Community Resources

November 2026



Buckelew Programs Sonoma
Family Service Coordination
2235 Mercury Way, Suite 107
Santa Rosa, CA 95407
(707) 571-8452 – fsc@buckelew.org

Useful Phone Numbers

Access Team: (707) 565-6900
The Access Team initiates services for Sonoma County Behavioral Health, provides assessment, linkage, information and referral for mental health services for children, youth, and adults.
SCBH Substance Use Disorder Services: (707)565-7450
Sonoma County Behavioral Health provides services through community-based contracted providers for individuals who have Medi-Cal or are Medi-Cal eligible.

Al-Anon/ Alateen (24 Hour Hotline): (707) 575-6760
NA Fellowship (24 Hour Hotline): (707) 324-4062
AA Fellowship (24 Hour Hotline): (707) 544-1300

Consumer Education & Affairs: (707) 565-7809

Mobile Support Team Crisis Call Center – 24 Hours: (800) 746-8181
Anyone living anywhere in Sonoma County who is having a mental health crisis can get help 24/7. People can receive support over the phone or request an in-person response.

inRESPONSE: 707-575-HELP (4357)
Mobile support for individuals experiencing a mental health crisis in Santa Rosa.

SAFE Team: 707-781-1234 (Petaluma)
SAFE Rohnert Park: 707-584-2612 | **SAFE Cotati & SSU**: 707-792-3611 | **San Rafael**: 415-458-7233
The SAFE team is a civilian first responder program addressing crisis response for vulnerable community members with mental health, substance abuse, and homelessness. To find out more about the program, please email SAFE@petalumapeople.org.

CSU (Crisis Stabilization Unit – 24 Hours): (707)565-4970
CSU provides walk-in and short-term inpatient care for individuals experiencing a behavioral health crisis.

Human Services (General Assisstance, Food Stamps, Medi-Cal): (707)565-2715
Human Services provides benefits for those in need and improve the well-being of individuals and families.

Interlink Self Help Center: (707)546-4481
Interlink Self-Help Center is open to all community members 18 years of age and over, they offer support for self-directed mental health recovery, and wellness.

Information and Referral Search 211
Provides free and confidential information and referral for counseling, healthcare, food, housing and employment

NAMI Warmline: (866)960-6264
The NAMi Warmline is available Monday through Friday 9am-5pm. Speak with a trained ally, develop a plan, get resources and find a path towards recovery.

Wellness and Advocacy Center: (707)565-7800
Wellness and Advocacy Center is self-help, drop-in center for people with mental health challenges in Sonoma County. They offer various resources, peer programs, support groups, art and computer workshops etc.
Petaluma Peer Recovery Center: (707)565-1299
Petaluma Peer Recovery Project runs Monday, Wednesday and Thursday 10am-3pm.
Russian River Empowerment Center: (707)823-1604
Ext. 207 Russian River Empowerment Center is available to adults Monday through Friday 11:30am-4:30pm. They offer counseling, support, crisis management, variety of workshops etc.

Social Security Office (Benefits): 1-877 870-6384 or 1-877-890-8459
VA Member Services (Santa Rosa): (707) 524-6232

CPI (Child Parent Institute) (707)284-3444
Offers a variety of parent education and family support services to help parents and caregivers provide a strong, loving, and healthy home for their children.

988 Suicide & Crisis Lifeline: 988
Call or text 988 to connect with the Suicide & Crisis Lifeline for immediate, free, and confidential support available 24/7.

Verity (Crisis Line): (707)545-7273
24/7 Crisis line and support to anyone affected by sexual assault: survivors, their families, and friends.

NAMI Sonoma County

National Alliance on Mental Illness

NAMI Sonoma County Warmline

Call 866-960-6264: Non-crisis information, support and resources. Open Monday-Friday, 10am to 5pm. Please leave a message or email info@namisoco.org.

Behavioral Health Crisis Support

Here's who to call for assistance in a mental health, suicide, or substance use crisis in Sonoma County - for you, or someone else.

National Suicide & Crisis Lifeline - 24/7

Call or Text 988 or Visit 988lifeline.org to Chat: Connect with a trained crisis counselor.
Call 911: Connect with an emergency dispatcher in a medical emergency or imminent danger.

Sonoma County Crisis Call Center - 24/7

Call 800-746-8181: To speak to the Mobile Support Team (MST). When needed, MST will send a mobile crisis team to locations throughout Sonoma County and works directly with inRESPONSE and SAFE to determine which is best suited to respond. All teams co-respond with local law enforcement when safety is an issue.

Santa Rosa inRESPONSE Mental Health Support Team

Call 707-575-4357: For crisis response 24/7.
Call 707-204-9756: For health system navigation assistance. Open Monday-Friday, 8am to 5pm. You can also email inresponse@srcity.org.

South County SAFE Teams 24/7

Call 707-781-1234 for Petaluma
Call 707-584-2612 for Rohnert Park
Call 707-792-4611 for Cotati & SSU

NAMI Sonoma County
National Alliance on Mental Illness

Necesitas ayuda despúes de crisis?
Contácta NAMI Sonoma County
De lunes a viernes, de 10 a.m. a 5 p.m.
Llame 866-960-6264 o escriba a info@namisoco.org
para educación, apoyo, información y referencias de salud mental para situaciones que no son de crisis.

Recursos locales de apoyo ante una crisis de salud mental, consumo de sustancias, o riesgo de suicidio

Desde cualquier teléfono en EE.UU. (24/7)

911: Llame en caso de emergencia médica o peligro inminente.
988: Llame o envie un mensaje de texto para comuníquese con un consejero capacitado para atender crisis.

MST: Equipo Móvil de Apoyo del Condado de Sonoma
Centro de llamadas para crisis (24/7)
800-746-8181

Apoyo telefónico para cualquier persona, en cualquier lugar del condado de Sonoma. MST colabora estrechamente con inRESPONSE y SAFE y puede coordinar una respuesta móvil ante una crisis. Cuando existe un riesgo para la seguridad, los equipos móviles de crisis pueden responder junto con la policía.

inRESPONSE: Equipo de Apoyo de Salud Mental - Santa Rosa (24/7)
707-575-4357

Para recibir ayuda para navegar el sistema de salud, llame al 707-204-9756 o escriba a inresponse@srcity.org. Disponible de lunes a viernes, de 8 a.m. a 5 p.m.

SAFE: Equipos por asistencia especializada para todos en Condado de Sonoma sur

SAFE-Petaluma: 707-781-1234
SAFE-Rohnert Park: 707-584-2612
SAFE-Cotati & SSU: 707-792-4611

MOBILE SUPPORT TEAM

sonomacounty
DEPARTMENT OF HEALTH SERVICES

What is the Mobile Support Team (MST)?

MST is the Sonoma County Behavioral Health crisis response services program supported by the Board of Supervisors and Measure O. We are a group of dedicated, caring professionals providing support to individuals and families experiencing a behavioral health crisis. We have been responding to crises in the community since 2012.

Call Center: 800-746-8181

The new MST Crisis Call Center is staffed **24/7 and** triages crisis calls from the community. Staff provide support over the phone and deploy a crisis response team to the crisis location when needed.

New Expanded Response

MST can:

- Provide de-escalation, safety planning, crisis assessment, 5150 assessment, and provide a follow-up service for all calls.
- Respond without Law Enforcement to mental health and substance use calls where there is no safety concern for the individual or crisis response team.
- Securely transport individuals to an appropriate crisis care facility when safe to do so.
- Co-respond with Law Enforcement when there is a safety concern and/or when requested by Law Enforcement.

24/7 County-Wide Mobile Crisis Services

MST mobile crisis response teams are available to provide on-scene support 24/7 and our Call Center will coordinate with other crisis response teams to ensure a 'no wrong door' approach to providing county-wide crisis services.

800-746-8181

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MOBILE SUPPORT TEAM

sonomacounty
DEPARTMENT OF HEALTH SERVICES

¿Qué es el Equipo de Apoyo Móvil (MST)?

MST es el programa de servicios de respuesta a crisis de Salud Mental del Condado de Sonoma, apoyado por la Junta de Supervisores y la Medida O. Somos un grupo de profesionales dedicados y compasivos que brindan apoyo a personas y familias que están atravesando una crisis de salud conductual. Hemos estado respondiendo a crisis en la comunidad desde 2012.

Centro de Llamadas: 800-746-8181

El nuevo Centro de Llamadas de Crisis de MST está disponible las 24 horas, los 7 días de la semana, **y** se encarga de clasificar las llamadas de crisis de la comunidad. El personal brinda apoyo por teléfono y despliega un equipo de respuesta en caso de crisis cuando es necesario.

Nueva Respuesta Ampliada

MST puede:

- Brindar desescalamiento, planificación de seguridad, evaluación de crisis, evaluación para detención 5150 y seguimiento para todas las llamadas.
- Responder sin la presencia de la policía a llamadas relacionadas con salud mental y uso de sustancias, cuando no hay preocupación de seguridad para la persona ni para el equipo respondiendo.
- Transportar de manera segura a las personas a un centro de atención de crisis apropiado, cuando sea seguro hacerlo.
- Responder junto con la policía cuando haya una preocupación de seguridad y/o cuando la policía lo solicite.

Servicios de Crisis Móviles en Todo el Condado, 24/7

Los equipos móviles de respuesta a crisis de MST están disponibles para brindar apoyo en la escena las 24 horas del día, los 7 días de la semana. Nuestro Centro de Llamadas coordina con otros equipos de respuesta a crisis para asegurar un enfoque de “ninguna puerta equivocada” al proporcionar servicios de crisis en todo el condado.

800-746-8181

MOBILE SUPPORT TEAM

sonomacounty
DEPARTMENT OF HEALTH SERVICES

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800-746-8181



Free Immigration Legal Consultations at the Petlauma Library!

Have questions about your immigration case? We're here for you and your family. Meet one-on-one with a bilingual, DOJ-accredited representatives to learn about your immigration options and receive trusted legal information in a welcoming and confidential environment.

Our Services

- Citizenship Classes
- DACA
- Education & Outreach
- Family-Based Petitions
- Green Card renewals
- Naturalization
- T Visa & U Visa
- VAWA
- And more...

Catholic Charities OF NORTHWEST CALIFORNIA

(707) 578-6000

SONOMA COUNTY LIBRARY

OCT. 21, NOV. 18, DEC. 16, JAN. 20, FEB. 17 | 3:30 PM TO 7:00 PM

PETALUMA REGIONAL LIBRARY

100 FAIRGROUNDS DR, PETALUMA, CA 94952



¡Consultas legales de inmigración gratuitas en la Biblioteca de Petaluma!

¿Tiene preguntas sobre su caso de inmigración? Estamos aquí para usted y su familia. Reúnase individualmente con un representante bilingüe acreditado por el (DOJ) para conocer sus opciones de inmigración y recibir información legal confiable en un ambiente acogedor y confidencial.

Nuestros Servicios

- Clases de ciudadanía
- DACA
- Educación y divulgación
- Peticiones familiares
- Renovación de residencia permanente (Green Card)
- Naturalización
- Visa T y Visa U
- VAWA
- Y más...

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(707) 578-6000

SONOMA COUNTY LIBRARY BIBLIOTECA

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OCT. 21, NOV. 18, DIC. 16, ENE. 20, FEB. 17 | 3:30 PM TO 7:00 PM

BIBLIOTECA REGIONAL DE PETALUMA

100 FAIRGROUNDS DR, PETALUMA, CA 94952



Free Immigration Legal Consultations at the Roseland Library!

Have questions about your immigration case? We're here for you and your family. Meet one-on-one with a bilingual, DOJ-accredited representatives to learn about your immigration options and receive trusted legal information in a welcoming and confidential environment.

Our Services

- Citizenship Classes
- DACA
- Education & Outreach
- Family-Based Petitions
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SONOMA COUNTY LIBRARY

MONTHLY: 1ST WEDNESDAY | 3:30 PM TO 7:00 PM

ROSELAND REGIONAL LIBRARY

470 SEBASTOPOL RD, SANTA ROSA, CA 95407



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MENSUALMENTE: PRIMER MIÉRCOLES | 3:30 PM TO 7:00 PM

BIBLIOTECA REGIONAL DE ROSELAND

470 SEBASTOPOL RD, SANTA ROSA, CA 95407

Are You Currently Homeless and Looking for Housing?

The Sonoma County Coordinated Entry System, operated by HomeFirst, matches people who are experiencing homelessness who are most in need of assistance to supportive housing programs. You can access the system at any of the Access Points below. Just ask for a Coordinated Entry Assessment!

Find an Access Point Below to Get Started.

Caritas Drop In Center
301 6th Street
Corner of Morgan & 6th
Santa Rosa, CA 95401
Tues - Wed 1pm - 4pm
or call: 707-308-4684
host@ccnwc.org

TLC Children and Family Services
(Transition aged youth 18-24 or transition aged youth with children)

821 Mendocino Ave
Santa Rosa, CA 95401
Drop in Thur 1pm - 3pm
Call for an appt: 707-480-9541

Face 2 Face (HIV services)
873 2nd Street
Santa Rosa, CA 95404
Call for an appt: 707-544-1581

Nation's Finest (Veterans)
444 10th Street, Suite 102
Santa Rosa, CA 95401
Mon - Fri 8am - 5pm
Call for appt: 833-468-9676

Individual and Family Support Network
Drop in Wed 1pm - 4pm
Call for appt: 707-546-7907, ext 101

West County Health Center
(West County Community will be given priority for enrollments)

16312 3rd Street
Guerneville, CA 95446
Call for appt: 707-824-3398

West County Community Services Sebastopol Outreach
(Sebastopol community only)

Call for an appt: 707-888-3804

Reach for Home
443 Hudson Street
Healdsburg, CA 95448
Call for an appt: 707-433-6161
info@reachforhome.org

Corazon Healdsburg
16003 Healdsburg Avenue,
Healdsburg, CA 95448
By appt only: Mon - Fri 10am - 5pm
Call for appt: 707-615-4567

COTS Mary Isaak Center
900 Hopper Street
Petaluma, CA 94952
Call for an appt: 707-765-6530 ext. 207

HomeFirst Petaluma Outreach Team
(South County community only)

Call for an appt: 707-277-1407

HomeFirst and SAVS Sonoma Valley Outreach Team
(Sonoma Valley community only)

Call for an appt: 707-277-1407

Rohnert Park HOST
(Rohnert Park community only)

Call for an appt: 707-800-2133
hostrp@ccnwc.org

HOMEFIRST

HAVING PROBLEMS GETTING AN ASSESSMENT? CONTACT HOMEFIRST TODAY.
866.542.5480 • CE@HOMEFIRSTSCC.ORG
Last Updated: April 2026

How to Access Services

Coordinated Entry Access Points



Assessment



Dynamic Housing Roster



Housing Referrals Prioritized by Need

HOMEFIRST

HAVING PROBLEMS GETTING AN ASSESSMENT? CONTACT HOMEFIRST TODAY.

866.542.5480 • CE@HOMEFIRSTSCC.ORG

Last Updated: April 2026

Frequently Asked Questions

1. What is a Coordinated Entry System(CES)?

- Coordinated Entry matches people experiencing homelessness to available housing programs. It prioritizes those who are most in need of assistance.
- Referrals are made to permanent housing services, not shelters.

2. What is a CES Assessment?

- Used to determine eligibility for referrals to homeless permanent housing services.
- Places you on a centralized Dynamic Housing Roster so you don't have to apply program by program.
- Includes a standard assessment tool used to measure a person's vulnerability and housing needs.
- Matches you with housing services that meet your needs when they are available, although an assessment does not guarantee a referral.

3. What is the Dynamic Housing Roster?

- The Dynamic Housing Roster is a list of individuals, families, seniors, and transitional age youth who are experiencing homelessness prioritized by vulnerability.
- The Dynamic Housing Roster is a dynamic waiting list and does not guarantee referrals to any particular service or program.
- The most vulnerable, eligible, and most in need will be connected to available housing programs first.
- If you do not accept the housing referral offered to you, you will maintain your placement on the Dynamic Housing Roster and will be offered the next eligible referral.
- The Dynamic Housing Roster is stored in the Homeless Management Information System, which is not accessible to the public.

4. I've Completed my CES Assessment, Now What?

- Keep your contact and location information up to date with an Access Point
- Stay in contact with a Access Point, shelter, or outreach team every 90 days to maintain your active status on the Dynamic Housing Roster and eligibility for housing referrals.
- Update your Assessment annually or when a major life event occurs.
- Continue to pursue other housing options, services, and benefits. Most people who are on the list will NOT be offered a housing opportunity or will wait a very long time for a referral. This is currently due to the lack of housing opportunities.

5. What are My Rights as a Participant in Sonoma County's Coordinated Entry System?

- The Coordinated Entry System, Access Points and Cooperating Agencies must comply with the nondiscrimination provisions of federal civil rights laws, which bar discrimination on the basis of race, color, religion, national origin, sex, actual or perceived sexual orientation or gender identity, disability, familial status, marital status, citizenship (or lack thereof).
- You have the option for your information to be stored on the Dynamic Housing Roster anonymously, and it can be removed at any time.
- You can enroll in the Coordinated Entry System regardless of your legal status. Access Points and Cooperating Agencies have assistance in multiple languages
- The Release of Information you sign is valid for 3 years unless you state an expiration date prior to 3 years. Once your ROI expires, you will be dismissed from the system unless another ROI is signed to continue your enrollment.
- You can be dismissed from Coordinated Entry at any time. Any Access Point can be notified of the request and help facilitate the dismissal with Coordinated Entry staff.

6. How do I Submit a Complaint or Grievance?

- Please contact ce@homefirstscc.org or call (866) 542 5480 to file a complaint or grievance. HomeFirst does not have a say in housing decisions.

Frequently Asked Immigration Questions

Can Someone Who is Undocumented Enroll in Coordinated Entry?

- Yes, anyone who is undocumented can be enrolled in Coordinated Entry. Immigration status is not a barrier to enrollment.

Can Someone Who is Undocumented be Housed at any Coordinated Entry Referred Housing Program?

- While some programs do not take documentation status into account, there are some projects that require a person to be documented. A person's documentation status will not be used as a barrier for any referrals made through Coordinated Entry.

If I Receive a Housing Referral through Coordinated Entry, what Kind of Documents Do I Need to Give to the Housing Providers?

- The type of documentation that needs to be given to housing providers can vary from project to project. Typically, you will need to provide some form of identification and income verification.

What do You Do With a Person's Information Once Collected?

- Information is entered into the Homeless Management Information System (HMIS) which cannot be accessed by the public. We do not share your information with anyone outside of the cooperating agencies listed on the Release of Information.



HOMEFIRST

HAVING PROBLEMS GETTING AN ASSESSMENT? CONTACT HOMEFIRST TODAY.

866.542.5480 • CE@HOMEFIRSTSCC.ORG

Last Updated: April 2026

¿Actualmente se encuentra sin hogar y busca vivienda?

El Sistema de Entrada Coordinada del Condado de Sonoma, administrado por HomeFirst, ayuda a las personas sin vivienda a conectarse con opciones de vivienda y servicios de apoyo. El sistema funciona dando prioridad a quienes tienen mayor necesidad y vinculándolos con los programas de vivienda disponibles.

Seleccione un punto de acceso de la siguiente lista para comenzar.

Centro de atención sin cita previa de Caritas
301 6th Street
Esquina de Morgan y 6th
Santa Rosa, CA 95401
Martes a miércoles: 1pm – 4pm
Llame:707-308-4684
host@ccnwc.org

TLC Children and Family Services
(Jóvenes en transición de 18 a 24 años, o jóvenes con hijos)

821 Mendocino Ave
Santa Rosa, CA 95401
Atención sin cita: jueves 1pm – 3pm
Llame para cita: 707-480-9541

Face 2 Face (servicios de VIH)
873 2nd Street
Santa Rosa, CA 95404
Llame para cita: 707-544-1581

Nation's Finest (Veteranos)
444 10th Street, Suite 102
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Llame para cita: 833-468-9676

Individual and Family Support Network
Atención sin cita: miércoles 1pm – 4pm
Llame para cita: 707-546-7907 ext. 101

West County Health Center
(Prioridad para la comunidad de West County)

16312 3rd Street
Guerneville, CA 95446
Llame para cita: 707-824-3398

West County Community Services Sebastopol Outreach
(Solo comunidad de Sebastopol)

Llame para cita: 707-888-3804

Reach for Home
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Solo con cita: lunes a viernes 10am – 5pm
Llame: 707-615-4567

COTS Mary Isaak Center
900 Hopper Street
Petaluma, CA 94952
Llame para cita: 707-765-6530 ext. 207

HomeFirst Petaluma Outreach Team
(Solo comunidad del sur del condado)

Llame para cita: 707-277-1407

HomeFirst y SAVS Sonoma Valley Outreach Team
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Rohnert Park HOST
(Solo comunidad de Rohnert Park)

Llame para cita: 707-800-2133
Correo: hostrp@ccnwc.org

HOMEFIRST

¿TIENE PROBLEMAS PARA OBTENER UNA EVALUACIÓN? COMUNÍQUESE CON HOMEFIRST HOY MISMO:
866.542.5480 • CE@HOMEFIRSTSCC.ORG

Última Actualización: Abril de 2026

Como acceder a los servicios

Puntos de Acceso del Sistema de Entrada Coordinada



Evaluación



Lista Dinámica de Vivienda



Referencias de vivienda priorizadas según la necesidad

Preguntas Frecuentes

1. ¿Qué es el Sistema de Entrada Coordinada (CES)?

- El CES conecta a las personas sin vivienda con programas de vivienda disponibles. Da prioridad a quienes tienen mayor necesidad.
- Las referencias son para vivienda permanente, no para refugios.

2. ¿Qué es una Evaluación del CES?

- Determina su elegibilidad para servicios de vivienda permanente.
- Lo incluye en una lista centralizada (Lista Dinámica de Vivienda), evitando que tenga que aplicar programa por programa.
- Utiliza una herramienta estándar para medir vulnerabilidad y necesidades de vivienda.
- Lo conecta con servicios disponibles, aunque la evaluación no garantiza una referencia.

3. ¿Qué es la Lista Dinámica de Vivienda?

- Es una lista de personas, familias, adultos mayores y jóvenes en transición sin vivienda, priorizada por nivel de vulnerabilidad.
- Es una lista de espera dinámica y no garantiza servicios específicos.
- Las personas con mayor necesidad reciben prioridad.
- Si rechaza una oferta de vivienda, mantendrá su lugar en la lista.
- Se almacena en el sistema HMIS, que no es público.

4. Ya completé mi evaluación, ¿qué sigue?

- Mantenga actualizada su información de contacto y ubicación con un punto de acceso.
- Comuníquese con un punto de acceso o equipo de apoyo cada 90 días.
- Actualice su evaluación anualmente o ante cambios importantes.
- Continúe buscando otras opciones de vivienda y servicios.
- (Nota: muchas personas no recibirán una oferta o esperarán mucho tiempo debido a la falta de vivienda disponible.)

5. ¿Cuáles son mis derechos como participante en CES del Condado de Sonoma?

- Protección contra discriminación (raza, religión, género, orientación sexual, discapacidad, etc.).
- Puede mantener su información de forma anónima.
- Puede participar sin importar su estatus migratorio.
- Su autorización de información es válida por 3 años.
- Puede retirarse del sistema en cualquier momento.

6. ¿Cómo presento una queja?

- Para presentar una queja o reclamo, comuníquese al ce@homerstscc.org o llame al (866) 542-5480. HomeFirst no toma decisiones sobre la asignación de vivienda.

HOMEFIRST

¿TIENE PROBLEMAS PARA OBTENER UNA EVALUACIÓN? COMUNÍQUESE CON HOMEFIRST HOY MISMO:

866.542.5480 • CE@HOMEFIRSTSCC.ORG

Última Actualización: Abril de 2026

Preguntas Frecuentes sobre Inmigración

¿Puede una persona indocumentada inscribirse en el Sistema de Entrada Coordinada?

- Sí. Cualquier persona indocumentada puede inscribirse en el Sistema de Entrada Coordinada. El estatus migratorio no es una barrera para la inscripción.

Si recibo una referencia de vivienda a través del Sistema de Entrada Coordinada, ¿qué tipo de documentos debo proporcionar a los proveedores de vivienda?

- El tipo de documentación que se debe proporcionar puede variar según el programa. Por lo general, deberá presentar algún tipo de identificación y verificación de

¿Puede una persona indocumentada acceder a vivienda en cualquier programa referido por el Sistema de Entrada Coordinada?

- Aunque algunos programas no toman en cuenta el estatus migratorio, existen ciertos proyectos que requieren que la persona tenga documentos. El estatus migratorio no se utilizará como una barrera para ninguna referencia realizada a través del Sistema de Entrada Coordinada.

¿Qué hacen con la información de una persona una vez que se recopila?

- La información se ingresa en el Sistema de Información de Gestión para Personas sin Hogar (HMIS), el cual no es accesible al público. No compartimos su información con nadie fuera de las agencias colaboradoras indicadas en la Autorización para Compartir Información.



YOUR VOICE MATTERS

We want to hear from:

- Youth and young adults
- Parents and caregivers
- Educators and school staff
- Service providers and advocates
- Faith-based organizations
- Residents from all Santa Rosa neighborhoods

TAKE THE YOUTH VIOLENCE SURVEY

HELP THE CITY TO:

- IDENTIFY CHALLENGES FACING YOUTH
- UNDERSTAND GAPS IN COMMUNITY SERVICES
- RECOGNIZE SUCCESSFUL PROGRAMS & STRATEGIES
- SHAPE FUTURE PREVENTION STRATEGIES
- ENSURE COMMUNITY VOICES DRIVE DECISIONS

Survey Details

- Anonymous and confidential
- Takes about 8-12 minutes
- Spanish survey available
- Complete online using the QR code provided below

Help Us Build a Safer and Stronger Santa Rosa

By sharing your experiences, you can help shape the future of youth violence prevention, family support, and community well-being in Santa Rosa

Take the survey today!

THE SANTA ROSA VIOLENCE PREVENTION PARTNERSHIP

Creating environments where all youth are empowered and all community members thrive

TU VOZ ES VALIOSA

Queremos conocer las opiniones de:

- Adolescentes y adultos jóvenes
- Padres y familias
- Educadores y empleados escolares
- Proveedores de servicios y defensores de jóvenes
- Organizaciones religiosas
- Residentes de todos los distritos de Santa Rosa

RESPONDA A LA ENCUESTA SOBRE LA VIOLENCIA JUVENIL

AYUDAR A LA CIUDAD A

- ✓ IDENTIFICAR LOS RETOS QUE ENFRENTAN LOS JÓVENES.
- ✓ ENTENDER QUÉ SERVICIOS FALTAN.
- ✓ RECONOCER PROGRAMAS Y ESTRATEGIAS EFECTIVAS
- ✓ DAR FORMA A ESTRATEGIAS FUTURAS DE PREVENCIÓN
- ✓ GARANTIZAR QUE LAS VOCES DE LA COMUNIDAD INFLUYAN EN LAS DECISIONES.

Detalles de la encuesta

- Anónima y confidencial.
- Toma entre 8 y 12 minutos
- Encuesta disponible en inglés
- Responda en linea utilizando el código QR provisto

Ayúdenos a crear una Santa Rosa más segura

Al compartir sus experiencias, puede contribuir al futuro de la prevención de la violencia juvenil, el apoyo a las familias y el bienestar de la comunidad en Santa Rosa.

¡Responda a la encuesta ahora!

THE SANTA ROSA VIOLENCE PREVENTION PARTNERSHIP

Creando oportunidades donde todos los jóvenes están empoderados y en donde todos los miembros prosperan.

CYCHLORPHINE

(sye-KLOR-feen)

A NEW, POWERFUL SYNTHETIC OPIOID

MAY BE IN YOUR SUPPLY WITHOUT YOUR KNOWLEDGE.

- May be up to 10x more potent than fentanyl.
- Linked to overdoses and deaths in the U.S., including California.
- Not detected by fentanyl or nitazene test strips.

TAKE THESE STEPS – IT COULD SAVE YOUR LIFE.



CARRY NALOXONE.

Keep it with you and make sure people around you know where it is and how to use it.



USE WITH SOMEONE YOU TRUST.

Have someone with you who can check on you and call for help if needed.



GO SLOW.

When using substances, use small amounts. Potency can be unpredictable.



DO NOT RELY ON TEST STRIPS.

Cychlorphine will not show up on fentanyl or nitazene test strips.



BE EXTRA CAUTIOUS WITH PILLS.

Cychlorphine has been found in counterfeit tablets (e.g., Xanax, Percocet, Dilaudid, OxyContin) and in mixed supplies.

KNOW THE SIGNS OF AN OVERDOSE

- Not responding
- Slow or no breathing
- Making gurgling or gasping sounds
- Blue or gray lips or skin
- Very small pupils
- Unconsciousness.

TAKE ACTION. DON'T WAIT.

1. **GIVE NALOXONE.**
   Use a dose right away. If normal breathing has not returned after 2-3 minutes, give another dose.
2. **CALL 911.**
   Tell them you are with someone who is unresponsive.
3. **SUPPORT BREATHING.**
   If you are able, provide rescue breathing until emergency services arrive.
4. **STAY WITH THEM.**
   Stay with them until emergency services arrive.

YOUR SAFETY MATTERS.

KNOW THE RISKS. TAKE ACTION. LOOK OUT FOR EACH OTHER.

WCCS
West County Community Services
westcountyservices.org

MENTAL HEALTH SERVICE ACT · 63 · CALIFORNIA
WELLNESS
RECOVERY
RESILIENCE

Interlink Self-Help Center
Hope
Peer Support
Empowerment
interlinkselfhelpcenter.org

DEPENDENCY LEGAL SERVICES

ahora ofrece servicios de prevención, asesoría legal e intervención temprana en los condados de **Stanislaus,** **Sonoma,** y **Placer**



Ayudamos a fortalecer a los padres

GRATIS PARA FAMILIAS DE BAJOS INGRESOS

NO SOMOS CPS

NUESTRO ENFOQUE

- **Mantener a las familias unidas**
- Apoyamos a padres y cuidadores en la toma de decisiones seguras
- Reducimos el trauma
- Ayudamos a evitar el cuidado de crianza temporal
- **Acceso gratuito a nuestros abogados**

NUESTROS SERVICIOS DE PREVENCIÓN

- Contestamos sus preguntas acerca de la intervención de CPS
- Servicios legales para apoyar a su familia
- Un equipo de apoyo para ayudar a navegar el proceso de CPS

Comuníquese con nuestros abogados:

(916) 234-3993

prevention@dependencyls.com

LAS COMUNICACIONES SON PRIVADAS

Escanéame

ASESORÍA LEGAL GRATUITA PARA FAMILIAS DE BAJOS INGRESOS

DLS ahora ofrece servicios de prevención e intervención temprana en los condados de **Stanislaus, Sonoma** y **Placer**



COMUNÍQUESE CON NUESTROS ABOGADOS:

(916) 234-3993

prevention@dependencyls.com

LAS COMUNICACIONES SON PRIVADAS

Haga preguntas sobre:

- Seguridad infantil
- Preguntas generales sobre la crianza de los niños
- Servicios legales para apoyar a su familia
- Violencia doméstica
- CPS o el sistema legal

Ayudamos a fortalecer a los padres

a través de
la Dignidad, el Liderazgo
y la Estabilidad

Nuestro enfoque:

- Cómo apoyar a los **padres y cuidadores** en la toma de decisiones seguras
- Preservar familias
- Reducir la interacción con el sistema
- Reducir el trauma
- Ofrecemos un equipo de apoyo para ayudar a navegar el cuidado de los niños

Escanéame

DLS Dependency Legal Services

DEPENDENCY LEGAL SERVICES

is now offering prevention and early intervention services in **Stanislaus**, **Sonoma**, and **Placer** Counties



Empowering Strong Parents

OUR FOCUS

- **Keeping families together**
- Supporting parents in making safe choices
- Reducing trauma
- Preventing unnecessary foster care
- **Free access to our attorneys**

FREE FOR LOW-INCOME

WE ARE NOT CPS

OUR SERVICES

- Answer your questions about CPS BEFORE CPS gets involved
- Legal services to support your family
- A team of support if CPS does intervene

Contact our Attorneys:

(916) 234-3993

prevention@dependencyls.com

COMMUNICATIONS ARE PRIVATE

SCAN ME

English Conversation Club

Petaluma Library
1st & 3 Thursdays, 2:00 pm
September - November
(707) 763-9801

Northwest Santa Rosa Library
Mondays, 2:00 pm
September 14 - October 19
(707) 546-2265

Roseland Library
Mondays, 2:00 pm
September 14 - November 16
(707) 755-2029

Sonoma Valley Library
Fridays, 2:00 pm
September 18 - October 23
(707) 996-5217

Healdsburg Library
Saturdays, 3:00 pm
October 3 - November 21
(707) 443-3772

Rincon Valley Library
Thursdays, 11:00 am
October 15 - December 12
(skip November 26)
(707) 537-0162



Boost your confidence and practice your English in a friendly, supportive space at the library. Open to all adult learners—no registration required.

Just drop in and join us!

SONOMA COUNTY LIBRARY
BIBLIOTECA

SONOMA COUNTY LIBRARY
sonomalibrary.org/LearnEnglish

FREE

Brought to you by the library sales tax
Fall 2026

Club de conversación en inglés

Biblioteca de Petaluma
primer y tercer jueves , 2:00 pm
septiembre - noviembre
(707) 763-9801

Biblioteca de Northwest Santa Rosa
lunes, 2:00 pm
14 de septiembre - 19 de noviembre
(707) 546-2265

Biblioteca de Roseland
lunes, 2:00 pm
14 de septiembre - 16 de noviembre
(707) 755-2029

Biblioteca de Sonoma Valley
viernes, 2:00 pm
18 de septiembre - 23 de octubre
(707) 996-5217

Biblioteca de Healdsburg
sábado, 3:00 pm
3 de octubre - 21 de noviembre
(707) 443-3772

Biblioteca Rincon Valley
jueves, 11:00 am
15 de octubre - 12 de diciembre
(salta el 26 de noviembre)
(707) 537-0162



Practica tus habilidades de conversación en inglés en un ambiente agradable y acogedor en la biblioteca. Abierto para todas las personas adultas.

Puedes presentarte sin registrarte previamente.

SONOMA COUNTY LIBRARY
BIBLIOTECA

BIBLIOTECA DEL CONDADO DE SONOMA

sonomalibrary.org/AprendeIngles

GRATIS

Traído por el impuesto de venta de la biblioteca
otoño 2026

FACE to FACE

OUR COMMUNITY IS OUR MISSION

☑ Cal Fresh (Food Stamps)

☑ Medi-Cal (Medical Insurance)

☑ Cash Aid
(GA/TANF/SSI/SSDI)

TEMPORARY ASSISTANCE tanf FOR NEEDY FAMILIES

☑ Client-centered Counseling

COMMUNITY HEALTH WORKERS CALIFORNIA

Please visit...
Face to Face — 873 Second Street — Santa Rosa
Every Thursday 11:00 a.m. — 4:00 p.m.
Ask for ***Robby*** *— Community Health Case Manager*

Office (707) 544-1581 ext 116
Cell (369) 208-2223 Email rmoore@f2f.org

Hot Meal Resources

See Reverse Side →

Hot Meal Resources

Jesus Cares 2020
610 Wilson Street, **Santa Rosa**
Mon — Fri 1:00 p.m. to 3:00 p.m.

Unitarian Universalist Congregation
547 Mendocino Ave. **Santa Rosa**
Saturdays 7:00 a.m.

Church of Incarnation
550 Mendocino Ave. **Santa Rosa**
Sundays 6:30 a.m. to 7:45 a.m.

Sebastopol Christian Church
7433 Bodega Ave. **Sebastopol**
Mon & Thur 6:30 a.m. to 10:00 a.m.

Mary Isaak Center
900 Hopper Street, **Petaluma**
Lunch Daily 11:30 p.m. to 12:30 p.m.
Dinner Daily 5:00 p.m. to 6:00 p.m.

St Paul's Episcopal Church
209 Matheson St. **Healdsburg**
Tuesdays 10:30 a.m. to 2:00 p.m.

PROVIDENCE MOBILE HEALTH WALK-IN CLINIC

SEPTEMBER - DECEMBER 2026
Schedule / Horario

CLINIC DAYS / DIAS DE CLINICA Arrive by 8:30 AM

TUESDAY / MARTES	THURSDAY / JUEVES	FRIDAY / VIERNES
WINDSOR	SANTA ROSA	SONOMA
Calvary Chapel River Fellowship	Resurrection Catholic Church Parish	La Luz Center
195 Windsor River Rd.	303 Stony Point Rd.	17560 Greger St.
Windsor, CA 95492	Santa Rosa, CA 95401	Sonoma, CA 95476

SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Windsor	2	3 Santa Rosa	4 Sonoma	5
6	7	8 Windsor Cloverdale	9	10 Santa Rosa	11 Sonoma	12
13	14	15 Windsor	16	17 Santa Rosa	18 Sonoma	19
20	21	22 Windsor	23	24 Santa Rosa	25 Sonoma	26
27	28	29 Windsor	30			

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Santa Rosa	2 Sonoma	3
4	5	6 Windsor	7	8 Santa Rosa	9 Sonoma	10
11	12	13 Windsor Cloverdale	14	15 Santa Rosa	16 Sonoma	17
18	19	20 Windsor	21	22 Santa Rosa	23 Sonoma	24
25	26	27 Windsor	28	29 Santa Rosa	30 Sonoma	31

NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Windsor	4	5 Santa Rosa	6 Sonoma	7
8	9	10 Windsor Cloverdale	11	12 Santa Rosa	13 Sonoma	14
15	16	17 Windsor	18	19 Santa Rosa	20 Sonoma	21
22	23	24 Windsor	25	26 CLOSED	27 CLOSED	28
29	30					

DECEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Windsor	2	3 Santa Rosa	4 Sonoma	5
6	7	8 Windsor Cloverdale	9	10 Santa Rosa	11 Sonoma	12
13	14	15 Windsor	16	17 Santa Rosa	18 Sonoma	19
20	21	22 Windsor	23	24 CLOSED	25 CLOSED	26
27	28	29 CLOSED	30	31 CLOSED		

NOTE: Cloverdale - La Familia Sana every 2nd Tuesday of the month
439 N. Cloverdale Blvd., Cloverdale, CA 95425

Clinic starts at 9am on a first come first serve basis. Arrive by 8:30am to register

PROVIDENCE MOBILE HEALTH WALK-IN CLINIC

LOCATIONS, SERVICES, AND CONTACT INFORMATION

LUGARES, SERVICIOS E INFORMACION DE CONTACTO

LOCATIONS / *LUGARES*

Santa Rosa - Resurrection Catholic Church Parish
303 Stony Point Rd., Santa Rosa, CA 95401

Sonoma - La Luz Center
17560 Greger St., Sonoma, CA 95476

Windsor - Calvary Chapel River Fellowship
195 Windsor River Rd., Windsor, CA 95492

Cloverdale - La Familia Sana
439 N. Cloverdale Blvd., Cloverdale, CA 95425

OUR SERVICES / *NUESTROS SERVICIOS*

For People Without Insurance

- Minor health problems
- Limited chronic illness care
- Women's health exams
  - -pap smears
  - -mammograms referral
- Sports physicals

Anyone can come

- Blood pressure check
- Blood sugar check
- Flu vaccines
- Health and nutrition education
- Help finding community resources

Para personas sin seguro médico

- *Problemas leves de salud*
- *Atencion limitada para enfermedades cronicas*
- *Exámenes médicos para la mujer - Papanicolaous*
- *--Referencia para mamografia*
- *Exámenes físicos para deportes*

Abiertos para todos:

- *Exámenes de presión y azúcar en la sangre*
- *Vacunas contra la gripa*
- *Educación sobre la salud y nutrición*
- *Información y referencias a recursos de la comunidad*

FIRST COME, FIRST SERVED *SERAN ATENDIDOS POR ORDEN DE LLEGADA*

Clinic starts at 9am. Arrive by 8:00am to register
La clínica comienza a las 9:00am. Llegue a las 8:00am para registrarse.

QUESTIONS / *¿PREGUNTAS?*

707-547-4612

707-571-7025 Answering Service

Health.Mobile@providence.org

Fax: 707-522-1289

www.Providence.org

SCAN FOR MORE INFORMATION
ESCANEE PARA MAS INFORMACION

Felton institute PSS

SONOMA COUNTY · BHSA WORKFORCE EDUCATION & TRAINING

Your lived experience is a qualification.

Become a Medi-Cal Peer Support Specialist through Felton's free, 80-hour, CalMHSA-approved training, built for people with lived experience of recovery.

80 hrs	17	$0	60+
CalMHSA-approved training	DHCS core competencies	Cost, fully BHSA funded	Trained across the county each year

Who This Is For

Designed for people with lived experience, family members, and residents of historically underserved and underrepresented Sonoma County communities.

- People with personal, lived experience of mental health or substance use recovery
- Family members & caregivers of people with behavioral health needs
- Community members ready to build a career in peer support
- No prior clinical background or degree required

THE PATHWAY

From Training to Employment

01 **Outreach**
Info sessions & community partners

02 **80-Hr Training**
Virtual, in-person & hybrid

03 **Exam Preparation**
Mentorship and support

04 **Employment**
Career & placement support

You'll train in the state's 17 core competencies, including:

Recovery-oriented practice · Advocacy & navigation · Engagement · Ethics & boundaries · Crisis recognition · Cultural responsiveness · Trauma-informed support · Confidentiality · + 9 more, per DHCS standard

FORMAT
Evenings & weekends; virtual, in-person, and hybrid.

LANGUAGES
English, Spanish, and other threshold languages as needed.

COVERAGE
Central, North, South, East & West Sonoma County.

Apply for the next cohort

- Spots are limited each year.
- Register at wkf.ms/4wMKLwD or reach out with a question.

Funded by the Sonoma County Behavioral Health Services Act (BHSA).

CONTACT US

510-844-8244 x402
training@felton.org

FAMILY URGENT RESPONSE SYSTEM
24/7 Immediate Support

Supporting *Caregivers*



24/7 help is available by phone, text, or in person — every day of the year. All conversations are private and confidential.

Anything you need, anytime, and anywhere

Are you feeling frustrated, sad, or overwhelmed? Do you need help de-escalating a fight? Do you need help navigating a mental health issue or parenting challenge?

The Family Urgent Response System is a safe, judgment-free, and private space for current or former foster youth and caregivers in California to get help. Reaching out will not get you in trouble. Whether you just need someone to listen, are struggling with a difficult situation, need help finding resources, or something more urgent— we're always here for you.

Who we serve

Youth (Up to Age 21)

- Current foster youth (including youth under juvenile probation supervision in foster care).
- Former foster youth (including those who are reunified with biological family, adopted, under care of a guardian, or independent adults).

Caregivers

- Anyone caring for a current and/or former foster youth, such as relatives, resource parents, adoptive parents, biological parents, and more.

Over 22,000 services have been provided to youth and caregivers

Reach out	Call or text us at 833-939-3877; email or chat at FamilyResponseCA.org.
Tell us how we can help	Talk to a trained and caring counselor or peer who understands your concerns.
Get support	Together, we'll develop a plan of action and connect you with helpful resources. We can also meet in person if you'd like.

About the Family Urgent Response System

Formerly known as Cal-FURS, the Family Urgent Response System is administered by the Sacramento Children's Home in partnership with the California Department of Social Services and provides free 24/7 immediate support. Local teams are available to provide in-person support in each county.



FAMILY URGENT RESPONSE SYSTEM
24/7 Immediate Support

Family Urgent Response System is *Always Here For You.*

Free to use - no strings attached!

24/7 help is available by phone, text, or in person — every day of the year.

All conversations are private and confidential.

The Family Urgent Response System is a safe, judgment-free, and private space for current or former foster youth and caregivers in California to get help. Reaching out will not get you in trouble. Whether you just need someone to listen, are struggling with a difficult situation, need help finding resources, or something more urgent— we're always here for you, for any reason.

Reach out	Call or text us at 833-939-3877; email or chat at FamilyResponseCA.org.
Tell us how we can help	Talk to a trained and caring counselor or peer who understands your concerns.
Get support	Together, we'll develop a plan of action and connect you with helpful resources. We can also meet in person if you'd like.

Who we serve

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About the Family Urgent Response System

Formerly known as Cal-FURS, the Family Urgent Response System is administered by the Sacramento Children's Home in partnership with the California Department of Social Services and provides free 24/7 immediate support. Local teams are available to provide in-person support in each county.

833-939-3877

FamilyResponseCA.org

FAMILY URGENT RESPONSE SYSTEM
24/7 Immediate Support

Current and Former Foster Youth: When You Need Someone to Talk To



833-939-3877

When life gets hard, we have your back

Are you feeling upset, alone, or sad? Fighting with your parents, friend, or teacher?

Whether it's 2AM or 3PM, we are here to listen and can provide any help that you want and need. Reaching out will not get you in trouble. All conversations are private and confidential.

Who we serve

Youth (Up to Age 21)

- Current foster youth (including youth under juvenile probation supervision in foster care).
- Former foster youth (including those who are reunified with biological family, adopted, under care of a guardian, or independent adults).

Reach out today, or save our number for later!

We're available 24/7, every day of the year. We can talk, text, chat, or email – whatever works best for you.

How It Works

Reach out	Call or text us at 833-939-3877; email or chat at FamilyResponseCA.org.
Tell us how we can help	Talk to a trained and caring counselor or peer who understands your concerns.
Get support	Together, we'll develop a plan of action and connect you with helpful resources. We can also meet in person if you'd like.

About the Family Urgent Response System

Formerly known as Cal-FURS, the Family Urgent Response System is administered by the Sacramento Children's Home in partnership with the California Department of Social Services and provides free 24/7 immediate support. Local teams are available to provide in-person support in each county.

Follow us on social

@familyresponseca
@familyresponse

Learn more at **FamilyResponseCA.org**

PJ0226-BGS-HTPWBB-PST

HOW to PAY for COLLEGE WITHOUT BREAKING the BANK



Note: This program is not recommended for parents of seniors.

FOR PARENTS OF HIGH SCHOOL FRESHMEN, SOPHOMORES & JUNIORS OR YOUNGER

College costs are rising fast, but families who plan early have more options than they realize.

We'll give you clear, practical guidance to understand college costs, financial aid, and how to avoid unnecessary debt. Get proven strategies to reduce out-of-pocket costs, make smarter college choices, and protect your family's financial future.

EVEN HIGH INCOME FAMILIES CAN GET FINANCIAL AID

Think your family earns too much to receive aid? Many families still qualify, once they understand how the system really works.

We'll show you how planning, timing, and smart school selection can significantly impact what you actually pay for college—without jeopardizing retirement or long-term financial goals.

COLLEGE PLANNING MASTER CLASS

- How to pay for college in a difficult economy while protecting your retirement
- How to choose colleges that offer strong financial aid packages, not just big sticker prices
- The most common FAFSA and Student Aid Index (SAI) mistakes and how to avoid them
- How some private colleges can cost less than in-state public schools
- How to save thousands in out-of-pocket costs and maximize aid from each school
- How college costs really affect retirement, and how to protect both
- Why certain 529 strategies can increase costs, and what to do instead
- How to avoid scholarship scams, predatory loans, and unnecessary debt
- How to create a clear plan to graduate without sacrificing education quality

REGISTER

This workshop is presented by Elite Collegiate Planning & not sponsored by the school district.

SAVE YOUR SPOT. REGISTER TODAY.

HTTPS://BIT.LY/LVWRPST

Contact info: Charlene Krebs. 610-422-3530. 120 Arrandale Blvd. Exton, PA 19341

PJ0226-BGS-HTPWBB-PST

CÓMO PAGAR LA UNIVERSIDAD SIN TENER QUE ROMPER EL BANCO



Nota: Este programa no es recomendado para padres de personas mayores.

PARA PADRES DE ESTUDIANTES DE SECUNDARIA O PREPARATORIA.

Los costos universitarios están aumentando rápidamente, pero las familias que planifican con anticipación tienen más opciones de las que imaginan.

Le brindaremos orientación clara y práctica para comprender los costos universitarios, la ayuda financiera y cómo evitar deudas innecesarias. Descubra estrategias comprobadas para reducir los gastos de bolsillo, tomar decisiones universitarias más inteligentes y proteger el futuro financiero de su familia.

INCLUSO LAS FAMILIAS DE ALTOS INGRESOS PUEDEN OBTENER AYUDA FINANCIERA.

¿Cree que su familia gana demasiado para recibir ayuda financiera? Muchas familias aún califican, una vez que comprenden cómo funciona realmente el sistema.

Le mostraremos cómo la planificación, el momento oportuno y la elección inteligente de la universidad pueden influir significativamente en lo que realmente pagará por la educación superior, sin poner en riesgo su jubilación ni sus objetivos financieros a largo plazo.

Taller de planificación universitaria

- **Cómo pagar la universidad en una economía difícil protegiendo al mismo tiempo sus ahorros para la jubilación**
- **Cómo elegir universidades que ofrezcan buenos paquetes de ayuda financiera, y no solo precios elevados**
- **Los errores más comunes en la solicitud FAFSA y el Índice de Ayuda Estudiantil (SAI) y cómo evitarlos**
- **Cómo algunas universidades privadas pueden costar menos que las universidades públicas estatales**
- **Cómo ahorrar miles de dólares en gastos de bolsillo y maximizar la ayuda de cada universidad**
- **Cómo los costos universitarios afectan realmente la jubilación y cómo proteger ambos aspectos**
- **Por qué ciertas estrategias de los planes 529 pueden aumentar los costos y qué hacer en su lugar**
- **Cómo evitar estafas de becas, préstamos abusivos y deudas innecesarias**
- **Cómo crear un plan claro para graduarse sin sacrificar la calidad de la educación**

REGISTER

Este taller es presentado por Elite Collegiate Planning y no está patrocinado por el distrito escolar.

GUARDA TU LUGAR. REGISTRATE HOY.

HTTPS://BIT.LY/LVWRPST

Contact info: Charlene Krebs. 610-422-3530. 120 Arrandale Blvd. Exton, PA 19341

10,000 degrees

10,000 Degrees Scholarships

Opens: October 1, 2026
Priority Deadline: March 2, 2027



OUR PROMISE TO SCHOLARSHIP RECIPIENTS

Our support doesn't end with a check! From day one to graduation day, scholarship recipients may receive support from our Fellows and Coaches who provide ongoing mentorship. We'll be there during your entire college journey, whether you start at a community college or 4-year university.

MORE THAN JUST A SCHOLARSHIP

All scholarship recipients will also receive:

- **Financial Support:** Annual renewable scholarship money and FAFSA/CADAA navigation support.
- **Mentorship:** Dedicated Fellow or Coach support throughout college via virtual and in-person check-ins.
- **Career Readiness:** Career exploration guidance paired with targeted internship preparation and support.
- **Academic & Program Support:** School system navigation, transfer guidance, and partner program connections.

ELIGIBILITY FOR FIRST TIME APPLICANTS

- **NO** GPA requirement
- **NO** standardized test requirement
- **NO** citizenship requirement
- Students planning to or already attending a Career Program (CTE), Community College or 4-Year College/University

Apply online at *10000degrees.org/scholarships*

- Create a 10,000 Degrees Student Portal
- Application requirements:
  - Unofficial school transcript
  - A completed FAFSA or CA Dream Act application and SAI
  - Two short question responses

APPLY TODAY

TYPES OF SERVICES

These are all the services covered by CLG Assist D1. If you do not see the service you need, please call us. We may be able to accommodate your request.

GET AHEAD OF FIRE SEASON

CLG Assist D1 offers FREE fire mitigation services:

- CUT TALL GRASS AND WEEDS
- REDUCE FIRE FUEL AROUND YOUR HOME
- IMPROVE SAFETY FOR YOUR HOUSEHOLD

Disclaimer: The Graton Day Labor Center is not equipped to provide full tree services

Centro Laboral de Graton
Graton Day Labor Center
2981 BOWEN ST • P.O. BOX 42 • GRATON CA 95444 • 707/829-1864

YARD WORK & LIGHT MAINTENANCE SERVICES

- Hand Weeding
- General Yard Upkeep
- Support With Fruit Trees
- Moving Items
- Gutter Cleaning

HOUSE CLEANNING SEVICES

CLG Assist D1 also supports residents by providing house cleaning services to help maintain clean and healthy living spaces, in collaboration with Centro Laboral de Graton.

OUR SERVICES

- House Cleaning
- Home Organizing
- General Home Upkeep

ALMAS
Graton Day Labor Center
Alianza Laboral de Mujeres Activas y Solidarias

CLG ASSIST D1



CENTRO LABORAL DE GRATON

GRATON DAY LABOR CENTER

Work, Dignity, and Respect

707-829-1864
2981 Bowen St, Graton, CA 95444
Gratondaylaborcenter.org

Centro Laboral de Graton (CLG) is a 501(c)(3) nonprofit organization. EIN: 68-0472311. All contributions to CLG are tax deductible to the extent permitted by law.

ABOUT CLG ASISST D1

CLG Assist D1 is a community driven program that provides essential free in home support services to District 1 residents who cannot afford them. Funded by Supervisor Rebecca Hermosillo through the Tourism Impact Fund (TIF) and the County of Sonoma Board of Supervisors, and implemented in collaboration with the Graton Day Labor Center, the program supports low income community members.

1ST SUPERVISORIAL DISTRICT

The **1st Supervisorial District** is bounded on the north by Porter Creek and Franz Valley School Roads, to the east by the Napa county line, to the west by a combination of roads, including Mark West Springs Road, Fountaingrove Parkway Brookwood Ave, Farmers Lane, and Petaluma Hill Road, and to the south by San Pablo Bay.

Not sure if your home is in District 1? Scan the barcode to visit the official website and check your address.

County of Sonoma
Board of Supervisors
Rebecca Hermosillo - District 1

WHO QUALIFIES FOR CLG ASSIST D1?

Low-income residents the **1st Supervisorial District Sonoma County** may qualify if they meet certain requirements:

- **Seniors**
- **Single-Parent Households**
- **People With Disabilities**

Residents who meet the qualifications may be eligible to receive up to 4 hours of labor covered by the program. **See the back for a list of services provided.**

ONCE APPROVED, PLEASE HAVE THE FOLLOWING READY:

- Preferred date
- Preferred time
- Full address of the service location

This information will be needed to schedule your appointment.

CLG Assist D1 is made possible by the support of the County of Sonoma Board of Supervisors.

If you believe you may qualify, please contact one of our trusted community partners for a referral to the program:

COUNCIL ON AGING

council on aging
living better, together.

VINTAGE HOUSE

VINTAGE HOUSE
CONNECT. EXPLORE. BELONG.

SONOMA VALLEY COMMUNITY HEALTH CENTER

SVCHC

LA LUZ

LA LUZ



Want to improve your Digital Skills?

¿Quieres mejorar tus habilidades digitales?

Earn incentives to support your digital journey

Gana incentivos para apoyar tu viaje digital

Digital Basics

- Computer Basics
- Internet Basics
- Using email
- Windows
- Mac OS

Software Skills

- Microsoft Word
- Microsoft Excel
- Microsoft PowerPoint
- Google Docs

Tech in Daily Life

- Job Search
- Social Media
- Telehealth
- Your digital footprint

Los conceptos básicos

- Fundamentales de compotadora
- Conceptos básicos de Internet
- Uso de correo electrónico
- Sistema operativo Windows
- Sistema operativo Mac

Habilidades de Software

- Microsoft Word
- Microsoft Excel
- Microsoft PowerPoint
- Google Docs

Tecnología en la vida diaria

- Búsqueda de Empleo
- Redes Sociales
- Acceso a citas de telesalud
- Tu huella digital

Cohort starting Soon!!
Funded by community donations

¡Grupo Comienza pronto!
Financiado por donaciones de la comunidad

Contact/ Contacto

Goodwill Redwood Empire
www.gire.org
programs@gire.org
707-523-0550

GOODWILL® Connect!

Goodwill Connect! navigators are now in select Goodwill stores. We are here to assist you on a pathway to meaningful employment at no cost.
Let us connect you with:



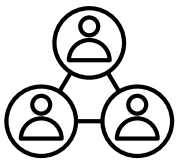
Employment Supports
Career exploration
Resumes, cover letters
On-line job searches
Interview preparation



Workshops
Career & Work
Successful Behaviors
Practical Work and Life Skills



Digital Skills
Accessing the internet
Computer fundamentals
Advanced training and certifications



Other Supportive Services
Training and education
Other Goodwill programs
Community resources



Thanks to our donors and customers for funding Goodwill services for our community.

Connect with us:

www.gire.org
programs@gire.org
O: 707-523-0550
C: 707-867-9236

2007 Sebastopol Rd. Santa Rosa
Monday-Friday, 9am-6pm

476 Rohnert Park Expy
Rohnert Park
Wednesday-Friday, 10am-6pm

GOODWILL® Connect!

Los navegadores de ¡Goodwill Connect! ya están disponibles en tiendas Goodwill seleccionadas. Estamos aquí para ayudarle a encontrar un empleo significativo sin costo a usted. Permítenos conectarte con



Apoyos laborales

Exploración de carreras
Currículums, cartas de presentación
Búsqueda de empleo en línea
Preparación para entrevistas



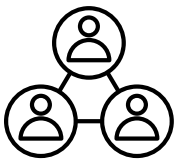
Talleres

Carrera y Trabajo
Comportamientos exitosos
Habilidades prácticas para el trabajo y la vida



Habilidades Digitales

Accediendo a internet
Fundamentos de computadora
Capacitación avanzada y certificaciones



Otros servicios de apoyo

Entrenamientos y educación
Otros programas de Goodwill
Recursos comunitarios



Gracias a nuestros donantes y clientes por financiar los servicios de Goodwill para nuestra comunidad.

Conecta con nosotros:

www.gire.org
programs@gire.org
O: 707-523-0550
C: 707-867-9236

2007 Sebastopol Rd. Santa Rosa
Lunes-viernes 9-6

476 Rohnert Park Expy
Rohnert Park
Miércoles-viernes 10-6

English Conversation Club



Saturdays
Oct 3 - Nov 21
3 - 4 pm

Boost your confidence and practice your English in a friendly, supportive space at the library. Open to all adult learners—no registration required. Just drop in and join us!

FREE

SONOMA COUNTY LIBRARY
BIBLIOTECA

HEALDSBURG REGIONAL LIBRARY
139 Piper Street
707 433-3772
sonomalibrary.org

Brought to you by the library sales tax

Club de conversación en inglés



Sábados
3 de octubre –
21 de noviembre
3 - 4 pm

Practica tus habilidades de conversación en inglés en un ambiente agradable y acogedor en la biblioteca. Abierto para todas las personas adultas. Puedes presentarte sin registrarte previamente.

GRATIS

SONOMA COUNTY LIBRARY
BIBLIOTECA

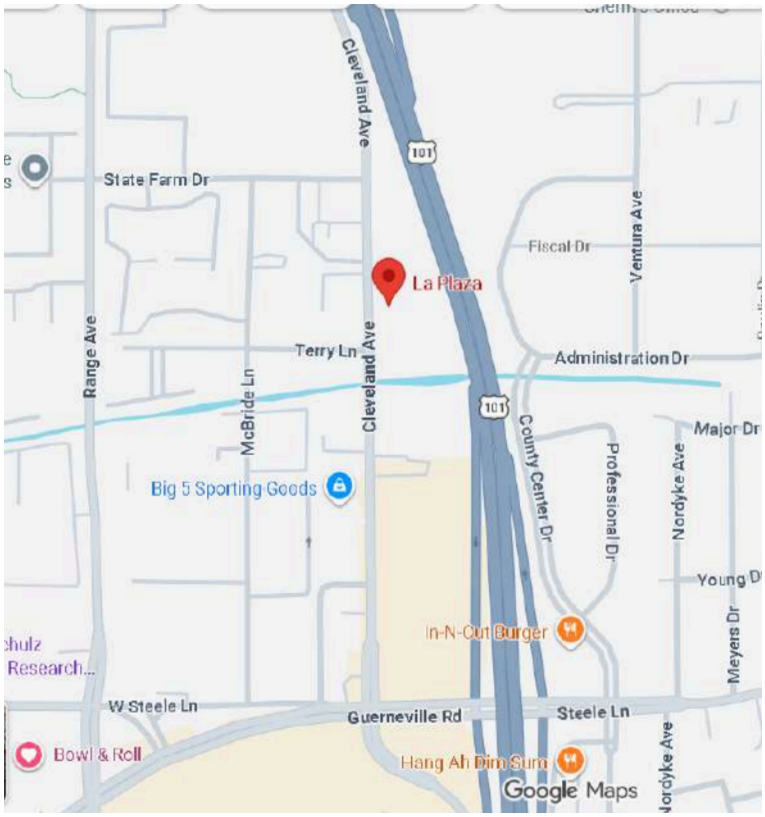
BIBLIOTECA REGIONAL DE HEALDSBURG
139 Piper Street
707 433-3772
sonomalibrary.org

Traído por el impuesto de venta de la biblioteca

NECESITA AYUDA CON PLANES DE PREPARACION FAMILIAR?

La Plaza le puede ayudar, <u>sin ningun costo</u>, en su idioma, a completar su Plan de Preparacion Familiar*.

Llame o Visite La Plaza para mas informacion:



HORARIO DE OFICINA:

SIN CITA PREVIA (DE LUNES A VIERNES, DE 9 A.M. A 4:30 P.M.)

2800 CLEVELAND AVENUE
SUITE C
SANTA ROSA, CA 95403

CORREO ELECTRONICO:
INFO@LAPLAZANCC.ORG

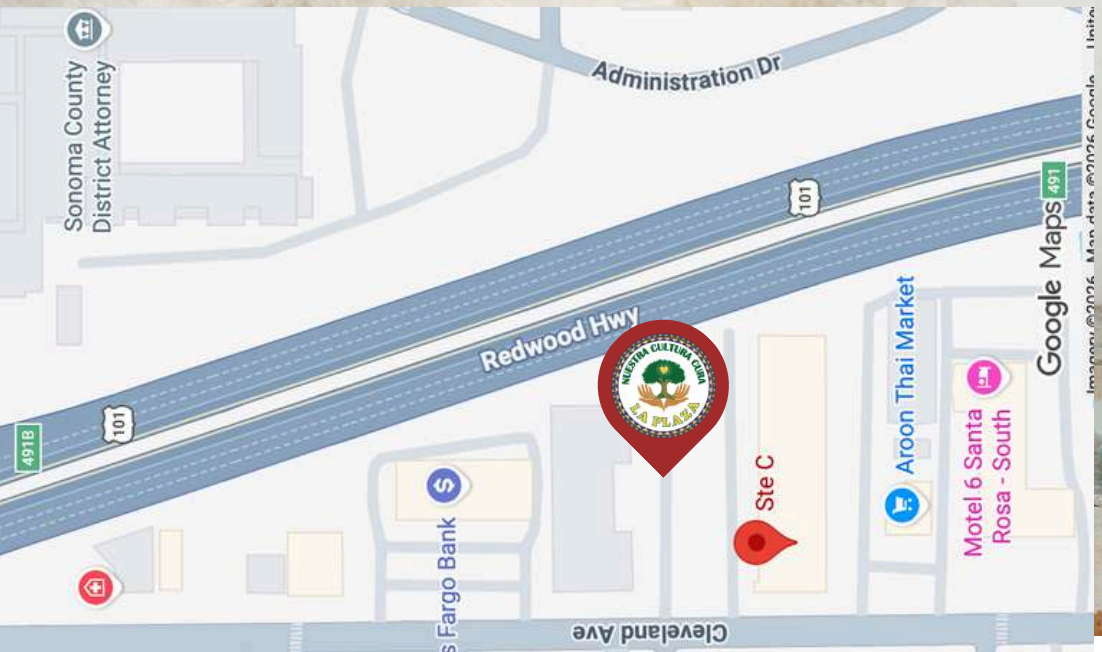
TELEFONO:
(707) 393-8700

***La Plaza no provee consejo legal.**
Consulte siempre con un abogado para su situacion particular.

Looking for diapers and wipes for your little one?



2800 Cleveland Ave Suite C
Santa Rosa CA 95403
(707) 393-8700



Support is available for Sonoma County families and caregivers raising children ages 0–5. We're here to help—call us to learn more about available services and resources.



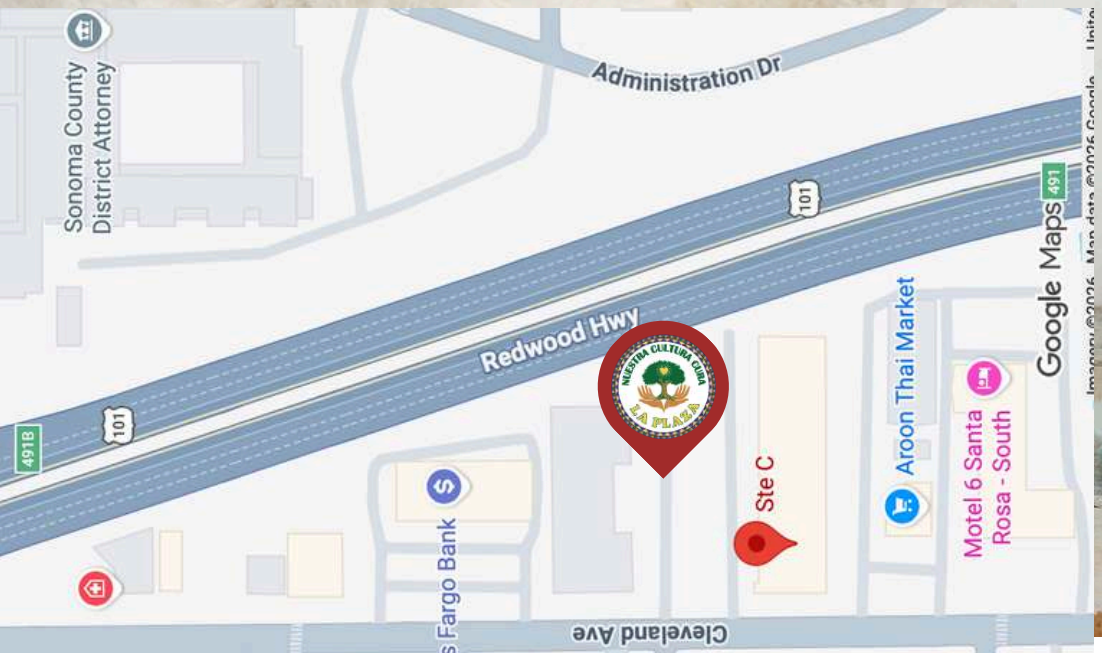
This program is made possible through the generous support of First 5

FIRST 5 sonoma county

¿Necesitas pañales y toallitas para tus peques?



2800 Cleveland Ave Suite C
Santa Rosa CA 95403
(707) 393-8700



Hay apoyo disponible para las familias y personas cuidadoras del Condado de Sonoma que crían a niñas, niños y niñes de 0 a 5 años. Estamos aquí para apoyarles; llámenos para conocer más sobre los servicios y recursos disponibles.



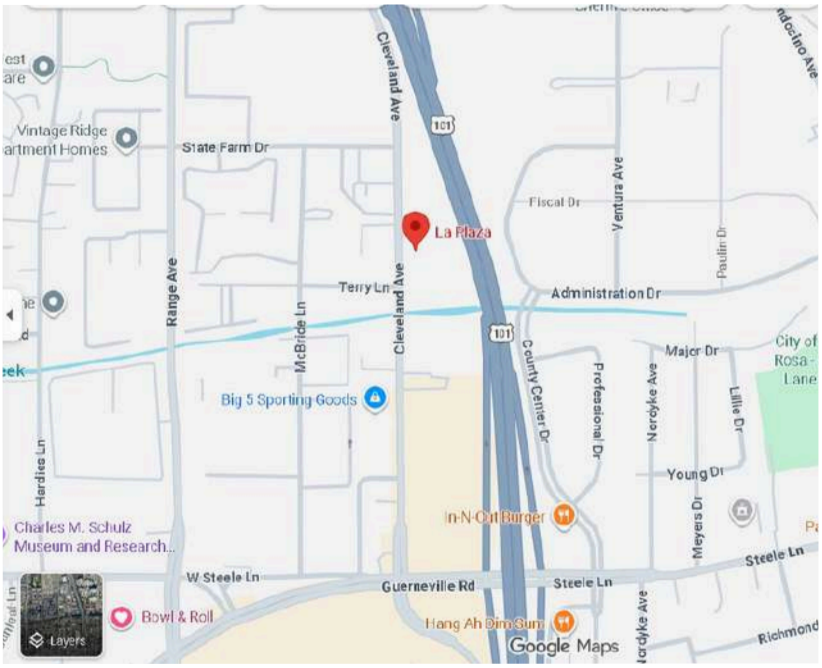
Este programa es posible gracias al apoyo de First 5

FIRST 5 sonoma county

¿NECESITA AYUDA CON LOS PLANES DE PREPARACIÓN FAMILIAR?

La Plaza puede ayudarle – sin costo alguno y en su propio idioma– a completar su Plan de Preparación Familiar*.

LLAME O VISITE LA PLAZA PARA OBTENER MÁS INFORMACIÓN



HORARIO DE OFICINA:
8:00 A.M. to 4:30 P.M.
Por favor, llame para programar una cita con uno de nuestros gestores de casos.

NÚMERO DE TELÉFONO:
(707) 393-8700

UBICACIÓN:
2800 Cleveland ave, Suite C
Santa Rosa, CA 95403

CORREO ELECTRONICO:
INFO@LAPLAZANCC.ORG

MEASURE I OUR KIDS OUR FUTURE

FIRST 5 sonoma county

***La Plaza no ofrece asesoramiento jurídico.**
Consulte siempre a un abogade sobre su situación específica.

New Benefit for Members: Enhanced Care Management

Enhanced Care Management (ECM) connects you to lead care managers who can help you get health care and services.

To get ECM, you must be a Partnership member. You also must have one or more of the following be true:

- At risk for hospital or emergency stay that could be avoided
- Do not have a home
- Have severe mental illness and/or want to stop using drugs or alcohol
- In the justice system (prison, jail, juvenile hall) who are moving back into everyday life in the community
- At risk for going to a long-term care place
- Moving from a nursing home to the community
- Signed up for California Children's Services or Whole Child Model
- In Child Welfare
- Have special needs
- African American, Native American, and/or Pacific Islander AND are pregnant or have a new baby

How do I sign up?

- Call Care Coordination at **(800) 809-1350** or Member Services at **(800) 863-4155**. TTY users can call **(800) 735-2929** or **711**.
- Ask your doctor about ECM.

Visit the Partnership website at www.partnershiphp.org for more information.



Your ECM lead care manager can:

- Help you get health care and social services
- Find and schedule your health visits
- Help you get rides to and from health visits
- Connect you to local programs and services
- Help you learn about medicines that your doctor gave you and how to use them
- Help with mental health
- Help with moving back home from a nursing home
- Help dealing with drug and alcohol misuse
- Help find housing for adults and children

KEEP YOUR MEDI-CAL

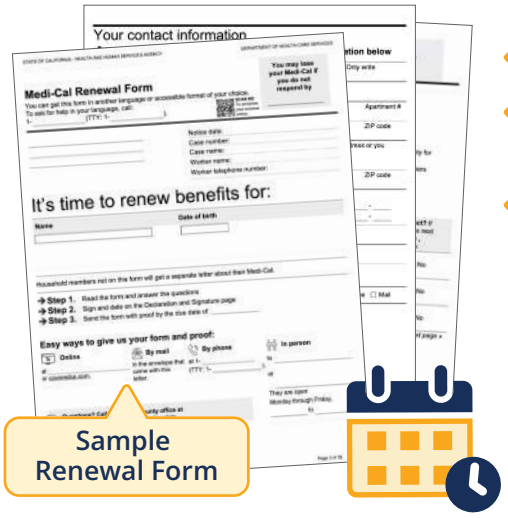
IMPORTANT UPDATE FOR UNDOCUMENTED ADULTS

As of January 1, 2026, there are some changes happening to Medi-Cal. Most Medi-Cal members will not see any changes.

THE MOST IMPORTANT THING TO KNOW IS THIS:

If you already have Medi-Cal, you can keep your benefits, no matter your immigration status.

If you are an undocumented adult, here's how to keep your Medi-Cal:



- **Renew on time**
- **Keep your information up to date with your county office**
- **Continue to meet Medi-Cal rules, like living in California**

If you renew on time, your benefits stay the same.

If your **Medi-Cal coverage ends** for any reason, you **still have 90 days** to fix the issue and get your **full coverage back.**

But if you miss that 90-day window, you won't be able to get full-scope Medi-Cal again. You would only be eligible for restricted Medi-Cal, which covers emergency care, pregnancy-related services, and nursing home care.

Children under age 19 and people who are pregnant can **still get full-scope Medi-Cal** if they meet eligibility rules.

Renewing on time is the key to keeping your Medi-Cal.
We're here to help. Visit PartnershipHP.org for more information.

PARTNERSHIP HEALTHPLAN of CALIFORNIA
A Public Agency

We Are Here to Help

MANTENGA SU MEDI-CAL

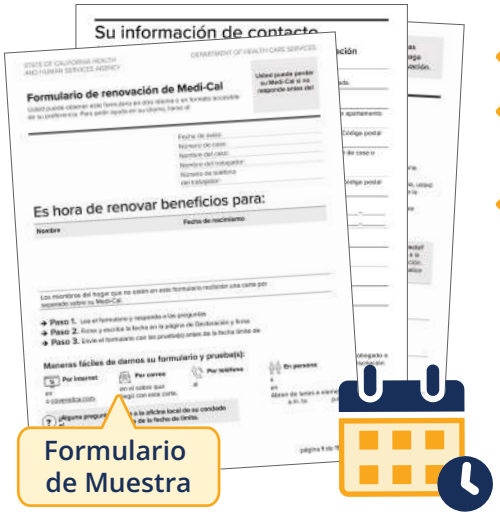
AVISO IMPORTANTE PARA ADULTOS INDOCUMENTADOS

A partir del primero de enero de 2026, habrá algunos cambios en Medi-Cal. La mayoría de los miembros de Medi-Cal no verán ningún cambio.

LO MÁS IMPORTANTE QUE DEBES SABER ES ESTO:

Si ya tienes Medi-Cal, puedes conservar tus beneficios, sin importar tu estatus migratorio.

Si eres un adulto indocumentado, así es como puedes mantener tu Medi-Cal:



- **Renovar a tiempo**
- **Mantener tu información actualizada con la oficina de tu condado**
- **Seguir cumpliendo con los requisitos de Medi-Cal, como vivir en California**

Si renuevas a tiempo, tus beneficios se mantienen igual.

Si tu **cobertura de Medi-Cal termina** por cualquier motivo, **todavía tienes 90 días** para corregir el problema y recuperar tu **cobertura completa.**

Pero si pierdes ese plazo de 90 días, ya no podrás volver a obtener Medi-Cal de cobertura completa. Solo podrías ser elegible para Medi-Cal restringido, que cubre:

- Atención de emergencia
- Servicios relacionados con el embarazo
- Cuidado en un asilo de ancianos

Los niños menores de 19 años y las personas embarazadas **aún** pueden recibir **Medi-Cal de cobertura completa** si cumplen con los requisitos de elegibilidad.

Renovar a tiempo es la clave para mantener tu Medi-Cal.
Estamos aquí para ayudarte. Visita PartnershipHP.org para más información.

PARTNERSHIP HEALTHPLAN of CALIFORNIA
A Public Agency

<<< Estamos aquí para ayudar

Medi-Cal Has Dental Covered

Regular dental check-ups are important for your overall health. Medi-Cal covers dental services for FREE for all ages. See the chart below for details on covered services.

SERVICES	BABIES	KIDS	TEENS	PREGNANCY	ADULTS & SENIORS
Exams*, x-rays, teeth cleaning, and fluoride varnish	✓	✓	✓	✓	✓
Fillings and tooth removal	✓	✓	✓	✓	✓
Emergency services	✓	✓	✓	✓	✓
Sedation	✓	✓	✓		✓
Molar sealants**		✓	✓		
Root canals		✓	✓	✓	✓
Orthodontics (braces)***			✓		
Crowns			✓	✓	✓
Partial and full dentures and denture relines			✓	✓	✓
Scaling and root planing			✓	✓	✓

Free check-ups every six months, and sometimes more, for members under the age of 21 and every 12 months for members 21 and older.
***Permanent molar sealants are covered for kids and teens up to age 21.*
****For those who qualify.*

Babies

Take your child to the dentist by their first tooth or first birthday. Baby teeth are key for eating, talking, and smiling.

Kids

Around age five, children start losing baby teeth. Ask your dentist about molar sealants, covered by Medi-Cal, to prevent cavities.

Teens

Sugary foods increase the risk of gum disease and cavities in teens. Regular dental check-ups keep their smiles healthy.

Pregnancy

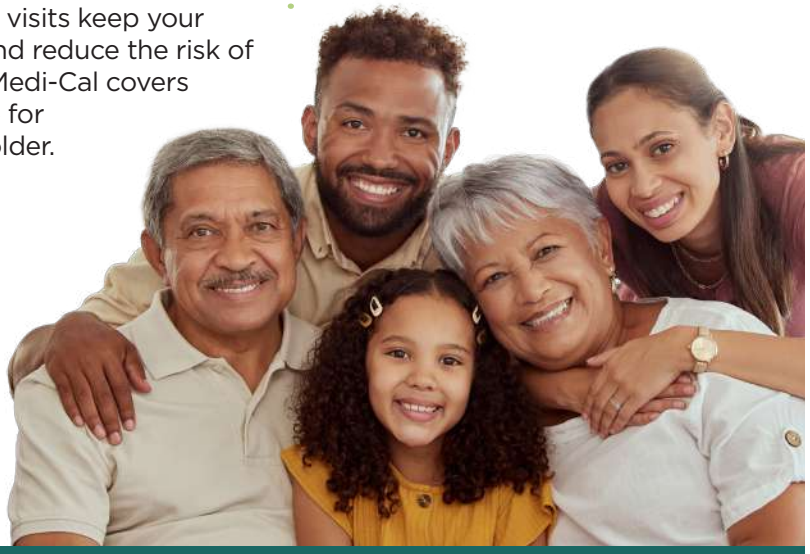
Dental care is safe and recommended during pregnancy. Medi-Cal covers dental visits during pregnancy and 12 months postpartum.

Adults and Seniors

Regular dental visits keep your teeth strong and reduce the risk of gum disease. Medi-Cal covers full dental care for adults 21 and older.

Caregivers

Help your loved one maintain good oral health through daily care and regular dental visits. Don't forget to care for your own smile too!



smile, CALIFORNIA™
MEDI-CAL HAS DENTAL COVERED

Medi-Cal Dental

Scan the QR code or visit **SmileCalifornia.org** to learn about your free dental services and find a Medi-Cal dentist today. Or call **1-800-322-6384** for help.

REV 11-2024

Medi-Cal cubre sus servicios dentales

Los chequeos dentales regulares son importantes para su salud en general. Medi-Cal cubre servicios dentales GRATIS para todas las edades. Consulte esta tabla para obtener detalles sobre los servicios cubiertos.

SERVICIOS	BEBÉS	NIÑOS	ADOLESCENTES	EMBARAZO	ADULTOS Y PERSONAS MAYORES
Exámenes*, radiografías, limpieza dental, y barniz de fluoruro	✓	✓	✓	✓	✓
Empastes y extracción de dientes	✓	✓	✓	✓	✓
Servicios de emergencia	✓	✓	✓	✓	✓
Sedación	✓	✓	✓		✓
Selladores de muelas**		✓	✓		
Tratamientos de conducto radicular		✓	✓	✓	✓
Ortodoncias (frenillos)***			✓		
Coronas			✓	✓	✓
Dentaduras postizas parciales y completas y rebase de dentadura postiza			✓	✓	✓
Escalamiento y cepillado de la raíz			✓	✓	✓

Chequeos gratis cada seis meses, y a veces más, para miembros menores de 21 años, y cada 12 meses para miembros de 21 años en adelante.
***Los selladores de muelas permanentes están cubiertos para niños y adolescentes hasta los 21 años.*
****Para las personas que califiquen.*

Bebés

Lleve a su hijo al dentista cuando le salga el primer diente o cuando cumpla su primer año. Los dientes de leche son fundamentales para comer, hablar y sonreír.

Niños

Alrededor de los cinco años, los niños comienzan a perder los dientes de leche. Pregúntele a su dentista sobre los selladores de muelas, cubiertos por Medi-Cal, para prevenir las caries.

Adolescentes

Los alimentos azucarados aumentan el riesgo de enfermedades de las encías y caries en los adolescentes. Los chequeos dentales regulares mantienen sus sonrisas saludables.

Embarazo

El cuidado dental es seguro y recomendado durante el embarazo. Medi-Cal cubre las visitas al dentista durante el embarazo y los 12 meses después del parto.

Adultos y personas mayores

Las visitas regulares al dentista mantienen los dientes fuertes y reducen el riesgo de enfermedades de las encías. Medi-Cal cubre el cuidado dental completo para adultos mayores de 21 años.

Cuidadores

Ayude a su ser querido a mantener una buena salud bucal mediante el cuidado diario y las visitas regulares al dentista. ¡No olvide cuidar también su propia sonrisa!



sonríe, CALIFORNIA™
MEDI-CAL TIENE COBERTURA DENTAL

Medi-Cal Dental

Escanee el código QR o visite **SonrieCalifornia.org** para más información sobre los servicios dentales gratis y para encontrar un dentista de Medi-Cal hoy mismo. O llame al **1-800-322-6384** si necesita ayuda.

REV 11-2024

PARTNERSHIP HEALTHPLAN of CALIFORNIA
A Public Agency

Quick Reference Guide For Members



IMPORTANT PHONE NUMBERS

Member Services

If you have a question about your health benefits, call our Member Services Department at **(800) 863-4155**; 8 a.m. to 5 p.m., Monday – Friday. TTY users call **(800) 735-2929** or **711**.

Partnership's 24-Hour Advice Nurse

Not sure if you should go to the emergency room? Call our 24-hour Advice Nurse line at **(866) 778-8873**; 24 hours a day, 7 days a week.

Vision Services

Partnership's vision services are carried out by Vision Services Plan. To learn more about your coverage, call **(800) 877-7195**:

- Monday – Friday: 5 a.m. to 8 p.m.
- Saturday: 7 a.m. to 8 p.m.
- Sunday: 7 a.m. to 7 p.m.

Mental Health Services

If you have a question about mental health services, call our Behavioral Health team at **(855) 765-9703**; 24 hours a day, 7 days a week.

Substance Use Services

Partnership's Wellness and Recovery Program is offered in Humboldt, Lassen, Mendocino, Modoc, Shasta, Siskiyou, and Solano counties only. Call our Behavioral Health team at **(855) 765-9703** to learn more about your coverage. If you live in a county that is not listed above, your substance use services are covered by your local county. Call **(800) 879-2772** for more information.

Transportation Services

Need help getting to your Medi-Cal covered services? Call our Transportation Services Department at **(866) 828-2303**; Monday – Friday, 7 a.m. to 7 p.m. TTY users can call **(800) 735-2929** or **711**.

Member Portal

You can sign up for our Member Portal to change your provider, print/order a new ID card, update your address, view your lab results, and many other things.

Scan QR code or visit: **member.partnershipHP.org** to sign up.

OTHER SERVICES COVERED BY STATE MEDI-CAL

Pharmacy Services

Pharmacy services are offered by Medi-Cal Rx. For questions about your pharmacy benefit, visit medi-calrx.dhcs.ca.gov/member/ or call **(800) 977-2273**. TTY users can call **(800) 735-2929** or **711**; 24 hours a day, 7 days a week.

Dental Services

Dental services are offered by Medi-Cal Dental. To learn more about your coverage, visit SmileCalifornia.org or call **(800) 322-6384**; Monday – Friday, 8 a.m. to 5 p.m. TTY users can call **(800) 735-2929** or **711**.

FREQUENTLY ASKED QUESTIONS

What is Partnership HealthPlan of California?

Partnership is a Medi-Cal managed care plan for people who can get Medi-Cal benefits in their county. A managed care plan is responsible for making sure you get the care you need.

Why am I getting information from Partnership?

You are getting this information because you and/or a family member have Medi-Cal benefits through Partnership. Partnership manages your health care coverage, which includes primary and specialty care, hospital services, and more.

What if I do not want Partnership?

The state of California requires those who are eligible for Medi-Cal to receive health care through a managed care plan like Partnership. If your county does not have another managed care plan available, you will automatically be assigned to Partnership. For more information, call your county Medi-Cal office or Health Care Options at **(800) 430-4263**. TTY users can call **(800) 430-7077**.

Can I be disenrolled from Partnership?

You can be disenrolled from Partnership for one of the reasons below:

- You have moved to a county not covered by Partnership.
- You live in a county that offers another managed care plan, and you are eligible to enroll in that plan.
- You have lost your Medi-Cal eligibility.
- Your Medi-Cal coverage changes to a type not covered by Partnership.

Partnership membership depends on the type of Medi-Cal you get and the county you live in. In order to get Medi-Cal benefits, you are required to be enrolled in a managed care plan like Partnership.

What if my address and/or phone number changes?

Call Partnership's Member Services Department at **(800) 863-4155** and:

- Call your local Medi-Cal office
- If you get SSI, call your Social Security Administration office at **(800) 772-1213**.

Our Member Services Department is here to help.

Call: (800) 863-4155
TTY: (800) 735-2929 or 711

Available: Monday – Friday,
8 a.m. – 5 p.m.



For more information, you can read the Member Handbook on our website at **PartnershipHP.org**. You can also read your handbook by scanning the QR code below.

Partnership HealthPlan of California – Your Partner in Health

PARTNERSHIP HEALTHPLAN of CALIFORNIA
A Public Agency



Guía de Referencia Rápida Para los Miembros

NÚMEROS DE TELÉFONO IMPORTANTES

Servicios al Miembro

Si tiene alguna pregunta sobre sus beneficios de salud, llame a nuestro Departamento de Servicios al Miembro al **(800) 863-4155**, de 8 a. m. a 5 p. m., de lunes a viernes. Los usuarios de TTY pueden llamar al **(800) 735-2929** o al **711**.

Línea de asesoramiento de enfermería de Partnership disponible las 24 horas

¿No sabe si debería acudir a la sala de emergencias? Llame a la Línea de asesoramiento de enfermería al **(866) 778-8873**, las 24 horas del día, los 7 días de la semana.

Servicios para la Vista

Vision Services Plan (Plan de servicios para la vista) se encarga de prestar los servicios para la vista de Partnership. Para obtener más información sobre su cobertura, comuníquese al **(800) 877-7195**:

- De lunes a viernes: de 5 a.m. a 8 p.m.
- Sábados: de 7 a.m. a 8 p.m.
- Domingos: de 7 a.m. a 7 p.m.

Servicios de salud mental

Si tiene alguna pregunta sobre los servicios de salud mental, llame a nuestro equipo de salud mental al **(855) 765-9703**, las 24 horas del día, los 7 días de la semana.

Servicios para el consumo de sustancias

El programa de Bienestar y Recuperación de Partnership está disponible únicamente en los condados de Humboldt, Lassen, Mendocino, Modoc, Shasta, Siskiyou y Solano. Llame a nuestro equipo de salud mental al **(855) 765-9703** para obtener más información acerca de su cobertura. Si vive en un condado que no se encuentra en la lista mencionada anteriormente, sus servicios para el consumo de sustancias están cubiertos por su condado local. Llame al **(800) 879-2772** para obtener más información.

Servicios de Transporte

¿Necesita ayuda para transportarse hacia sus servicios cubiertos por Medi-Cal? Llame a nuestro Departamento de Servicios de Transporte al **(866) 828-2303**, de lunes a viernes, de 7 a.m. a 7 p.m. Los usuarios de TTY pueden llamar al **(800) 735-2929** o al **711**.

Portal del membro

Puede registrarse en nuestro Portal del miembro para cambiar su proveedor, imprimir/solicitar una nueva tarjeta de identificación, actualizar su dirección, consultar los resultados de sus análisis de laboratorio y mucho más.

Escanee el código QR o visite **member.partnershipHP.org** para registrarse.

OTROS SERVICIOS CUBIERTOS POR MEDI-CAL A TRAVÉS DEL ESTADO

Servicios de farmacia

Medi-Cal Rx ofrece los servicios de farmacia. Si tiene preguntas sobre su beneficio de farmacia, visite medi-calrx.dhcs.ca.gov/member/ o llame al **(800) 977-2273**. Los usuarios de TTY pueden llamar al **(800) 735-2929** o al **711**, las 24 horas del día, los 7 días de la semana.

Servicios dentales

Medi-Cal Dental ofrece los servicios dentales. Para obtener más información sobre su cobertura, visite SmileCalifornia.org o llame al **(800) 322-6384**, de lunes a viernes, de 8 a.m. a 5 p.m. Los usuarios de TTY pueden llamar al **(800) 735-2929** o al **711**.

PREGUNTAS FRECUENTES

¿Qué es Partnership HealthPlan of California?

Partnership es un plan de atención administrada de Medi-Cal para personas que pueden obtener beneficios de Medi-Cal en su condado. Un plan de atención administrada es responsable de asegurarse de que usted reciba la atención que necesita.

¿Por qué recibo información de Partnership?

Recibe esta información porque usted o un miembro de su familia tienen beneficios de Medi-Cal a través de Partnership. Partnership administra su cobertura de atención médica, que incluye la atención primaria y especializada, los servicios hospitalarios y más.

¿Qué pasa si no quiero la cobertura de Partnership?

El estado de California exige que aquellas personas que sean elegibles para Medi-Cal reciban atención médica a través de un plan de atención administrada como Partnership. Si su condado no tiene otro plan de atención administrada disponible, se le asignará automáticamente Partnership. Para obtener más información, llame a la oficina de Medi-Cal de su condado o a Health Care Options al **(800) 430-4263**. Los usuarios de TTY pueden llamar al **(800) 430-7077**.

¿Me pueden cancelar mi inscripción en Partnership?

Se le puede cancelar la inscripción en Partnership por uno de los siguientes motivos:

- Se mudó a un condado no cubierto por Partnership.
- Vive en un condado que ofrece otro plan de atención administrada y es elegible para inscribirse en ese plan.
- Perdió su elegibilidad para Medi-Cal.
- Su cobertura de Medi-Cal cambia a un tipo no cubierto por Partnership

La inscripción en Partnership depende del tipo de cobertura de Medi-Cal que reciba y el condado en el que viva. Para poder recibir los beneficios de Medi-Cal, es necesario que se inscriba en un plan de atención administrada como Partnership.

¿Qué pasa si mi dirección o número de teléfono cambia?

Llame al Departamento de Servicios al Miembro de Partnership al **(800) 863-4155** y haga lo siguiente:

- Llame a la oficina local de Medi-Cal.
- Llame a la oficina de Administración del Seguro Social al **(800) 772-1213** si recibe el beneficio de Seguridad de Ingreso Suplementario (Supplemental Security Income, SSI).

Nuestro Departamento de Servicios al Miembro está aquí para ayudar.

Llame al: (800) 863-4155
TTY: (800) 735-2929 o **711**

Disponible: Lunes – Viernes
8 a.m. – 5 p.m.



Para obtener más información, puede consultar el Manual para miembros en nuestro sitio web: **PartnershipHP.org**. También puede leer su manual escaneando el código QR que se encuentra a continuación.

Partnership HealthPlan of California – Su Compañero en Salud

Transportation Benefits: Getting to Your Medical Visits



Did you know that you may be able to get transportation to your Medi-Cal covered services?

There are 4 types of transportation services you can get as a Partnership HealthPlan of California member:

1) Emergency Transportation Services

Partnership covers ambulance services. Call **911** right away if you need emergency transportation. You do not need to ask your doctor.

2) Non-Emergency Medical Transportation (NEMT)

Partnership covers transportation to medical services and appointments. This is for when you have a health issue that makes you not able to get to your visit by car, bus, train or taxi. Ask your doctor for NEMT services. Your doctor will know what kind of transportation service you need for your health issues. If you need help getting out of your house, getting into a vehicle, and/or getting into a medical office, you may be able to get NEMT services. Types of NEMT services are:

- Ambulance
- Air Transport
- Wheelchair Van
- Gurney Van

Call **Partnership Transportation Services** to ask for doctor-approved NEMT services at least 5 days before your visit. **Call (866) 828-2303, Monday – Friday, 7 a.m. – 7 p.m.** Please call as soon as possible for urgent visits.

3) Non-Medical Transportation (NMT)

Partnership also covers rides in cars, taxis, buses, or through gas mileage payments to get to medical visits. You may be able to get:

- Gas mileage payments when a family member or friend takes you to a visit. In most cases, members cannot be paid directly.
- Bus passes / para-transit tickets
- Taxi vouchers
- Train tickets

Partnership will pay for the lowest cost NMT service that meets your health needs. For example, you may get a bus pass but not a taxi if there is a bus route near you and your visit.

Please call (866) 828-2303, Monday – Friday, 7 a.m. – 7 p.m. to get NMT services. Call at least 5 days before your service or appointment. Please call as soon as possible if your need is urgent.

4) Additional Benefits for Travel Expenses

Partnership may cover:

- Meals
- Tolls
- Lodging
- Parking
- Medical Attendant Reimbursement

You must ask Partnership for these services before the visit**. Please call Partnership Transportation Services at (866) 828-2303, Monday – Friday, 7 a.m. – 7 p.m.** to get these added benefits. Call at least 5 days before your medical service or appointment. Call as soon as possible if your visit is urgent.

*Call Member Services at **(800) 863-4155, Monday – Friday, 8 a.m. – 5 p.m.** for questions about Partnership benefits. TTY:* Call **(800) 735-2929 or 711.** *Please have your ID number or ID card ready.*

Beneficios de Transporte: Llegar a Sus Citas Médicas



¿Sabía usted que podría obtener transporte para los servicios cubiertos por Medi-Cal?

Existen 4 tipos de servicios de transporte que puede obtener como miembro de Partnership HealthPlan of California:

1) Servicios de transporte de emergencia

Partnership cubre los servicios de ambulancia. Si necesita transporte de emergencia, llame al **911** inmediatamente. No es necesario preguntarle a su médico.

2) Transporte médico que no es de emergencia (NEMT)

Partnership cubre el transporte a las citas y servicios médicos. Es para casos en los que sufre de un problema de salud que le impide asistir a sus citas en auto, autobús, tren o taxi. Pregúntele a su médico por los servicios de NEMT. Su médico sabrá qué tipo de servicio de transporte necesita para sus problemas de salud. Si necesita ayuda para salir de casa, entrar a un vehículo e ingresar a un consultorio médico, podría obtener los servicios de NEMT. Los tipos de servicios NEMT son:

- Ambulancia
- Transporte aéreo
- Furgoneta para silla de ruedas
- Furgoneta para camillas

Llame a los **Servicios de transporte de Partnership** para solicitar servicios NEMT aprobados por un médico al menos 5 días antes de su visita. **Llame al (866) 828-2303, de lunes a viernes, de 7 a.m. a 7 p.m.** Para consultas urgentes, comuníquese con nosotros lo más pronto posible.

3) Transporte sin carácter médico (NMT)

Partnership también cubre los transportes en automóviles, taxis, autobuses o a través de pagos de millas de gasolina para llegar a las citas médicas. Puede obtener:

- Pagos de millas de gasolina cuando un familiar o amigo lo lleva a una consulta. En la mayoría de los casos, a los miembros no se les puede pagar directamente.
- Boletos de para-transit o pases de autobús
- Vales de taxi
- Boletos de tren

Partnership pagará el servicio NMT de menor costo que cubra sus necesidades de salud. Por ejemplo, si hay una ruta de autobús cerca de usted y de su cita, podría obtener un pase de autobús y no un taxi.

Llame al (866) 828-2303, de lunes a viernes, de 7 a.m. a 7 p.m. para obtener servicios de NMT. Llame al menos 5 días antes de su servicio o cita. Si su necesidad es urgente, comuníquese con nosotros lo más pronto posible.

4) Beneficios adicionales para gastos de viaje

Partnership puede cubrir:

- Comidas
- Peaje
- Alojamiento
- Estacionamiento
- Reembolso para Asistente Médico

Debe solicitar estos servicios a Partnership antes de la consulta**. Llame a los Servicios de transporte de Partnership al (866) 828-2303, de lunes a viernes, de 7 a.m. a 7 p.m.** para obtener estos beneficios adicionales. Llame al menos 5 días antes de su servicio o cita médica. Si su consulta es urgente, comuníquese con nosotros lo más pronto posible.

Si tiene preguntas sobre los beneficios de Partnership, llame a Servicios para Miembros al ***(800) 863-4155, de lunes a viernes, de 8 a.m. a 5 p.m.*** *TTY: llame al* ***(800) 735-2929 o al 711.*** *Por favor, tenga listos su número de identificación o tarjeta de identificación.*

Understanding *Health & Wellness*

and the components in life that help maintain it



FREE WORKSHOP

October 20th at 1:30pm	Central Santa Rosa Library
October 21st at 3pm	Cloverdale Regional Library
October 27th at 2:15pm	Healdsburg Regional Library
October 29th at 1:30pm	Windsor Regional Library

This **free** workshop informs community members of the key components that contribute to overall health and well-being, and provides helpful resources to make them easier to maintain.

Snacks and refreshments will be provided.

- Discover the building blocks of health and wellness.
- Learn simple ways to support your mind, body, and overall well-being.
- Explore healthy habits and resources for everyday life.

Scan to sign up & learn about upcoming workshops

Connect with Us

CFS@MyPacificHealth.com

(707) 220-8545

SATORI
BEHAVIORAL HEALTH

Psychiatry & Therapy Care for Nevada & California

Satori Behavioral Health provides compassionate, evidence-based psychiatric and therapy services for adults and adolescents, with locations serving both Nevada and California communities.

- **Psychiatry**
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- **NeuroStar TMS** (CA)

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3510 Unocal Place, Suite 101
Santa Rosa, CA 95403
(707) 780-2140

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Fax 888-433-5792

Most major insurance accepted · New patients welcome

Facebook: Satori Behavioral Health · Instagram: @satoribhealth

Buckelew Programs

GRIEF COUNSELING & SOS:

ALLIES FOR HOPE GROUP MEETING AGES 25+

Buckelew Programs offers a safe place in our community for families and loved ones of people have died by suicide to safely share their experiences with others who are similarly affected. This is a peer-to-peer group that meets virtually. The group is led by trained Buckelew Staff Member Chris Nihil.

SOS: Allies for Hope

Survivors of Suicide Bereavement Support Group (SOS) via zoom on the 2nd and 4th Wednesdays every Month from 7 -8:30pm.

Grief Counseling Hotline

24/7 Grief Support Hotline providing Free AND Confidential resources

Call: 415-499-1195

To Join, Please Email:

Email: SOSinfo@buckelew.org

This Internship Saves Lives!

Looking for valuable experience and practicum hours in mental health services? Interested in becoming a Campus Ambassador for Suicide Prevention?

Buckelew Programs offers two exciting opportunities for students to earn volunteer and practicum hours while advocating for essential mental health services.

1. Student Internship Program

Gain hands-on experience and practicum hours on our Crisis Hotline, contributing to the critical work of suicide prevention.

What We Offer:

- Over 40 hours of training
- Live, interactive presentations, training, role plays, and crisis call shadowing
- 988 Lifeline interactive self-paced online training modules
- Regular supervision and support
- Access to robust Relias Training Library

What We Expect:

- Minimum 1-year commitment (at least 200 hours) volunteering on the 988 Hotline (flexible based on placement requirements)
- Professional conduct, adhering to Lifeline Clinical Standards
- Attend monthly supervision meetings

2. 988 Campus Ambassador

Be a champion for mental health on your campus and in your community!

As a 988 Campus Ambassador, you'll help raise awareness for 988 and mental health support on campus. This role focuses on outreach, advocacy and support for suicide prevention efforts.

What You'll Do:

- Table and promote 988 on campus
- Advocate for mental health and suicide prevention
- Collaborate with the Buckelew Outreach Coordinator
- Organize and attend at least 1 event per month
- Receive and share 988 swag

Ready to apply?

Visit **Buckelew.org/students** to fill out an application.

Questions?

Call 415.328.1142 or email **Outreach@Buckelew.org**

Buckelew Programs

Buckelew Programs is the largest nonprofit provider of mental health services in the North Bay. We offer five core services — Counseling, Suicide Prevention, Supported Housing, Substance Use Recovery and Service Navigation.

Learn more at **Buckelew.org.**



Wendy Taylor, MSW
Social Worker
Hospital Background
Founder, Taylor Elder and
Disabled Adult Care Management
in Sebastopol, CA

My name is Wendy Taylor and I established Taylor Elder and Disabled Adult Care Management in 1998 to serve Sonoma County and the Bay Area.

I offer social work case management to seniors and disabled adults. I provide education and support for current and long term planning as well as end of life planning to ensure end of life wishes are followed. I work with people who have developmental disabilities or major medical conditions. I provide specialized services for mental health concerns/crises. I provide current information on qualifying for Medi-Cal including referring to Medi-Cal specialists who assist with spending down. I educate families (or provide specialized direct services) on applying for low-income housing. I work with at-risk housing cases: risk of eviction and/or behavior related barriers to securing adequate housing. My rate is $150.00 per hour. I provide one hour consultations or longer as needed on some cases. I may case manage for an agreed upon period of time on select cases.

For information call: (707) 824-5637
Visit: www.tayloreldercare.com
Email: support@tayloreldercare.com

Providing Case Management for Seniors and Physically or Mentally Disabled Adults in Sonoma County and the Bay Area.

- Legal referrals for specialty areas such as: housing disputes, Special Needs Trusts, licensed fiduciaries and conservators.
- Assist with Social Security initial applications including records management. Assist with accessing Social Security Appeals Specialists when needed.
- Assistance with health insurance decisions and health insurance complaints. Assistance with Covered California insurance. Assistance with initial claims for long-term care insurance policies.
- Assistance with understanding Medi-Cal and CalFresh.
- Education and Planning for placements. Referral to placement specialist for Assisted Living and Board and Care placement options.
- Advocacy and advice for folks in need of Skilled Nursing Facility care, short-term or long-term. Assistance with avoiding pitfalls when going from hospital based care to Skilled Nursing Facility based rehabilitation.
- Education and advocacy for patient rights.

Taylor Elder Care
MANAGEMENT

www.tayloreldercare.com
support@tayloreldercare.com
(707) 824-5637

WAY HOME
DETOX

A SAFE PLACE *to begin.*



Compassionate, Medically Supervised Detox in the Heart of Sonoma County

At Way Home Detox, we provide a safe, supportive environment where individuals can take the first step toward lasting recovery. Our clinical team is available 24/7 to provide the medical care, comfort, and stability your clients need to begin healing.

WHY REFER TO WAY HOME DETOX?

MEDICALLY SUPERVISED 24/7

Our experienced nursing and clinical team provides round-the-clock care and monitoring to ensure safety and comfort.

PRIVATE & PEACEFUL

6 private beds in a serene, home-like setting located on a golf course in Rohnert Park, California.

PERSONALIZED CARE

Individualized detox and stabilization plans tailored to each client's unique needs and history.

NUTRITIONAL SUPPORT

Nutritious, chef-prepared meals designed to support healing and restoration of the body.

COMPREHENSIVE SUPPORT

We address the physical, emotional, and mental aspects of withdrawal to promote long-term recovery success.

FOCUSED ON STABILITY

Our goal is to stabilize clients and set a strong foundation for the next phase of treatment.







OUR PROGRAM

Way Home Detox is an intimate, 6-bed residential detox facility located in Rohnert Park, California. We provide medically supervised detox and stabilization for adults experiencing substance use and withdrawal-related conditions.

Our structured and supportive environment allows each client to receive focused clinical attention, enhanced comfort, and the tools they need to begin the healing process with confidence.

STATE LICENSED & COMPLIANT

INSURANCE & PRIVATE PAY OPTIONS

COMPASSIONATE CARE. LASTING IMPACT.

IDEAL CLIENTS

- Adults requiring medical detox
- Individuals experiencing withdrawal from alcohol, opioids, benzodiazepines, stimulants, and more
- Clients needing a safe transition into continued care

We're here to help your clients take the first step—safely.

(707) 237-6421

info@wayhomedetox.com

www.wayhomedetox.com