



Community Events

August 2026

**END STIGMA.
END SILENCE.
END OVERDOSE.**

Buckelew Programs Sonoma

Family Service Coordination

2235 Mercury Way, Suite 107

Santa Rosa, CA 95407

(707) 571-8452 – fsc@buckelew.org

Useful Phone Numbers

Access Team: _____ (707) 565-6900

The Access Team initiates services for Sonoma County Behavioral Health, provides assessment, linkage, information and referral for mental health services for children, youth, and adults.

SCBH Substance Use Disorder Services: _____ (707) 565-7450

Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal or are Medi-Cal eligible.

Al-Anon/ Alateen (24 Hour Hotline): _____ (707) 575-6760

NA Fellowship (24 Hour Hotline): _____ (707) 324-4062

AA Fellowship (24 Hour Hotline): _____ (707) 544-1300

Consumer Education & Affairs: _____ (707) 565-7809

Mobile Support Team Crisis Call Center – 24 Hours: _____ (800) 746-8181

Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24/7. People can receive support over the phone or request an in-person response.

inRESPONSE: _____ 707-575-HELP (4357)

Mobile support for individuals experiencing a mental health crisis in Santa Rosa.

SAFE Team: _____ 707-781-1234 (Petaluma)

SAFE Rohnert Park: 707-584-2612 | **SAFE Cotati & SSU:** 707-792-3611 | **San Rafael:** 415-458-7233

The SAFE team is a civilian first responder program addressing crisis response for vulnerable community members with mental health, substance abuse, and homelessness. To find out more about the program, please email SAFE@petalumapeople.org.

CSU (Crisis Stabilization Unit – 24 Hours): _____ (707) 565-4970

CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.

Human Services (General Assistance, Food Stamps, Medi-Cal): _____ (707) 565-2715

Human Services provides benefits for those in need and improve the well-being of individuals and families.

Interlink Self Help Center: _____ (707) 546-4481

Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search _____ 211

Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

NAMI Warmline: _____ (866) 960-6264

The NAMI Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Wellness and Advocacy Center: _____ (707) 565-7800

Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.

Petaluma Peer Recovery Center: _____ (707) 565-1299

Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.

Russian River Empowerment Center: _____ (707) 823-1604

Ext. 207 Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

Social Security Office (Benefits): _____ 1-877 870-6384 or 1-877-890-8459

VA Member Services (Santa Rosa): _____ (707) 524-6232

CPI (Child Parent Institute) _____ (707) 284-3444

Offers a variety of parent education and family support services to help parents and caregivers provide a strong, loving, and healthy home for their children.

988 Suicide & Crisis Lifeline: _____ 988

Call or text 988 to connect with the Suicide & Crisis Lifeline for immediate, free, and confidential support available 24/7.

Verity (Crisis Line): _____ (707) 545-7273

24/7 Crisis line and support to anyone affected by sexual assault: survivors, their families, and friends.

Know Your Local Behavioral Health Crisis Support Teams

Here's who to call if you or a loved one is experiencing a mental health, suicide, and/or substance use-related crisis in Sonoma County.

From any phone in the U.S. (24/7):
Call 911: In medical emergency or imminent danger.
Call/text 988 or chat at 988lifeline.org:

Connect with a trained suicide & mental health crisis counselor.

Sonoma County Mobile Support Team (MST) & Crisis Call Center (24/7)
County-Wide: 800-746-8181

Phone support and in-person response to **anyone, anywhere in Sonoma County**. MST also works closely with inRESPONSE and SAFE and can coordinate a mobile crisis response in their communities. Mobile crisis teams co-respond with law enforcement when safety is an issue.

inRESPONSE Mental Health Support Team (24/7)

Santa Rosa: 707-575-HELP (4357)

*For Health System Navigation Assistance, call 707-204-9756
or email inresponse@srcity.org. Open 8 am - 5 pm, Mon-Fri.*

SAFE Team
Petaluma (24/7)
707-781-1234

SAFE Team
Rohnert Park (24/7)
707-584-2612

SAFE Team
Cotati & SSU (24/7)
707-792-3611

Need help after a crisis?

NAMI Sonoma County (9 am - 5 pm, Mon-Fri)

Call 866-966-6264 or email info@namisoco.org for non-crisis mental health education, support, local resource information and referrals.

Conozca a sus equipos locales de apoyo en crisis de salud conductual

A continuación se indica a quién llamar si usted o un ser querido está experimentando una crisis relacionada con la salud mental, el suicidio y/o el consumo de sustancias en el Condado de Sonoma.

Desde cualquier teléfono en EE. UU. (24/7):

Llame al **911**: en caso de emergencia médica o peligro inminente.

Llame o envíe un mensaje de texto al **988** o chatee en 988lifeline.org:

Conéctese con un consejero capacitado en crisis de suicidio y salud mental.

Equipo Móvil de Apoyo del Condado de Sonoma (MST) y Centro de Llamadas de Crisis (24/7) **En todo el condado: 800-746-8181**

Apoyo telefónico y respuesta en persona para cualquier persona, en cualquier lugar del Condado de Sonoma. El MST también trabaja estrechamente con inRESPONSE y SAFE y puede coordinar una respuesta móvil de crisis en sus comunidades. Los equipos móviles de crisis responden junto con las fuerzas del orden cuando la seguridad es un problema.

Equipo de Apoyo de Salud Mental inRESPONSE (24/7)

Santa Rosa: 707-575-HELP (4357)

Para asistencia con la navegación del sistema de salud, llame al 707-204-9756 o envíe un correo electrónico a inresponse@srcity.org. Horario: lunes a viernes, de 8 a.m. a 5 p.m.

SAFE Team
Petaluma (24/7)
707-781-1234

SAFE Team
Rohnert Park (24/7)
707-584-2612

SAFE Team
Cotati & SSU (24/7)
707-792-3611

¿Necesita ayuda después de una crisis?

NAMI del Condado de Sonoma (lunes a viernes, de 9 a.m. a 5 p.m.)

Llame al 866-966-6264 o envíe un correo electrónico a info@namisoco.org para educación sobre salud mental (no en crisis), apoyo, información sobre recursos locales y referencias.



What is the Mobile Support Team (MST)?

MST is the Sonoma County Behavioral Health crisis response services program supported by the Board of Supervisors and Measure O. We are a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises in the community since 2012.

Call Center: 800-746-8181

The new MST Crisis Call Center is staffed **24/7** and triages crisis calls from the community. Staff provide support over the phone and deploy a crisis response team to the crisis location when needed.

New Expanded Response

MST can:

- Provide de-escalation, safety planning, crisis assessment, 5150 assessment, and provide a follow-up service for all calls.
- Respond without Law Enforcement to mental health and substance use calls where there is no safety concern for the individual or crisis response team.
- Securely transport individuals to an appropriate crisis care facility when safe to do so.
- Co-respond with Law Enforcement when there is a safety concern and/or when requested by Law Enforcement.

24/7 County-Wide Mobile Crisis Services

MST mobile crisis response teams are available to provide on-scene support 24/7 and our Call Center will coordinate with other crisis response teams to ensure a 'no wrong door' approach to providing county-wide crisis services.

800-746-8181



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800-746-8181



¿Qué es el Equipo de Apoyo Móvil (MST)?

MST es el programa de servicios de respuesta a crisis de Salud Mental del Condado de Sonoma, apoyado por la Junta de Supervisores y la Medida O. Somos un grupo de profesionales dedicados y compasivos que brindan apoyo a personas y familias que están atravesando una crisis de salud conductual. Hemos estado respondiendo a crisis en la comunidad desde 2012.

Centro de Llamadas: 800-746-8181

El nuevo Centro de Llamadas de Crisis de MST está disponible las 24 horas, los 7 días de la semana, y se encarga de clasificar las llamadas de crisis de la comunidad. El personal brinda apoyo por teléfono y despliega un equipo de respuesta en caso de crisis cuando es necesario.

Nueva Respuesta Ampliada

MST puede:

- Brindar desescalamiento, planificación de seguridad, evaluación de crisis, evaluación para detención 5150 y seguimiento para todas las llamadas.
- Responder sin la presencia de la policía a llamadas relacionadas con salud mental y uso de sustancias, cuando no hay preocupación de seguridad para la persona ni para el equipo respondiendo.
- Transportar de manera segura a las personas a un centro de atención de crisis apropiado, cuando sea seguro hacerlo.
- Responder junto con la policía cuando haya una preocupación de seguridad y/o cuando la policía lo solicite.

Servicios de Crisis Móviles en Todo el Condado, 24/7

Los equipos móviles de respuesta a crisis de MST están disponibles para brindar apoyo en la escena las 24 horas del día, los 7 días de la semana. Nuestro Centro de Llamadas coordina con otros equipos de respuesta a crisis para asegurar un enfoque de “ninguna puerta equivocada” al proporcionar servicios de crisis en todo el condado.

800-746-8181



¿Qué es el Equipo de Apoyo Móvil (MST)?

MST es el programa de servicios de respuesta a crisis de Salud Mental del Condado de Sonoma, apoyado por la Junta de Supervisores y la Medida O. Somos un grupo de profesionales dedicados y compasivos que brindan apoyo a personas y familias que están atravesando una crisis de salud conductual. Hemos estado respondiendo a crisis en la comunidad desde 2012.

Centro de Llamadas: 800-746-8181

El nuevo Centro de Llamadas de Crisis de MST está disponible las 24 horas, los 7 días de la semana, y se encarga de clasificar las llamadas de crisis de la comunidad. El personal brinda apoyo por teléfono y despliega un equipo de respuesta en caso de crisis cuando es necesario.

Nueva Respuesta Ampliada

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- Brindar desescalamiento, planificación de seguridad, evaluación de crisis, evaluación para detención 5150 y seguimiento para todas las llamadas.
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800-746-8181

Family Service Coordination Team



August 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Bilingual Community Resource Clinic 3pm-4:30pm	5 Youth S.O.S. Support Group 6pm Grupo de Apoyo Sobrevivientes de Suicidio 6:30 a 8pm	6	7	8
9	10 SCBH Family Support & Education Group 4pm-6pm	11 Bilingual Community Resource Clinic 3pm-4:30pm	12 S.O.S (25+): Allies for Hope 7pm-8:30	13	14	15
16	17	18 Bilingual Community Resource Clinic 3pm-4:30pm	19 Youth S.O.S. Support Group 6pm	20	21 Community Partner Connections (CPC) 2pm-4pm	22
23	24	25 Bilingual Community Resource Clinic 3pm-4:30pm	26 S.O.S (25+): Allies for Hope 7pm-8:30	27	28	29
	30	31				



Family Service Coordination Team

The Family Service Coordination Team is a peer/family-run program, staffed by those with their own lived experiences with behavioral health challenges and/or supporting impacted loved ones. Our team of dedicated system navigators offer compassionate, 1:1 support as well as group support for families & allies.



Support Groups

Sonoma County Behavioral Health Family Education & Support Group

Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

**2nd Monday of Every Month
4:00 PM - 6:00 PM
Bucklelew Office**

Main Adult Detention Facility Family Education & Support Group

We invite you to join us to learn additional ways to support your loved ones while in custody. You will have the opportunity to meet other families with incarcerated loved ones and learn more about the services available within the correctional system..

**4th Wednesday of Every Month
6:00pm-7:30pm
RSVP Required**

Bilingual Community Resource Clinic / Clinica Bilingue de Recursos Comunitarios

Weekly drop-in hours for anyone seeking Sonoma County resources, with bilingual navigators on-site to provide support and guidance. / Horario semanal de atención sin cita previa para cualquier persona que busque recursos del Condado de Sonoma, con navegadores bilingües disponibles para brindar apoyo y orientación.

**Every Tuesday / Cada Martes
3:00 PM - 4:30 PM
Bucklelew Office / Oficina de Buckelew**

Grupo de Apoyo para Trans Unid@s

Un espacio de diálogo y apoyo para conversar sobre identidad, emociones y la vida diaria, enfocado en la salud mental, el bienestar y el autocuidado. El grupo fomenta el empoderamiento, el apoyo entre compañeras, el intercambio de experiencias y el acceso a recursos e información; ¡Todas son bienvenid@s!

**Contacte el 707-787-6680 o
ViviannaD@Bucklelew.org para más
información**

**If you are interested in joining our
support meetings, please contact:**

707-571-8452 or Fsc@bucklelew.org



2235 Mercury Way Suite 107
Santa Rosa, CA 95407



bucklelew.org



Fsc@bucklelew.org | MarisabelM@bucklelew.org

BILINGUAL COMMUNITY RESOURCE CLINIC

The Resource Clinic is intended to provide concerned friends, family, or community members with an opportunity to seek information about mental health & wellness resources on behalf of themselves or a loved one.



Where:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

When:

Every Tuesday @ 3pm

Tue, Aug 4th
Tue, Aug 11th
Tue, Aug 18th
Tue, Aug 25th

Resources include information or services related to food, housing, employment, education, citizenship, therapy, peer support, treatment options, and more!

Questions? Contact the Family Service Coordination team:

MarisabelM@buckelew.org | 707-513-5135
Fsc@buckelew.org | 707-571-8452



CLINICA BILINGUE DE RECURSOS COMUNITARIOS

Todos son bienvenidos a asistir a la Clínica de Recursos para obtener ayuda con la comprensión o asistencia de acceder servicios para ellos mismos o sus seres queridos.



Donde:

Buckelew Programs
2235 Mercury Way
Suite 107
Santa Rosa, CA 95407

Cuando:

Cada Martes a las 3pm

4 de agosto
11 de agosto
18 de agosto
25 de agosto

Los recursos incluyen información o servicios relacionados con alimentación, vivienda, empleo, educación, ciudadanía, terapia, apoyo de pares, opciones de tratamiento y más!

Preguntas? Contacte al Equipo de Servicios Familiares:

NicoleN@Buckelew.org 707-494-0762 (se habla Español)

Fsc@buckelew.org | 707-571-8452





Family Service
Coordination Team



S o n o m a C o u n t y
B e h a v i o r a l
H e a l t h F a m i l y
S u p p o r t &
E d u c a t i o n
G r o u p



**Monday
AUG
10TH
4pm-6pm
In Person**



Monthly education and support group to increase understanding of the nature of mental illness and its interaction with substance abuse, facilitate supportive dialogue, and foster confidence in family members' insights, interventions, and coping strategies.

Questions?

**Contact the Family Service
Coordination Team:**

Fsc@buckelew.org 707-571-8452

MarisabelM@buckelew.org 707-513-5135

**2235 Mercury Way, Suite 107
Santa Rosa, CA 95407**

www.buckelew.org



MADF FAMILY SUPPORT & EDUCATION GROUP

This group offers support and education for families with loved ones incarcerated at Sonoma County's Main Adult Facility. Co-led by FSC staff, Sonoma County Sheriff's department and Well-Path, this group helps families learn how to support themselves and their loved one within the jail system.



Join us!

- Fourth Wednesday of every month
- 6:00pm-7:30pm (please arrive by 5:50pm)
- RSVP Required for Entry**

Please contact the Family Service Coordination Team to RSVP for upcoming groups.

The Family Service Coordination (FSC) Team is a "No Wrong Door", peer/family-run program that provides support, education and resource navigation to individuals, families, and allies impacted by mental health or substance use.

What You'll Gain

- Tools to support your incarcerated loved one
- Emotional support and connection with other families
- Guidance navigating the jail and behavioral health systems
- Increased understanding of available services and next steps for your loved one

Contact Us:

- 707-571-8452
- Fsc@Buckelew.org
- 2235 Mercury Way, STE 107
Santa Rosa, CA 95407



GRIEF COUNSELING & SOS:

ALLIES FOR HOPE GROUP MEETING AGES 25+

Buckelew Programs offers a safe place in our community for families and loved ones of people have died by suicide to safely share their experiences with others who are similarly affected. This is a peer-to-peer group that meets virtually. The group is led by trained Buckelew Staff Member Chris Nihil.



SOS: Allies for Hope

Survivors of Suicide Bereavement Support Group (SOS) via zoom on the 2nd and 4th Wednesdays every Month from 7 -8:30pm.

Grief Counseling Hotline

24/7 Grief Support Hotline providing Free AND Confidential resources

Call: 415-499-1195

To Join, Please Email:

Email: SOSinfo@buckelew.org



GRUPO DE APOYO para sobrevivientes de suicidio

Cuando: cada primer miércoles del mes
de 6:30 a 8:00 pm

Dirigido a: familias que han perdido seres
queridos por suicidio

Dónde: via Zoom

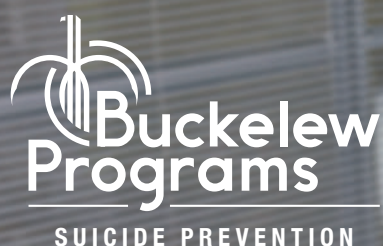
Para participar: llama al 415-858-5827
o manda un correo electrónico a
marioc@buckelew.org

Este es un grupo de mutuo apoyo que se reúne virtualmente. El grupo está liderado por dos empleados de Buckelew entrenados como facilitadores, Hilda Castillo y Mario Castillo-Guido.

Los Programas Buckelew ofrecen un lugar seguro en nuestra comunidad para que las familias y seres queridos de personas que buscan conocer y compartir de forma segura sus experiencias con otras personas sobre la Salud Emocional.

Buckelew.org





FREE Peer Support for Teens and Young Adults Coping with Suicide Loss

When: 1st and 3rd Wednesday
at 6pm, every month on Zoom

Who: This group is FREE and open to youth and young adults 14–24 years old who've lost a friend, family member, classmate, co-worker or partner to suicide.

Where: Meetings are virtual on Zoom

To register or for more information:

Please contact: Shriya Ambre
Shriyaa@Buckelew.org
415-328-3382

Buckelew Programs offers a safe place in our community for families and loved ones of those who have lost someone to suicide to safely share their experiences with others who are similarly affected.

Buckelew.org



If you or someone you know is struggling or in crisis, help is available.
Call or text 988 or chat 988lifeline.org.

This Internship Saves Lives!

**Looking for valuable experience and practicum hours in mental health services?
Interested in becoming a Campus Ambassador for Suicide Prevention?**

Buckelew Programs offers two exciting opportunities for students to earn volunteer and practicum hours while advocating for essential mental health services.

1. Student Internship Program

Gain hands-on experience and practicum hours on our Crisis Hotline, contributing to the critical work of suicide prevention.

What We Offer:

- Over 40 hours of training
- Live, interactive presentations, training, role plays, and crisis call shadowing
- 988 Lifeline interactive self-paced online training modules
- Regular supervision and support
- Access to robust Relias Training Library

What We Expect:

- Minimum 1-year commitment (at least 200 hours) volunteering on the 988 Hotline (flexible based on placement requirements)
- Professional conduct, adhering to Lifeline Clinical Standards
- Attend monthly supervision meetings

Ready to apply?

Visit Buckelew.org/students to fill out an application.

Questions? Call 415.328.1142
or email Outreach@Buckelew.org

2. 988 Campus Ambassador

Be a champion for mental health on your campus and in your community!

As a 988 Campus Ambassador, you'll help raise awareness for 988 and mental health support on campus. This role focuses on outreach, advocacy and support for suicide prevention efforts.

What You'll Do:

- Table and promote 988 on campus
- Advocate for mental health and suicide prevention
- Collaborate with the Buckelew Outreach Coordinator
- Organize and attend at least 1 event per month
- Receive and share 988 swag



Buckelew Programs is the largest nonprofit provider of mental health services in the North Bay. We offer five core services — Counseling, Suicide Prevention, Supported Housing, Substance Use Recovery and Service Navigation.

Learn more at Buckelew.org.



TABLING CAMPAIGN 2026

Overdose Awareness

Together we can prevent overdose.

IN HONOR OF INTERNATIONAL OVERDOSE AWARENESS DAY, AUGUST 31

NARCAN + FENTANYL TESTING STRIPS + LOCAL RESOURCES + INFORMATION



SONOMA COUNTY SUBSTANCE USE HEALTH & PREVENTION SERVICES IS COLLABORATING WITH THE FOLLOWING EVENTS TO SHARE INFORMATION FOR ALL AGES.



National Night Out | Town of Windsor

When: Tuesday, August 4th, 6 PM - 8 PM

Where: Windsor Town Green & Market St.

Outdoor Movie Screening + Vendors + Resources



Friday Night Live Cloverdale | Cloverdale Arts Alliance

When: Friday, August 14th, 6 PM - 9:30 PM

Where: Downtown Cloverdale Plaza

Music + Street Fair + Resources



Sunday Outdoor Market | Taylor Trades Market

When: Sunday, August 23rd, 7 AM - 2 PM

Where: Santa Rosa Veterans Memorial Building

Thrifting + Vendors + Resources

**TO LEARN HOW TO
ADMINISTER
NARCAN, FIND
LOCAL RESOURCES,
OR STAY IN TOUCH,
SCAN OUR QR
CODE BELOW!**



*¡Únete a
nosotros!*

Campaña Informativa 2026 Sobre la Sobredosis

Juntos podemos prevenir la sobredosis.

EN HONOR AL DÍA INTERNACIONAL DE LA CONCIENTIZACIÓN SOBRE LA
SOBREDOSIS, OBSERVADO EL 31 DE AGOSTO

NARCAN + TIRAS DE PRUEBA PARA FENTANILO + RECURSOS LOCALES + INFORMACIÓN



LOS SERVICIOS DE PREVENCIÓN Y SALUD RELACIONADOS CON
EL CONSUMO DE SUSTANCIAS DEL CONDADO DE SONOMA
COLABORAN EN LOS SIGUIENTES EVENTOS PARA COMPARTIR
INFORMACIÓN DIRIGIDA A TODAS LAS EDADES.



National Night Out | Town of Windsor

Cuando: Martes, 4 de Agosto, 6 PM - 8 PM

Donde: Windsor Town Green & Market St.

Noche de Cine + Vendedores + Recursos



Friday Night Live Cloverdale | Cloverdale Arts Alliance

Cuando: Viernes, 14 de Agosto, 6 PM - 9:30 PM

Donde: Plaza del Centro de Cloverdale

Música + Feria + Recursos



Sunday Outdoor Market | Taylor Trades Market

Cuando: Domingo, 23 de Agosto, 7 AM - 2 PM

Donde: Santa Rosa Veterans Memorial Building

Artículos de Segunda Mano + Vendedores + Recursos

**PARA APRENDER A
ADMINISTRAR
NARCAN,
ENCONTRAR
RECURSOS LOCALES
O MANTENERTE EN
CONTACTO,
¡ESCANEA EL
CÓDIGO QR!**



Warmline: 866-960-6264
182 Farmers Lane, #202
Santa Rosa CA 95405

Family Support Group

For family members, friends and caregivers (ages 18+). Meets on Zoom every Tuesday. In-person at our office on Thursdays at 2 pm, and 1st & 3rd Thursday at 6 pm. **Register at namisoco.org/groups.**

Connection Support Group

For individuals (ages 18+) living with mental health challenges. Meets on Zoom every Tuesday. **Register at namisoco.org/groups.**

Family-to-Family Class

8-session education program for family members who support a loved one with serious mental illness. To register, visit namisoco.org/F2F. Next class begins **September 9th**. **Space is limited and registration required!**

De Familia a Familia de NAMI

We are looking for participants!



Ask us about any of these free programs!

Visit: namisoco.org
Call: 866-960-6264
Email: nferro@namisoco.org

NAMI Family-to-Family

New 8-week class begins Sept. 9, 2026. Meets in person Wednesdays, 6:00-8:30 PM at NAMI Sonoma County. Registration is required at namisoco.org/F2F.

Understanding Mental Health Relapses: A Conversation

Monday, August 17, 2026, 6:00-7:15 PM; Attend in person or via Zoom.

We welcome back Erin Pickerel MS MH, Community Medical Liaison, J&J Neuroscience, for a presentation on understanding why symptoms of mental illness can come back after a period of improvement, common triggers that may lead to relapse, and steps to take to support ongoing stability. To attend in person, email Nick Fierro at nferro@namisoco.org. To attend virtually, register at namisoco.org/talks.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	4 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	5 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	6 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	7 Family Support Group (In-Person) 2:00-3:30 PM
10 Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	11 Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	12 Family Support Group (In-Person) 2:00-3:30 PM	13 Family Support Group (In-Person) 2:00-3:30 PM	14 Family Support Group (In-Person) 2:00-3:30 PM
17 Understanding Mental Health Relapses: A Conversation w/ Erin Pickerel, MS MH, Community Educator 6:00-7:15 PM	18 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	19 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	20 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	21 Family Support Group (In-Person) 2:00-3:30 PM
24 Family Support Group (In-Person) 2:00-3:30 PM	25 Family Support Group (Zoom) 4:30-5:30 PM Connection Group (Zoom) 5:30-7:00 PM	26 Family Support Group (In-Person) 2:00-3:30 PM	27 Family Support Group (In-Person) 2:00-3:30 PM	28 Family Support Group (In-Person) 2:00-3:30 PM
31 September 2026 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	1 Connection Group (Zoom) 5:30-7:00 PM Family Support Group (Zoom) 6:00-7:00 PM	2 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	3 Family Support Group (In-Person) 2:00-3:30 PM New! Family Support Group (In-Person) 6:00-7:30 PM	4 Family Support Group (In-Person) 2:00-3:30 PM

CARE Court: An Update & Conversation



Monday, July 27, 2026

6:00 - 7:15 PM

At NAMI Sonoma County
182 Farmers Lane #202
Santa Rosa CA 95405

To attend in person, please email nfierro@namisoco.org, to reserve your seat. To attend via Zoom, please register at namisoco.org/talks to receive the Zoom meeting link.

NAMI Sonoma County welcomes **Lynne Stark-Slater, Chief Deputy Public Defender**, Sonoma County Public Defender's Office, for a presentation on CARE Court. Join us **in person or on Zoom**.

If you are not sure what CARE Court is, how it can connect individuals with serious mental health issues with mental health and housing services, what's required for eligibility, how to get that civil court process started, or what to expect along the way, this presentation will help.

If you have heard of CARE Court, but still have questions, petitioned the Court, would like to know how eligibility has changed, who has benefited, or if you still have questions about how this civil court process is working in Sonoma County, this presentation will help.

Understanding Mental Health Relapses



Monday, August 17, 2026

6:00 - 7:15 PM

At NAMI Sonoma County
182 Farmers Lane #202
Santa Rosa CA 95405

To attend in person, please email nfierro@namisoco.org, to reserve your seat. To attend via Zoom, please register at namisoco.org/talks to receive the Zoom meeting link.

We welcome back **Erin Pickerel MS MH**, Community Medical Liaison, J&J Neuroscience, for a special presentation. Learn why symptoms of mental illness can come back after a period of improvement, common triggers that may lead to relapse, and steps to take to support ongoing stability. Bring questions!



NAMI Sonoma County

**¡Curso educativo gratis!
Otoño de 2026 en Santa Rosa.**

**¿Su ser querido sufre de
depresión, ansiedad u otro reto de
salud mental?**

De Familia a Familia de NAMI

En este curso gratuito para familiares y amigos de personas con retos de salud mental. Aprenderán a:

- Apoyar a su ser querido con compasión
- Cuidarse y manejar su estrés
- Encontrar y utilizar apoyos y servicios locales
- Manejar una crisis
- Estrategias de comunicación
- Informarse sobre las condiciones de salud mental, tratamientos y terapias actuales



Para registrarse o más información:

- Llame (866) 960-6264
- Envía un correo electrónico a info@namisoco.org
- Escanee el código QR con la cámara de su celular.



NAMI Family Support Group

Do you support a loved one living with serious mental health challenges, including major depression, bipolar disorder, or schizophrenia?

NAMI Family Support Group is:

- Free of charge
- Designed for adult family members and caregivers of people experiencing serious mental illness
- Facilitated by trained family members

*"NAMI Family Support Group has helped me deal with mental illness in our family, and **take care of myself.**"*

*"Finding the NAMI support groups has **saved my life**; I cannot thank NAMI enough."*



In Person

at NAMI Sonoma County
182 Farmers Lane #202, Santa Rosa
No RSVP required.

Every Thursday
2:00-3:30 PM

(New! Starts August 2026)

1st & 3rd Thursdays
6:00-7:30 PM

On Zoom

Register at namisoco.org/groups.

1st, 3rd & 5th Tuesdays
6:00-7:00 PM

2nd & 4th Tuesdays
4:30-5:30 PM

NAMI Sonoma County (National Alliance on Mental Illness)

182 Farmers Lane #202
Santa Rosa, CA 95405

866.960.6264 | www.namisoco.org | info@namisoco.org

NAMI Family-to-Family Class

Are you the parent, sibling, partner, or other caregiver of someone who lives with a serious mental illness? Our free 8-week class is for you.



NAMI Family-to-Family is a **free**, 8-week program for those who care for and support a loved one with serious mental illness, such as depression, bipolar disorder, or schizophrenia. Designated as evidence-based by SAMHSA and led by trained family members with lived experience, it provides practical knowledge, skills, training, support, and connections with others facing similar challenges.

You'll learn about:

- Improving communication with your loved one
- Preventing and navigating a mental health crisis
- Critical importance of self-care
- Accessing local services and supports
- Updated information on mental illness and treatments
- Impact of serious mental illness on families, caregivers, and communities
- How to advocate more effectively for a loved one

New Class Begins Later This Year!

**Wednesdays,
September 9-October 28, 2026
6:00-8:30 PM**

Meets in person at
NAMI Sonoma County:
182 Farmers Lane #202
Santa Rosa, CA 95405

**Space is limited!
Registration is required
at namisoco.org/F2F.**

*"This has been such a **healing experience**."*

*"We thought we were on an island. Now we know **we are not alone**."*

*"A wonderful class ... brings me **peace of mind**."*

NAMI Sonoma County Warmline
866-960-6264
info@namisoco.org
www.namisoco.org

Long-Term Services and Supports Quarterly Office Hours

Join Partnership HealthPlan of California as we discuss long-term services and supports (LTSS). This is an educational opportunity for our providers to learn more about the most recent policy changes, billing requirements, and other services available to our members.

Topics include:

- Timely Billing and Reimbursement
- Common Claims Issues
- Treatment Authorization Requirements
- Complex Case Management
- Additional Benefits
- Q&A

Location: Webex virtual meeting

Webinars will be held from noon to 1 p.m. on the following dates:

- March 25, 2026
- June 24, 2026
- September 23, 2026
- December 16, 2026

To register [click here](#)
or scan the QR code below:



Questions? Email LTSSLiaison@partnershiphp.org or call (707) 639-5404

— SAVE THE DATE —

CONNECTION is PREVENTION

2nd Annual Half-Day Older Adult Conference Dedicated to Wellness and Mental Health



Hosted by the Council on Aging,
Sonoma County Department of Health
Services, Behavioral Health Division, Finley
Community Center, & Life Worth Living
Suicide Prevention Alliance.

The day will feature inspiring speakers,
breakout sessions, resource vendors, and
interactive activities, all designed to connect
older adults, caregivers, and professionals
with tools and support for mental well-being.

For more information, or to sign up, scan the
QR code with your smartphone's camera.



A Free Event

for ages 60 and better, plus caregivers

September 3, 2026 • 9:30 AM – 2:15 PM
Finley Community Center
2060 W. College Ave, Santa Rosa

Must Register by August 27, 2026

Denise Johnson • 707-525-0143 x119
djohnson@councilonaging.com

Free Continental Breakfast & Lunch • Speakers • Breakout Sessions • Vendors • Prizes & More!



— ¡Regístrate hoy! —

LA CONEXIÓN ES PREVENCIÓN

Conferencia Anual para Personas Mayores Dedicada al Bienestar y la Salud Mental



Organizado por *Council on Aging*
Departamento de Servicios
de Salud del Condado de Sonoma, División de
Salud Conductual, Centro Comunitario Finley y
Viva la Vida Alianza para la Prevención de Suicidio
del Condado de Sonoma. El evento contará con
conferencistas inspiradoras, sesiones de trabajo
en grupos pequeños, proveedores de recursos y
actividades interactivas, todo diseñado para
conectar a las personas adultas mayores,
cuidadores y profesionales con herramientas
y apoyo para el bienestar mental.

Para obtener más información o inscribirse,
escanee el código QR con la cámara de su
teléfono inteligente.



Evento Gratuito

Para personas de 60 años o más, y sus cuidadores

3 de septiembre de 2026

9:30 a. m. – 2:15 p. m.

**Centro Comunitario Finley
2060 W. College Ave., Santa Rosa**

**Debe registrarse antes
del 27 de agosto de 2026**
Denise Johnson • 707-525-0143 x119
djohnson@councilonaging.com

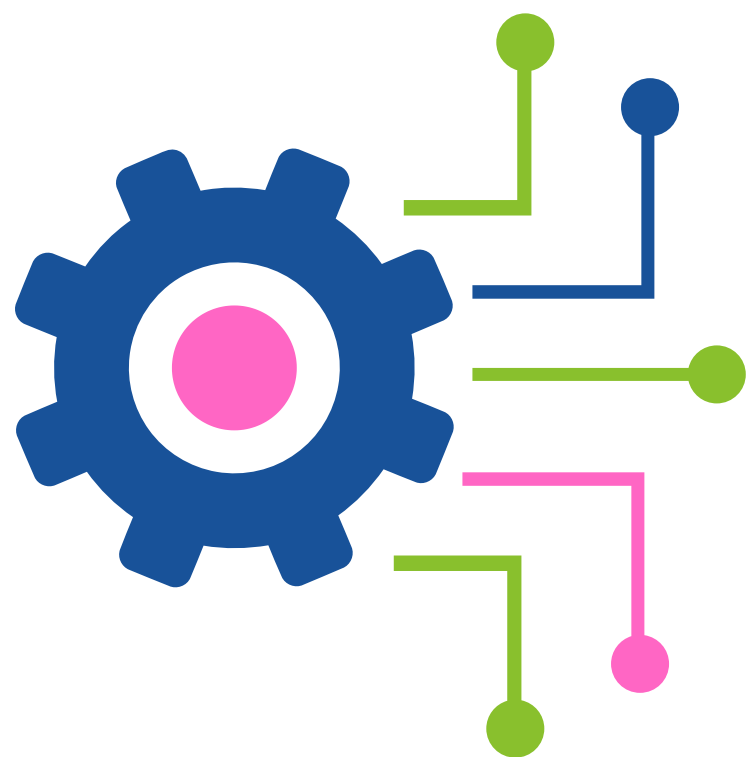
Desayuno continental y almuerzo gratuito • Conferencistas • Sesiones de grupos pequeños • Proveedores de recursos • Premios y mucho más



Come Join Us!

For

Computer Basics!



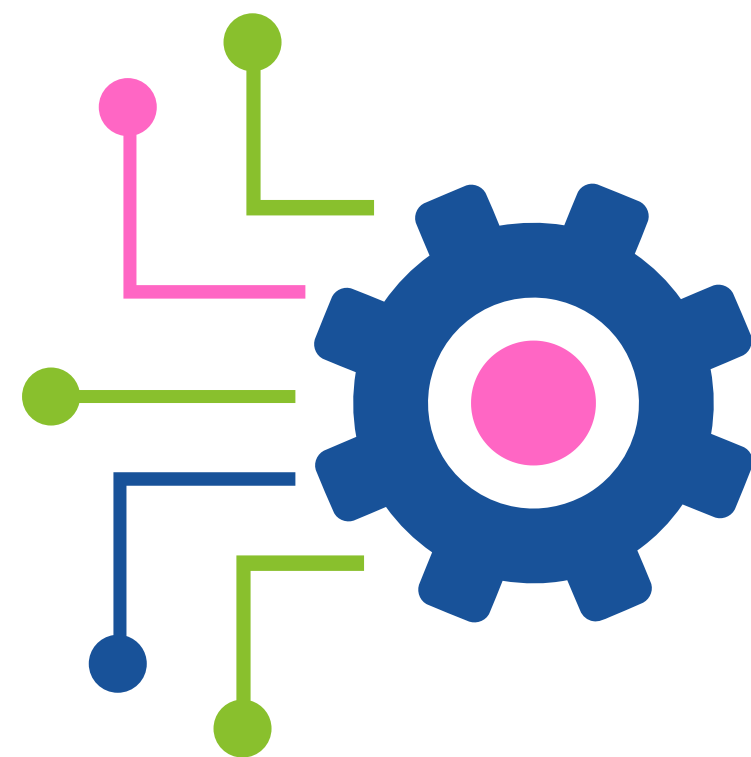
2:30 - 3:30 PM

**Mondays at Stony Point Goodwill Connect! and
Thursdays at Rohnert Park Goodwill Connect!**

Topics include:

- Mouse Skills
- Mouse Shapes
- Fixing Typos
- Keyboard Keys
- Drives and File Movement
- Screen Interaction
- Customizing & Updates
- Connecting to the internet

& more!



GOODWILL® *Connect!*

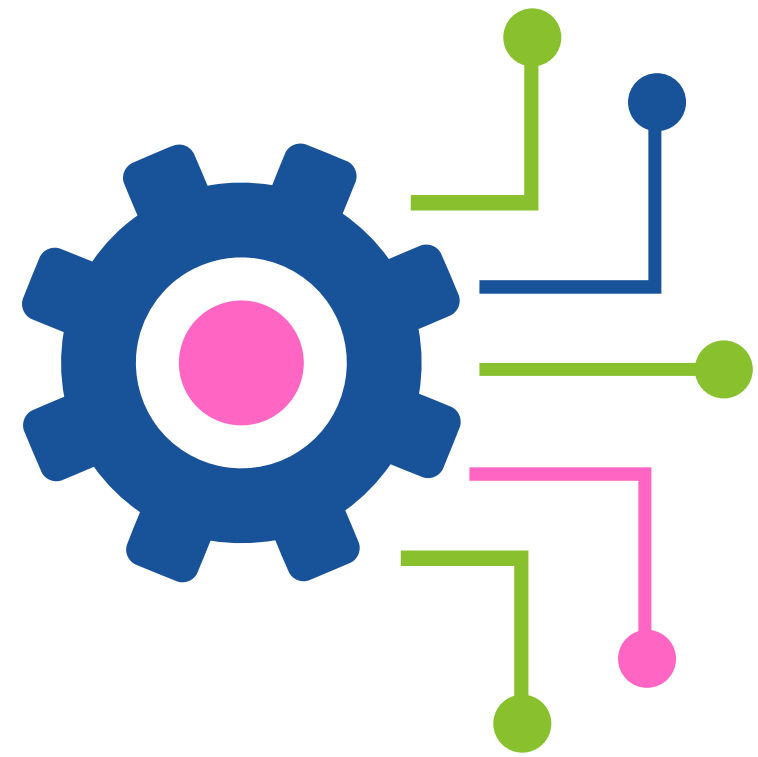
2007 Sebastopol Rd,
Santa Rosa, CA
(707) 523-0550

476 Rohnert Park Expwy,
Rohnert Park, CA
(707) 523-0550

¡Únase a nosotros!

Para

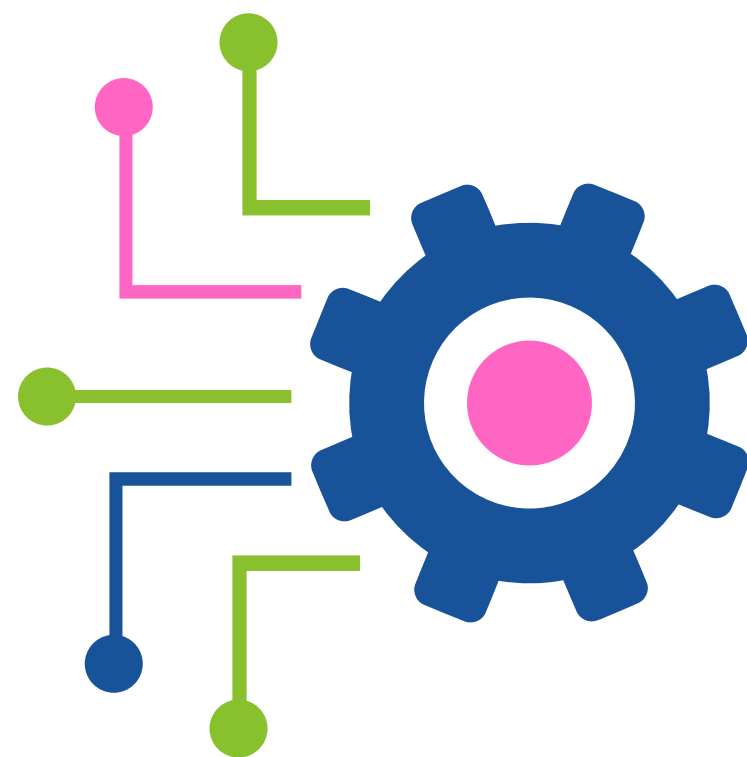
¡Conceptos básicos de informática!



De 2:30 PM a 3:30 PM los martes por la tarde en
Stony Point Goodwill Connect!

Los temas incluyen:

- Habilidades con el ratón
- Formas del ratón
- Corrección de errores tipográficos
- Teclas del teclado
- Unidades y archivos
- Movimiento
- Interacción con la pantalla
- Personalización y Actualizaciones
- Conexión a Internet



GOODWILL® *Connect!*

2007 Sebastopol Rd,
Santa Rosa, CA
(707) 523-0550



Want to improve your **Digital Skills?**

Join one of our upcoming cohorts!

Earn professional certifications!
At no cost and with no eligibility requirements.

Mark your Calendar!

August 19th

Microsoft Excel - 5 Weeks

October 7th

Microsoft Word - 4 Weeks

November 18th

Google Docs - 5 Weeks



All cohorts take place at 476
Rohnert Park Expy. Rohnert Park
on Wednesdays and Fridays,
from 4:00-5:00 PM

**Connect
with us!**

programs@gire.org
707-523-0550
www.gire.org



Goodwill
Redwood Empire



Earn Incentives!

Successfully pass proctored assessments and earn incentives to support you on your digital skills journey.

Available while funding lasts.



Essential Computer Skills Tier

Choose from:

- Best Buy gift card
- ServeSafe Certification
- Power bank charger



Software Skills Tier

Choose from:

- 1 Year of Internet
- Chromebook
- Pre-Approved Professional Certification

Tech in Daily Life Tier

Choose from:

- 3 Months of Internet
- Solar Charger
- Wireless Headphones

Ask our staff for more details! programs@gire.org





Cafecito Creativo

¡Ven y acompáñanos Todos los Jueves de 9:30–11:00am!

Nuestro propósito es reunirnos y brindar un espacio de seguridad, pertenencia y convivencia al mismo tiempo que enseñamos y aprendemos unos de otros.

2800 Cleveland Ave. Suite C
Santa Rosa CA 95403
707-393-8700
www.laplazanc.org



Grupo de Apoyo: Círculos de Sanación

¿Buscas un espacio seguro para compartir, sanar y conectar?

Únete a nuestro Grupo de Apoyo: Círculos de Sanación, donde podrás reflexionar, expresar tus emociones y participar en actividades creativas como arte y manualidades.

Todos son bienvenidos a compartir sus talentos. Un espacio de comunidad, apoyo emocional y crecimiento personal.

Para registrarse llámenos al (707) 393-8700

HORARIO Todos los lunes de 10-11:30am

DIRECCIÓN 2800 Cleveland Ave. Suite C
Santa Rosa, CA 95403



www.laplazancc.org



PLANTAS ALIADAS CONTRA EL DOLOR

Descubre cómo comprender el dolor desde una mirada integral y cómo las plantas medicinales pueden ser aliadas para aliviar dolores musculares y articulares. Elaboraremos un bálsamo botánico con hierbas tradicionales.



Regístrate llamando al:
(707)393-8700

Martes Agosto 4, 2026

En la oficina de la plaza
Horario: 10-11:30am

**2800 Cleveland Ave. Suite
C, Santa Rosa, CA 95407**





TUES,
04

Cisn't
Support group

6PM-7PM

LINK:
[HTTPS://US02WEB.ZO
OM.US/J/841220866
81](https://us02web.zoom.us/j/84122086681)

SAT,
09

ROOTED AND
FREE

With CONNECTIONS

Recentering Post Pride

4PM-6:30PM

**17104 SPENCER LN,
CALISTOGA, CA
94515, USA**

TUES,
11

CULTIVATE
CALM

Craft Night

4PM-6PM

**2800 CLEVELAND AVE
STE C, SANTA ROSA, CA
95403**

TUES,
25

CULTIVATE
CALM

Wendell and Wild Watch Party

4PM-6PM

**2800 CLEVELAND
AVE STE C, SANTA
ROSA, CA 95403**



AUG SCHEDULE 2026 CONT.

**FRI,
28**

**PARALLEL
PLAY**

1:30PM-5PM

**2800 CLEVELAND AVE
STE C, SANTA ROSA, CA
95403**



**FOLLOW US ON
INSTAGRAM FOR
MORE DETAILS
AND LINKS!**

LGBTQSONOMA



CULINARY JOB TRAINING PROGRAM

AUG 10, 2026 - OCT 2, 2026

MONDAY TO FRIDAY

9:00AM - 2:00PM

8 - WEEK PROGRAM

**WORK IN THE
CULINARY
INDUSTRY!**

Turn your passion for food into a professional kitchen career! Our culinary job training program is designed for adults at any experience level, whether you're just starting out or already have time in the industry. Build on your skills in knife techniques, cooking methods, food safety, and kitchen teamwork while earning the formal training and credentials to take your culinary career to the next level.

BENEFITS

- TUITION-FREE PROGRAM
- KNIFE KIT & UNIFORM INCLUDED
- STIPEND
- RECEIVE SERVSAFE FOOD HANDLERS CERTIFICATE
- JOB PLACEMENT UPON COMPLETION OF THE PROGRAM

REQUIREMENTS

- AVAILABLE MONDAY-FRIDAY
- VALID PHOTO ID
- DOCUMENTATION VERIFYING AUTHORIZATION TO WORK IN THE U.S.
- ATTEND ORIENTATION ON JULY 28

**FOR MORE INFORMATION CALL (707) 978-2340
OR EMAIL VENESSA@SONOMAFAMILYMEAL.ORG**



SCAN FOR MORE INFORMATION



PROGRAMA DE CAPACITACIÓN LABORAL EN COCINA

10 DE AGOSTO DE 2026 - 2 DE OCTUBRE DE 2026

LUNES A VIERNES

9:00AM - 2:00PM

PROGRAMA DE 8 SEMANAS

**¡TRABAJE EN
LA INDUSTRIA
CULINARIA!**

Convierta su pasión por la comida en una carrera profesional en la cocina. Nuestro programa de capacitación laboral en cocina está diseñado para adultos de cualquier nivel de experiencia, ya sea que esté comenzando o que ya tenga experiencia en la industria. Desarrolle sus habilidades en técnicas de cuchillo, métodos de cocina, seguridad alimentaria y trabajo en equipo en la cocina, mientras obtiene la capacitación formal y las certificaciones necesarias para llevar su carrera culinaria al siguiente nivel.

BENEFICIOS

- PROGRAMA GRATUITO
- JUEGO DE CUCHILLOS Y UNIFORME INCLUIDOS
- ESTIPENDIO
- RECIBA LA CERTIFICACIÓN DE MANIPULADOR DE ALIMENTOS DE SERVSAFE
- APOYO PARA LA COLOCACIÓN LABORAL AL COMPLETAR EL PROGRAMA

REQUISITOS

- ESTÉ DISPONIBLE DE LUNES A VIERNES
- PRESENTE UNA IDENTIFICACIÓN VÁLIDA CON FOTOGRAFÍA
- PRESENTE DOCUMENTACIÓN QUE VERIFIQUE SU AUTORIZACIÓN PARA TRABAJAR EN LOS ESTADOS UNIDOS
- ASISTA A LA ORIENTACIÓN EL 28 DE JULIO

PARA MAS INFORMACIÓN LLAME AL (707) 978-2340
O ENVÍE UN CORREO ELECTRÓNICO A VENESSA@SONOMAFAMILYMEAL.ORG





AMOR PARA TODOS

APT Student Club Training

**How to Start, Sustain &
Maintain APT & Like
Student Clubs**

*Hosted by APT Board Member &
Veteran APT Club Advisor: Tran*

August 7th, Friday
1:00p

Email for zoom link:
tran.amorparatodosapt@gmail.com





AMOR PARA TODOS

Entrenamiento Para Clubes Estudiantiles de APT

**Cómo Iniciar, Sostener y
Mantener Clubes
Estudiantiles APT y
Similares.**

Organizado por el miembro
de la junta directiva de APT y
asesor veterane del club APT:
Tran

viernes, 7 de agosto

1:00p

Correo electrónico para el enlace de
zoom:
tran.amorparatodosapt@gmail.com



AUGUST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	CENTER CLOSED APPOINTMENTS ONLY	4	CLOSED APPOINTMENT ONLY (PLEASE CALL AHEAD)	5	CLOSED FOR STAFF TRAINING	6	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	7	Cookie Baking & Movie 3:00-5:00 PM
10	CENTER CLOSED APPOINTMENTS ONLY	11	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	12	Movie Club: Manchester by the Sea 2:00-5:00 PM Financial Aid Appts 3:00 PM - 5:00 PM	13	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	14	Paint a Pot 3:00-5:00 PM
17	CENTER CLOSED APPOINTMENTS ONLY	18	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	19	Movie Club: The Fifth Element 1:30-5:00 PM Financial Aid Appts 3:00 PM - 5:00 PM	20	Permit Test Study Group Drop in Hours 3:00-5:00 PM Hot Meals 4:00 PM	21	Crochet Workshop 3:00-5:00 PM
24	CENTER CLOSED APPOINTMENTS ONLY	25	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	26	Wellness Group: Self Care Routines 3:30-5:00 PM Financial Aid Appts 3:00 PM - 5:00 PM	27	Hot Meals 4:00 PM CalFresh & MediCal 1:00 PM - 4:00 PM	28	BBQ! 3-6 @ TAMAYO VILLAGE 1700 Yulupa Avenue
31	CENTER CLOSED APPOINTMENTS ONLY						DROP-IN HOURS TUE-FRI, 1-6 PM		



@voicessonoma

2800 Cleveland Ave., Ste C, Santa Rosa

(707) 579-4327



Back 2 School — BBQ —

BRING YOUR APPETITE AND GOOD VIBES!

AUGUST 28
3:00-6:00PM

1700 YULUPA AVE, SANTA ROSA

EMAIL LEILAN FOR MORE INFO
LEILAN@VOICESYOUTHCENTER.ORG

QUESTIONS? CALL US!

707-579-4327



Crochet Class

*With
Lilly*

A fun and creative class where you will learn the basics of crochet, hooks, needles, yarns, and stitches

AUGUST 21, 2026

3:00 PM - 5:00 PM

2800 CLEVELAND AVE, SUITE C

ALL MATERIALS
PROVIDED

CONTACT
(707) 579-4327

LILLIANA@VOICESYOUTHCENTER.ORG FOR MORE INFO

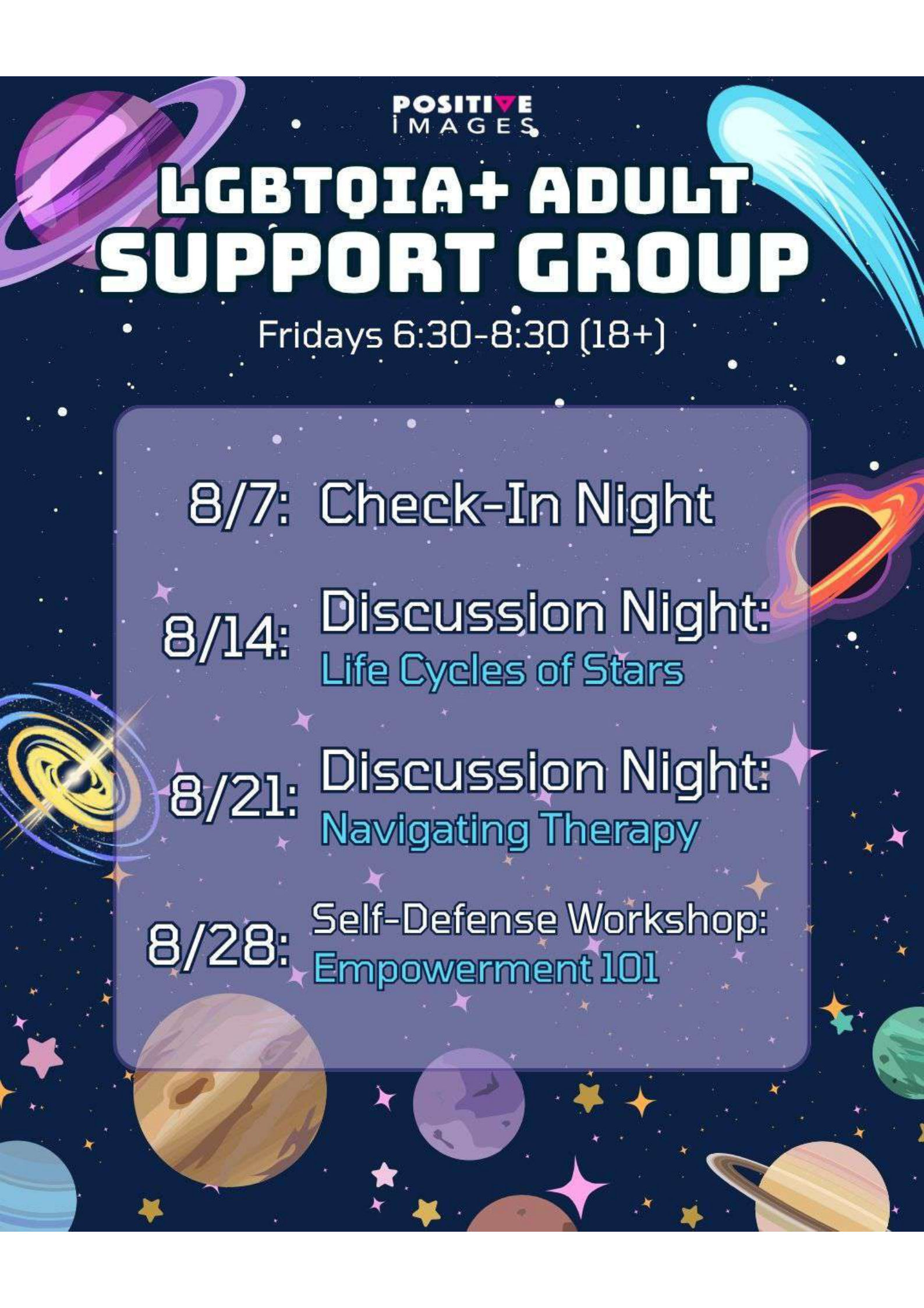


PAINT A POT: A VOICES WORKSHOP

Forget your worries and dive into our chill, inclusive space for a fun artistic adventure! Pick a pot to paint, choose your favorite colors, and let your creativity flow!

AUGUST 14TH, 3-5PM
2800 CLEVELAND AVE. SUITE C
SANTA ROSA, CA 95403

Questions? Call us!
707-579-4327



POSITIVE
IMAGES

LGBTQIA+ ADULT SUPPORT GROUP

Fridays 6:30-8:30 (18+)

8/7: Check-In Night

8/14: Discussion Night:
Life Cycles of Stars

8/21: Discussion Night:
Navigating Therapy

8/28: Self-Defense Workshop:
Empowerment 101

Social Saturday

AUGUST 8TH, 2026

12 - 2 PM

HEALDSBURG VETERANS
MEMORIAL BEACH

Join us for a **Rainbow River** day at Healdsburg Veterans Memorial Beach. **Bring your sunscreen and floaties!**



**FAMILY
FOCUSED!**

POSITIVE
IMAGES

AuGuess

LGBTQIA+ YOUTH SUPPORT GROUP (12-18)
THURSDAYS 6:30-8:30PM

8/6: CHECK-IN NIGHT

8/13: ART NIGHT

ART GAMES

8/20: GAME NIGHT

QUEER JEOPARDY

8/27: SOCIAL NIGHT

KARAOKE!!

POSITIVE
IMAGES

REUNIÓN DE QTBIPOC (18+)

REPOSO DESPUES DEL MES DE ORGULLO

Con



9 de Agosto, 2026

Acompañanos en el encuentro de
Conexion "Enraizado y Libre" en
Calistoga para un día de yoga y
pinturas de acuarelas en la naturaleza

~

Limite de tarjetas de gas para les
participantes que lo ocupen por orden
de llegada.



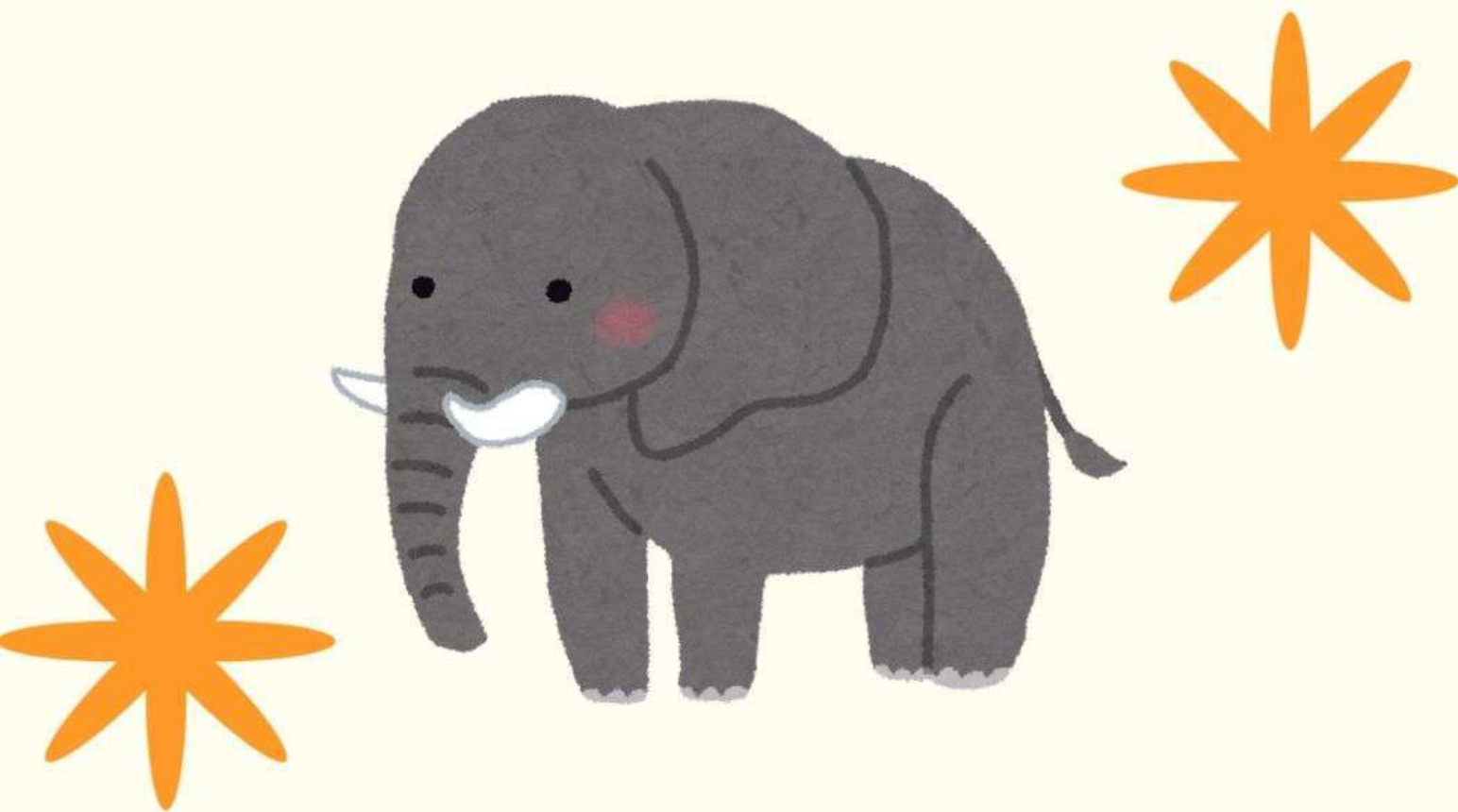
Reserva tu asistencia para
optener la ubicación y mas
detalles del encuentro



GRUPO SOCIAL LATINE CUIR (18+)

Agosto de Ambiente

NOCHE DE ARTE



12 DE AGOSTO 2026 | 06:30 PM – 08:30 PM

*EN PERSONA: EL CENTRO COMUNITARIO DE
POSITIVE IMAGES*

**POSITIVE IMAGES ES UN ESPACIO
COMUNITARIO SOBRIO Y SEGURO.**

POSITIVE
IMAGES

QTBIPOC HANGOUT (+18)

RECENTERING POST PRIDE

With



August 9, 2026

Come join us at Connection's Rooted and Free gathering in Calistoga for yoga and watercolor painting in nature!

~

limited amount of gas gift cards
available for anyone who may need
them, first come first serve



RSVP for location & more
details about the gathering!



OUR LOCAL TRAIN CLUB

All ages welcome!

Handicapped accessible!

Come join us! Volunteers welcome!

Membership \$35/year

contact: mylodge@aol.com

P.O. Box 4594, Santa Rosa, CA 95042

**For updates, check Redwood Empire
Live Steamers on Facebook:**



RELSI

KEEP THIS CARD

SONOMA COUNTY PROPERTIES

7 Generations of Buying and Selling Sonoma County Real Estate
Residential • Commercial • Investment • Ranches • Land • Vineyards

Sponsored by Matt Lodge
707 799-9173

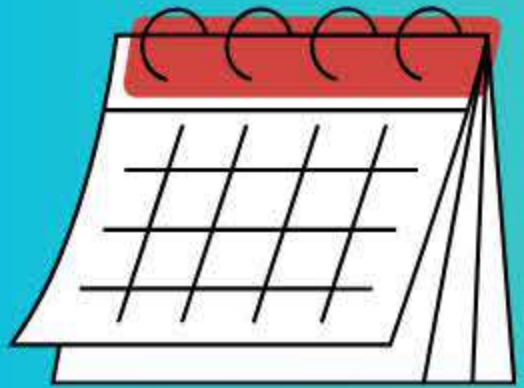
Sonoma County Properties, LLC #0202348164

Cooling Center

Every Monday

2-4:30 pm

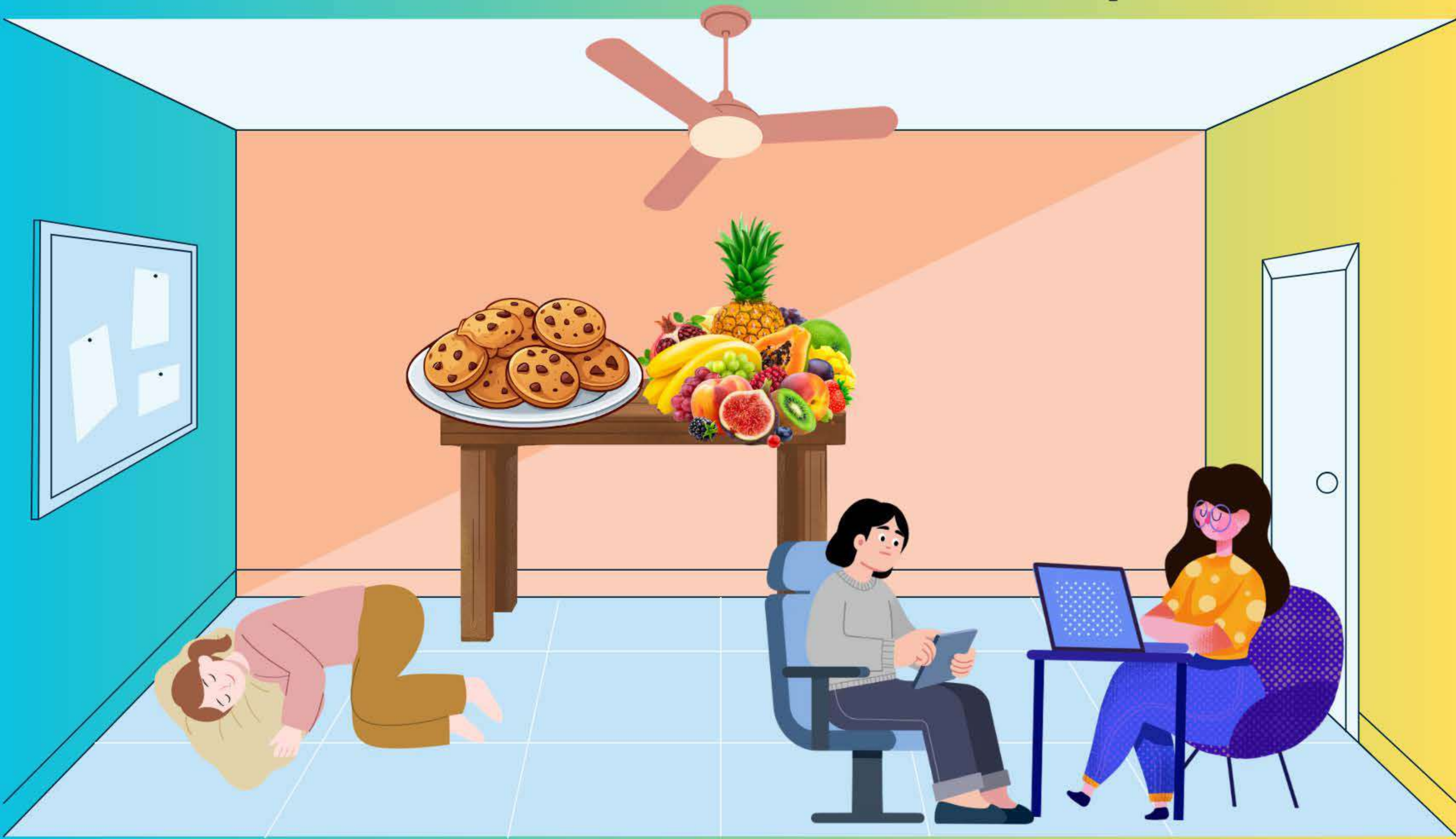
99 6th St, Santa Rosa



Stay Cool



S.A.V.S. is hosting a summer event at Arlene Francis Center: a place to rest and cool off, with snacks, and outreach workers ready to help. With a free Raffle for some fun prizes.





SAVE THE DATE! ¡RESERVA LA FECHA!

**2026 Vince Harper's 17th South Park
Day & Night Festival
2026 17.º Festival de Día y Noche de
South Park de Vince Harper**



**Saturday,
September
12, 2026
Everything
is free!**

**2 pm-5:30 pm
Martin Luther King Jr.
Park**

**1671 Hendley St, Santa
Rosa, CA 95404**

**Sábado, 12 de
septiembre
de 2026
¡Todo es
gratis!**

Movie!



¡Película!

Food!



¡Alimento!

Music!



¡Música!

Entertainment!



¡Entretenimiento!

Kids Play!



¡Los niños juegan!

**Movie opens at 7pm, Movie Start Time 7:30 pm or earlier
La sala abre a las 7:00 p. m.; la película comienza a las 7:30
p. m. o antes.**



EFZM Engage

[Click down below to sign up for a space
Event Space Registration](#)



[Click down below to volunteer
Event Volunteer Registration](#)



**Got Questions Contact Evette Minor 707-235-7466 efzmengage@gmail.com
2026 Vince Harper's South Park Day & Night Festival Websites**

VH SPDNF, a fiscally sponsored project of Sonoma CAN www.sonomacan.org





INTERLINK'S YOUNG ADULT PROGRAM

CHILL N' CHAT

FOR YOUNG ADULTS AGES 18-26

A welcoming space to connect,
build skills, and get support—together.



TUESDAYS

3:15 PM – 4:30 PM
AT INTERLINK



3:15 PM –
3:30 PM

SOCIAL TIME

- Meet other young adults
- Arizona Iced Tea and snacks provided
- Relax, connect, and settle in



3:30 PM –
4:30 PM

DISCUSSION GROUP

Real talk about stuff that matters.
Share, listen, and figure things
out together.

July's Topic:

TOXIC RELATIONSHIPS



AFTER GROUP

(UP TO
4:30-5:00 PM)

OPTIONAL ONE-ON-ONE SUPPORT

Meet privately with the Wellness Coach
if you'd like additional support, resources,
or help navigating challenges.



Arizona Iced Tea
& chips/snacks
available!



WELLNESS COACH DROP-IN HOURS ONE-ON-ONE SUPPORT

TUESDAYS	10:00 AM – 2:00 PM
THURSDAYS	10:00 AM – 2:00 PM

Drop in to talk, get support, explore goals,
connect with resources, and navigate life
transitions like school, work, housing, and more.

WHY JOIN?

- ♥ Build real connections
- ♥ Learn life skills
- ♥ Support your mental health
- ♥ Set goals & plan for your future
- ♥ Find resources & community



INTERLINK
SELF-HELP CENTER



Interlink Self-Help Center
1033 Fourth Street
Santa Rosa, CA 95404



(707) 546-4481



www.interlinkselfhelpcenter.org