



Community Events

April 2026



Buckelew Programs Sonoma

Family Service Coordination

2235 Mercury Way, Suite 107

Santa Rosa, CA 95407

(707) 571-8452

Useful Phone Numbers

Access Team: _____ (707) 565-6900

The Access Team initiates services for Sonoma County Behavioral Health, provides assessment, linkage, information and referral for mental health services for children, youth, and adults.

SCBH Substance Use Disorder Services: _____ (707)565-7450

Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal or are Medi-Cal eligible.

Al-Anon/ Alateen (24 Hour Hotline): _____ (707) 575-6760

NA Fellowship (24 Hour Hotline): _____ (707) 324-4062

AA Fellowship (24 Hour Hotline): _____ (707) 544-1300

Consumer Education & Affairs: _____ (707) 565-7809

Mobile Support Team Crisis Call Center – 24 Hours: _____ (800) 746-8181

Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24/7. People can receive support over the phone or request an in-person response.

inRESPONSE: _____ 707-575-HELP (4357)

Mobile support for individuals experiencing a mental health crisis in Santa Rosa.

SAFE Team: _____ 707-781-1234 (Petaluma)

SAFE Rohnert Park: 707-584-2612 | **SAFE Cotati & SSU:** 707-792-3611 | **San Rafael:** 415-458-7233

The SAFE team is a civilian first responder program addressing crisis response for vulnerable community members with mental health, substance abuse, and homelessness. To find out more about the program, please email SAFE@petalumapeople.org.

CSU (Crisis Stabilization Unit – 24 Hours): _____ (707)565-4970

CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.

Human Services (General Assistance, Food Stamps, Medi-Cal): _____ (707)565-2715

Human Services provides benefits for those in need and improve the well-being of individuals and families.

Interlink Self Help Center: _____ (707)546-4481

Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search _____ 211

Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

NAMI Warmline: _____ (866)960-6264

The NAMi Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Wellness and Advocacy Center: _____ (707)565-7800

Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.

Petaluma Peer Recovery Center: _____ (707)565-1299

Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.

Russian River Empowerment Center: _____ (707)823-1604

Ext. 207 Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

Social Security Office (Benefits): _____ 1-877 870-6384 or 1-877-890-8459

VA Member Services (Santa Rosa): _____ (707) 524-6232

CPI (Child Parent Institute) _____ (707)284-3444

Offers a variety of parent education and family support services to help parents and caregivers provide a strong, loving, and healthy home for their children.

988 Suicide & Crisis Lifeline: _____ 988

Call or text 988 to connect with the Suicide & Crisis Lifeline for immediate, free, and confidential support available 24/7.

Verity (Crisis Line): _____ (707)545-7273

24/7 Crisis line and support to anyone affected by sexual assault: survivors, their families, and friends.

Behavioral Health Crisis Support (Mental Health, Substance Use, Suicide)

From any phone in the U.S. (24/7):

Call 911: In medical emergency or imminent danger.

Call 988: Connect with a trained crisis counselor.

Sonoma County Mobile Support Team (MST) Crisis Call Center (24/7)

800-746-8181

Phone support for anyone in Sonoma County. MST works closely with inRESPONSE and SAFE and can coordinate a mobile crisis response. Mobile crisis teams co-respond with law enforcement when safety is issue.

inRESPONSE Mental Health Support Team

Santa Rosa (24/7)

707-575-4357

For Health System Navigation Assistance
707-204-9756 or email: inresponse@srcity.org
8 am - 5 pm, weekdays

SAFE Teams (24/7)

SAFE-Petaluma: 707-781-1234
SAFE-Rohnert Park: 707-584-2612
SAFE-Cotati & SSU: 707-792-3611



NAMI Sonoma County (9-5, Mon-Fri)
866-966-6264 or info@namisoco.org
Non-crisis mental health education, support, information, referrals.

Apoyo en Crisis de Salud Conductual

(Salud Mental, Uso de Sustancias, Suicidio)

Desde cualquier teléfono en los EE. UU. (24/7):

Llame al **911**: En caso de emergencia médica o peligro inminente.

Llame al **988**: Conéctese con un consejero de crisis capacitado.

Equipo Móvil de Apoyo del Condado de Sonoma (MST)

Centro de Llamadas de Crisis (24/7): 800-746-8181

Apoyo telefónico para cualquier persona en el Condado de Sonoma. El MST trabaja en estrecha colaboración con inRESPONSE y SAFE y puede coordinar una respuesta móvil de crisis. Los equipos móviles de crisis co-responden con las fuerzas del orden cuando hay un problema de seguridad.

Equipo de Apoyo de Salud Mental inRESPONSE

Santa Rosa (24/7) 707-575-4357

Para asistencia de navegación del sistema de salud

707-204-9756 o correo electrónico:

inresponse@srcity.org

Horario: 8 am - 5 pm, de lunes a viernes

Equipos SAFE (24/7)

SAFE-Petaluma: 707-781-1234

SAFE-Rohnert Park: 707-584-2612

SAFE-Cotati & SSU: 707-792-3611



**NAMI Condado de Sonoma (9-5, Lun-Vie)
866-966-6264 o info@namisoco.org Educación
en salud mental, apoyo, información y
referencias no relacionadas con crisis.**



What is the Mobile Support Team (MST)?

MST is the Sonoma County Behavioral Health crisis response services program supported by the Board of Supervisors and Measure O. We are a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises in the community since 2012.

Call Center: 800-746-8181

The new MST Crisis Call Center is staffed **24/7 and** triages crisis calls from the community. Staff provide support over the phone and deploy a crisis response team to the crisis location when needed.

New Expanded Response

MST can:

- Provide de-escalation, safety planning, crisis assessment, 5150 assessment, and provide a follow-up service for all calls.
- Respond without Law Enforcement to mental health and substance use calls where there is no safety concern for the individual or crisis response team.
- Securely transport individuals to an appropriate crisis care facility when safe to do so.
- Co-respond with Law Enforcement when there is a safety concern and/or when requested by Law Enforcement.

24/7 County-Wide Mobile Crisis Services

MST mobile crisis response teams are available to provide on-scene support 24/7 and our Call Center will coordinate with other crisis response teams to ensure a 'no wrong door' approach to providing county-wide crisis services.

800-746-8181



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800-746-8181



¿Qué es el Equipo de Apoyo Móvil (MST)?

MST es el programa de servicios de respuesta a crisis de Salud Mental del Condado de Sonoma, apoyado por la Junta de Supervisores y la Medida O. Somos un grupo de profesionales dedicados y compasivos que brindan apoyo a personas y familias que están atravesando una crisis de salud conductual. Hemos estado respondiendo a crisis en la comunidad desde 2012.

Centro de Llamadas: 800-746-8181

El nuevo Centro de Llamadas de Crisis de MST está disponible las 24 horas, los 7 días de la semana, y se encarga de clasificar las llamadas de crisis de la comunidad. El personal brinda apoyo por teléfono y despliega un equipo de respuesta en caso de crisis cuando es necesario.

Nueva Respuesta Ampliada

MST puede:

- Brindar desescalamiento, planificación de seguridad, evaluación de crisis, evaluación para detención 5150 y seguimiento para todas las llamadas.
- Responder sin la presencia de la policía a llamadas relacionadas con salud mental y uso de sustancias, cuando no hay preocupación de seguridad para la persona ni para el equipo respondiendo.
- Transportar de manera segura a las personas a un centro de atención de crisis apropiado, cuando sea seguro hacerlo.
- Responder junto con la policía cuando haya una preocupación de seguridad y/o cuando la policía lo solicite.

Servicios de Crisis Móviles en Todo el Condado, 24/7

Los equipos móviles de respuesta a crisis de MST están disponibles para brindar apoyo en la escena las 24 horas del día, los 7 días de la semana. Nuestro Centro de Llamadas coordina con otros equipos de respuesta a crisis para asegurar un enfoque de “ninguna puerta equivocada” al proporcionar servicios de crisis en todo el condado.

800-746-8181



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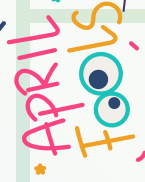
800-746-8181

Family Service Coordination Team

April 2026



SUN	MON	TUE	WED	THU	FRI	SAT
5 HAPPY Easter	6	7 Bilingual Community Resource Clinic 3pm-4:30pm	8 S.O.S (25+): Allies for Hope 7pm-8:30	9	10	11
12	13 SCBH Family Support & Education Group 4pm-6pm	14 Bilingual Community Resource Clinic 3pm-4:30pm	15 Youth S.O.S. Support Group 6pm	16	17 Community Partner Connections (CPC) Meeting 2pm-4pm	18
19	20	21 Bilingual Community Resource Clinic 3pm-4:30pm	22 S.O.S (25+): Allies for Hope 7pm-8:30 MADF Family Support & Education Group 6pm-7:30pm	23 Earth Day	24	25
26	27	28 Bilingual Community Resource Clinic 3pm-4:30pm	29	30		





Family Service Coordination Team

The Family Service Coordination Team is a peer/family-run program, staffed by those with their own lived experiences with behavioral health challenges and/or supporting impacted loved ones. Our team of dedicated system navigators offer compassionate, 1:1 support as well as group support for families & allies.

Support Groups

Sonoma County Behavioral Health Family Education & Support Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

**2nd Monday of Every Month
4:00 PM - 6:00 PM
Bucklelew Office**

Main Adult Detention Facility Family Education & Support Group

We invite you to join us to learn additional ways to support your loved ones while in custody. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the services available within the correctional system..

**4th Wednesday of Every Month
6:00pm-7:30pm
RSVP Required**

Bilingual Community Resource Clinic / Clinica Bilingue de Recursos Comunitarios

Weekly drop-in hours for anyone seeking Sonoma County resources, with bilingual navigators on-site to provide support and guidance. / Horario semanal de atención sin cita previa para cualquier persona que busque recursos del Condado de Sonoma, con navegadores bilingües disponibles para brindar apoyo y orientación.

**Every Tuesday / Cada Martes
3:00 PM - 4:30 PM
Bucklelew Office / Oficina de Buckelew**

Grupo de Apoyo para Trans Unid@s

Un espacio de diálogo y apoyo para conversar sobre identidad, emociones y la vida diaria, enfocado en la salud mental, el bienestar y el autocuidado. El grupo fomenta el empoderamiento, el apoyo entre compañeras, el intercambio de experiencias y el acceso a recursos e información; ¡Todas son bienvenid@s!

**Contacte el 707-787-6680 o
ViviannaD@Bucklelew.org para más información**

If you are interested in joining our support meetings, please contact:

707-571-8452 or Fsc@bucklelew.org



2235 Mercury Way Suite 107
Santa Rosa, CA 95407



bucklelew.org



Fsc@bucklelew.org | MarisabelM@bucklelew.org

BILINGUAL COMMUNITY RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.



Where:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:

Every Tuesday @ 3pm
Tue, Apr 7th
Tue, Apr 14th
Tue, Apr 21st
Tue, Apr 28th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:

MarisabelM@buckelew.org | 707-513-5135

Fsc@buckelew.org | 707-571-8452



CLINICA BILINGUE DE RECURSOS COMUNITARIOS

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.



Donde:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

Cuando:

Cada Martes a las 3pm
7 de abril
14 de abril
21 de abril
28 de abril

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

NicoleN@Buckelew.org 707-494-0762 (se habla Español)

Fsc@buckelew.org | 707-571-8452





Family Service
Coordination Team



Sonoma County Behavioral Health Family Support & Education Group



Monday
APRIL
13TH
4pm-6pm
In Person



Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

Questions?

**Contact the Family Service
Coordination Team:**

Fsc@buckelew.org 707-571-8452

MarisabelM@buckelew.org 707-513-5135

**2235 Mercury Way, Suite 107
Santa Rosa, CA 95407**

www.buckelew.org






MADF FAMILY SUPPORT & EDUCATION GROUP

This group offers support and education for families with loved ones incarcerated at Sonoma County's Main Adult Facility. Co-led by FSC staff, Sonoma County Sheriff's department and Well-Path, this group helps families learn how to support themselves and their loved one within the jail system.







Join us!

-  Fourth Wednesday of every month
-  6:00pm-7:30pm (please arrive by 5:50pm)
-  **RSVP Required for Entry**




Please contact the Family Service Coordination Team to RSVP for upcoming groups.

The Family Service Coordination (FSC) Team is a "No Wrong Door", peer/family-run program that provides support, education and resource navigation to individuals, families, and allies impacted by mental health or substance use.

What You'll Gain

-  Tools to support your incarcerated loved one
-  Emotional support and connection with other families
-  Guidance navigating the jail and behavioral health systems
-  Increased understanding of available services and next steps for your loved one

Contact Us:

-  707-571-8452
-  Fsc@Buckelew.org
-  2235 Mercury Way, STE 107
Santa Rosa, CA 95407



GRIEF COUNSELING & SOS:

ALLIES FOR HOPE GROUP MEETING AGES 25+

Buckelew Programs offers a safe place in our community for families and loved ones of people have died by suicide to safely share their experiences with others who are similarly affected. This is a peer-to-peer group that meets virtually. The group is led by trained Buckelew Staff Member Chris Nihil.



SOS: Allies for Hope

Survivors of Suicide Bereavement Support Group (SOS) via zoom on the 2nd and 4th Wednesdays every Month from 7 -8:30pm.

Grief Counseling Hotline

24/7 Grief Support Hotline providing Free AND Confidential resources

Call: 415-499-1195

To Join, Please Email:

Email: SOSinfo@buckelew.org



GRUPO DE APOYO para sobrevivientes de suicidio

Cuando: cada primer miércoles del mes
de 6:30 a 8:00 pm

Dirigido a: familias que han perdido seres
queridos por suicidio

Dónde: via Zoom

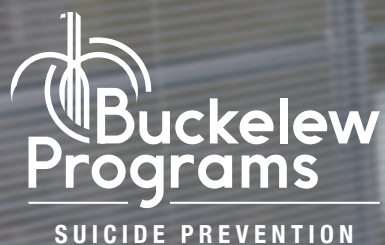
Para participar: llama al 415-858-5827
o manda un correo electrónico a
marioc@buckelew.org

Este es un grupo de mutuo apoyo que se reúne virtualmente. El grupo está liderado por dos empleados de Buckelew entrenados como facilitadores, Hilda Castillo y Mario Castillo-Guido.

Los Programas Buckelew ofrecen un lugar seguro en nuestra comunidad para que las familias y seres queridos de personas que buscan conocer y compartir de forma segura sus experiencias con otras personas sobre la Salud Emocional.

Buckelew.org





FREE Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 1st and 3rd Wednesday at 6pm, every month on Zoom

Who: This group is FREE and open to youth and young adults 14–24 years old who've lost a friend, family member, classmate, co-worker or partner to suicide.

Where: Meetings are virtual on Zoom

To register or for more information:

Please contact: Shriya Ambre
Shriyaa@Buckelew.org
415-328-3382

Buckelew Programs offers a safe place in our community for families and loved ones of those who have lost someone to suicide to safely share their experiences with others who are similarly affected.

Buckelew.org



If you or someone you know is struggling or in crisis, help is available.
Call or text 988 or chat 988lifeline.org.

Warmline: 866-960-6264
182 Farmers Lane #202
Santa Rosa CA 95405

Family Support Group

For family members and caregivers (ages 18+). Meets virtually on Zoom on Tuesdays, and in-person on Thursdays at the NAMI office. Register at namisoco.org/groups.

Connection Support Group

For individuals (ages 18+) living with mental health challenges. Meets virtually on Zoom every Tuesday and in person the 1st & 3rd Thursday at the NAMI office. Register at namisoco.org/groups.

Family-to-Family Class

An 8-session education program for those (ages 14+) who care for and support a loved one with serious mental illness. Registration required at namisoco.org/F2F to join the waitlist for our next class.

Peer-to-Peer Class

An 8-session education program for adults living with mental health challenges. Registration is required at namisoco.org/P2P.

Learn more about our FREE programs:

Visit: namisoco.org
 Call: 866-960-6264
 Email: info@namisoco.org

APRIL 2026

NAMI Family-to-Family

Now available to Spanish speakers!

Coming later this year: our free 8-session education program for family and friends of adults with illnesses like schizophrenia, major depression, bipolar disorder and OCD, in Spanish.

De Familia a Familia de NAMI

Es un programa gratuito para familiares y seres queridos de adultos de 18 años en adelante que cuentan con un diagnóstico de salud mental o que presenta síntomas de una condición mental. Para obtener más información: info@namisoco.org or 866-960-6264.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	1	2 Family Support Group (In-Person) 2:00-3:30 PM New! Connection Group (In-Person Only) 5:30-7:00 PM	3
6	7 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	8	9 Family Support Group (In-Person) 2:00-3:30 PM	10 Saturday, April 11 NAMI Family & Friends 10:00 AM-12:00 PM Learn more at namisoco.org/familyfriends
13	14 Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	15	16 Family Support Group (In-Person) 2:00-3:30 PM New! Connection Group (In-Person Only) 5:30-7:00 PM	17
20	21 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	22	23 Family Support Group (In-Person) 2:00-3:30 PM	24
27	28 Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	29	30 Family Support Group (In-Person) 2:00-3:30 PM	1 May 2026 MENTAL HEALTH AWARENESS MONTH

Free NAMI Connection Peer Support Group

Are you an adult living with a mental health condition? Want to connect to peers in recovery who understand what it's like? Come to our free, peer-led group where we share and support in a safe, judgment-free space. Offered on Zoom and in person.

NAMI Connection is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. These groups help participants connect, share experiences, and problem-solve through daily challenges and feelings of isolation. It provides a supportive environment for those seeking practical suggestions and understanding from others who have faced similar issues.

- Free of cost to participants
- For adults (18+) experiencing mental health challenges and looking to support their recovery
- No specific therapy or treatment endorsed, or clinical diagnosis required
- Led by trained peers with lived experience
- 90 minutes long and meets regularly
- Confidential and safe environment

"These meetings have enriched my life and make me feel heard."

"I learn something new every meeting."

"NAMI is a wonderful place to find community."



NAMI Connection

On Zoom

Tuesdays, 5:30-7:00 PM

Register at [namisoco.org/groups](https://www.namisoco.org/groups).

In Person (Starting April 2026)

1st & 3rd Thursdays, 5:30-7:00 PM

at NAMI Sonoma County Office

182 Farmers Lane #202, Santa Rosa

Visit [namisoco.org/groups](https://www.namisoco.org/groups)

or scan the QR code to learn more.



Free NAMI Family Support Group

Are you the parent, sibling, partner or friend of someone with a mental health condition? Need support for yourself and your loved one? Connect with others who have been there too in our free, drop-in group. Offered on Zoom and in person.

NAMI Family Support Group is a free resource for adults caring for someone with a mental illness, including depression, bipolar disorder, schizophrenia, and more. Many have never spoken about their experiences to neighbors, friends, and loved ones. This is a safe place to connect with peers who have managed similar challenges. Build skills for self-care while learning to better support your family member.

What to expect from a Family Support Group:

- Weekly meetings, 60-90 minutes long
- Drop-in and free of charge
- Designed for adult family members and caregivers of people experiencing mental illness
- Facilitated by a trained team of family members
- Safe and confidential.

*"NAMI Family Support Group has helped me deal with mental illness in our family, and **take care of myself.**"*

*"Finding the NAMI support groups has **saved my life;**
I cannot thank NAMI enough."*



NAMI Family Support Group

On Zoom

1st, 3rd & 5th Tuesdays, 6:00-7:00 PM
2nd & 4th Tuesdays, 4:30-5:30 PM
Register at [namisoco.org/groups](https://www.namisoco.org/groups).

In Person

Thursdays, 2:00-3:30 PM
at NAMI Sonoma County Office
182 Farmers Lane #202, Santa Rosa

Visit [namisoco.org/groups](https://www.namisoco.org/groups)
or scan the QR code to learn more.





HOPE

WALKS HERE

#STOPSUICIDE

**Out of the Darkness Walk
Santa Rosa Junior College
Saturday, April 11th, 2026**



**Register or donate:
afsp.org/santarosa**

afsp.org/campuswalks



**American
Foundation
for Suicide
Prevention**



**OUT OF THE
DARKNESS**
Campus Walks



**BOYS & GIRLS CLUBS
OF SONOMA-MARIN**

Roseland Community Clubhouse



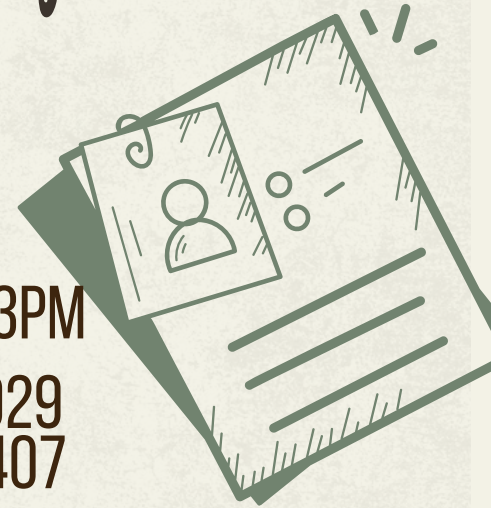
COMMUNITY FAIR



SATURDAY, APRIL 18TH, 2026 | 12PM - 3PM



ROSELAND COMMUNITY CLUBHOUSE - 929
SEBASTOPOL RD, SANTA ROSA, CA, 95407



WHAT IS IT?



Exposure to community resources around the Santa Rosa Area.



Targeted towards 7th-12th graders and their families



We are hoping to have at least 15-20 tables of professionals who can showcase what their organization/business has to offer to our families in Santa Rosa.



Set up time/lunch will be 11am-12pm. Clean up time will be 3pm-4pm.



This would be a great opportunity for your business or organization to connect to community members in the Santa Rosa area.



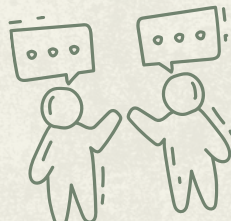
For further details,

contact: Johanna Peña

Phone: (707) 860-2870

Email: jpena@bgcsonoma-marin.org

Sign up here:



SEVENTEENTH ANNUAL

EARTH DAY

at COURTHOUSE

SQUARE 2026



LIVE PERFORMANCES

**ECO-FRIENDLY
ACTIVITIES**

HIGHLIGHTING:

Water Conservation
Climate-Friendly
Transportation
Zero Waste
Green Energy

**KIDS' ACTIVITIES &
CRAFTS**

Courtesy of Santa Rosa
Recreation & Parks

FREE BIKE PARKING

Courtesy of Sonoma
County Bicycle Coalition

FARE-FREE TRANSIT

Santa Rosa CityBus
Petaluma Transit
Sonoma County Transit

SATURDAY
April 25
2026 12-4PM



srcity.org/earthday

FREE!
EVENT!

DECIMOSÉPTIMA CELEBRACIÓN ANUAL

EARTH DAY *at COURTHOUSE* SQUARE 2026



SÁBADO
25 de Abril
2026 12-4PM



**PRESENTACIONES
EN VIVO**

**ACTIVIDADES
ECOLÓGICAS
DESTACANDO:**

Conservación del Agua
Transporte Ecológico
Cero Residuos
Energía Verde

**MANUALIDADES Y
ACTIVIDADES
PARA NIÑOS**

Cortesía de Santa Rosa
Recreation & Parks

**ESTACIONAMIENTO
GRATUITO PARA
BICICLETAS**

Cortesía de Sonoma County
Bicycle Coalition

**TRANSPORTE
PÚBLICO GRATIS**

Santa Rosa CityBus
Petaluma Transit
Sonoma County Transit

srcity.org/earthday

**EVENTO!
GRATIS!**

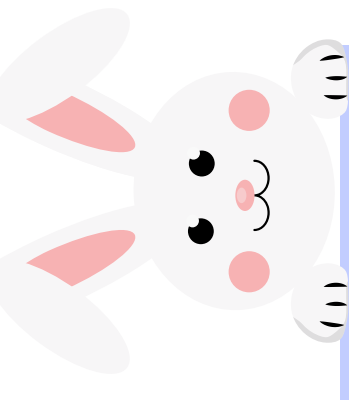


La Plaza -

Programación/Programming

Abril/April

2026



Follow us / Síguenos
on social media / En las redes Sociales



Lunes/Monday	Martes/Tuesday	Miércoles/Wednesday	Jueves/Thursday	Viernes/Friday
6 Healing Circle/Círculo de Sanación 10:00-11:30 am Amamantando con Amor 4:00-7:00 pm	7 Taller/ Workshop: Renueva Tú Cuerpo @ La Plaza 10:00-11:30 Am	1 Grupo de Apoyo Perinatal: Un Espacio para SANAR Perinatal Support Group: A Space to HEAL 9:30 am -12:30 pm Clase de ejercicio / Exercise Class 10:00-11:00 am	2 Cafecito Creativo 9:30-11:00 am	3 CERRADO a la comunidad por desarrollo del personal y reuniones. Citas disponibles solo si tiene cita previa con su manejador(a) de casos
13 Healing Circle/Círculo de Sanación 10:00-11:30 am Amamantando con Amor 4:00-7:00 pm	14 Taller/ Workshop: Renueva Tú Cuerpo @ Bayer Farm 10:00-11:30 Am	8 Grupo de Apoyo Perinatal: Un Espacio para SANAR Perinatal Support Group: A Space to HEAL 9:30 am -12:30 pm Clase de ejercicio / Exercise Class 10:00-11:00 am	9 Cafecito Creativo 9:30-11:00 am	10 CLOSED to the community for staff development and meetings. Appointments available only if you have a prior appointment with your case manager.
20 Healing Circle/Círculo de Sanación 10:00-11:30 am Amamantando con Amor 4:00-7:00 pm	21 No taller /No Workshop	15 Grupo de Apoyo Perinatal: Un Espacio para SANAR Perinatal Support Group: A Space to HEAL 9:30 am -12:30 pm Clase de ejercicio / Exercise Class 10:00-11:00 am	16 Cafecito Creativo 9:30-11:00 am	17 CERRADO a la comunidad por desarrollo del personal y reuniones. Citas disponibles solo si tiene cita previa con su manejador(a) de casos
27 Healing Circle/Círculo de Sanación 10:00-11:30 am	28 No taller /No Workshop	22 Grupo de Apoyo Perinatal: Un Espacio para SANAR Perinatal Support Group: A Space to HEAL 9:30 am -12:30 pm Clase de ejercicio / Exercise Class 10:00-11:00 am	23 Cafecito Creativo 9:30-11:00 am	24 CLOSED to the community for staff development and meetings. Appointments available only if you have a prior appointment with your case manager.
		29 Grupo de Apoyo Perinatal: Un Espacio para SANAR Perinatal Support Group: A Space to HEAL 9:30 am -12:30 pm Clase de ejercicio / Exercise Class 10:00-11:00 am	30 Cafecito Creativo 9:30-11:00 am	

Conéctate con nosotros / Connect with us

¿Necesitas pañales, leche para tu bebé o comida? Estamos aquí para apoyarte— llámanos. / Need diapers, baby formula, or food? We're here to help—call us.



707-393-8700



2800 Cleveland Ave. Suite C,
Santa Rosa, CA 95403

Horario / Hours of

Operation 8:00 am - 4:30 pm

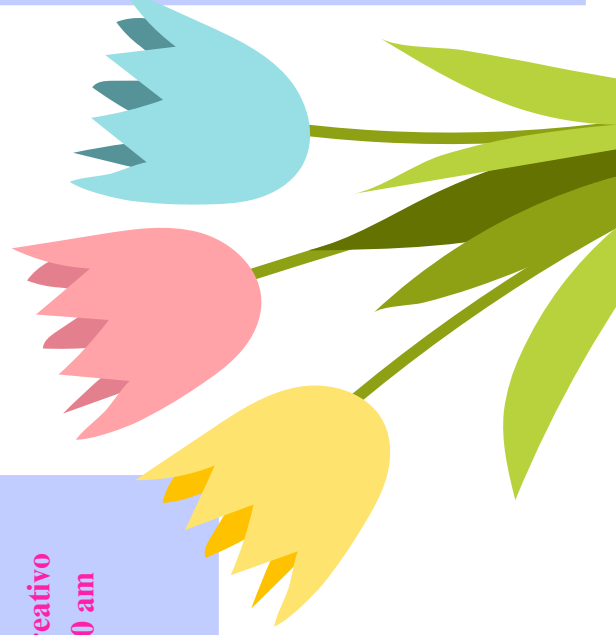


info@laplazancc.org

Visit us online / Visítenos en

Línea

La Plaza

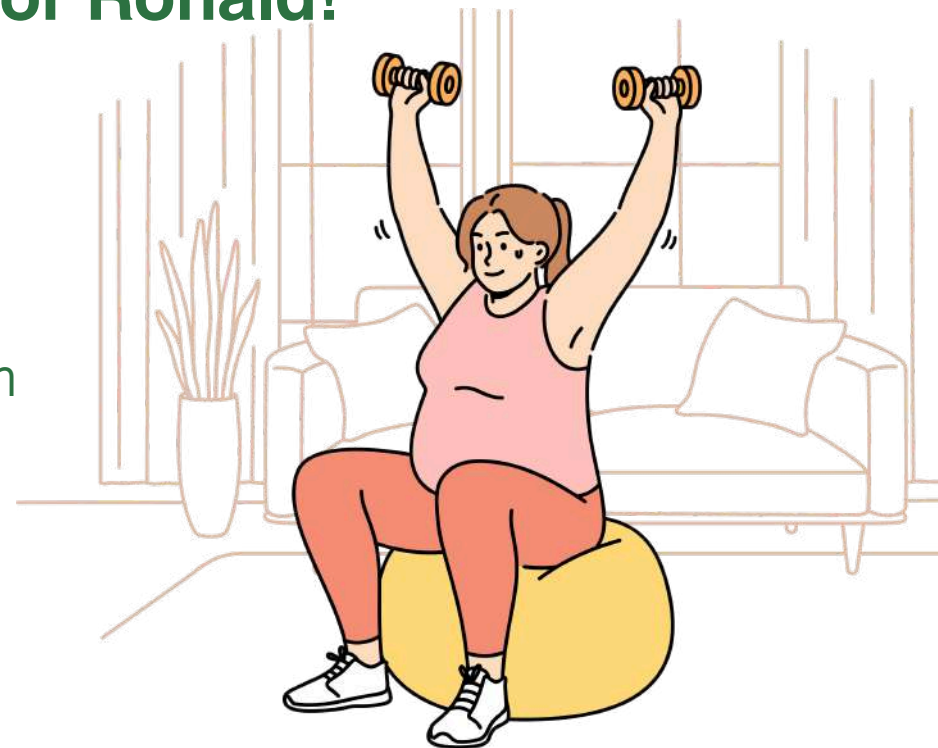


Clase de Ejercicio

De Baja Intensidad

¡Acompáñanos a una serie de seis semanas dirigida por Ronald!

- ✓ Semana 1: Comparte tus objetivos
- ✓ Semanas 2–4: Ejercicios guiados con consejos para practicar en casa
- ✓ Semanas 5–6: Seguimiento y ajustes



Esta clase promueve el bienestar, la movilidad y hábitos saludables en un espacio grupal acogedor.

Para registrarse llámenos al (707) 393-8700

HORARIO Miércoles de 10–11:00am
DIRECCIÓN 2800 Cleveland Ave. Suite C
Santa Rosa CA 95403
www.laplazanc.org





Renueva tu Cuerpo



LIMPIEZA NATURAL DESDE ADENTRO, PARA MÁS ENERGÍA Y BIENESTAR.
APRENDE A PREPARAR UN POPURRY DE PLANTAS DETOX, CONSEJOS,
REMEDIOS Y MAS.



Para Registrarse llámenos al (707) 393-8700

Martes Abril 14, 2026
10:00 am - 11:30 am



Bayer Farm: 1550 West Ave,
Santa Rosa, CA 95407





Renueva tu Cuerpo



LIMPIEZA NATURAL DESDE ADENTRO, PARA MÁS ENERGÍA Y BIENESTAR.
APRENDE A PREPARAR UN POPURRY DE PLANTAS DETOX, CONSEJOS,
REMEDIOS Y MAS.



Para Registrarse llámenos al (707) 393-8700

Martes Abril 07, 2026
10:00 am - 11:30 am

2800 Cleveland Ave. Suite C, Santa Rosa, CA 95403

¡Viva! Cafecito Creativo

¡Ven y acompáñanos!

Nuestro propósito es reunirnos y brindar un espacio de seguridad, pertenencia y convivencia al mismo tiempo que enseñamos y aprendemos unos de otros.



HORARIO

Todos los Jueves de 9:30-
11:00am

DIRECCIÓN

2800 Cleveland Ave. Suite C
Santa Rosa CA 95403
www.laplazanc.org



Grupo de Apoyo: Círculos de Sanación

¿Buscas un espacio seguro para compartir, sanar y conectar?

Únete a nuestro Grupo de Apoyo: Círculos de Sanación, donde podrás reflexionar, expresar tus emociones y participar en actividades creativas como arte y manualidades.

Todos son bienvenidos a compartir sus talentos. Un espacio de comunidad, apoyo emocional y crecimiento personal.

Para registrarse llámenos al (707) 393-8700

HORARIO Todos los lunes de 10-11:30am

DIRECCIÓN 2800 Cleveland Ave. Suite C
Santa Rosa, CA 95403



www.laplazanc.org



ABSTRACT APRIL

LGBTQIA+ YOUTH SUPPORT GROUP (12-18)

THURSDAYS 6:30-8:30PM

4/2: CHECK-IN NIGHT

4/9: ART NIGHT

4/16: BOARD GAME NIGHT

**4/23: DISCUSSION NIGHT:
HOW TO DEAL WITH BULLYING**

4/30: MOVIE NIGHT

POSITIVE
IMAGES

LGBTQIA+ ADULT SUPPORT GROUP

FRIDAYS 6:30-8:30PM (18+)

4/3 : Check-In Night*

**4/10: Art Night:
Split Coloring**

**4/17: Board Game Night:
Murder Mystery**

**4/24: Discussion Night:
Talk with a (sex ed) Doc!**

***= online**

GRUPO SOCIAL
LATINE CUIR (18+)

En Persona de 6:30pm a 8:30pm

Eventos Trimestrales



15 de Abril 2026
Caminata de Fotos



20 de Mayo 2026
Noche de Karaoke



17 de Junio 2026
Diario de Amor

POSITIVE IMAGES ES UN ESPACIO
COMUNITARIO SOBRIO Y SEGURO.

POSITIVE
IMAGES

SOCIAL SATURDAY

**Cloverdale Regional
Library**

Saturday April 11th, 2026

11am - 2pm

All Ages

POSITIVE
IMAGES

SÁBADO SOCIAL

**Biblioteca Regional de
Cloverdale**

Sábado 11 de abril, 2026

11am - 2pm

Todas las edades

Voices 

YOUTH PROGRAMS

Barbecue!



FOOD! Games! Resources!



ON FRIDAY, MAY 29TH

AT 3:00 - 6:00

Will be held at Tamayo Village!

1700 YULUPA AVE



Rutas y Aventuras

de Jack London Park Partners

& senderos  naturales

un proyecto de Sonoma Ecology Center



Acompaña a Jack London Park Partners y Sonoma Ecology Center para un mes de talleres y excursiones. Hablaremos acerca de la biodiversidad del Valle de Sonoma, y te enseñaremos cómo usar las aplicaciones de Merlin Bird ID y iNaturalist. Continuaremos con dos caminatas para poner en práctica lo que aprendimos durante el fin de semana del Reto Naturalista Urbano.

Transporte gratuito disponible; detalles en nuestro sitio web, con el código QR, por email en senderos@sonomaecologycenter.org, o llamando a Mario al 707-387-4087 o Alma al 707-247-5767.

EVENTOS EN ABRIL 2026

7 de abril: “Como identificar lo que vez en tus Parques” en Sonoma Valley Regional Library

24 de abril: Reto Naturalista urbano en Jack London State Historic Park

25 de abril: Reto Naturalista urbano Sugarloaf Ridge State Park



senderos naturales

a project of Sonoma Ecology Center



We invite Latino families to join us in Senderos Naturales at Sugarloaf Ridge State Park! Families enjoy and learn about nature through free events such as hikes, workshops, campouts, and other activities led by Latino leaders in Spanish or bilingually. Free transportation is available; details on our website, through the QR code, by emailing senderos@sonomaecologycenter.org, or by calling Mario (707-387-4087) or Alma (707-247-5767).

Upcoming events in 2026



April 4: Flora

April 7: Presentación: “Como identificar lo que ves en tus parques” en Sonoma Valley Regional Library con Jack London Park Partners

April 12: Senderos in Van Hooser

April 24 y 25: Reto NaturaLista Urbano en Jack London State Historic Park y Suga



senderos naturales

un proyecto de Sonoma Ecology Center



¡Invitamos a las familias latinas a acompañarnos en el programa Senderos Naturales en **Sugarloaf Ridge State Park**! Este programa gratuito se dedica a educar familias sobre la naturaleza a través de caminatas, talleres, campamentos, y otras actividades guiadas en español. **Transporte gratuito disponible**; detalles en nuestro sitio web, con el código QR, por email en senderos@sonomaecologycenter.org, o llamando a Mario al 707-387-4087 o Alma al 707-247-5767.

Próximos eventos en 2026



April 4: Flora

April 7: Presentación: "Como identificar lo que ves en tus parques" en Sonoma Valley Regional Library con Jack London Park Partners

April 12: Senderos in Van Hooser

April 24 y 25: Reto NaturaLista Urbano en Jack London State Historic Park y Sugarloaf





SOUTH PARK COMMUNITY RESOURCE FAIR

Saturday, May 16 – 11:00 am – 1:00 pm
Martin Luther King Jr. Park
1671 Hendley Street, Santa Rosa

**Come learn about programs and services
that can help you and your family.**



Job training and employment



Senior services



Community and crisis services



Family and youth activities



Housing resources



Education opportunities



Mental and healthcare services

FREE ADMISSION * FREE FOOD * PRIZES

THANK YOU FOR SUPPORTING OUR EVENT!





FERIA DE RECURSOS COMUNITARIOS DE SOUTH PARK

Sábado, 16 de mayo – 11:00 am – 1:00 pm

Parque Martin Luther King Jr.
1671 Hendley Street, Santa Rosa

**Venga a conocer los programas y servicios
que pueden ayudarle a usted y a su familia.**



Capacitación laboral y empleo



Servicios para personas mayores



Servicios comunitarios y de crisis



Actividades para familias y jóvenes



Recursos de vivienda



Oportunidades educativas



Servicios de salud física y mental

ENTRADA GRATUITA * COMIDA GRATIS * PREMIOS

¡GRACIAS POR APOYAR NUESTRO EVENTO!





RECREATION SENSATION SUMMER CAMP 2026

JUNE 15-JULY 23

*CAMPS CLOSED 6/19 & 7/3

MONDAY-FRIDAY: 8:30AM - 5:30PM

GRADES: K-6 (2025-26 SCHOOL YEAR)


SCHOOL SITE: PINER HIGH SCHOOL

COST: FREE!



REGISTRATION OPENS APRIL 2ND!

HOW TO REGISTER:

FOLLOW THE QR CODE! 

Register for the program at the
Finley Community Center
(2060 West College Ave., Santa Rosa)
Monday-Friday, 9am-5pm, or call
(707) 543-3737.

For questions, email:
NeighborhoodServices@srcity.org





SENSACIÓN DE RECREACIÓN

CAMPAMENTOS DE VERANO 2026

15 DE JUNIO-23 DE JULIO

*CAMPAMENTO CERRADO 6/19 Y 7/3

LUNES - VIERNES; 8:30AM - 5:30PM

GRADOS: K-6 (AÑO ESCOLAR 2025-26)

SITIOS ESCOLARES: ESCUELA SECUNDARIA PINER

COSTO: GRATIS!



¡LAS INSCRIPCIONES SE ABREN EL 2 DE ABRIL!

CÓMO REGISTRARSE:

SIGUE EL CÓDIGO QR 

Regístrate en persona en el Finley
Community Center
(2060 West College Ave., Santa Rosa)
De lunes a viernes, de 9:00am a 5:00pm,
o llamando al (707) 543-3737.

Preguntas: Escriba a
NeighborhoodServices@srcity.org





RECREATION SENSATION SUMMER CAMP 2026

JUNE 15-JULY 23

*CAMPS CLOSED 6/19 & 7/3

MONDAY-FRIDAY: 8:30AM - 5:30PM

GRADES: 1-7 (2026-27 SCHOOL YEAR)

SCHOOL SITE: PINER HIGH SCHOOL

COST: FREE!



REGISTER NOW!

HOW TO REGISTER:

FOLLOW THE QR CODE!



Register for the program at the
Finley Community Center
(2060 West College Ave., Santa Rosa)
Monday-Friday, 9am-5pm, or call
(707) 543-3737.

For questions, email:
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SENSACIÓN DE RECREACIÓN CAMPAMENTOS DE VERANO 2026

15 DE JUNIO-23 DE JULIO

*CAMPAMENTO CERRADO 6/19 Y 7/3

LUNES - VIERNES; 8:30AM - 5:30PM

GRADOS: 1-7(AÑO ESCOLAR 2026-27)

SITIOS ESCOLARES: ESCUELA SECUNDARIA PINER

COSTO: GRATIS!



¡REGÍSTRATE AHORA!

CÓMO REGISTRARSE:

SIGUE EL CÓDIGO QR 

Regístrese en persona en el Finley
Community Center
(2060 West College Ave., Santa Rosa)
De lunes a viernes, de 9:00am a 5:00pm,
o llamando al (707) 543-3737.

Preguntas: Escriba a
NeighborhoodServices@srcity.org





AN INSIDER EXPERIENCE WITH SRPD

COMMUNITY POLICE EXPERIENCE

Learn more about your Santa Rosa Police Department:

SWAT Operations
Defensive Tactics
Traffic Enforcement
Narcotics

Crime Scene Investigation
Use of Force
K9 Operations
Communications

WEDNESDAY EVENINGS

APRIL 8- MAY 20, 2026

6:00 PM — 9:00 PM

SATURDAY, MAY 9, 9:00 AM - 3:00 PM

GRADUATION MAY 21, 6:00 - 7:30 PM



Please apply before April 5, 2026

Visit SRCity.org/YCPE for more info and to download the application.





thezonesyouth.org



SUMMER camp

Summer Mini-Camps

Sweet Skills Studio

6/15-6/19 Ages 9-12



ALL SPORTS CAMP

6/15-6/19 AGES 6-9

3D PRINTING & DESIGN LAB

7/13-7/17 AGES 8-12





**COMMUNITY
MATTERS**

Safe School
Ambassadors®

21ST ANNUAL UPSTANDER LUNCHEON

Empowering Youth,
Transforming Communities

Friday, May 15, 2026
11:30 AM to 2:00 PM

Sally Tomatoes
at SOMO Village
1100 Valley House Dr,
Rohnert Park, CA 94928



Join us for a powerful luncheon celebrating the students and adults building safer, more inclusive schools for the next generation.

Purchase tickets or become a sponsor and invest in the young leaders creating lasting change across Sonoma County.



[Become a
Sponsor](#)



[Luncheon
Tickets](#)

Contact: Max Buschman | mbuschman@community-matters.org | 707-823-6159

YC ⚡ DC



CAMPAMENTO DE VERANO YOUTH CONNECTIONS

VERANO 2026

**i7 semanas de diversión,
amistad y descubrimientos
este verano!**

El campamento de verano Youth Connections Day Camp (YCDC) de Keystone regresa este verano de 2026 y este año lo ampliamos a siete emocionantes semanas de conexión, creatividad y comunidad para adolescentes que ingresan a los grados 7 a 12.



**PARA ADOLESCENTES
DE 7.º A 12.º GRADO.**

**Keystone Therapy & Training Services
4415 Sonoma Hwy. Suite B.
Santa Rosa, CA 95409
www.keystone.love 707-327-0909**



SCAN HERE

GRATIS PARA BENEFICIARIOS VERIFICADOS DE PARTNERSHIP MEDI-CAL

YC ⚡ DC



YOUTH CONNECTIONS DAY CAMP

SUMMER 2026

**7 weeks of summer Fun,
Friendship, and Discovery!**

Keystone's Youth Connections Day Camp (YCDC) is returning this Summer 2026 and this year we're expanding to seven exciting weeks of connection, creativity, and community for teens entering grades 7-12.



**FOR TEENS IN
GRADES 7-12**

Keystone Therapy & Training Services
4415 Sonoma Hwy. Suite B.
Santa Rosa, CA 95409
www.keystone.love 707-327-0909



FREE FOR VERIFIED PARTNERSHIP MEDICAL RECIPIENTS