



Community Events
July 2026



Buckelew Programs Sonoma
Family Service Coordination
2235 Mercury Way, Suite 107
Santa Rosa, CA 95407
(707) 571-8452

Useful Phone Numbers

Access Team: _____ (707) 565-6900

The Access Team initiates services for Sonoma County Behavioral Health, provides assessment, linkage, information and referral for mental health services for children, youth, and adults.

SCBH Substance Use Disorder Services: _____ (707)565-7450

Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal or are Medi-Cal eligible.

Al-Anon/ Alateen (24 Hour Hotline): _____ (707) 575-6760

NA Fellowship (24 Hour Hotline): _____ (707) 324-4062

AA Fellowship (24 Hour Hotline): _____ (707) 544-1300

Consumer Education & Affairs: _____ (707) 565-7809

Mobile Support Team Crisis Call Center – 24 Hours: _____ (800) 746-8181

Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24/7. People can receive support over the phone or request an in-person response.

inRESPONSE: _____ 707-575-HELP (4357)

Mobile support for individuals experiencing a mental health crisis in Santa Rosa.

SAFE Team: _____ 707-781-1234 (Petaluma)

SAFE Rohnert Park: 707-584-2612 | **SAFE Cotati & SSU:** 707-792-3611 | **San Rafael:** 415-458-7233

The SAFE team is a civilian first responder program addressing crisis response for vulnerable community members with mental health, substance abuse, and homelessness. To find out more about the program, please email SAFE@petalumapeople.org.

CSU (Crisis Stabilization Unit – 24 Hours): _____ (707)565-4970

CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.

Human Services (General Assistance, Food Stamps, Medi-Cal): _____ (707)565-2715

Human Services provides benefits for those in need and improve the well-being of individuals and families.

Interlink Self Help Center: _____ (707)546-4481

Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search _____ 211

Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

NAMI Warmline: _____ (866)960-6264

The NAMI Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Wellness and Advocacy Center: _____ (707)565-7800

Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.

Petaluma Peer Recovery Center: _____ (707)565-1299

Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.

Russian River Empowerment Center: _____ (707)823-1604

Ext. 207 Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

Social Security Office (Benefits): _____ 1-877 870-6384 or 1-877-890-8459

VA Member Services (Santa Rosa): _____ (707) 524-6232

CPI (Child Parent Institute) _____ (707)284-3444

Offers a variety of parent education and family support services to help parents and caregivers provide a strong, loving, and healthy home for their children.

988 Suicide & Crisis Lifeline: _____ 988

Call or text 988 to connect with the Suicide & Crisis Lifeline for immediate, free, and confidential support available 24/7.

Verity (Crisis Line): _____ (707)545-7273

24/7 Crisis line and support to anyone affected by sexual assault: survivors, their families, and friends.

Behavioral Health Crisis Support (Mental Health, Substance Use, Suicide)

From any phone in the U.S. (24/7):

Call 911: In medical emergency or imminent danger.

Call 988: Connect with a trained crisis counselor.

Sonoma County Mobile Support Team (MST) Crisis Call Center (24/7)

800-746-8181

Phone support for anyone in Sonoma County. MST works closely with inRESPONSE and SAFE and can coordinate a mobile crisis response. Mobile crisis teams co-respond with law enforcement when safety is issue.

inRESPONSE Mental Health Support Team

Santa Rosa (24/7)

707-575-4357

For Health System Navigation Assistance
707-204-9756 or email: inresponse@srcity.org
8 am - 5 pm, weekdays

SAFE Teams (24/7)

SAFE-Petaluma: 707-781-1234
SAFE-Rohnert Park: 707-584-2612
SAFE-Cotati & SSU: 707-792-3611



NAMI Sonoma County (9-5, Mon-Fri)
866-966-6264 or info@namisoco.org
Non-crisis mental health education, support, information, referrals.

Apoyo en Crisis de Salud Conductual

(Salud Mental, Uso de Sustancias, Suicidio)

Desde cualquier teléfono en los EE. UU. (24/7):

Llame al **911**: En caso de emergencia médica o peligro inminente.

Llame al **988**: Conéctese con un consejero de crisis capacitado.

Equipo Móvil de Apoyo del Condado de Sonoma (MST)

Centro de Llamadas de Crisis (24/7): 800-746-8181

Apoyo telefónico para cualquier persona en el Condado de Sonoma. El MST trabaja en estrecha colaboración con inRESPONSE y SAFE y puede coordinar una respuesta móvil de crisis. Los equipos móviles de crisis co-responden con las fuerzas del orden cuando hay un problema de seguridad.

Equipo de Apoyo de Salud Mental inRESPONSE

Santa Rosa (24/7) 707-575-4357

Para asistencia de navegación del sistema de salud

707-204-9756 o correo electrónico:

inresponse@srcity.org

Horario: 8 am - 5 pm, de lunes a viernes

Equipos SAFE (24/7)

SAFE-Petaluma: 707-781-1234

SAFE-Rohnert Park: 707-584-2612

SAFE-Cotati & SSU: 707-792-3611



**NAMI Condado de Sonoma (9-5, Lun-Vie)
866-966-6264 o info@namisoco.org Educación
en salud mental, apoyo, información y
referencias no relacionadas con crisis.**



What is the Mobile Support Team (MST)?

MST is the Sonoma County Behavioral Health crisis response services program supported by the Board of Supervisors and Measure O. We are a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises in the community since 2012.

Call Center: 800-746-8181

The new MST Crisis Call Center is staffed **24/7 and** triages crisis calls from the community. Staff provide support over the phone and deploy a crisis response team to the crisis location when needed.

New Expanded Response

MST can:

- Provide de-escalation, safety planning, crisis assessment, 5150 assessment, and provide a follow-up service for all calls.
- Respond without Law Enforcement to mental health and substance use calls where there is no safety concern for the individual or crisis response team.
- Securely transport individuals to an appropriate crisis care facility when safe to do so.
- Co-respond with Law Enforcement when there is a safety concern and/or when requested by Law Enforcement.

24/7 County-Wide Mobile Crisis Services

MST mobile crisis response teams are available to provide on-scene support 24/7 and our Call Center will coordinate with other crisis response teams to ensure a 'no wrong door' approach to providing county-wide crisis services.

800-746-8181



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800-746-8181



¿Qué es el Equipo de Apoyo Móvil (MST)?

MST es el programa de servicios de respuesta a crisis de Salud Mental del Condado de Sonoma, apoyado por la Junta de Supervisores y la Medida O. Somos un grupo de profesionales dedicados y compasivos que brindan apoyo a personas y familias que están atravesando una crisis de salud conductual. Hemos estado respondiendo a crisis en la comunidad desde 2012.

Centro de Llamadas: 800-746-8181

El nuevo Centro de Llamadas de Crisis de MST está disponible las 24 horas, los 7 días de la semana, y se encarga de clasificar las llamadas de crisis de la comunidad. El personal brinda apoyo por teléfono y despliega un equipo de respuesta en caso de crisis cuando es necesario.

Nueva Respuesta Ampliada

MST puede:

- Brindar desescalamiento, planificación de seguridad, evaluación de crisis, evaluación para detención 5150 y seguimiento para todas las llamadas.
- Responder sin la presencia de la policía a llamadas relacionadas con salud mental y uso de sustancias, cuando no hay preocupación de seguridad para la persona ni para el equipo respondiendo.
- Transportar de manera segura a las personas a un centro de atención de crisis apropiado, cuando sea seguro hacerlo.
- Responder junto con la policía cuando haya una preocupación de seguridad y/o cuando la policía lo solicite.

Servicios de Crisis Móviles en Todo el Condado, 24/7

Los equipos móviles de respuesta a crisis de MST están disponibles para brindar apoyo en la escena las 24 horas del día, los 7 días de la semana. Nuestro Centro de Llamadas coordina con otros equipos de respuesta a crisis para asegurar un enfoque de “ninguna puerta equivocada” al proporcionar servicios de crisis en todo el condado.

800-746-8181



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800-746-8181

Family Service Coordination Team

July 2026



SUN	MON	TUE	WED	THU	FRI	SAT
			1 Youth S.O.S. Support Group 6pm Grupo de Apoyo Sobrevivientes de Suicidio 6:30 a 8pm	2	3	4 4TH of July
5	6	7 Bilingual Community Resource Clinic 3pm-4:30pm	8 S.O.S (25+): Allies for Hope 7pm-8:30	9	10	11
12	13 SCBH Family Support & Education Group 4pm-6pm	14 Bilingual Community Resource Clinic 3pm-4:30pm	15 Youth S.O.S. Support Group 6pm	16	17 Community Partner Connections (CPC) 2pm-4pm	18
19	20	21 Bilingual Community Resource Clinic 3pm-4:30pm	22 S.O.S (25+): Allies for Hope 7pm-8:30	23	24	25
26	27	28 Bilingual Community Resource Clinic 3pm-4:30pm	29	30	31	



Family Service Coordination Team

The Family Service Coordination Team is a peer/family-run program, staffed by those with their own lived experiences with behavioral health challenges and/or supporting impacted loved ones. Our team of dedicated system navigators offer compassionate, 1:1 support as well as group support for families & allies.

Support Groups

Sonoma County Behavioral Health Family Education & Support Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

**2nd Monday of Every Month
4:00 PM - 6:00 PM
Bucklelew Office**

Main Adult Detention Facility Family Education & Support Group

We invite you to join us to learn additional ways to support your loved ones while in custody. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the services available within the correctional system..

**4th Wednesday of Every Month
6:00pm-7:30pm
RSVP Required**



Bilingual Community Resource Clinic / Clinica Bilingue de Recursos Comunitarios

Weekly drop-in hours for anyone seeking Sonoma County resources, with bilingual navigators on-site to provide support and guidance. / Horario semanal de atención sin cita previa para cualquier persona que busque recursos del Condado de Sonoma, con navegadores bilingües disponibles para brindar apoyo y orientación.

**Every Tuesday / Cada Martes
3:00 PM - 4:30 PM
Bucklelew Office / Oficina de Buckelew**

Grupo de Apoyo para Trans Unid@s

Un espacio de diálogo y apoyo para conversar sobre identidad, emociones y la vida diaria, enfocado en la salud mental, el bienestar y el autocuidado. El grupo fomenta el empoderamiento, el apoyo entre compañeras, el intercambio de experiencias y el acceso a recursos e información; ¡Todas son bienvenid@s!

**Contacte el 707-787-6680 o
ViviannaD@Bucklelew.org para más información**

If you are interested in joining our support meetings, please contact:
707-571-8452 or Fsc@bucklelew.org

BILINGUAL COMMUNITY RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.



Where:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:

Every Tuesday @ 3pm

Tue, Jul 7th

Tue, Jul 14th

Tue, Jul 21st

Tue, Jul 28th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:

MarisabelM@buckelew.org | 707-513-5135

Fsc@buckelew.org | 707-571-8452



CLINICA BILINGUE DE RECURSOS COMUNITARIOS

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.



Donde:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

Cuando:

Cada Martes a las 3pm
7 de julio
14 de julio
21 de julio
28 de julio

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

NicoleN@Buckelew.org 707-494-0762 (se habla Español)

Fsc@buckelew.org | 707-571-8452





Family Service
Coordination Team



Sonoma County Behavioral Health Family Support & Education Group



**Monday
JUL
13TH
4pm-6pm
In Person**



Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

Questions?

**Contact the Family Service
Coordination Team:**

Fsc@buckelew.org 707-571-8452

MarisabelM@buckelew.org 707-513-5135

**2235 Mercury Way, Suite 107
Santa Rosa, CA 95407**

www.buckelew.org



GRIEF COUNSELING & SOS:

ALLIES FOR HOPE GROUP MEETING AGES 25+

Buckelew Programs offers a safe place in our community for families and loved ones of people have died by suicide to safely share their experiences with others who are similarly affected. This is a peer-to-peer group that meets virtually. The group is led by trained Buckelew Staff Member Chris Nihil.



SOS: Allies for Hope

Survivors of Suicide Bereavement Support Group (SOS) via zoom on the 2nd and 4th Wednesdays every Month from 7 -8:30pm.

Grief Counseling Hotline

24/7 Grief Support Hotline providing Free AND Confidential resources

Call: 415-499-1195

To Join, Please Email:

Email: SOSinfo@buckelew.org



GRUPO DE APOYO para sobrevivientes de suicidio

Cuando: cada primer miércoles del mes
de 6:30 a 8:00 pm

Dirigido a: familias que han perdido seres
queridos por suicidio

Dónde: via Zoom

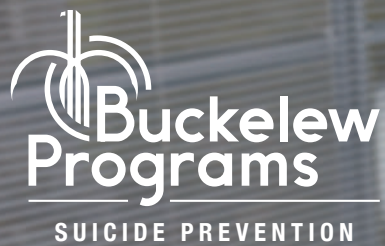
Para participar: llama al 415-858-5827
o manda un correo electrónico a
marioc@buckelew.org

Este es un grupo de mutuo apoyo que se reúne virtualmente. El grupo está liderado por dos empleados de Buckelew entrenados como facilitadores, Hilda Castillo y Mario Castillo-Guido.

Los Programas Buckelew ofrecen un lugar seguro en nuestra comunidad para que las familias y seres queridos de personas que buscan conocer y compartir de forma segura sus experiencias con otras personas sobre la Salud Emocional.

Buckelew.org





FREE Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 1st and 3rd Wednesday at 6pm, every month on Zoom

Who: This group is FREE and open to youth and young adults 14–24 years old who've lost a friend, family member, classmate, co-worker or partner to suicide.

Where: Meetings are virtual on Zoom

To register or for more information:

Please contact: Shriya Ambre
Shriyaa@Buckelew.org
415-328-3382

Buckelew Programs offers a safe place in our community for families and loved ones of those who have lost someone to suicide to safely share their experiences with others who are similarly affected.

Buckelew.org



If you or someone you know is struggling or in crisis, help is available.
Call or text 988 or chat 988lifeline.org.

Warmline: 866-960-6264
182 Farmers Lane, #202
Santa Rosa CA 95405

Family Support Group

For family members, friends and caregivers (ages 18+). Meets on Zoom every Tuesday, and in-person on Thursdays at 2 pm in our office. **Register at namisoco.org/groups.**

Connection Support Group

For individuals (ages 18+) living with mental health challenges. Meets on Zoom every Tuesday. **Register at namisoco.org/groups.**

Family-to-Family

8-session education program for family members who support a loved one with serious mental illness. To register, visit namisoco.org/F2F.

De Familia a Familia de NAMI

We are looking for participants!



Ask us about any of these free programs!

Visit: namisoco.org
Call: 866-960-6264
Email: nferro@namisoco.org

JULY 2026

CARE Court in Sonoma County: An Update & Conversation
Monday, July 27, 2026, 6:00-7:15 PM; Attend in person or via Zoom
NAMI Sonoma County welcomes Lynne Stark-Slater, Chief Deputy Public Defender, Sonoma County Public Defender's Office. Learn about CARE Court and its role in connecting people with serious mental health issues to services. To attend in person, please email nferro@namisoco.org, to reserve your seat. To attend via Zoom, please register at namisoco.org/talks to receive the Zoom meeting link.

NAMI Family-to-Family
New 8-week class begins Sept. 2, 2026
Meets in person Wednesdays, 6:00-8:30 PM at NAMI Sonoma County. Registration is required at namisoco.org/F2F.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
	Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	Family-to-Family Class #5 (In-Person) 6:00-8:30 PM <u>Registration required.</u>	Family Support Group (In-Person) 2:00-3:30 PM	Office Closed Independence Day
6	7	8	9	10
	Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	Family-to-Family Class #6 (In-Person) 6:00-8:30 PM <u>Registration required.</u>	Family Support Group (In-Person) 2:00-3:30 PM	
13	14	15	16	17
	Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	Family-to-Family Class #7 (In-Person) 6:00-8:30 PM <u>Registration required.</u>	Family Support Group (In-Person) 2:00-3:30 PM	
20	21	22	23	24
	Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	Family-to-Family Class #8 (In-Person) 6:00-8:30 PM <u>Registration required.</u>	Family Support Group (In-Person) 2:00-3:30 PM	
27	28	29	30	31
CARE Court in Sonoma County: An Update & Conversation (In-Person & Virtual) 6:00-7:15 PM	Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM		Family Support Group (In-Person) 2:00-3:30 PM	

CARE Court An Update & Conversation



Monday, July 27, 2026

6:00 - 7:15 PM

At NAMI Sonoma County
182 Farmers Lane #202
Santa Rosa CA 95405

To attend in person, please email nfierro@namisoco.org, to reserve your seat. To attend via Zoom, please register at namisoco.org/talks to receive the Zoom meeting link.

NAMI Sonoma County welcomes **Lynne Stark-Slater, Chief Deputy Public Defender**, Sonoma County Public Defender's Office, for a presentation on CARE Court. Join us **in person or on Zoom**.

If you are not sure what CARE Court is, how it can connect individuals with serious mental health issues with mental health and housing services, what's required for eligibility, how to get that civil court process started, or what to expect along the way, this presentation will help.

If you have heard of CARE Court, but still have questions, petitioned the Court, would like to know how eligibility has changed, who has benefited, or if you still have questions about how this civil court process is working in Sonoma County, this presentation will help.

NAMI Family Support Group

Are you the parent, sibling, partner or friend of someone with a mental health condition? Need support for yourself and your loved one? Connect with others who have been there too in our free, drop-in group. Offered on Zoom and in person.



NAMI Family Support Group is a resource for families affected by mental illness, many of whom have never spoken about their experiences to neighbors, friends, and loved ones. Connect with others who have managed similar challenges. Share resources and perspectives to help someone who feels stuck. Learn how to take care of yourself while supporting a family member who is living with a mental illness such as depression, bipolar disorder, schizophrenia, and more.

What to expect from a Family Support Group:

- Weekly meetings, 60-90 minutes long
- Drop-in and free of charge
- Designed for adult family members and caregivers of people experiencing mental illness
- Facilitated by a trained team of family members
- Safe and confidential.

*"NAMI Family Support Group has helped me to recognize how to deal with mental illness in our family, and how to **take care of myself.**"*

*"I have made **friends who understand** what it's like to have a child with mental illness."*

*"Finding the NAMI support groups has **saved my life** ... I cannot thank NAMI enough."*

In Person

at NAMI Sonoma County
182 Farmers Lane #202, Santa Rosa
No RSVP required.

Every Thursday,
2:00-3:30 PM

(New! Starts August 2026)

1st & 3rd Thursdays,
6:00-7:30 PM

On Zoom

Register at namisoco.org/groups.

1st, 3rd & 5th Tuesdays,
6:00-7:00 PM

2nd & 4th Tuesdays,
4:30-5:30 PM

NAMI Sonoma County (National Alliance on Mental Illness)

182 Farmers Lane #202
Santa Rosa, CA 95405

866.960.6264 | www.namisoco.org | info@namisoco.org



JULY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>DROP-IN HOURS TUE-FRI, 1-6 PM</p>		<p>1 Movie Club: Bugonia 2:00-5:00 PM</p> <p>Financial Aid Appts 3:00 PM - 5:00 PM</p>	<p>2</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>3</p> <p>CLOSED IN OBSERVANCE OF JULY 4TH</p>
<p>6</p>	<p>7 College Search and Application Workshop Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>8 Movie Club: The Big Lebowski 2:00-5:00 PM</p> <p>Financial Aid Appts 3:00 PM - 5:00 PM</p>	<p>9</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>10</p> <p>CLOSED FOR A STAFF EVENT</p>
<p>13</p> <p>CENTER CLOSED APPOINTMENTS ONLY</p>	<p>14</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>15</p> <p>Movie Club: Schindler's List 1:30-5:00 PM</p> <p>Financial Aid Appts 3:00 PM - 5:00 PM</p>	<p>16</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>17</p> <p>Paint Grateful Rocks 3:00-5:00 PM</p>
<p>20</p> <p>CENTER CLOSED APPOINTMENTS ONLY</p>	<p>21</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>22</p> <p>Movie Club: NOPE 2:00-5:00 PM</p> <p>Financial Aid Appts 3:00 PM - 5:00 PM</p>	<p>23</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>24</p> <p>Tree of Life Building 3:00-5:00 PM</p>
<p>27</p> <p>CENTER CLOSED APPOINTMENTS ONLY</p>	<p>28</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>29</p> <p>Wellness Group: Mental Health & Technology 3:30-5:00 PM</p> <p>Financial Aid Appts 3:00 PM - 5:00 PM</p>	<p>30</p> <p>Hot Meals 4:00 PM</p> <p>CalFresh & MediCal 1:00 PM - 4:00 PM</p>	<p>31</p> <p>BBQ! 3-6 @ TAMAYO VILLAGE 1700 Yulupa Avenue</p>



@voicessonoma

2800 Cleveland Ave., Ste C, Santa Rosa

(707) 579-4327



Voices
YOUTH PROGRAMS

**TIPS FOR RESEARCHING &
APPLYING TO**

COLLEGE!

TUESDAY, JULY 7TH 2026

3:30PM-5PM

2800 Cleveland Ave, Ste C Santa Rosa Ca
95403



HIGHLIGHTS:

- Are you feeling overwhelmed or don't know where to start? Or simply curious to learn more about finding your next best step?

Well come on down to Voices & Join us for a presentation and conversation on getting ready for college!



Any Questions?

Call (707) 579-4327

OR

anjelica@voicesyouthcenter.org

CONTACT THE ILP TEAM



Andres Cantera
VOICES Operation Manager &
Interim ILP Coordinator
andres@voicesyouthcenter.org

Stephenie McCollum
ILP Case Manager
stephenie@voicesyouthcenter.org
c: (707) 329-5853 | o: 707-579-4327

Leilan Papp
ILP Case Manager
leilan@voicesyouthcenter.org
c: (707) 481-1792 | o: 707-579-4327

Lilly Brown
ILP Youth Advocate
lilliana@voicesyouthcenter.org

Drop-In Center Main Line: 707-579-4327

To maintain confidentiality, Youth Advocates are not the point of contact for case management or individual youth.

Please reach out to program staff for assistance.

Voices
YOUTH PROGRAMS

JULY

BBQ



**FRIDAY
JUL
31**

3-6PM

Music

Free Food

Games

Community

TAMAYO VILLAGE

1700 YULUPA AVENUE, SANTA ROSA

**FOR MORE INFORMATION
PLEASE CONTACT**

stephenie@voicesyouthcenter.org

PAINING WORKSHOP

GRATEFUL ROCKS



TAKE SOME TIME TO
RELAX, AND ENJOY
PAINTING YOUR FAVORITE
GRATITUDE

JULY 17TH, 3-5PM
2800 CLEVELAND AVE, SUITE C
SANTA ROSA, CA 95403

QUESTIONS? CALL US!
707-579-4327

Voices
YOUTH PROGRAMS



WEEKLY PROGRAMS

All weekly programs are hosted at the Positive Images Community Center on 1000 Apollo Way, Santa Rosa.

DROP-IN HOURS: TUESDAY-FRIDAY from 12-6PM

TUES

CO-WORK CAFE

2:30-5pm, all ages

WEDS

WATCH PARTY WEDNESDAY

12-6pm, all ages

CHAOTIC CRAFTING 3:05-5:05pm, all ages

THURS

YOUTH SUPPORT GROUP 6:30-8:30pm, 12-18
(English only)

FRI

FUN GAMES FRIDAY 1-5pm, all ages

ADULT SUPPORT GROUP* 6:30-8:30pm, 18+
(English only) *meets via Zoom Weeks 1 & 3

PROGRAMAS SEMANALES

Todos los programas semanales se llevan a cabo en el Centro Comunitario de Positive Images, ubicado en 1000 Apollo Way, Santa Rosa.

HORAS DE VISITA: MARTES-VIERNES 12-6PM

TUES

CAFE COLABORATIVO

2:30-5pm, todas las edades

WEDS

MIÉRCOLES DE MEDIOS CUIR

12-6pm, todas las edades

THURS

CREACIÓN CAÓTICA

3:05-5:05pm, todas las edades

GRUPO DE JÓVENES

6:30-8:30, 12-18pm (solo inglés)

FRI

JUEGOS DIVERTIDOS DEL VIERNES

1-5pm, all ages

GRUPO DE ADULTOS* 6:30-8:30PM, 18+
(solo inglés) *meets via Zoom Weeks 1 & 3



POSITIVE
IMAGES



LGBTQIA+ ADULT SUPPORT GROUP

Fridays 6:30-8:30 (18+)

~~7/3:~~ CANCELLED

7/10: Check-In Night

7/17: Social Night:
Disability Education

7/24: Discussion Night:
Jurassic Park Critique

7/31: Social Night:
Karaoke





**POSITIVE
IMAGES**



JUICY JULY

LGBTQIA+ YOUTH SUPPORT GROUP (12-18)
THURSDAYS 6:30-8:30PM

7/2: CLOSED



7/9: CHECK-IN NIGHT

7/16: ART NIGHT?



7/23: GAME NIGHT?



7/30: SOCIAL NIGHT?



Social Saturday

JULY 11TH, 2026

12 - 2 PM

SPRING LAKE REGIONAL PARK

Make waves with us at our **Rainbow Splash**
at Spring Lake! All participants will receive
free admission to the water park from 1-1:30 pm.

**FAMILY
FOCUSED!**



JULIO MOVIENDO EL CULO

Grupo Social Latine Cuir (18+)

NOCHE DE ZUMBA

15 de Julio 2026 | 6:30-8:30pm

EN PERSONA: CENTRO COMUNITARIO
DE POSITIVE IMAGES



Presentamos
a nuestro
facilitador



POSITIVE IMAGES ES UN ESPACIO COMUNITARIO SOBRIO Y SEGURO.



**POSITIVE
IMAGES**

QTBIPOC HANGOUT (18+)

QTBIPOC Pool Party!

JULY 12, 2026 | 1 - 3 PM

BENICIA POOL, ROHNERT PARK

Pool entry fee is \$5, but no one will be turn away from lack of funds!

RSVP Here!





**POSITIVE
IMAGES**

QTBIPOC HANGOUT (18+)

¡QTBIPOC Día de la piscina!

12 DE JULIO 2026 | 1 - 3 PM

BENICIA POOL, ROHNERT PARK

La entrada a la piscina cuesta \$5,
pero no se rechazará a nadie por
falta de dinero.

confirma tu
asistencia aquí



Wellness and Advocacy Center Group Schedule

2245 Challenger Way, Ste. 104, Santa Rosa, Ca

(707) 565-7800

Lunes

9:00-9:30 Televisión sobre la Naturaleza
9:30-10:15 Café de conexión
10:15-11:00 Apoyo de Ansiedad
11:15-12:00 Grupo de Salud y Bienestar
12:00-12:15 Anuncios de Bienestar
12:15-1:00 Tiempo de bienestar
1:15-2:00 Apoyo entre Pares
2:00-3:30 Programa de Arte de Expresiones Creativas
2:15-3:00 Recuperacion SMART
2:15-3:00 Bingo de Bienestar
2:15-3:30 Juegos y Mas

Martes

9:00-9:30 Televisión Retro
9:30-10:15 Café de conexión
10:15-11:00 Avanzando
11:15-12:00 Asuntos de Conciencia
12:00-12:15 Anuncios de Bienestar
12:15-1:00 Tiempo de bienestar
12:15-1:00 Visiones & Voces
1:15-2:00 Transiciones
2:00-3:30 Programa de Arte de Expresiones Creativas
2:15-3:30 Juegos y Mas

Miercoles

12:00-1:00 Sesiones de Música
1:00-1:15 Anuncios de Bienestar
1:15-2:00 Diversion con palabras
2:00-3:30 Expresiones Creativas
2:15-3:00 Tiempo de Bienestar
2:15-3:00 Juegos y Mas

Jueves

9:00-9:30 Televisión Retro
9:30-10:15 Café de conexión
10:15-11:00 Vida Exitosa
11:15-12:00 Desarrollo de Carrera
12:00-12:15 Anuncios de Bienestar
12:15-1:00 Tiempo de bienestar
1:15-2:00 Caminando a través de la Depresión
2:00-3:30 Programa de Arte de Expresiones Creativas
2:15-3:30 Juegos y Mas

Viernes

9:00-9:30 Televisión sobre la Naturaleza
9:30-10:15 Café de conexión
10:15-11:00 Explorando Emociones
11:15-12:00 Semillas de Cambio
12:00-12:15 Anuncios de Bienestar
12:15-2:00 Karaoke
2:00-3:30 Programa de Arte de Expresiones Creativas
2:15-3:30 Juegos y Mas

**El centro estará cerrado el viernes 3 de julio
en conmemoración del Día de la
Independencia.**

Julio 2026



WELLNESS AND ADVOCACY CENTER

2245 Challenger Way, Suite 104
Santa Rosa, CA
(707) 565-5800

Please join us on Tuesday July 14th @ 11:00am for a Community Forum presented by the
LEARS FOUNDATION

This forum will be addressing the Fentanyl Crisis in Sonoma County and they will be discussing the following:

- Understand the crisis and why fentanyl is the #1 cause of death for U.S. adults aged 18–45
- A look at the impact of fentanyl within Sonoma County and nationally
- Get educated on how to recognize an overdose in seconds
- Learn exactly what to do to save a life with a demonstration on how to use naloxone (aka Narcan)
- Get an overview of fentanyl test strips for detection and their limitations
- Know about your legal protection when helping during an overdose emergency



Creative Expressions

JOIN US EVERY DAY FROM 2:00 - 3:30 PM!

★ JULY 1ST - 15TH ★

GIVE AND TAKE Art Project

Create. Share. Connect.
Art is Better Together.



★ JULY 16TH - 31ST ★

BREATHING & Beads

Breathe. Create. Be Present.
Make Something Beautiful.



AT THE WELLNESS & ADVOCACY CENTER

2245 Challenger Way, Suite 104
Santa Rosa, CA 95407



Call: 707-565-7800



WCCS
West County Community Services





LA PLAZA
 NUESTRA CULTURA CURA
 Cultivando Esperanza,
 Construyendo Comunidad

JULIO 2026

Programación de Julio

July Programming



Todos los programas son gratuitos y abiertos a la comunidad.
 All programs are free and open to the community.



DOMINGO SUNDAY	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY
28 CERRADO Oficina Cerrada Office Closed	29 CERRADO Cerrado por Retiro de Bienestar del Personal. Closed for Staff Wellness Retreat.	30 CERRADO Cerrado por Retiro de Bienestar del Personal. Closed for Staff Wellness Retreat.	1 CERRADO Cerrado por Retiro de Bienestar del Personal. Closed for Staff Wellness Retreat.	2 Oficina Cerrada Office Closed Personal disponible para contestar llamadas. Staff available to answer phone calls.	3 Cerrado por el Día de la Independencia. Closed for Independence Day. Regresamos el 6 de julio. We reopen July 6.	4 CERRADO Oficina Cerrada Office Closed
5 CERRADO Oficina Cerrada Office Closed	6 Círculo de Sanación Healing Circle 10:00 – 11:30 am	7 No Taller No Workshop	8 Clase de Ejercicio Exercise Class 10:00 – 11:00 am	9 Cafecito Creativo Creative Cafecito 9:30 – 11:00 am	10 Sin programación No Programming Oficina abierta para necesidades básicas. Office open for Basic Needs. 8:00 am – 4:30 pm	11 CERRADO Oficina Cerrada Office Closed
12 CERRADO Oficina Cerrada Office Closed	13 Círculo de Sanación Healing Circle 10:00 – 11:30 am	14 No Taller No Workshop	15 Clase de Ejercicio Exercise Class 10:00 – 11:00 am	16 Cafecito Creativo Creative Cafecito 9:30 – 11:00 am Clase de Smart Recovery durante Cafecito Creativo Smart Recovery Class during Cafecito Creativo	17 Sin programación No Programming Oficina abierta para necesidades básicas. Office open for Basic Needs. 8:00 am – 4:30 pm	18 CERRADO Oficina Cerrada Office Closed
19 CERRADO Oficina Cerrada Office Closed	20 Círculo de Sanación Healing Circle 10:00 – 11:30 am	21 No Taller No Workshop	22 Sanando desde la Raíz Healing from the Root 9:00 – 11:00 am	23 Cafecito Creativo Creative Cafecito 9:30 – 11:00 am	24 Sin programación No Programming Oficina abierta para necesidades básicas. Office open for Basic Needs. 8:00 am – 4:30 pm	25 CERRADO Oficina Cerrada Office Closed
26 CERRADO Oficina Cerrada Office Closed	27 Círculo de Sanación Healing Circle 10:00 – 11:30 am	28 No Taller No Workshop	29 Clase de Ejercicio Exercise Class 10:00 – 11:00 am	30 Cafecito Creativo Creative Cafecito 9:30 – 11:00 am	31 Sin programación No Programming Oficina abierta para necesidades básicas. Office open for Basic Needs. 8:00 am – 4:30 pm	1 CERRADO Oficina Cerrada Office Closed



¿Necesitas pañales, leche para tu bebé o comida? Estamos aquí para apoyarte. ¡Llámanos!
 Need diapers, baby formula, or food? We're here to help. Give us a call!



Ubicación de la Oficina /
 Office Location
 2800 Cleveland Ave.
 Suite C
 Santa Rosa, CA 95403



Horario /
 Office Hours
 Lunes-Viernes /
 Monday-Friday
 8:00 am – 4:30 pm



Llámanos /
 Call Us
 707-393-8700



Correo Electrónico /
 Email
 info@laplazancc.org



Visítanos en Línea /
 Visit Us Online
 www.laplazancc.org



Síguenos /
 Follow Us
 @laplazancc

Nuestros programas y horarios pueden cambiar. / Our programs and hours are subject to change.





SANANDO DESDE LA RAÍZ



No puedes cambiar tu pasado, pero si puedes transformar las heridas que aún viven en tu corazón.

**Fecha: miércoles 22 de julio de, 2026
9:30 - 11:30am**

Te invitamos a participar en este taller diseñado para explorar las experiencias que han marcado tu vida, fortalecer tu bienestar emocional y desarrollar herramientas para sanar desde la compasión, la conciencia y el amor propio.

Para registrarse llámenos al
(707) 393-8700
2800 Cleveland Ave. Suite C
Santa Rosa, CA 95403

**En Colaboración con:
Erika Andrade, Coach de Vida**



¡Viva! Cafecito Creativo

¡Ven y acompáñanos!

Nuestro propósito es reunirnos y brindar un espacio de seguridad, pertenencia y convivencia al mismo tiempo que enseñamos y aprendemos unos de otros.



HORARIO

Todos los Jueves de 9:30-
11:00am

DIRECCIÓN

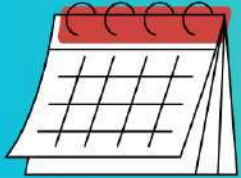
2800 Cleveland Ave. Suite C
Santa Rosa CA 95403
www.laplazanc.org



Cooling Center



Stay Cool

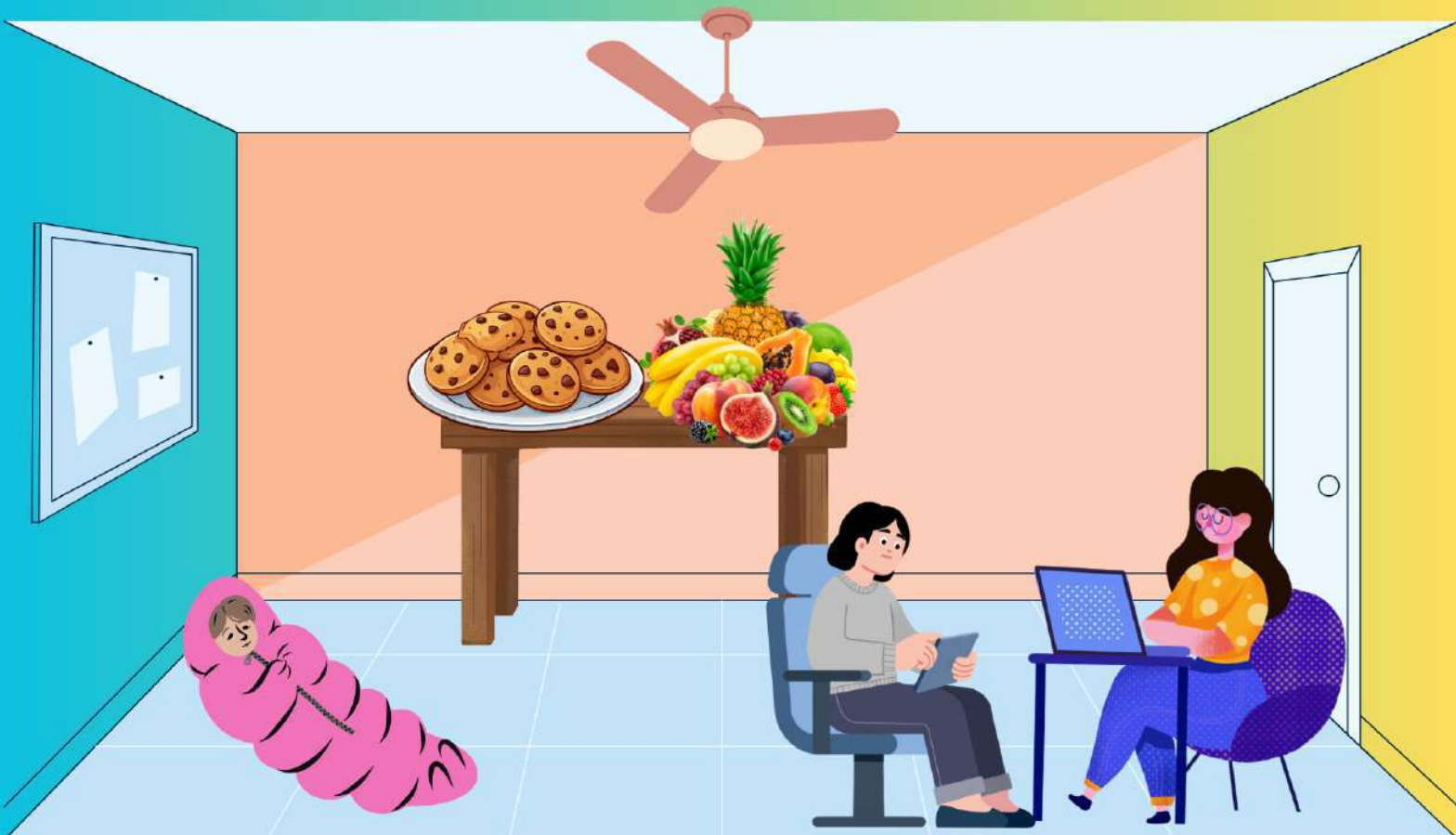


Every Monday

2-4:30 pm

Starting June 22

S.A.V.S. is hosting a summer event at Arlene Francis Center: a place to rest and cool off, with snacks, and outreach workers ready to help.



SAVE THE DATE

Connection is Prevention

Celebrating 3 Years of Community Connection - A Sonoma County community event connecting residents with local resources, support services, and activities that promote mental health and wellbeing.

Santa Rosa

Date: September 3, 2026

Location: Finley Center

Registration Will Be Required

Sonoma Valley

Date: September 24, 2026

Location: Hanna Center

Cloverdale

Date: September 25, 2026

Location: Cloverdale Plaza

For any questions please email: bhsa@sonomacounty.gov

RESERVA LA FECHA

Conexión Es Prevención

Celebrando 3 años de conexión comunitaria: un evento comunitario del condado de Sonoma que conecta a los residentes con recursos locales, servicios de apoyo y actividades que promueven la salud mental y el bienestar.

Santa Rosa

Fecha: 3 de septiembre de 2026

Ubicación: Finley Center

Requiere Registro

Sonoma Valley

Fecha: 24 de septiembre de 2026

Ubicación: Hanna Center

Cloverdale

Fecha: 25 de septiembre de 2026

Ubicación: Cloverdale Plaza

Para cualquier pregunta, envíe un correo electrónico a: bhsa@sonomacounty.gov

— SAVE THE DATE —

CONNECTION IS PREVENTION

2nd Annual Half-Day Older Adult Conference Dedicated to Wellness and Mental Health



Hosted by the Council on Aging,
Sonoma County Department of Health
Services, Behavioral Health Division, Finley
Community Center, & Life Worth Living
Suicide Prevention Alliance.

The day will feature inspiring speakers,
breakout sessions, resource vendors, and
interactive activities, all designed to connect
older adults, caregivers, and professionals
with tools and support for mental well-being.

For more information, or to sign up, scan the
QR code with your smartphone's camera.



A Free Event

for ages 60 and better, plus caregivers

September 3, 2026 - 9:30 AM - 2:15 PM

Finley Community Center

2060 W. College Ave, Santa Rosa

Must Register by August 27, 2026

Denise Johnson • 707-525-0143 x119

djohnson@councilonaging.com

Free Continental Breakfast & Lunch • Speakers • Breakout Sessions • Vendors • Prizes & More!



Guarda la Fecha

Rodney Strong Vineyards está organizando un evento privado de discoteca. Únase a los trabajadores de la bodega y sus aliados que organizarán una

Fiesta Discoteca por la Justicia!



SÁBADO 5PM
18 DE JULIO

Reunirnos en
Keiser Park
700 Windsor River Rd, Windsor
para ir juntos a la winería



JEWISH COMMUNITY FREE CLINIC

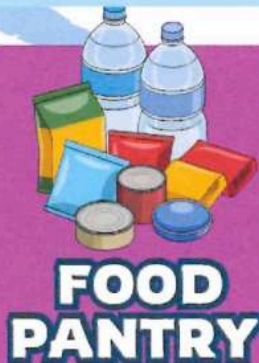
BACK TO SCHOOL SERVICES

&

FREE RESOURCE OPEN HOUSE

50 MONTGOMERY DRIVE, SANTA ROSA

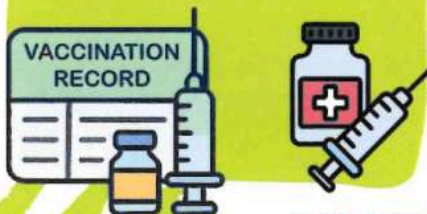
JULY 16, 3-6PM



FREE BACKPACKS



INFO ABOUT VACCINES FOR KIDS (VFC) AND TRANSCRIPTION SERVICES



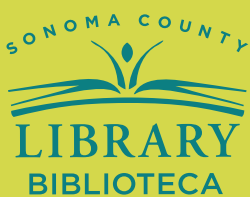
MENTAL HEALTH SERVICES



+MORE INFO ABOUT HEALTH SERVICES



FOR MORE INFORMATION, CALL (707)-585-7780
OR VISIT WWW.JEWISHFREECLINIC.ORG



LUNCH

— at the —

LIBRARY

Monday-Friday

12:00-12:30 pm

June 8 - August 7, 2026

Lunch is available to all children between the ages of **0-18 years**.

We welcome families to enjoy lunch, stay to play and read together.



Central Santa Rosa
Cloverdale
Healdsburg
Petaluma
Rohnert Park Cotati
Roseland
Sonoma Valley
Windsor



CALIFORNIA
STATE LIBRARY



REDWOOD EMPIRE
FOOD BANK



sonomalibrary.org/lunch

SONOMA COUNTY



LIBRARY
BIBLIOTECA



ALMUERZO *en la* BIBLIOTECA

Lunes-Viernes

12:00-12:30 pm

8 de junio - 7 de agosto , 2026

La Biblioteca del Condado de Sonoma proporciona el servicio de almuerzos de verano a personas de **0-18 años**.

Invitamos a las familias a disfrutar del almuerzo, quedarse y jugar o leer.



Central Santa Rosa
Cloverdale
Healdsburg
Petaluma
Rohnert Park Cotati
Roseland
Sonoma Valley
Windsor



CALIFORNIA
STATE LIBRARY



REDWOOD EMPIRE
FOOD BANK



sonomalibrary.org/lunch



THE ZONES

CALENDAR OF EVENTS



	Mon	Tue/S	Wed	Thurs	Fri
6/29 - 7/3	FIELD TRIP	FIELD TRIP	FIELD TRIP	FIELD TRIP	
7/6 - 7/10	SUPER HERO WEEK	SUPER HERO WEEK	SUPER HERO WEEK		MARVEL MOVIE MARATHON
7/13 - 7/17	FIELD TRIP	FIELD TRIP	FIELD TRIP	FIELD TRIP	
7/20 - 7/24	COLOR CRAZZIE WEEK		Tie Dye Day	Crazy Hair Day	GLOW PARTY
7/27 - 7/31	FIELD TRIP	FIELD TRIP	FIELD TRIP	FIELD TRIP	