



Together, we're building a stronger, more compassionate future for those in need.

Dear Friends,

I'm pleased to announce Buckelew Programs is expanding our services and enhancing our outreach in the community!

From moving to a larger office space in Sonoma County to building out our current teams in Marin and Napa, Buckelew's growing footprint will enhance our ability to support individuals through every unique step of their recovery journey — from crisis intervention to recovery and ongoing resilience, and everything in between.

This past year, we made significant infrastructure improvements required to accommodate the state's CalAIM payment reform. These investments and operational upgrades will strengthen our financial foundation and benefit our clients. With a strong strategic plan in place and important collaborative partnerships, we're set to embrace new opportunities and meet the increasing demand for mental health and substance use services.

Raising awareness remains a top priority, and we're engaging the community through regular Buckelew Community Salons and numerous educational and training events to ensure that more people understand the full scope of what we offer. This is how we grow — one connection at a time — joining together for a common cause.

Our work thrives on collaboration. I am deeply grateful for the incredible staff, volunteers, board members, donors and partners who support Buckelew's mission in their own individual ways. This Impact Report highlights the power of our community in action.

Keep reading to learn about the Gallaher family's commitment to making a measurable difference for women experiencing addiction, and volunteers like Jacob, who turned his bicycle into a tool for raising awareness and funds for suicide prevention. These stories — alongside our dedicated and compassionate staff— keep me inspired every day.

With gratitude,

Chris Kughn, LMFT

CHIEF EXECUTIVE OFFICER

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Who We Are

Founded in 1970, Buckelew Programs is the North Bay's largest and most comprehensive nonprofit provider of mental health and substance use services.

We provide direct support to over 3,000 individuals annually across Marin, Sonoma and Napa counties through our five core areas of service: Counseling, Recovery and Substance Use Treatment, Service Navigation, Supported Housing and Suicide Prevention.

Additionally, Buckelew's Suicide Prevention Call Center, part of the 988 network, responds to over 21,000 calls from Marin, Sonoma, Lake and Mendocino counties. Buckelew's outreach teams connect with tens of thousands more in the North Bay through education, awareness and training activities.



Our Mission

To promote recovery, resilience and hope by providing behavioral health and support services that enhance quality of life.

Our Programs

Marin, Sonoma, Napa, Mendocino and Lake counties

Counseling

Individual, group, youth, couples and family counseling

Recovery / Substance Use Treatment

- Athena House Recovery Center
- Buckelew Orenda Center
- Helen Vine Marin Recovery Homes Program
- Helen Vine Recovery Center
- Hope Village Sober Living Community
- Joseph Court Recovery Center (Coming 2026)

Service Navigation

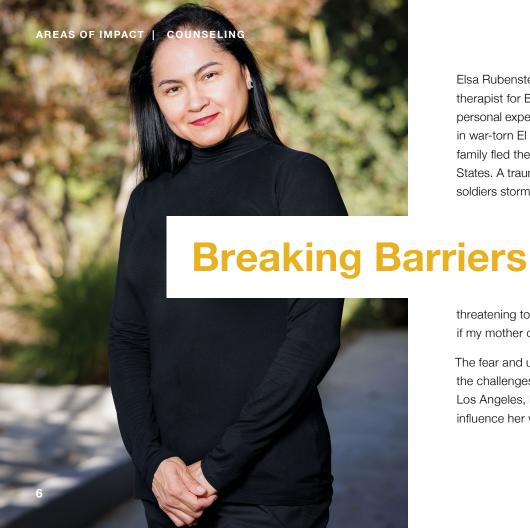
- Collaborative Treatment and Recovery Team
- Family Service Coordination
- inRESPONSE: Mental Health Support Team
- Maternidad y Esperanza

Supported Housing

- Casa Rene Crisis Residential Program
- Forensic Assertive Community Treatment
- Marin Assisted Independent Living
- Napa Supported Living Program
- Residential Support Services
- Sonoma County Independent Living
- Sparrow House Transitional Program
- Tamayo Village
- Transitional Age Youth Program

Suicide Prevention

- 988 Lifeline and Suicide Prevention Call Center
- Suicide Prevention Outreach & Education
- SOS: Survivors of Suicide Groups



Elsa Rubenstein's path to becoming a bilingual therapist for Buckelew Programs is rooted in her personal experiences of trauma and resilience. Born in war-torn El Salvador, she was just 13 when her family fled the violence of civil war for the United States. A traumatic event shaped their escape when soldiers stormed the family home, demanding money.

"Men dressed in soldier uniforms burst into our home with submachine guns. They took my father to the back of the house and grabbed my sister and me,

threatening to kill our father and take us girls away if my mother didn't give them money," Elsa recalls.

The fear and uncertainty of that night, along with the challenges of adjusting to a new culture in Los Angeles, had a lasting impact that would later influence her work as a therapist. Today, Elsa is a bilingual Associate Marriage and Family Therapist for Buckelew's counseling program, where she draws from her own experiences to support clients. Fluent in Spanish and English, she bridges cultural and language gaps, helping clients who often face barriers to accessing mental healthcare. Elsa also leads the new bilingual Mariposa support group for Spanish-speaking women experiencing postpartum challenges.

For Elsa, her work at Buckelew is about more than just counseling — it's about providing a lifeline to women who often feel invisible.

Read Elsa's full story at Buckelew.org/Meet-Elsa

Buckelew Programs Counseling Services

provides individual, group, youth, couples and family counseling, with specialized trauma treatment for both children and adults. Our wide range of services is tailored to meet the unique needs of each person, no matter their stage of life. This fiscal year, Buckelew served more than **150 counseling clients.**



There are very few bilingual resources for women when it comes to trauma support. I'm proud to be part of a team that's working to change that, one step at a time.

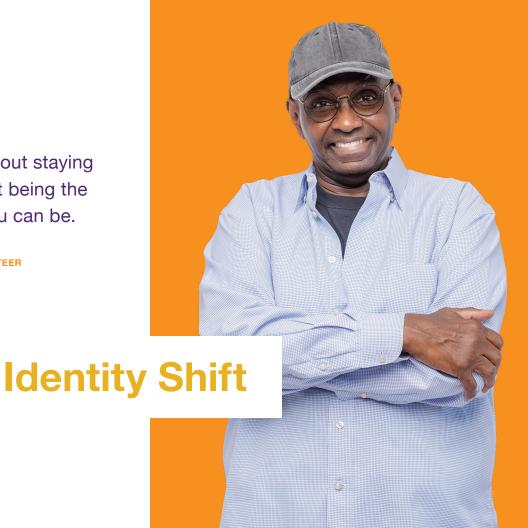
ELSA RUBENSTEIN,
BUCKELEW ASSOCIATE MARRIAGE AND FAMILY THERAPIST



Sobriety isn't just about staying off drugs — it's about being the person you know you can be.

TAYLOR,

HELEN VINE ALUMNUS AND VOLUNTEER



Taylor's life changed when he decided to leave his old identity behind. Born Anthony Taylor, he grew up answering to Anthony and Tony. But neither felt right after he decided to turn his life around.

"Anthony and Tony were the guys using drugs, crashing cars, going to jail," he explains. "When I got sober seven years ago, I decided to go by Taylor. Taylor's the guy doing the right thing, the guy you can depend on."

Taylor's journey began in Sedalia, Missouri, where racial segregation, inequality, fear and anger shaped his early life. He began smoking weed and drinking alcohol at age 12. By 19, Taylor moved to the Bay Area, where his substance abuse escalated to crack and meth.

A near-fatal car crash fueled by meth was Taylor's turning point. He called Buckelew's Helen Vine Recovery Center and secured his spot. A five-day detox turned into a 120-day stay that gave him the structure and support to rebuild his life.

Today, Taylor works in catering, volunteers at Helen Vine, and remains dedicated to his new life.

Read more about Taylor's journey at Buckelew.org/Meet-Taylor

Buckelew Programs Recovery Services help individuals with alcohol and substance use challenges begin and succeed in their recovery journey. Sober-living residences are supportive programs where clients who complete detox and treatment continue developing life skills for recovery and successful transition into the community.



"I arrived at Athena House having just been sentenced by a judge to six months of treatment. My only possessions were the filthy clothes on my back. My yellow, translucent body was riddled with track marks and scars. At 25 years old, I had walked thousands of miles of life, but none in the right direction.

It was not the first rehab I had arrived at in this way, but this time was different. The staff spoke genuinely and honestly about their experiences, they spent extra time with me and made themselves available as I tried to unravel and piece together years of using. The emotional roller coaster that comes with recovery was met with grace, tolerance and understanding.

I have celebrated seven years of continued freedom and evolving perspective. During that time, I achieved something I once only dreamed about but never thought was possible. I completed nursing school and became a registered nurse.

To say Athena House saved my life doesn't feel big enough. My time there marked the beginning of a changed trajectory for the rest of my life."

Natalee

Read Natalee's full story at Buckelew.org/Meet-Natalee

Athena House and Hope Village include a licensed residential treatment program and sober living residences for women and nonbinary people and their children on a shared, newly-renovated campus in Sonoma County (see Donor Impact page 20).

These programs are part of Buckelew's comprehensive continuum of care. Women progress from intensive intervention to greater independence, with a reduced level of care, as needed.

Athena House alumnae play an active and vital role in the program's strong and lasting support network.



Today, I am a sober mother, a registered nurse, a daughter, a granddaughter, a sister, an aunt and a friend. All because Athena House was there for me.

NATALEE, ATHENA HOUSE ALUMNA

"

For a lot of people, Helen Vine is a safe space. There's nothing like it in any other county. It's a part of my life. Every time I go back as a volunteer, I feel better about my sobriety.

GREG,
HELEN VINE ALUMNUS AND VOLUNTEER

Champion for Change

Greg's journey from addiction to recovery began with a tough adolescence and a brief stint in jail. Changing course, he graduated from law school and launched a skyrocketing career. The pressure of sustaining his achievements led Greg to use harder drugs. Eventually he hit rock bottom and was admitted to Buckelew's Helen Vine Recovery Center, where he took big steps towards sobriety.

Now, more than six years sober, Greg has become an advocate for those on their own recovery journey. Through his extensive volunteer work and active role in creating supportive networks, Greg's story is no longer about overcoming addiction; it's about building a life of purpose through service to others. Greg's journey is a powerful testament to what is possible when the right support is available at the right time.

Read about Greg's recovery journey at Buckelew.org/Meet-Greg



Helen Vine Recovery Center (HVRC) has been a cornerstone of recovery in Marin County since 1999, providing support to more than 24,000 individuals on their path to overcoming drug and alcohol addictions. HVRC is a licensed, non-medical, co-ed residential program offering withdrawal management and residential substance use treatment, with specialized support for those experiencing co-occurring psychiatric diagnoses.

In addition to the recovery center, Buckelew Programs operates three **Helen Vine Marin Recovery Homes**, which provide sober living residences for individuals continuing their journey toward lasting recovery.

Over 620 individuals supported by our Recovery and Substance Use Treatment services.



When Brenda's daughter Emma* began exhibiting dangerous behaviors, Brenda was overwhelmed. As Emma's condition deteriorated, Brenda turned to the inRESPONSE Mental Health Support Team, who connected her with Nicole Natividad, Buckelew Family Service Coordination (FSC) System Navigator.

"Nicole is like an angel," says Brenda.

With Nicole's guidance, Brenda navigated the complex system of care for Emma, eventually helping her receive treatment. The family was also connected with services to help manage the impacts of this chaotic experience. Brenda credits Buckelew and FSC for helping her family through the most challenging year of their lives.

Read more about Brenda and Emma's story at Buckelew.org/Meet-Brenda

*Name changed for privacy

Buckelew Program's Service Navigation connects individuals experiencing mental health challenges, and their advocates, with essential resources tailored to their unique needs. Often, untreated mental health needs or substance use impacts the entire support network surrounding an individual. Our Service Navigation programs provide education, guidance and connection to life-saving services. This fiscal year, more than 650 individuals received this critical support.

Family Service Coordination (FSC) in Sonoma County supports families, allies and caregivers of both adults and youth facing a range of behavioral health challenges. FSC offers education on mental health and collaborates with support networks to create wraparound care plans that foster recovery and well-being.

Maternidad y Esperanza provides bilingual behavioral health and perinatal support services for Latina mothers dealing with postpartum depression and trauma. The program connects low-income mothers and their children (ages 0-3) to critical local resources.

inRESPONSE Mental Health Support Team is a collaborative of the Santa Rosa Police Department and led by Buckelew Programs. The mobile team, which includes a licensed clinician, paramedic, and homeless outreach specialist, takes a mental-health-first approach, diverting calls from police and hospitals. InRESPONSE works in collaboration with FSC, providing follow-up care and linking individuals to vital community services.

More than 9,000 FSC outreach activities provided to the community this fiscal year.

Over

600

individuals received supportive services to help them remain in stable health and safe housing.



Finding Friendship

Ida and Tansy* didn't set out to become friends, let alone a crucial part of each other's healing journey. But through their shared experience living in Buckelew's Residential Support Services the pair have formed an unexpected bond that forever changed both of their lives.

Ida, who has a paranoid schizophrenia diagnosis, moved to the residence in 2014. After cataracts worsened her condition in 2021, she isolated herself for three years. Tansy arrived in 2024 and has a diagnosis of schizophrenia and bipolar disorder. Initially, the two clashed. With staff support, Tansy became more settled and began encouraging Ida to engage with life again.

In June, Ida and Tansy began taking daily walks together, transforming their once tense relationship into one of mutual care. Their story highlights the strength of human connection and the transformative power of supportive housing.

Learn about this incredible friendship at Buckelew.org/Friendship

*Names changed to protect privacy

Buckelew Programs Supported Housing is built on the belief that safe housing, combined with personalized support, is essential to recovery. Central to our approach is the continuum of care we provide, ensuring clients are supported at every stage—from crisis intervention to recovery and long-term stability. Our flexible service model adapts to the unique needs of each individual, offering everything from intensive care to more independent living with minimal assistance.

This continuum empowers clients to rebuild their lives with the necessary level of care at every step.



Reaching Out

When Buckelew first approached The Lindskog Foundation in 2022 about supporting our Suicide Prevention Outreach program, the 988 Lifeline network was already poised to

launch. This three-digit hotline would soon make a lifesaving impact. But only if those who needed the resource were aware of its existence. With suicide rates rising, especially among youth, BIPOC, and LGBTQ+ communities, spreading awareness of this lifesaving resource was essential.

The foundation responded with a generous multi-year commitment, helping expand the reach of the Suicide Prevention Outreach program. In fiscal year 2024, over 6,500 people were connected to life-changing resources.

"As community workers, we can make a difference," says Mario Castillo, a community outreach and education coordinator who recently joined Buckelew's growing Suicide Prevention Outreach team. "To think I can bring that much needed component — bicultural services — gives me so much hope and pleasure."

Buckelew's partnership with The Lindskog Foundation is proof that when communities come together, hope and help are always within reach.

Learn more about our partnership with The Lindskog Foundation at Buckelew.org/Lindskog

Buckelew's Suicide Prevention Program provides outreach, education and peer-to-peer support for those impacted by suicide loss. We operate one of California's 12 Suicide & Crisis Lifeline Call Centers, part of the national 988 network. Our 24/7 call center responds to calls from Marin, Sonoma, Lake and Mendocino counties, offering free and confidential services to anyone experiencing any level of distress.

By calling or texting 988, individuals are connected with highly trained counselors who provide compassionate support, active listening and referrals to life-saving resources, including Buckelew's own counseling and substance use treatment programs.

Nearly 22,000 calls answered on the 988 Lifeline

"

We commend Buckelew's commitment to the needs of the community and are thrilled by the lasting impact made possible through our partnership.

THE LINDSKOG FOUNDATION



"When we first heard about the closure of Athena House, we never anticipated the journey it would take us on. What began as an effort to purchase the property and help Buckelew keep these doors open became a two-year construction project — and a personal education on addiction and recovery.

During this project, we met two remarkable women who shared inspiring stories of transformation: Brooke Igleheart Ross and Sylvie De La Cruz. Both alumnae of Athena House, their courage fueled our commitment not only to rebuild the physical space, but to ensure the program's future.

The newly renovated campus now reflects the welcoming, encouraging environment these women deserve."

- Cindy Gallaher

Keeping Hope Alive

Read more about the incredible efforts behind saving Athena House at Buckelew.org/Cindy-and-Bill-Gallaher

"

Our commitment to Buckelew Programs is to lease the Athena House campus to them indefinitely for \$1.00 per year. We are sure our investment will be returned many times over in saved and transformed lives.

CINDY AND BILL GALLAHER





Jacob Swartz, a dedicated suicide hotline volunteer for Buckelew Programs, embarked on a bold mission this summer: raising funds for Buckelew by cycling 209 miles from Seattle to Portland. What began as a solo ride quickly became a family affair when one sister, Alexa, joined the ride and another, Cayli, supported their endeavor. They rode in honor of their father, Brian, who was diagnosed with brain cancer in July.

This grueling 12-hour ride in the Kaiser Permanente Seattle to Portland Bicycle Classic raised awareness, and nearly \$22,000, for Buckelew.

Scan code to read more about Jacob's ride of a lifetime:





Tattoo for Buckelew has grown from a personal tribute started by Nick Rodin, owner of Petaluma Tattoo, into a movement highlighting suicide prevention. This year brought together nearly 40 artists from across the U.S., a host of local vendors, and three different parlors: Petaluma Tattoo, Faith Tattoo, and Hidden Coast Tattoo. Together, they raised nearly \$32,000 for Buckelew's Suicide Prevention Program.

"This event brings people together in ways I never imagined. Many clients come in for meaningful tattoos — often to honor someone they lost or mark a significant time in their lives. While they're here, they meet others who've faced similar losses or struggle with their own mental health. They come as strangers but leave feeling connected."

We are incredibly grateful for their generous support.

- Nick Rodin





Bike + Hike 4 Buckelew is our annual fundraiser held in May. Hosted at Miwok Meadows in China Camp State Park, this community event features guided mountain bike rides, scenic trail hikes, live music, games, and a delicious lunch.

Bike + Hike 4 Buckelew highlights the powerful connection between mental wellness, physical activity, and nature. The proceeds raised by this event ensure our services remain accessible to everyone in the North Bay. Thanks to our generous community partners, this year's sold-out event was a tremendous success.

Learn more at Bike4Buckelew.org









Community Partners and Supporters

We are grateful for the generous support of donors, foundations, corporations and community partners.

101 Surf Sports Access4Bikes Advocates for Human Potential Allensby Charitable Trust Fund The American Endowment America's Best Local Charities Agus Café Aurora Behavioral Health Care -Santa Rosa Bank of America Charitable Gift Fund Bauer Associates, Inc. Bella Vista Foundation Benevity (UK Online Giving Foundation) Bingham, Osborn & Scarborough Foundation Tommy Breeze, Inc. Brewster Beer Garden The Business Group

Center for Volunteer and

Nonprofit Leadership

CHC: Creating Healthier Communities Chevron YourCause Matching Gift Program Church of the Oaks Comforts Restaurant Community Foundation Sonoma County Costco County of Marin and Marin Behavioral Health County of Marin Office of Equity County of Napa and Napa County Health and Human Service Agency County of Sonoma and Sonoma County Department of Health Services Dan Bayosa Community Volunteer Award Endowment Fund

David Foster Wallace Literary Trust

Desmond & Wallace Inc.

The William H. Donner Foundation Eat Deliciously Lunchette Enterprise Holdings Foundation ExtraFood F45 Faith Tattoo Family Service Agency Endowment Fund The Feibusch Foundation Fidelity Charitable The Charles D, and Frances K. Field Fund Foreman & Brasso ForeMeta Coaching Fullerton Family Foundation Gallaher Companies George H. Sandy Foundation Giving Marin Community Partnership Goblin Brothers Games & Gear Greater Horizons The Grey Family Foundation Gruber Family Foundation Healthy Petaluma Foundation Heffernan Group Foundation Hennessy Advisors, Inc. Herbst Foundation Hidden Coast Tattoo Hilltop Foundation

Didi Hirsch Foundation Hobson/Lucas Family Foundation Hog Island Oyster Company Hotel Petaluma iGift Fund Insalata's The Jewish Community Federation John Jay Hopkins Foundation JP Morgan Juice House Co. Kaiser Permanente Northern California Community Benefit Programs Kapu Kebok Foundation Keegan and Coppin Company, Inc. Lagunitas Brewing Company Las Gallinas Lions Club Lindskog Foundation Little Lou's I MNT Mama J's Pizzeria Marianne and Albert Figen Foundation Marin Charitable Marin Community Foundation Marin County Community Services Grant Program Marin Cyclists Marin Living Marin Museum of Bicvcling

Marin Sanitary Service MarinHealth Mechanics Bank Mike's Bikes Montecito Plaza Morgan Stanley MSB Charitable Fund National Philanthropic Trust Negley Flinn Charitable Foundation North Bay Lighting and Electrical Supply Old Standard Supply PayPal Giving Fund Michael Pelfini Consulting, LLC Perry's Petaluma Coffee & Tea Company Petaluma House Petaluma Market Petaluma Piercing Co. Petaluma Speedway Petaluma Tattoo PG&E Corporation Foundation Matching Gifts Pinterest Poppy Bank Pronzini Trees **Providence**

Providence Queen of the Valley

Medical Center

Redwood Credit Union Redwood Empire Foods Relevant Wealth Advisors Renaissance Charitable Foundation The Rotary Foundation Safeway Community Market The San Francisco Foundation San Rafael High School "Bike Dawgs" Mountain Bike Team Santa Rosa Behavioral Healthcare Hospital Schwab Charitable Seagate Properties Sierra Health Foundation Center The Silverado Foundation Sonoma County Fair and Exhibition, Inc. Sonoma County Pride Sorella Caffe Spieltel Properties, LLC Sports Basement Starbucks Foundation: Neighborhood Grants Fund Stockhome Straus Family Creamery Stretch Lab - Greenbrae Stretch Zone

Sutter Health

The Swenson Group

Tam High Mountain Bike Race Team Tamalpais Pacific Team Ghilotti Inc. The Art of Jonny The Bagel Mill The Bike Shop at REI Corte Madera The New Wheel The Party Queen The Pine The Sacred Order Toddler Tattoos Trader Joe's Trader Joe's San Bafael Unicorn Group US Charitable Vanguard Charitable Vibrant Emotional Health Warm Wishes Weaver's Coffee & Tea WestAmerica Bank Wildcare YourCause LLC

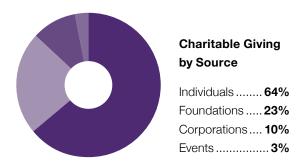
We are proud to support Buckelew's essential and critical work. Buckelew's comprehensive services, and the expertise and compassion of their staff, make a meaningful impact for individuals, their loved ones and our community.

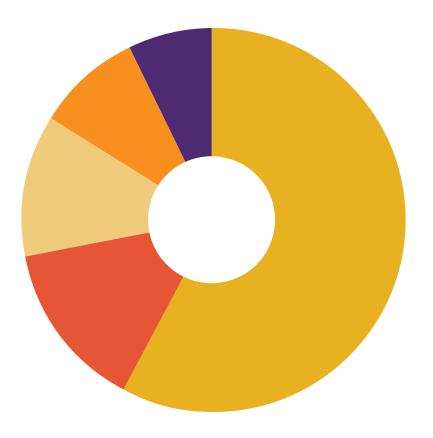
PHILIP HUDNER,
DIRECTOR, THE CHARLES D.
AND FRANCES K. FIELD FUND.

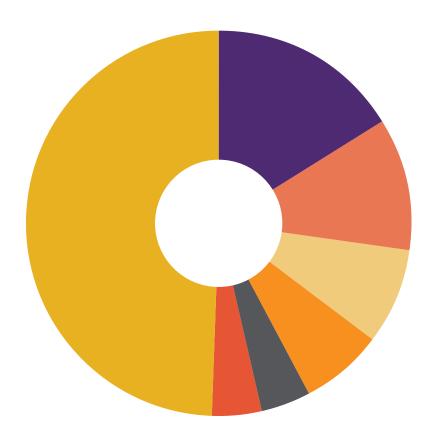
Financials — Fiscal Year July 1, 2023 to June 30, 2024

Revenue TOTAL = \$21,125,363

| County (Marin, Sonoma, Napa, Lake | |
|-----------------------------------|-----|
| and Mendocino) | 58% |
| Charitable Giving | 14% |
| Federal | 12% |
| State | 9% |
| Client Fees | 7% |







Expenses TOTAL = \$21,662,356

| Supported Housing | . 49% | |
|------------------------------------|-------|--|
| Recovery / Substance Use Treatment | . 16% | |
| Administration | 11% | |
| Suicide Prevention | 8% | |
| Service Navigation | 7% | |
| Counseling | 4% | |
| Fundraising | 4% | |

We depend on the generous support from individuals, foundations and corporations to meet the full fiscal obligation of our programming and to continue delivering high-quality services to people living with mental health and substance use challenges.

Full financials available on our website and available on request.

Buckelew Programs Senior Management Team FY 2023-2024

Chris Kughn, LMFT

Chief Executive Officer

Teresa Bowman

Director of Substance
Use Services, Marin County

Sylvie V. De La Cruz

Director of Substance

Use Services, Sonoma and Napa Counties

Karen Frost

Chief Financial and Administrative Officer

Pat Gallagher

Chief Philanthropy Officer

Nori Keppel

Head of People

Erika Klohe, LCSW

Regional Director of

Behavioral Health,

Sonoma and Napa Counties

Connie Mann, LMFT

Regional Director of

Behavioral Health,

Marin County and Suicide Prevention Program

Grace St. Clair

Director of Quality and

Compliance

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JD Schramm, Vice Chair

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Jaime Yan Faurot

Gracie Francisco

Ernesto Olivares-Martinez

Brooke Igleheart Ross

Jack Scott

Linda Tavaszi, LCSW, PhD

Karen Wilson





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NAPA | 707.253.2528 1100 Lincoln Avenue Suite 102 Napa, CA 94558

SONOMA 707.571.5581 2235 Mercury Way, Suite 107 Santa Rosa, CA 95407

Buckelew.org















Enduring Impact

Buckelew is deeply grateful for the generosity of families who have experienced the life-changing impact of our services. Recently, one such family honored their loved one by gifting a home to Buckelew. This home will now provide a safe, nurturing environment for our supported housing clients, many of whom have lived in Buckelew residences for decades.

In partnership with local foundations and donors, including generous support from Tamalpais Pacific Foundation, the home was updated to create a more secure and comfortable space.

For more information about including Buckelew Programs in your estate planning, please visit **Buckelew.org/ways-to-give** or contact Pat Gallagher, Chief Philanthropy Officer, at 415.491.5748 or **PatG@Buckelew.org**.