins with a conversation.

Counseling Support Services

(707) 303-8411

Individual

Support groups

Onsite preschool therapy