



2024-2025

IMPACT REPORT



We're strengthening
our own resilience.

Dear Friends,

As I reflect on this transformative year, I'm struck by a profound truth: we aren't just helping our clients build resilience, we are strengthening our own as an organization.

This fiscal year tested Buckelew's capacity for adaptation. Like many nonprofits, we faced unprecedented financial pressures that demanded difficult decisions. Rather than compromise our mission, we chose to evolve. We streamlined operations, identified opportunities to support long-term stability, and found new ways to maximize the impact of every dollar received.

We made some tough decisions, including the choice to close our Napa Supported Living Program. This small (but mighty!) service had been a part of the community for three decades, and we want to honor the dedicated individuals who provided high-quality support during their tenure. We expanded in several areas: we reopened the Orenda Center, providing essential detox services in Sonoma County, and increased the availability of the inRESPONSE mobile support team to round-the-clock services.

Our flexibility is one of our strengths and, this fiscal year, we demonstrated the ability to readjust without compromising the quality of our care. The numbers in this report tell an important story of lives changed, families reunited, and communities strengthened. They also highlight our need to build greater sustainability as we navigate a shifting financial landscape. These metrics represent a shared commitment to growth, both for those we serve and within our organization itself.

As we look ahead, we carry the lessons learned from navigating uncertainty together. We've proven that with creativity, determination, and unwavering focus, challenges can become opportunities for innovation.

Thank you for standing with us through this journey.

With gratitude,

Chris Kughn, LMFT

CHIEF EXECUTIVE OFFICER

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Who We Are

Founded in 1970, Buckelew Programs is the North Bay's most comprehensive nonprofit provider of behavioral health services. Each year, we help thousands who experience mental health and substance use challenges lead healthier, more independent lives.

We offer programs in Marin, Sonoma, Lake, and Mendocino counties through five core areas of service: Counseling, Service Navigation, Substance Use Treatment, Suicide Prevention, and Supported Housing.

Additionally, Buckelew operates one of California's eleven 988 Lifeline call centers, answering more than 23,000 calls from residents across the North Bay.

Our Mission

To promote recovery, resilience, and hope by providing behavioral health and support services that enhance quality of life.



Our Programs

Marin, Sonoma, Napa (closed), Lake and Mendocino counties

Counseling

- Individual, group, youth, couples, and family counseling

Recovery / Substance Use Treatment

- Athena House
- Buckelew Orenda Center
- Helen Vine Marin Recovery Homes Program
- Helen Vine Recovery Center
- Hope Village
- Joseph Court Recovery Center (Coming 2026)

Service Navigation

- Collaborative Treatment and Recovery Team
- Family Service Coordination
- inRESPONSE: Mental Health Support Team
- La Maternidad y Esperanza
- Transitional Age Youth Program

Supported Housing

- Casa Rene Crisis Residential Program
- Forensic Assertive Community Treatment
- Marin Assisted Independent Living
- Napa Supported Living Program (closed)
- Residential Support Services
- Sonoma County Independent Living
- Sparrow House Transitional Program

Suicide Prevention

- 988 Lifeline and Suicide Prevention Call Center
- Suicide Prevention Outreach & Education
- SOS: Survivors of Suicide Groups



Boundless Dreams

When Jaldrin arrived in California from the Philippines at four years old, his natural curiosity and positive energy helped him settle easily into his new surroundings. These qualities proved essential when he began facing mental health challenges at sixteen.

“I battle depression, and my life has been difficult, but adversity has made me stronger,”

Jaldrin shares. “Mental health isn’t easy, but I believe it gets better with hope.”

His journey led him to Buckelew’s Supported Housing program, where he has spent the past decade building a life that nurtures and celebrates his diverse talents. While working at Montecito Plaza gas station, Jaldrin also pursues his passions as an artist, athlete, personal chef, and entrepreneur focused on his own clothing line, Ember. He creates

music, practices MMA, and delights in cooking Filipino specialties like pork adobo.

“I really enjoy cooking for others because it makes me feel proud of my culture,” he explains.

With Buckelew’s support, Jaldrin has developed a network of meaningful relationships. His story demonstrates the profound impact of programs that recognize the whole person.

His advice to others facing similar struggles: “Stay strong and have faith because it gets better. Life gets better.”

Read Jaldrin’s full story at:
Bucklew.org/Meet-Jaldrin

Over **600** individuals received Supported Housing services.

Stable housing, combined with personalized support, is the foundation for lasting recovery and independence.

Bucklew’s many Supported Housing programs offer safe, affordable housing and personalized care designed to meet each individual where they are in their journey.

Central to this approach is our comprehensive continuum of care. This flexible service model adapts to our clients’ changing needs, providing the right level of care at every step. These programs help foster confidence and independence in our clients, empowering each to build fulfilling lives.



La Maternidad y Esperanza exemplifies what it means to meet families where they are with compassion, respect, and expertise. We are honored to be part of its continued impact.

BELLA VISTA FOUNDATION

Veronica's Story



“Buckelew’s La Maternidad y Esperanza Program helped me during the most difficult time of my life. We were going through COVID when my daughter was two years old. I couldn’t work, because I was taking care of my daughter, and then my husband was diagnosed with colon cancer. Our financial situation was practically zero.

I felt terrible, depressed, sad, and lonely. I didn’t know what to do, and then I was referred to the Maternidad program. At Maternidad, I could attend meetings with my daughter, and she could play with other kids! She was able to socialize, and I was able to talk and laugh with the other moms in the program. It was a safe place to share about my personal life.

I didn’t feel isolated anymore, and the level of depression I experienced decreased. I was also able to access help with my rent, bring home donations of groceries, and even receive a gift card for gasoline. I couldn’t believe that my family and I were no longer alone. There was help; I found it in Maternidad.

Now, I’m involved with community organizations, I do volunteer work, and I’m a member of Parents Voice of Marin. I have been learning a lot about how the system works. My life has changed forever!”

Read Veronica’s full story at:
Buckelew.org/Meet-Veronica

This year **250** mothers,
spouses, and children received
essential support through
La Maternidad y Esperanza.

La Maternidad y Esperanza offers bilingual mental health services and perinatal support for Latina mothers experiencing postpartum depression and trauma, offering culturally responsive care.

When Dylan* contacted the **inRESPONSE Mental Health Support Team**, his family was facing an escalating situation. His teenage son Elias*, who is on the autism spectrum, had become physically aggressive during a moment of dysregulation. As Elias grew older and larger, these rare but concerning incidents posed increasing safety risks, leaving Dylan feeling overwhelmed and uncertain about next steps.

inRESPONSE helped the family establish a comprehensive safety plan and connected Dylan with a Family Service Coordination navigator. This navigator helped Elias access specialized therapy to manage regulation challenges. The family also received therapeutic support to help them navigate complex family dynamics.

By connecting families to coordinated services and ongoing support, our team transforms moments of acute need into opportunities for building long-term resilience and stability.

**Names changed for privacy*



Over **900** individuals received assistance from our Service Navigation programs.

Buckelew's Service Navigation programs connect individuals experiencing behavioral health challenges with essential resources tailored to their unique needs. Our team provides education, guidance, and connection to life-changing services that support not only the person, but also their families, advocates, and allies.

Family Service Coordination (FSC) offers support, navigation, education, and advocacy for individuals with behavioral health challenges and their families.

inRESPONSE Mental Health Support Team is a collaborative crisis-response team responding to calls with a mental health-first approach. The Buckelew-led mobile team is comprised of a licensed mental health clinician, a paramedic, a homeless outreach specialist, and wrap-around support services providers. inRESPONSE diverts calls from traditional police response and hospitals, working collaboratively with FSC to provide follow-up care.

Collaborative Treatment and Recovery Team (CTRT) supports first-time clients of behavioral health services as they gain and maintain their independence in the community.

Transition Age Youth (TAY) program serves young adults ages 18–25, providing supportive housing and mental health services designed for their unique developmental needs.

Bucklelew's Suicide Prevention programs provide outreach, education, and peer-to-peer support for those impacted by suicide loss. Our team offers trainings throughout the community; visiting schools, businesses, nonprofits, and other groups. Buckelew operates one of California's 11 Suicide & Crisis Lifeline call centers, part of the national 988 network. Our center responds to calls from Marin, Sonoma, Lake, and Mendocino counties, offering free and vital services to anyone experiencing any level of distress.

By calling or texting 988, individuals are connected with highly trained counselors who provide compassionate support, active listening, and referrals to life-saving resources, including Buckelew's own counseling and substance use treatment programs.

More than **23,000**
calls answered on the 988 Lifeline.

11,000+ people
connected to community
outreach activities.

When Andi moved from San Francisco to quiet Fairfax, she had already developed a deep understanding of what it means to feel unheard.

"I didn't really have much help growing up," Andi reflects. "I moved around a lot and lived in some not-too-nice places."

Heeding the Call

She first connected with Buckelew as a counseling client, receiving therapeutic services that also helped pave the way for her professional goals. Today, as a hotline counselor for Buckelew's Suicide Prevention Program, she provides the very support she once received.

With over 23,000 calls answered on the hotline this year, the true measure of success is being available for any caller, at any time. "All it takes is one person to say, 'I'm here. What you're feeling is valid,'" says Andi.

Read Andi's full story at:
Bucklew.org/Meet-Andi



Choosing Tomorrow

Growing up in Penngrove, Shelby seemed to have it all together — excelling in 4-H, cheerleading, and sports. Privately, however, she was battling mental health challenges. After a suicide attempt at age twelve, Shelby was given a Xanax prescription. She learned to self-medicate, and her addiction swiftly progressed from marijuana to cocaine to methamphetamine during her teen years.

Pregnant at twenty, Shelby immediately stopped using drugs. After delivering a healthy baby via emergency

C-section, she was prescribed painkillers that led to an opioid addiction. She relapsed multiple times until Easter Sunday of 2017,

when Shelby was arrested and her son taken in by Child Protective Services. For the first time in her life, she was offered substance use services.

“It had never occurred to me that treatment was available,” Shelby reflects. Through Athena House’s structured program, she achieved family reunification and built a foundation for lasting recovery.

Today, Shelby is a Santa Rosa Junior College student and Buckelew employee who enjoys a strong relationship with her eleven-year-old son. Every Mother’s Day, she delivers roses to the women at Athena House, honoring both their struggles and their strength. She freely shares her story to help others. “It’s one of the most fulfilling tasks I can do in recovery,” she says.

Read more about Shelby’s journey at:
Buckelew.org/Meet-Shelby

Buckelew’s Substance Use Treatment Services offer comprehensive support for lasting recovery. We provide withdrawal management, residential treatment, and sober housing. Clients receive tailored recovery plans, including services for clients with co-occurring psychiatric disorders.

Athena House and Hope Village share a beautiful campus in Sonoma County, providing a residential treatment program and sober living residence for women and nonbinary individuals and their children. Individuals progress from intensive intervention to increased independence in an environment designed to foster stability and long-term success.

Over **1,200** people received Substance Use Services across Sonoma and Marin counties.

Milestone Moment

July 2024 marked a remarkable milestone for the Helen Vine Recovery Center: 25 years of providing life-saving substance use services to Marin County residents. What began as a community-driven response to a critical gap in local healthcare has evolved into a cornerstone of healing.

The center's roots trace back to a determined coalition of parents, citizens, and faith community members who demanded change. Among them were Diana and Peter Vine, whose 25-year-old daughter had died from a heroin overdose after being unable to find treatment for her dual diagnosis of bipolar disorder and drug addiction. The center opened in July 1999, and was named in Helen's honor as a testament to turning tragedy into hope.

"This center acknowledges that Helen is not just a name; she's a person," says Diana.

Co-founders Teresa Bowman and Brian Finley have spearheaded the program and guided its steady growth.

"Who would have thought Helen Vine would still be here, 25 years later," reflects Teresa. "We started with twelve beds and a tiny operating budget. Since then, it has grown. It's a vital service that is so badly needed."

"We have seen miracles take place; people getting sober and becoming who they were created to be," added Brian. "I see so many of our former clients out in the community, a lot of them have families now."

Today, Helen Vine stands as proof that community action can create lasting change.

Read more about Helen Vine Recovery Center at:
Bucklew.org/Helen-Vine



At seventeen, Lucy's world felt overwhelming. A traumatic family event, combined with the pressures of high school and college applications, set her on a path of debilitating anxiety. "I just felt really awful, and didn't want to feel that way ever again," she remembers. This experience led her to seek professional support.

As soon as Lucy connected with her therapist, Deepali, she noticed positive results. "What made our sessions different from talking to a friend was having someone challenge the thinking patterns that were negatively impacting my life," Lucy explains. "Deepali gave me sound, reasonable feedback that made me examine my own role in situations."

Nearly five years later, Lucy's therapeutic journey continues. Through her work with Deepali, she's navigated college transitions, relationship challenges, and self-discovery. The support has been both deeply personal and remarkably practical; spanning from time management and sleep hygiene to communication skills and healthy boundaries.

Today, Lucy has a bachelor's degree in music and choral music education and is pursuing her music education credential at California State University at Long Beach. She plans to become a choir teacher, a path that parallels her own healing journey.

"Choir was the one place where I could fully be myself. It made me feel accepted, like I had this sense of belonging," she recalls. "I want to create that same space for other students struggling to fit in or with things going on at home. A lot of us really need a safe place."

Lucy's path from overwhelmed teenager to confident future educator highlights how counseling can be a powerful tool for building a purposeful, authentic life.

Read Lucy's full story at:
Bucklew.org/Meet-Lucy

Finding Har mony



Bucklew's Counseling Services provide compassionate, client-centered therapy for individuals, youth, couples, groups, and families across Marin and Sonoma counties. We offer evidence-based therapeutic care designed to meet the specific needs of each individual at every stage of life.

More than **230**
Bucklew counseling clients
served this fiscal year.



Building Bridges

Our **Bucklew Community Salons** are more than gatherings — they're catalysts for meaningful change. These intimate conversations, hosted in the homes and backyards of Buckelew community members, create safe spaces for honest and open dialogue that addresses pressing local needs and amplifies the powerful stories of those we serve.

These salons provide the opportunity for interested guests to become informed advocates, helping to expand our network of ambassadors who can connect others to vital services. Our goal with these events is to foster genuine connection, one conversation at a time.

Bucklew's Community Salons represent our commitment to transparency, collaboration, and the belief that educated communities create lasting positive change.

If you would like to attend or host one of these salons, please email Pat Gallagher, PatG@Bucklew.org.

“

It was an honor and a privilege to give Buckelew a forum in my own home. I felt so proud to be a part of this healing community and told myself, ‘You must do more.’

LYDIA ARELLANO, BOARD MEMBER

Over **150** community members attended a Community Salon.

Jack Scott was 17 years old when he discovered his older sister, Jill, in conversation with the wall. It was 1971, and the Scott family felt ‘knocked sideways’. After several ER visits, suicide attempts, and interventions, Jill was diagnosed with schizophrenia, and the family found support at Buckelew Programs.

“We were so relieved to find Buckelew, back then and ever since,” says Jack. “Buckelew offers a sense of security because our loved one is being cared for with understanding and compassion.”

With Buckelew’s help, Jill secured a job at a local theater, where she has worked for over 20 years. Now 75 years old, she continues to live and thrive in Buckelew’s Supported Housing program.

Her stability is a gift made possible by generous community members.

Solid Ground

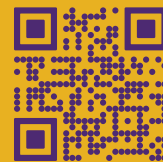


“

It’s a great comfort. There’s a big, scary world in my head, and Buckelew is safe.

JILL, SUPPORTED HOUSING CLIENT

Watch Now:
Jill shares her story



Enduring Impact

The home Jill shares with three others was donated by a member of Buckelew’s Legacy Circle — a gift that provides lasting security and comfort. Legacy Circle members ensure that compassionate mental health and substance use care reaches those who need it most. Their planned gifts create long-term sustainability for Buckelew’s programs, offering peace of mind that these vital services will be available for generations to come.

For many donors, this means ensuring that the care that supported their own loved ones will continue helping others in our community.

For more information about including Buckelew Programs in your estate planning, please visit Buckelew.org/support/planned-giving or contact Pat Gallagher, Chief Philanthropy Officer, at PatG@Buckelew.org.



Our fourth annual Bike + Hike 4 Buckelew was a sold-out success!

This vibrant movement festival brings together mountain bikers, hikers, and families for a day of yoga, guided trail adventures, live entertainment, and nourishing food. This event beautifully demonstrates how outdoor activity, community connection, and nature all work together to support mental wellness and recovery.

**We look forward to celebrating the 5th annual
Bike + Hike 4 Buckelew on May 9th, 2026.**

See you on the trails!

Learn more at Bike4Bucklew.org



Community Partners
and Supporters

We are so grateful for the generous support of our donors, foundations, corporations, collaborative partners, and community members.

101 Surf Sports
Advocates for Human Potential
Allensby Charitable Trust Fund
American Online Giving Foundation
America's Best Local Charities
Aurora Signature Behavioral Health
Bank of America Charitable
Gift Fund
Bauer Associates, Inc.
Bella Vista Foundation
Benevity
Best Day Brewing
Bingham, Osborn & Scarborough
Foundation
Boeing Matching Gifts
Brewsters Beer Garden
Campanella Kitchen & Garden Patio
Capital Bridge Partners

Center for Volunteer and Nonprofit
Leadership
CHC: Creating Healthier
Communities
Chevron YourCause Matching
Gift Program
Comforts Restaurant
Community Foundation
Sonoma County
County of Marin and
Marin Behavioral Health
County of Napa and Napa County
Health and Human
Service Agency
County of Sonoma and
Sonoma County Department
of Health Services
Dan Bavosa Community Volunteer
Award Endowment Fund

Dovetail Project Management
ExtraFood
Faith Tattoo
Family Service Agency
Endowment Fund
Feibusch Foundation
Fidelity Charitable
ForeMeta Coaching
Gallaher Companies
George H. Sandy Foundation
Giving Marin Community
Partnership
Greater Horizons
Gruber Family Foundation
Healthy Petaluma District and
Foundation
Heffernan Group Foundation
Hennessy Advisors, Inc.
Hidden Coast Tattoo
Hobson/Lucas Family Foundation
Hog Island Oyster Company
Hotel Petaluma
John Jay Hopkins Foundation
JP Morgan
Juice House Co.
Julia L. Grant Fund for Basic Needs
at Community Foundation
Sonoma County

Kaiser Permanente Northern
California Community Benefit
Programs
Kebok Foundation
Keegan and Coppin Company, Inc.
Las Gallinas Lions Club
Lindskog Foundation
LMNT
Main Street Research
Mama J's Pizzeria
Marianne and Albert Figen
Foundation
Marin Charitable
Marin Community Foundation
Marin County Community
Grants & Investment
Marin Cyclists
Marin Independent Journal
Marin Lutheran Church
Marin Museum of Bicycling
Marin Sanitary Service
MarinHealth
McDevitt Construction
Partners, Inc.
Mechanics Bank
Michael Pelfini Consulting
Mike's Bikes
Montecito Market Place Associates
Morgan Stanley

Negley Flinn Charitable Foundation
NWK Group
Old Standard Supply
Partnership HealthPlan of California
PayPal Giving Fund
PEO Sisterhood, Chapter HJ
Perfect Purée of Napa Valley, LLC
Petaluma Coffee & Tea Company
Petaluma House
Petaluma Market
Petaluma Piercing Co.
Petaluma Speedway
Petaluma Tattoo
PG&E Corporation Foundation
Matching Gifts
Poppy Bank
Providence
Redwood Credit Union
Redwood Empire Food Bank
Relevant Wealth Advisors
Renaissance Charitable Foundation
San Rafael High School "Bike
Dawgs" Mountain Bike Team
Santa Rosa Behavioral Healthcare
Hospital
Schwab Charitable
Seagate Properties
SF Zoo

Sierra Health Foundation Center
Sisters of St. Joseph of Orange
Smart and Final Charitable
Foundation
Sonoma County Pride
Sonoma County Vintners
Foundation
Spietel Properties, LLC
Sutter Health
Toddler Tattoos
Tam High Mountain Bike
Race Team
Team Ghilotti Inc.
The American Endowment
The Bagel Mill
The Bike Shop at REI Corte Madera
The Charles D. and
Frances K. Field Fund
The Jewish Community Federation
The Joseph and Vera Long
Foundation
The National Philanthropic Trust
The New Wheel
The Party Queen
The Pine
The Press Democrat
The Sacred Order
The San Francisco Foundation

The Silverado Foundation
The Spinster Sisters
The Swenson Group
The Thoresen Foundation
Tin Ernie's Bar
Tommy Breeze, Inc.
UK Online Giving Foundation
Unicorn Group
United Way California
Capital Region
US Charitable
Vanguard Charitable
Vibrant Emotional Health
Wealth Enhancement Group
Weaver's Coffee & Tea
WestAmerica Bank
WildCare
Wizards of Elixirs
Workday Matching Gift Program

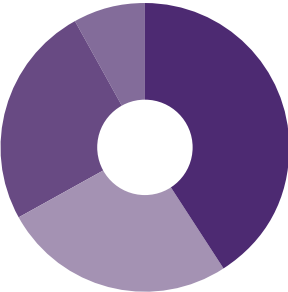
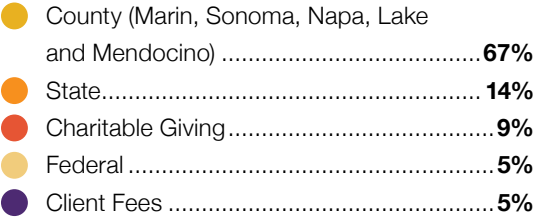


At Kaiser Permanente
Santa Rosa, we know
that health extends
beyond the walls of our
medical center. That's
why we are committed to
supporting organizations
like Buckelew, that
provide life-changing
substance use and
recovery services to
our community.

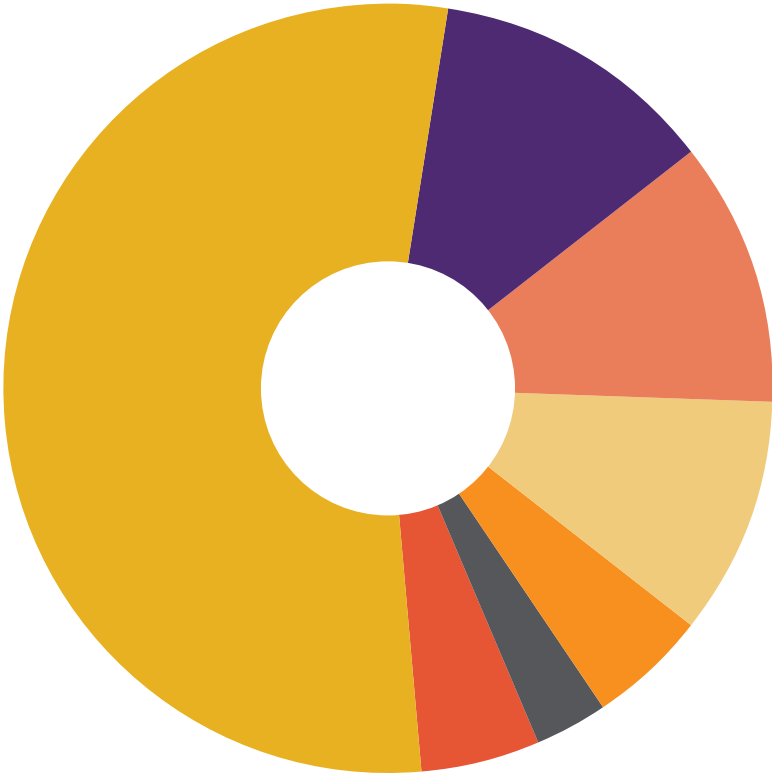
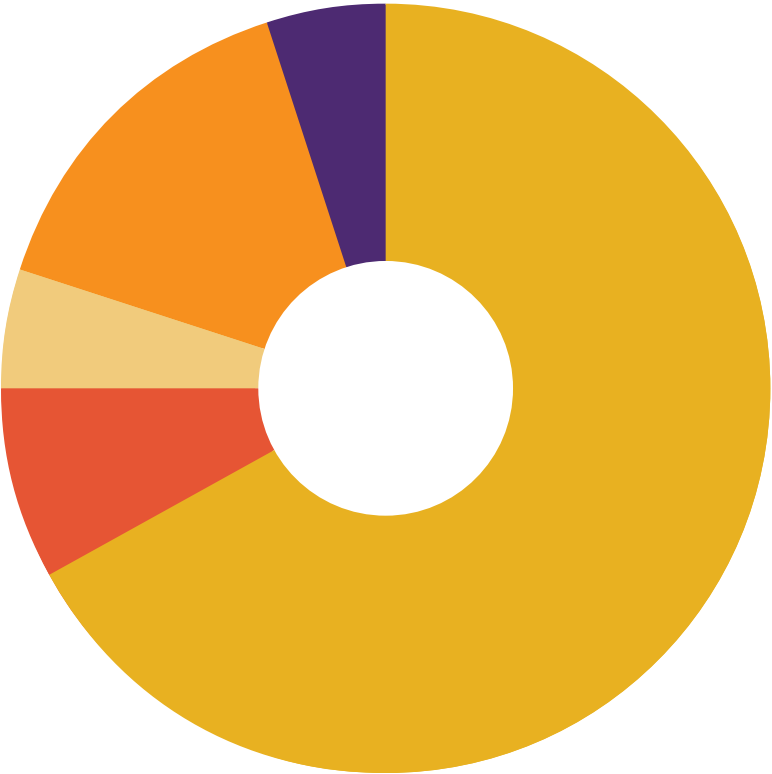
ALENA WALL
KAISER PERMANENTE
SANTA ROSA

Financials — Fiscal Year
July 1, 2024 to June 30, 2025

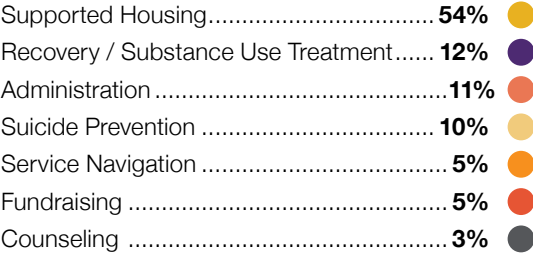
Revenue TOTAL = \$22,323,326



Charitable Giving by Source
Foundations 41%
Corporations 26%
Individuals 25%
Events 8%



Expenses TOTAL = \$25,333,057



We depend on the generous support from individuals, foundations and corporations to meet the full fiscal obligation of our programming and to continue delivering high-quality services to people living with mental health and substance use challenges.

Full financials available on our website and available on request.

Buckelew Programs
Senior Management Team
FY 2024-2025

Chris Kughn, LMFT

Chief Executive Officer

Teresa Bowman

Director of Substance Use
Services, Marin County

Sylvie V. De La Cruz

Director of Substance Use
Services, Sonoma County

Karen Frost

Chief Financial and
Administrative Officer

Pat Gallagher

Chief Philanthropy Officer

Nori Keppel

Head of People

Erika Klohe, LCSW

Regional Director of
Behavioral Health,
Sonoma County

Connie Mann, LMFT

Regional Director of
Behavioral Health,
Marin County and Suicide
Prevention Program

Grace St. Clair

Director of Quality and
Compliance

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Linda Tavaszi

Karen Wilson



Sometimes, during the darkest days of
our lives, we are given an unexpected gift.
For me, that gift was Buckelew.

My husband, a dedicated school superintendent, was
diagnosed with bipolar disorder. Our world fell apart.
He could no longer work and, with two kids in middle
and high school, the challenges felt overwhelming.

We were referred to Buckelew, which became a lifeline —
not only for me and our children, but for my husband as
well. They helped him better understand his diagnosis
and build a plan forward. Before long, he was co-leading
groups for others navigating similar journeys.

It changed his life. It changed our family's life.

We moved from shame and isolation to acceptance
and hope. None of that would have been possible
without Buckelew and the services they so
compassionately provide.

MARY JANE BURKE
BUCKELEW ADVISORY BOARD MEMBER





Sutter Health is committed to improving access to quality mental health and substance use services in our community. Through our partnership with Buckelew, the power of preventative and comprehensive behavioral health services transforms lives. Buckelew's whole-person wraparound support model — integrating housing, mental health support, and substance use services — fosters recovery, resilience, and reliance on community-based systems of care.

WILL DOUGLAS, DIRECTOR COMMUNITY HEALTH EXTERNAL AFFAIRS, SUTTER HEALTH



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